

SUFFERED FROM VIOLENT CATHARTICS

The Warning of Mr. Geo. C. Fox Is One That Should Be Heeded by All.

Few men on the road are better known than genial George Fox, whose friends throughout the West are legion. In the following letter he expresses gratitude for signal services rendered by Dr. Hamilton's Pills. He goes on to say: "Until I used Dr. Hamilton's Pills and experienced their wonderful mildness and curative power, I estimated the value of every pill by its activity. Talking about this to a well-known physician I met on the train the other day, he explained there are different kinds of drugs that act upon the bowels, the most active being known as drastic. Except in extreme cases where the life of the patient depends upon speedy evacuation of the bowels, pills should never be drastic. Purgatives cause catarrh of the bowels and inflammation; their dose must be increased, causing even more harm. With such a clear explanation I could see why Dr. Hamilton's Pills are curative and not irritating, why they are mild, yet most searching. "From my experience I recommend everyone that takes pills to give up the old-fashioned harsh, purging pill, and instead, to use Dr. Hamilton's. They cure headache, biliousness, constipation, bad stomach, and keep the system in perfect condition."

Refuse any substitute for Dr. Hamilton's Pills; sold for 25c. all dealers, or The Catarrhose Co., Kingston, Ont.

Dr. Hamilton's Pills Cure Constipation

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Many intemperate people say that misfortune drove them to drink. It is more likely that drink drove them to misfortune. Warts are unsightly blemishes, and corns are painful growths. Holloway's Corn Cure will remove them. W. C. Read, of Indiana, advocates the planting of nut-bearing trees, including black walnut, butternut, beech, chestnut and peach. The Canadian Forestry Journal mentions walnuts as suitable to Ontario. They will give shade, beauty, fruit, and eventually timber. Why not plant them in preference to trees of less utility? Forty years in use, 20 years the standard, prescribed and recommended by physicians. For Woman's Ailments, Dr. Martel's Female Pills, at your druggist.

Keep the Good Brood Sow. It is strange that a farmer will keep the good brood mare from year to year and at the same time put his good brood sow into the fattening pen and send her off to market as soon as she is fat enough to go. Thus the good brood sow is often sacrificed, while the gilt, untried as a brood sow, takes her place. This is a mistake. When a sow proves to be a good suckler and careful mother she should be retained, especially if she is prolific. With such a sow the farmer is reasonably assured of a strong, healthy litter of pigs that will grow into profitable hogs. A gilt may prove a poor suckler, overlay her brood, while four or five is often the number of her brood. So with the young gilt for brood sow the proposition on the farm is a very uncertain one. If a sow proves to be a good breeder from the start she should be retained, for it is reasonable to expect that she will get better each year. And it is a fact that older sows bring healthier, stronger pigs and a greater number of them with less danger of trouble of any kind at farrowing time.

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MAKING PRIZE WINNING BUTTER

We have a small herd of Ayrshires, and in our opinion the Ayrshire has no superior when it comes to the production of butter of high quality. writes Hepburn Brattins, Dekalb county, Ill. In the Orange Judd Farmer. It was from this herd that the prize winning butter exhibited at the 1912 Illinois state fair was produced. The winning prints were made from the accumulated cream of eight milkings. As soon as the milk comes from the cows it is separated and the cream is set to cool. The cream from the individual milkings is not added to the large can in which the entire churning is being assembled until it is well cooled. In other words, the cream to be added to the main supply must be near the temperature of this supply before it can be incorporated. We try to keep this at 48 degrees. The cream is set in warm water and stirred slowly until the temperature is raised to 80 degrees. It is held at this until the correct ripeness is secured; then it is cooled down to about 59 degrees, and it remains at that temperature for about twelve hours. The cream for the prize butter was treated in this way and was churned in an ordinary barrel churn. Salting was also done in the churn. We use about two ounces of salt to every pound of butter. The large area of the churn enables us to distribute salt quite

evenly among the granules of butter. These have been kept firm by a thorough bath of cold water. The butter was properly worked in the churn by swinging it for a few minutes, then allowing it to stand for a little while. A quart of cold water was then poured over it and the churn slowly turned for perhaps two minutes. The roller of the butter worker was passed over it several times until the correct texture had been secured. The rollers probably made about six turnings, the butter being manipulated with the ladle to secure uniformity. We use a table machine in making the prints. These were wrapped in parchment paper, and around the parchment paper paraffin paper was wrapped. This additional material was used in order that in shipping to the fair no undesirable odors would be absorbed from not overnest platforms and shipping stations. We intended to speak of a few of the important things in making high grade butter, but cannot find anything that is unimportant in the preparation of this food. Perhaps the securing of a fine favor is as important as anything. Any idea that the ultimate consumer hankers after a butyric acid flavor can easily be disposed of by purchasing a small vial of this material at a drug store and becoming familiar with its odor and its taste.



Dairymaid of Pinehurst, the Guernsey cow here pictured, was awarded first prize at the national dairy show of 1912 in the class for inheritance, individual merit and production combined. Her record as a two-year-old for one year was 15,828 pounds of milk, 463 pounds of butter fat. As a three-year-old she produced 14,822 pounds of milk, 458 pounds of butter fat. As a three-year-old of any dairy breed. Her four-year-old record is 17,354 pounds of milk, 507 pounds of butter fat. She is owned by W. W. Marsh, Waterloo, Ia.

CURE KIDNEYS AND RHEUMATISM DISAPPEARS

GIN PILLS Put Things Right Get rid of YOUR Rheumatism for good by taking that reliable remedy, GIN PILLS. They will relieve the pain—they will strengthen the kidneys—they will cure you to stay cured—or your money will be promptly refunded. Montreal, March 29th, 1912. "It affords me great pleasure to inform you that I have used GIN PILLS for about six months and that they have done me a great deal of good. I had Rheumatism for two years and this winter I saved myself from it by taking GIN PILLS. I highly recommend them to the public." A. BEAUDRY. GIN PILLS neutralize the acid condition of the urine, prevent the formation of uric acid in the blood and stone in the bladder and kidneys, keep the kidneys well and strong, and thus cure and ward off Rheumatic attacks. 50c. a box, 6 for \$2.50. Sample free if you write National Drug and Chemical Co., Canada, Limited, Toronto. 145

The Indignant Farmer

"I'm just as mad as I can be!" An angry farmer said; "Those early strawberries of mine Desire a folding bed!" "And my potatoes have declined To ripen underground, Unless, to keep dust from their eyes, Smoked goggles I have found!" "The cabbage heads, among themselves, Indulge in secret chats; But I have overheard them and They vow they'll have straw hats!" "Such foolishness I cannot stand; And now—just as I feared—Each single stalk of wheat demands A barber for its beard!" "The squashes too, are getting proud; It almost makes me smile; They want the very finest neckwear Of the very latest style!" "But now the very limit's reached! I learn, with stifled groan— Each ear of corn insists upon A private telephone?" —Harper's Weekly.

Church Census

The following extract from the Montreal Witness shows the standing of the different religious denominations in Canada:—"According to the last census, the Scotch proportion of the population in Canada has fallen, during the past decade, from 14.90 to 13.85. Yet in the same decade the Presbyterians have raced ahead of the Methodists, and now number the largest Protestant body in Canada. The bulletin of religions shows that in 1901 the Methodists headed the Protestant list with 916,886 church members and adherents, followed by the Presbyterians with 842,442. Now the positions are reversed, with the Presbyterians numbering 1,115,234, and the Methodists 1,079,529. But the largest percentage of increase is by no means carried off by the Presbyterians. It is claimed by the Anglican Church, with a percentage of increase of 53.05, the total number now being 1,043,017. The Presbyterians come next with 33.39 percent; the Roman Catholics with 27.06; the Baptists with 20.93 and the Methodists with 17.78. It may be assumed that immigration from the two national churches has much to do with these comparative figures. If the union of Presbyterians and Methodists is carried through, there will be a denomination almost as large as the Roman Catholic Church in Canada, which numbers 2,833,041, while if all the churches, Anglican and Nonconformist alike, were united, the total would be 3,654,890, or close upon a million in excess of the Roman Catholics.

The Scotchman's Hint

Sandy and his lass had been sitting together about half an hour in silence. "Maggie," he said at length, "wasna I here on the Sabbath night?" "Aye, Sandy, I daur say you were." "And wasna I here on Monday night?" "An' I was here on Tuesday night an' Wednesday night, an' Thursday night, Friday night?" "Aye, I'm thinkin' that's so." "An' this is Saturday night, an' I'm here again?" "Well, what for no? I'm sure you're very welcome." Sandy (desperately)—"Maggie, woman, dae ye no begin to smell a rat?"

Mile a Minute for 241 Miles

Dover, Eng., April 17.—Gustav Hamel, the British aviator, accompanied by a passenger, accomplished a monoplane non-stop flight from Dover and Cologne, Germany, this afternoon, in four hours and five minutes. The distance from Dover to Cologne in air line is approximately 241 miles, so that the monoplane travelled at the rate of nearly a mile a minute all the way.

Home Dyeing



It is a great mistake not to tell people how much their services are valued while they are still alive. A man is never really clever until he learns that he isn't clever enough to get along without working. There is something harder to face than death, and that is the realization of failure and misdirected effort and wrong doing. The disadvantage of crossing a bridge before you get to it is that you will have to cross it just the same when you reach it. Internal parasites in the shape of worms in the stomach and bowels of children sap their vitality and retard physical development. They keep the child in a constant state of unrest and, if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by the best worm remedy that can be got, Miller's Worm Powders, which are sure death to worms in any shape.

A Smile or Two

Willie: "Papa, Fido was just hit by a taxi." Papa: "All right, Willie. Telephone for a taxidermist."

Miss Curious: "Have you ridden in young Mr. Sportsman's new auto?" Mrs. Woudbe: "Yes; it was lovely. There was some oscillation, but it didn't bother me a bit."

Mother: "Why did ye strike my child for naething?" Teacher: "I struck him because he wouldn't tell me where the river Thames was. He only stood and looked at me."

"He had been dumfounded at yer ignorance, likely."

A college professor who was always ready for a joke was asked by a student one day if he would like a good recipe for catching rabbits. "Why, yes," replied the professor. "What is it?" "Well," said the student, "you crouch down behind a thick stone wall and make a noise like a turnip."

"That may be," said the professor with a twinkle in his eye, "but a better way than that would be for you to go and sit quietly in a bed of cabbage and look natural."

A Missourian informed a traveller who had inquired about corn "that each stalk had nine ears on it and was fifteen feet high."

"That's nothing compared to our corn," replied the other, quickly. "Up in Illinois, where I came from, we always had nine ears to each stalk, and a peck of shelled corn hanging to each tassel; but we never could raise any field beans with it."

"Why?" asked the Missourian. "Because," nodded the other, "the corn grew so fast that it pulled the beans up."

In a Massachusetts town lives an eccentric old pork butcher remarkable for his shrewdness. Some young collegians one day entered the shop and for a joke asked how much pork was a yard. "One dollar," promptly replied the old fellow. "Then," said one of the smart youths, "I'll take a yard." "I'll take your money," asked the butcher. The dollar was laid down. The old man quickly pocketed the coin and he produced three pig's feet with the quiet remark: "Three feet make one yard." The students marched out in silence.

The Push of Life

One of the most remarkable exhibitions of plant force I ever saw was in a western city, where I observed a species of wild sunflower forcing its way up through the asphalt pavement; the folded and compressive leaves of the plant, like a man's fist, had pushed against the hard but flexible concrete till it had cut up and then split, and let the irrepresible plant through. The force exerted must have been many pounds. I think it is doubtful if the strongest man could have pushed his fist through such a resisting medium. If it was not life which exerted this force, what was it? Life is a kind of an explosion; and the slow continued explosions of this growing life cut up the pavement as surely as powder would have done. It is doubtful if any cultivated plant could have overcome such odds. It required the force of the untamed hairy plant of the plains to accomplish this feat.—John Burroughs in Atlantic Monthly.

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The man who gets everything he wants is the man who wants nothing he can't get. Some men won't be happy in Heaven because they had to leave their earthly possessions behind.

Cause for Alarm

Loss of appetite or distress after eating—a symptom that should not be disregarded.

It is not what you eat but what you digest and assimilate that does you good. Some of the strongest, healthiest persons are moderate eaters. Nothing will cause more trouble than a disordered stomach, and many people contract serious maladies through disregard or abuse of the stomach.

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