# PAGE OF INTEREST TO WOMEN

## Women At Home and Abroad

DAY NURSERY WILL HELP TRUANT OFFICER.

That a day nursery is needed very badly in the city is demonstrated by a late report of the public school attendance officer. In this report, he states that in some sections the attendance has been very poor, and that when the cases are investigated, the reason frequently is that the children of school age have to remain at home to care for the smaller ones while the mother goes out

to attend school regularly it would be doing a big thing for the city. But it will be doing much more than that. And one thing is the proper nourishment of these same school children, whose mothers are out at work during the day.

The scheme is that the school children, when they bring their small brothers or sisters to the nursery, will be given a nourishing breakfast before they set off for school. They will again return to the nursery for dinner and for supper. So that, not only will the very small children be cared for and nourished, but the older ones as well.

An efficient cook, working with large quantities of food along scientific lines and lines of economy will be able to give these children much better nourishment at very much less expense than if the food were improperly prepared in small quantities in their own homes.

Mrs. A. T. Edwards of the board of education is very much interested in the day nursery scheme, and immediately saw how it would help out the truant officer when the cause of non-attendance in many cases was revealed in his

#### NEW ZEALAND MANAGES TO KEEP PRICES DOWN.

New Zealand is one of the most progressive little countries in the world and many an older and larger nation might well take example from her methods Not only was she the first among the dominions of the British Empire to give her women the vote, but she has the best infant welfare system in the world, and consequently the lowest rate of infant mortality.

But more than this, she has been able to fight the High Cost of Living keeping down the prices in a way which no other nation has been able to do
In New Zealand bread is 81/4 to 10 cents a two-pound loaf, milk is 71/2 to cents a quart, sugar 5 cents a pound, and prime beef from 13 to 15 cents a pound. In contrast, the prices in London, Canada, are about as follows: Bread 13 cents a loaf, milk about 14 cents a quart, sugar 161/2 cents a pound, and prime bee from 40 to 45 cents a pound.

How does New Zealand do it? That is what the rest of the world should Perhaps she has a government which has the best interests of th country only at heart.



BUSTER IN DOGLAND

Part Five. off the next morning could not sleep, and Buster spent the night wide

At sunrise, the guard of the dungeon long-headed Airedale, poked his nose through the bars of Buster's prison. "It is going to be a nice day for

the execution," he said, "I hope you "I am sure I shall," Buster answered

stoutly, for he was not going to let this dog know he was afraid. "It is such a nice day, the whole kingdom will turn out to see the execution, there hasn't been one for nearly a

We have already given away \$5.000

FREE. \$200.00 more IN CASH

AWAY at an Early date.

Herewith will be found the picture

8 other persons will be found. Can you find them? It is no easy task but by

shed.
You may win a cash prize by doing so.
Many have done this as will be shown by
the names and addresses which we will
send you. If you find the faces mark each
one with an X, cut out the picture and
send it to us, together with a slip of paper
on which you have written the words "I
have found all the faces and marked
them." Write these nine words plainly
and neatly, as in case of ties, both writing
and neatness are considered factors in
this contest.

of a Log Hut in the Woods. At first glance all you see is a man, a woman and

patience and endurance can be accompli-

cash and many merchandise prizes are given away, it is worth your time to take a little trouble over this matter. Remember all you have to do is to mark the faces cut out the picture and write on a separate piece of paper the words, "I have found all the faces and marked them."

Send Your Reply Direct to

46 ST. ALEXANDER STREET,

and numbers of Merchandise Prizes will be GIVEN

1st Prize, \$50.00 in Cash.
3rd Prize, \$35.00 in Cash.
5th to 9th Prizes—Each \$10.00 in Cash.

TOGETHER WITH MANY MERCHANDISE PRIZES

WE DO NOT ASK YOU TO SPEND ONE CENT OF YOUR MONEY IN ORDER
TO ENTER THIS CONTEST

Send your answer at once; we will reply by Return Mail telling you whether your answer is correct or not, and we will send you a complete Prize List, together with the names and addresses of persons who have recently received over Five Thousand Dollars in Cash Prizes from us, and full particulars of a simple condition that must be fulfilled. (This condition does not involve the spending of any of your money.)

Although these persons are entirely unknown to us, they are our references. An enquiry from any one of them will bring

GOOD HOPE MANUFACTURING COMPANY

Your opportunity to win a good round sum is equally as good as that of anyone else as all previous winners of cash prizes are debarred from entering this contest.

MONTREAL, CAN.

The guards and officials had on their brightest uniforms. Even the common dogs had on their holiday clothes.

beauty around him, he almost forgot what a serious time was before him. The executioner, a great bloodhound, in

bulldogs mostly), were dressed in their tomorrow.)

very best for the occasion. Their servants (spaniels and many kinds of Perry Canadian Syndicate.)



UNIVERSITY COLLEGE, UNIVERSITY OF TORONTO, LADIES' HOCKEY TEAM-Left to right; Miss A. Mac

## CONSIDER ACTING AS ONE OF FINE ARTS, SAYS CHARLESWORTH

Dramatic Critic of Saturday Night Addresses Women's Canadian Club.

"Personality and Personation" was ne subject of a vastly interesting address given at the Normal School before the Women's Canadian Club yesterday afternoon by Hector Charlesworth, dramatic critic of "Saturday Throughout his address he maintained that acting was one of fine The dungeon of Dogland Castle was not as dark as most dungeons. It was not damp either, so Buster did not have state, and wore the largest jewels of the kingdom.

The dungeon of Dogland Castle was dogs had on their holiday clothes.

The royal party, all Boston terriers of distinction, were in the best robes of state, and wore the largest jewels of the kingdom.

That the theatres of Canada are at last free from the shackles of Broadway and London will supply the state, and wore the largest jewels of the kingdom. arts, and his final words were: "Now the kingdom.

Buster was so taken up with the British plays, we shall have a won-beauty around him, he almost forgot derful era in daramatic art if we can annual "At Home" in the Masonic British plays, we shall have a won-derful era in daramatic art if we can induce the theatregoing public of Canada with King Solomon Lodge, No. 378, cele-brated last night when they held their induce the theatregoing public of Canada with King Solomon Lodge, No. 378, cele-zines to this Shut In write to Mali-brated last night when they held their magazines direct to the sick one. induce the theatre-going public to Temple

over his shoulder, reminded him, however.

"Hail to the King!" cried the Executioner, as Buster was led before him.

"The King! The King!" came from every voice except Buster. The foxterrier did not feel like cheering the cruel ruler who had ordered his death.

"Prepare yourself for execution," said the Executioner. "Lay your head on that block."

With trembling limbs, Buster obeyed.

Just as the big axe was swung in the air there came a startled of the puritan system of the puritan system of the hands of only to make money.

Temple.

An excellent concert of several musical numbers was enjoyed, followed by dancing until the midnight hour to dance music played by the Masonic Ordenstra under the leadership of Roselle Pococke. A buffet luncheon was served to the chilling and ungracious criticism of the puritan (but that old religious prejudice is now largely dying out). Those in charge of arrangements were the hands of only to make money.

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The Heatre is irresistible. Therecal numbers was enjoyed, followed by dancing until the midnight hour to dance music played by the Masonic Orchestra under the leadership of Roselle Pococke. A buffet luncheon was served to dance music played by the Masonic Orchestra under the leadership of Roselle Pococke. A buffet luncheon was served to dance music played by the Masonic Orchestra under the leadership of the banguet hall, which had been prejudice is now largely dying out). Those in charge of arrangements were Dr. B. E. Wilson and A. Wilkins.

The Freshmen's Class of the Western Orchestra under the leadership of archestra under the leadership of the busing the midning in the midning in the pa

vague rumors, he said. "And yet perhaps it is to the advantage of the stage that this is so, because each actor leaves it free for the next. It is untrammeled with his faults and perfections, and, therefore, constantly breeds originality."

HARISON—NUNNS.

The marriage took place at St. Paul's Church, Stratford, of Hattie Olive Nunns, daughter of Mr. and Mrs. J. Nunns, to H. J. Harrison of Windsor, and, therefore, constantly bridesmaid, and R. J. Nunns of Windsor, groomsman.

Refers To London,
At the beginning of his talk, Mr.
Charlesworth made pleasant reference
to the part which London had taken in
the dramatic world, mentioning the
Margaret Anglin bracelet which had
been won by two London women in the
Earl Grey competition a few years
ago. They were Miss Patty McLaren
and Miss Ruby Michie at that time.
He also referred to Campbell Becher
and Dr. Pardee Bucke, both a distinguished loss to the community as
dramatic artists.

"At that time London had a dramatic At that time London had a dramatic

## SOCIAL AND **PERSONAL**

The Daughters of Zion gave a dance Tuesday evening, when about 200 of the members and their friends had a jolly time from 9 o'cleck to 1 o'clock.

Miss Rhea Harris left Tuesday with party of Toronto friends to spend three months at Pasadena, California, On the return trip they will visit friends

Mr. and Mrs. George Lethbridge en ertained the choir of the First Presbyterian Church at their home on Thurswhen the losing side assisted Mr. and Mrs. Lethbridge in entertaining the winning side. About 35 members were present. After dinner a jolly evening As for postage I would pay that.

was spent in cards and an impromptu

Just as the big axe was swung in the air there came a startled shout from the entrance.

"The Wolf-Hound. The Wolf-Hound" cried someone, and then what a scattering there was. The executioner dropped his axe, the guards and officials throw."

One of Fine Arts.

"At the present time it seems almost an absurdity to call the theatre one of the fine arts, but is Helfeitz any less an artist because there is the street his axe, the guards and officials throw."

"Personality is those object is University held a delightfully informal dance for their fellow-sti ends on the Western University held a delightfully informal dance for their fellow-sti ends on the Western University held a delightfully informal dance for their fellow-sti ends on the Western University held a delightfully informal dance for their fellow-sti ends on the western University held a delightfully informal dance for their fellow-sti ends on the western University held a delightfully informal dance for their fellow-sti ends on the western University held a delightfully informal dance for their fellow-sti ends on the western University held a delightfully informal dance for their fellow-sti ends on the western University held a delightfully informal dance for their fellow-sti ends on the western University held a delightfully informat dance for their fellow-sti ends on the western University held a delight fully informat dance for their fellow-sti ends on the western University held a delight fully informat dance for their fellow-sti ends on the western University held a delight fully informat dance for their fellow-sti ends on the western University held a delight fully informat dance for their fellow-sti ends on the western University held a delight fully informat dance for their fellow-sti ends on the western University held a delight fully informat dance for their fellow-sti ends on the western university held a delight fully informat dance for their fellow-sti ends on the western university held a delight fully informat dance for their fellow-sti e

### Cynthia Grey's Mail-Box

God sends great angels in our sore dismay, But little ones go in and out all day.

—Frederick Langbridge.

Address Wanted. Mother of Five, send me your name and address and stamp, and I can let you have pattern asked for. Wants Magazines,

Dear Miss Grey,-I have been eader of The Advertiser for a number of years, and always enjoy Cynthia Grey's page, and must say the Mall-Box has done some good work also. Could I ask a favor of some of the winter with lung trouble, and the loctor has ordered me to stay ome. My address is with Miss Grey

Attention of Florence.

One more applicant for the stocking foot pattern, for which I inclose my contribution to the hospital fund, wishing it every success. I would also like o receive from Florence the child's apron pattern which she offers your

an instrumental piece called "Pearls

"The Wolf-Hound. The Wolf-Houn

## HOME ECONOMICS

MRS. ELIZABETH KENT, MacDONALD COLLEGE.

TABLE SERVICE.

certain amount of genuine pleasure At that time London had a dramatic certain amount of genuine pleasure club which was really a credit to any location in the case. Miss Grace Blackburn, president of the club, was in the chair, and introduced the speaker. pleasure is greatly increased by good should be allowed for each person at table service, whether that service is given by a maid or by a member of the family. By attention to a few de-

tails, any boy or girl can assist in this It cannot be denied that we derive a and by doing so take some of the burden from the mother.

# TALKS ON HEALTH

BY WILLIAM BRADY, M.D. (Noted Physician and Author-)

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is inclosed. Requests for diagnosis or treatment of Individual cases cannot be considered. Address Dr. William Brady, in care of this

respiratory infections which people insist on calling "colds" have nothing to do with weather or temperature conditions so far as anybody has ever been able to prove. They are purely garging. espiratory infections which people indissolved gargling.

They are purely infectious diseases spread from person to person as diphtheria and meningitis are spread. In fact, diphtheria and meningitis are themselves respiratory infections quite as definitely as are ordinary coryza and pneumonia.

Now let me tell you what to take

The High Cost of Living. VI.—Breaking Up a So-Called Cold.

As I have hinted from time to time, wintergreen ointment known as "analin my different way, there is no such thing as "taking cold." These various 7. The throat may be gargled every the problem of a Sellar's the solution of a Sellar the solu

QUESTIONS AND ANSWERS. The Family Thermometer. Please tell me how to sterilize the

infections quite as definitely as are or dilary coryza and pneumonia.

Now let me tell you what to take to help you overcome one of these unidentified respiratory infections miscalled "colds" or at least to help you overcome one of these unidentified respiratory infections miscalled "colds" or at least to help you overcome one of the design to help you overcome one of these unidentified respiratory infections miscalled "colds" or at least to help you overcome one of the design to help you overcome one of these unidentified respiratory infections and the family about the doctor in to see if he can determined the doctor in to see if he can determined the identity of your infection.

1. Take twenty-four hours of bed rest. Bed rest at the onset has saved a lot of lives, when the alleged "cold" happened to be influenza.

2. Take a hot mustard foot bath in the trick is done, remain quietly in bed a few days and watch this column for the technic.

3. If fevarish, fast from twelve to twenty-four hours.

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4. NSWER—Skin cancer (epithelioma) of, magned im citrate prepared by the druggist on request. This makes a large drink but not an unpleasant one, 6. As an external application for soreness or pain a mustand paste is good, as described in the second are the family about the preparatory was the family done is probably as effective and was an all pertaining to it the folds in the family about the person between the family about the power of the forks and in water). Nurses usually keep clinical in water washing the family done is probably as effective as washing with alcolol or withing the fold in the family done is probably as effective and the



If a line were drawn sixteen inches from the edge of the table, all the dishes for each cover should come within that space. The knives, forks, spoons and plates are placed about one inch from the edge of the table. The glass for water is placed just at the end of the dinner knife. In arranging the silver on the table,

place knives at the right of the plate with the cutting edge turned towards it, the forks at the left with the tines turned up, and the spoons at the right of the knives with the bowls turned up. The knives are arranged in the order of use, those to be first used farthest from the plate; the same is

on health, which appear daily in The Advertiser. He has a streak of humor in him apparently, by the answers given to some of the letters.

"Hopeful Hepsy" enjoyed your letter wery much. Hope you come again.

I like the idea of discussing plants and flowers. I do love flowers. When I was a wee girlie I used to pluck large handfuls of my grandma's flowers and hope your lily blooms this which are just peeping their wee moses through the soil, I always set them In the sunny window in day time. I also have an easter lily which I am in hopes will bloom his coming Easter, as it didn't bloom hast year.

"Spring." I love your penname. It makes one think of blooming flowers and bright sunshine. You were inquiring about "March Wind." I will have to get after her and make her write, for she is my aunt, you know.

"Summer School Girl," have you forgotten Cynthia Grey's page? I am watching for a letter from you any stately special plants and some of the letters.

"Ans.—Am glad to hear about your flip blooms this some to plant a district of the waists are flowers and hope your lily blooms this some of the waists are flowers and hope your lily blooms this some of the waists are flowers and hope your lily blooms this some to make them if went to a circus. The price to get the seem that why? Can you guess?

"PUSSY WILLOW.

Ans.—Am glad to hear about your flowers and hope your lily blooms this some to make it is the transparation. The was a sum of the waists are flowers and hope your lily blooms this come to my aid. The silk is quite thick and heavy—I mean it isn't the transparation. The was a sum of the waist are flowers and hope your lily blooms this some to my aid. The silk is quite thick and heavy—I mean it isn't the transparation to the waist are flowers and hope your lily blooms this come to my aid. The silk is quite thick and heavy—I make it wind, I ke new. Ans.—Thank you some to my aid. The silk please of the waist are flowers and hope your lily blooms this come to my aid. The silk that the was the flowers and hope your i

# BETTER DIGESTION STRONGER NERVES AND NEW ENERGY

COMES THROUGH RICH, RED BLOOD

Dr. Williams' Pink Pills Actually Make New Red Blood and in This Way Restore Health to Weak, Despondent Sufferers.

In the days when medical science was not as far advanced as it is today, it was the fashion to speak of a tonic for the stomach or a tonic for the nerves. This implied a remedy that went directly to these portions of the human system and supplied them with the ele-

Today it is known that there is no such tonic. It is possible to swallow a and create a desire for food, but a stimpossible to take a drug that will stimubody. But the inevitable result of such practice is collapse. The stomach or the

ment that increases the number of red of the body. That is the reason why building up the blood with Dr. Wil-Can any of the musical Boxites tell llams' Pink Pilis increases the appetite, ne the name of the author of publisher aids digestion, quiets and strengthens the nerves and gives new ambition to I enjoyed the letter from the Boxite who mentioned the stories of Booth Tarkington. My husband always laughs at what he terms my strange taste in literature, so I am pleased to find another admirer. The Mail-Box has been been helped and learn what this systembuler transfer is a system-building tonic will do for you.

### A NERVOUS WRECK.

Mrs. Peters. Florence, Ont., says: of books your husband reads. Watch Our Corner of Good Things, published once in a while with a collection of of the trouble I slept poorly, my appearance in the collection of the collection of the collection of the trouble I slept poorly, my appearance in the collection of the coll tite was bad, and I fell off in weight; and it was only with the greatest diffitwo hours every day.

I enjoy reading Dr. Brady's talks

the trouble that made my life for a time one of misery. I have every reason weak, and nervous people to give them a use what I have said in the hope that from

MEALS CAUSED DISCOMFORT.

mal condition, than too build up the im- dition of the blo of Dr. Williams' Pink Pills in stomach ease among children, but

ach trouble which resulted in a general meals always caused me discomfort and meals. I was constantly taking something or other recommended for the I should have been about doing my

which had cured her. I got a supply and medicine earlier it would have saved me years of suffering and I urge any who may be in similar condition to try

### SUFFERED FROM NEURALGIA.

You should no

When pie-c

But wh

It is

One of the most severe forms of ner- She took them regularly according vous troubles is neuralgia; the pain at directions and after taking several be sufferer is an object of pity. It is liter- healthy a girl as you would wish to see and the least noise would startle me ally true that neuralgia is merely the Both her mother and myself are concry of starved nerves for a better sup- vinced that the pills have done her ply of pure, rich blood, and that when ply of pure, rich blood, and that when ier than at one time we thought she the blood is enriched the trouble dis- would ever be." I am inclosing 10 cents for Children's culty that I could do my housework, I Hospital. I think it is a very worthy, was doctoring almost constantly, but it case of Mrs. Wm. Harris, R. R. No. 2, WHAT DR. WILLIAMS' PINK PILLS cause. I hope the "Money-Box" is did me no good. Then a friend who is Milton, Ont., who says: "I had suffered cause. I hope the "Money-Box" is soon overflowing with dimes.

"Little Good For Nothing," as you and I are of the same age I would like to correspond with you. Will you write first? Miss Grey can let me know when your letter arrives. Re the matter liking to play on the piano better than eating, here is another, of course, I don't want you to think I don't like eating—for I do! I take a well woman today, and am free from a well woman today. The terribly from neuralgia, and sometimes the pain was so bad that I was unable to attend to my household duties. I was red blood that they make not only taking medicine from a doctor, but it fies color to the cheeks and lips did not help me, and my husband urged gives vigor to the exhausted nervy quiets the pains of neuralgia, and sometimes the pain was so bad that I was unable to attend to my household duties. I was red blood that they make not only taking medicine from a doctor, but it fies color to the cheeks and lips did not help me, and my husband urged gives vigor to the exhausted nervy quiets the pains of neuralgia. The provided that I was unable to attend to my household duties. I was red blood that they make not only taking medicine from a doctor, but it fies color to the cheeks and lips did not help me, and my husband urged gives vigor to the exhausted nervy quiets the pains of neuralgia.

The pain was so bad that I was unable to attend to my household duties. I was red blood that they make not only taking medicine from a doctor, but it fies color to the cheeks and lips did not help me after doctor's medicine hat field to my household duties. I was red bottom to attend to my household duties. I was the pain was so bad that I was unable to attend to my household duties. I was the pain was no battend to my household duties. I was the pain was no battend to my household duties. I was the pain was no battend to my household duties. I was the pain was no batte a trained nurse came to see me and terribly from neuralgia, and sometimes Dr. Williams' Pink Pills are a bloom like eating—for I do! I take result was an am free from I had used a couple of boxes I found an store health and stree lessons and have to practice a well woman today, and am free from I had used a couple of boxes I found an give temporary stip. the trouble that made my life for a time one of misery. I have every reason improvement in my condition, and a fire to be grateful for what Dr. Williams' ther use of the pills restored me to my through any Pink Pills did for me, and urge all old-time health. You are at liberty to mail at

it may benefit some other sufferer."

Varney, Ont., who says: "I shall always the first signs of the trouble; the jerk feel indebted to a friend who advised movements that chara self understood. The twitching of he muscles was so bad that it was painful to see her. Finally in May, 1918, w decided to try Dr. Williams' Pink Pill and see what they would go for he



