

Dread of Asthma makes countless thousands miserable. Night after night the attacks return and even when brief respite is given the mind is still in torment from continual anticipation. Dr. J. D. Kello's Asthma Remedy changes all this. Relief comes, and at once, while future attacks are warded off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

WINTER TERM FROM JANUARY 3rd

### Central Business College

Western Ontario's best commercial school with Commercial, Shorthand and Telegraphy departments. We individual instruction, hence "Entrance" standing is not necessary. Graduates assisted to positions. Get our free catalogue for rates and other particulars.

D. A. McLAHLAN, Principal.

### ELLIOTT Business College

Yonge and Charles sts., Toronto. Open All Year. Enter Now. The high grade business school of Ontario. Our graduates are in strong demand. Prepare now and be ready to accept a good position in the fall. Catalogue free.

W. J. ELLIOTT, Principal.

### MEDICAL

JAMES NEWELL, PH.D., M.D., L.R.C.P.S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st. east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON J. McGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER F. F. ELLIOT, Licensed Auctioneer for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

### INSURANCE

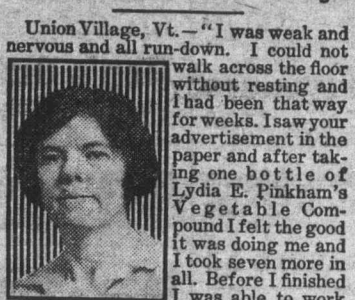
#### THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY

(Established in 1875) JOHN W. KINGSTON, President. JAMES SMITH, Vice President. ALBERT G. MINIELLY, Director. THOMAS LITHGOW, Director. GUILFORD BUTLER, Director. JOHN PETER McVICAR, Director. JOHN COWAN K.C., Solicitor. J. F. ELLIOT, Robert J. White, Fire Inspectors. ALEX. JAMIESON, P. J. McEWEEN, Auditors. W. G. WILLOUGHBY, Manager and Watford. Sec. Treasurer. PETER McPHERDAN, Wanstead Agent for Warwick and Plympton.

Protect the child from the ravages of worms by using Mother Graves' Worm Extirminator. It is a standard remedy, and years of use have enhanced its reputation.

## WOMAN TOO WEAK TO WALK

Now Works Nine Hours a Day.— Lydia E. Pinkham's Vegetable Compound Restored Her Strength



Union Village, Vt.—"I was weak and nervous and all run-down. I could not walk across the floor without resting and I had been that way for weeks. I saw your advertisement in the paper and after taking one bottle of Lydia E. Pinkham's Vegetable Compound I felt the good it was doing me and I took seven more in all. Before I finished I was able to work nine hours a day in a steam laundry. I cannot say too much in favor of your medicine. I trust all sick and suffering women will take it. It has been two years since I took it and I am strong and well." —Mrs. L. A. GUIMANN, Union Village, Vermont.

This is only one of such letters we are continually publishing showing what Lydia E. Pinkham has done for women, and whether you work or not Mrs. Guimann's letter should interest you. Many women get into a weak, nervous run down condition because of ailments they often have. Such women should take Lydia E. Pinkham's Vegetable Compound at the first sign of trouble. Good health is necessary and this splendid medicine will help you to keep it.

A. D. Hone. PAINTER AND DECORATOR PAPER HANGING. WATFORD ONTARIO. GOOD WORK. PROMPT ATTENTION. REASONABLE PRICES. ESTIMATES FURNISHED. SATISFACTION GUARANTEED.

RESIDENCE—ST. CLAIR ST.

SHARTHORN CATTLE LINCOLN SHEEP SILVER GRAY DORKINGS BLACK LEHORNS. Sheep trade looks better. Inquiries starting for fall trade already. Some nice calves coming on, and eggs for sale at a price you can afford to pay.

CHANTRY FARM ED. DE GEX KERWOOD ONTARIO

### GRAND TRUNK RAILWAY SYSTEM

TIME TABLE Trains leave Watford station as follows:

GOING WEST Accommodation, 11:11 a.m. 8.42 a.m. Chicago Express, 17:11 12.40 p.m. Detroit Express, 83:11 6.54 p.m. (a) Chicago Express, 9:11 p.m. GOING EAST Ontario Limited, 80:11 7.48 a.m. Chicago Express, 6:11 11.22 a.m. Express, 5:38 5.38 p.m. (a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago. C. W. VAIL, Agent, Watford.

## remember

WHEN WE advertise that we are baking first-class bread and cakes we back that up with our goods.

That also applies to our Confectionery, Chocolates and Etc. Just try us and see for yourself.

### Lovell's

Wedding Cakes a Specialty

A Prime Dressing for Wounds.— In some factories and workshops carbolic acid is kept for use in cauterizing wounds and cuts sustained by the workmen. Far better to keep on hand a bottle of Dr. Thomas' Electric Oil. It is just as quick in action and does not scar the skin or burn the flesh.

### BOSANQUET COUNCIL

Council met on the 5th inst.

The following orders were given: G. Coutlis & Son \$30.50 for plank Wm. Cochran \$37.50 to pay men for drawing gravel for bridge, con. 2, and \$25.50 for gravel for bridges con. 2 and Decker road; Mr. Crerar \$33.31 freight on reinforcement; Harold Tompkins \$1 burying a dog; Geo. Smith \$631.03 for cement; W. Bryant 11.25 supplies; Ed. Moody \$45. to pay Indian digging road ditch near Ravenswood; Wm. Addison \$52.50 to pay men drawing gravel to bridge to be charged to Coutlis drain; E. S. D. Gustin \$179.75 to pay men for work on hill on Proof Line; Wm. Stewardson \$350.00 to pay men for work on hill on Proof line; assessor \$2 attending Court of Revision; Clerk \$5 serving notices; Wm. Rowcliffe and Geo. Laird \$2 each viewing fences of A. Monger and Hy Stubbs.

Chas. Catt made application to have Shawana drain repaired from con. road 7-8 northerly and westerly to a proper outlet.

Council endorsed the memorial of the City Council of Chatham requesting the appeal of the Adolescent School Attendance Act.

The clerk was instructed to notify G. A. McCubbin to view the Shawana drain with the view of repairing same as per application of Chas. Catt. Mr. Sheppard was instructed to have the South Boundary repaired on 9 sideroad.

Mr. Donald was instructed to attend to the grievance of Jessie Clemens.

Council adjourned to meet at the call of the reeve.

At the Court of Revision on the assessment roll, Hugh Johnson's assessment was reduced \$150, pt 1st

WHEN PACKING FOR VACATION NEVER FORGET ZAM-BUK

You are sure to need some handy remedy for Sore Throat, Sore Stings, Throat Scratches, Sore Places, ZAM-BUK has been proved to be the best. Take a box with you.

50c box, all Druggists and Stores.



PETER V. DILLON (1908-1895)

Enrolment No. 4324, Form II. Inspected on the 23rd day of October, 1920, and Passed.

Dated at Toronto, April 7th, 1922. 2 year old record 2:28 1/4, 3 year old trial 2:15. Foaled in 1912. Bred by Vimont Brothers, Millersburg, Ky. Sired by Peter the Great, by Pilot Medium, Dam, Little Wonder, by Baron Dillon.

Peter V. Dillon will make the season of 1922 at the Race Track, Watford, with the exception of Tuesday night when he will stand at Chas. Anderson's stable, Forest.

For particulars address George Kilmer, Forest, or James O. Brush, Watford.

ARE YOUR EYES GETTING BETTER?

Your eyes are either getting better or they are getting worse. If your eyes need correction, any delay in getting glasses is slowly but surely damaging them.

Do not hesitate to wear glasses if you need them. You can select a style which is becoming, and the comfort to your eyes will be well worth while.

Have you had your eyes examined lately?

"Take care of your eyes!"

### Carl A. Glass

Jeweller and Optician

1 Huron st., Grand Bend was struck off A. Ireland's assessment, lot 67 Port Frank from the Salvation Army assessment and charged to Hugh Craig and Peter McGibbon was assessed for pt lot 3 S. B. con. instead of George McGibbon and with these changes the Roll was confirmed.

Geo. Sutherland, Clerk.

### WATFORD COUNCIL

Watford, June 5, 1922

Regular meeting of Council. Present Messrs. Kingston, Doar and Fuller. Mr. Connolly coming in later.

Moved by Mr. Doar, seconded by Mr. Kingston, that in the absence of the reeve at County Council, that Mr. Fuller take the chair and conduct the meeting (motion put by clerk)—Carried.

Minutes of former regular meeting and Court of Revision were read and no objection taken Reeve pro tem confirmed same.

Kingston—Doar, that Mr. Harper and Mr. Fuller be a committee to do what is necessary to repair and put the Town Scales in shape.—Carried.

Finance committee examined accounts and recommended payment.

Jno. Jackson, scraping sts. \$ 3.00 C. Stump, unloading cinders 1.50 J. F. Elliot, sal. May 15.00

Art Newell, scraping st. 3.00 Rich. Williamson, lab. grader 6.00 E. Dobbin, draying ashes 7.00 S. James, draying 1.25

F. Kenward, sal. as assessor and postage 51.30 Ray Morningstar, gas for tractor 7.21

Dominion Rubber Co., ac. 30.45 Treas. Hydro Com. light ac. 137.80 Treas. Bd. Ed., Pub. School 500.00

Ditto High School 100.00 Vulcan Co. Ltd. ac re water-works 13.97

The Franklin Press, printing debentures 33.00 Isaac Williamson, labor dr. 17.50

St. Clair street 7.00 Thomas Adams, ditto 3.50 Andrew Harrower, ditto 3.50

Kingston—Doar, that accounts be passed and Reeve grant his order.—Carried.

Doar—Kingston, that we adjourn.—Carried.

### LAMBTON CORN GROWERS ASSOCIATION

The annual spring meeting of the officers and board of directors of the Lambton corn growers' association was held in the agricultural office, Petrolia, on Saturday June 3 when the work of the association during the past year was reviewed.

Good progress has been made and the work of the association is being more widely appreciated. The junior department, comprising the public school children of the county, was a feature of general approval by all the members. This new feature, while only two years established, rivals the exhibit of the members of the association.

During the last spring 38 bushels of corn of the following varieties, White Cap Yellow Dent, Golden Glow, Longfellow and Salzer's North Dakota, were purchased by the association and distributed to 532 public school children.

Prize For Fall Wheat The new trophy presented to the association by the Lambton Loan and Investment Company, of Sarnia, to be awarded for the best five acres of fall wheat in the county, was accepted. The trophy is to be offered for competition under the following rules and regulations:—

1. The competition shall be open to members of the Lambton corn, grain and seed growers' association.

2. There shall be ten or more entries and a fee of \$1 shall be charged for each entry.

3. The competition for the Lambton Loan cup shall be conducted annually until it has been won three times by a competitor. The name of the successful competitor shall be engraved annually upon the cup. The cup shall, until finally awarded, remain the property of the association.

4. The successful competitor for three years shall be declared winner of the cup and the cup shall then become his property.

5. The entries must be made on or before the 20th day of June in each year.

6. The entry must be for not less than 5 acres of wheat.

7. There shall be only one and final inspection of wheat fields.

8. The score card used by the judges shall be as follows:—

Score Card For Wheat.

Possible Score

1. General appearance considering, (a) Stand of crop, 5 (b) Type of plant, vigor and uniformity of growth, 10 (c) Method of seeding, absence of lodging, 5

2. Freedom from weeds, 25 (with comments regarding weeds found in crop)

3. Freedom from smut, rust, blight and insects, 10

## TORTURED BY KIDNEY TROUBLE

Quickly Relieved By Short Treatment With "FRUIT-A-TIVES"



MADAM LALONDE 170 CHAMPLAIN ST., MONTREAL, P.Q.

"I am writing to tell you that I owe my life to 'Fruit-a-tives'. This fruit medicine relieved me when I had given up all hope of recovering my health."

"I suffered terribly from Kidney Trouble, Dyspepsia and Weakness. I had these troubles for years and all the medicine I took did not do me any good."

"I read about 'Fruit-a-tives' and I tried them. After I had taken a few boxes, I was entirely relieved of the Kidney Trouble, and Dyspepsia, and had gained in strength."

"I hope those who suffer with Kidney Trouble, Dyspepsia and Weakness will take 'Fruit-a-tives' to recover their health."

JEANNETTE LALONDE. 50c a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

4. Freedom from other varieties and other kinds of grain 20

5. Yield and quality of grain considering: (a) Proportion of well-filled heads of plump grain of good quality 20 (b) Uniformity of maturity 5

Total 100

9. The winner of the trophy will be immediately notified so that he can keep at least 50 bushels of wheat. Lambton corn, grain and seed growers' association shall have first option to purchase the wheat for seed.

One of the most effective vermifuges on the market is Miller's Worm Powders. They will not only clear the stomach and bowels of worms, but will prove a very serviceable medicine for children in regulating the infantile system and maintaining it in a healthy condition. There is nothing in their composition that will injure the most delicate stomach when directions are followed, and they can be given to children in the full assurance that they will utterly destroy all worms.

He won't refuse to listen

when you get him on Long Distance. He may ignore your advertising, letters, telegrams or even your travelers — but the minute Long Distance rings he will stop whatever else he may be doing, to listen.

Ask for our booklet, "A Few Ways to Speed Up Business"

IF one be troubled with corns, he will find in Holloway's Corn Remover an application that will entirely relieve suffering.