

TALK No. 6

# MAGIC BAKING POWDER

Does not contain Alum

NO baking powder that contains alum is fit to put in your home baked food. Alum lessens the flow of the gastric juices, causing indigestion and irritation. The heart and nervous system are also affected by alum, and it is pronounced unfit for any food by all food experts.



MAGIC insures pure food for your household. MAGIC makes delicious, healthful bread, biscuits and pastry. You have the assurance that your baking is sweet and wholesome when it is used. MAGIC is a medium priced baking powder and the only well-known one made in Canada that does NOT contain alum.

Made in Canada

E. W. Gillett Co. Ltd. Toronto, Ont.

FREE COOK BOOK

No. 365

## The Evening Chit-Chat

By RUTH CAMERON



When the question of a certain point of etiquette arose among a group of us the other night, the lady who—a few years—who-a few years—how spoke up: "This is the way it looks to me," she said, and we all listened, as we always do when—this—speaks. "This is the way it looks to me."

Doesn't that appeal to you as a pretty good test to apply when you are in an etiquette quandary? It does to me. And here's another. When you are in doubt as to which of two things is proper to do, do the kinder and it's ten to one you will be doing the right one.

I know a little country girl who, when she dined for the first time at a stylish city home, was very much puzzled as to whether she ought to say "Thank you" when the maid brought the serving of soup around to her place. She decided that it would seem contrived to do so, and received her plate in silence.

## Honored by Women

When a woman speaks of her silent secret suffering she trusts you. Millions have bestowed this mark of confidence on Dr. R. V. Pierce, of Buffalo, N. Y. Every-where there are women who bear witness to the wonder-working, curing-power of Dr. Pierce's Favorite Prescription— which saves the suffering sex from pain, and successfully grapples with woman's weaknesses and stubborn ill.

IT MAKES WEAK WOMEN STRONG IT MAKES SICK WOMEN WELL.

No woman's appeal was ever misdirected or her confidence misplaced when she wrote for advice, to the World's Dispensary Medical Association, Dr. R. V. Pierce, President, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets induce mild natural bowel movement once a day.

When the mayonnaise separates in the making add a little of the white of the egg and continue adding the other ingredients. In almost every case the separation will be overcome.

When postcard photographs get and become brittle rub them over with a cloth dipped in a cupful of water, to which a teaspoonful of glycerine has been added.

## Household Notes.

A cloth dipped in ammonia will often remove the stains from the collar of an overcoat.

Whip cream in a pitcher instead of a bowl to do it in half the time and without spattering.

Paraffin rubbed on the heels of stockings will cause them to last much longer without wearing out.

Orange fritters are as delicious an accompaniment to broiled or fried ham as apple sauce to spare rib.

If a curtain or portiere pole is rubbed with hard soap before being put up the draperies will slip on easily.

In cooking beans and peas their flavor will be much better if they are cooked in as little water as possible.

Dates stuffed with peanut butter and then rolled in sugar are a pleasing change from dates stuffed with nuts.

Dates and figs cut in small pieces and served with plenty of sugar make a tasty accompaniment to a dish of ice boiled in milk.

To use sour milk for griddle cakes, never add baking powder, but instead, an even teaspoonful of baking soda to each cup of milk.

Strange as it may seem, beef may be kept for months if immersed in your milk. The lactic acid destroys the germs of putrefaction.

Some of the most attractive glass mustard jars come provided with silver spoons. Many prefer these to silver, as they will not tarnish.

Scraps of toilet soap should be saved, and when half a cupful or so is on hand it is a good plan to make the scraps into a soap jelly.

Whole wheat or brown bread cut into very thin slices and spread with unsalted butter is tasty served with oysters on the half-shell.

Cheese may be kept soft and good for a long time if wrapped in a cloth wrung out in vinegar and then wrapped again in a dry cloth.

Stick a pin through the cork of every bottle that contains poison, and this may save tragic mistakes when seeking medicine in the dark.

Potato balls which are sauted in butter after being boiled are delicious; they should be served with a generous sprinkling of minced parsley.

A bare broom splinters matting easily. If you have no long-handled soft brush, make a gray cotton flannel covering for the top of the broom.

Paint and varnish can be easily removed from the hands by first rubbing well into them some grease or

lard, then washing with soap and water.

Grease on a kitchen floor can be softened by pouring kerosene over it and letting it remain for ten or fifteen minutes. Then scrub with soda water.

A frying basket should be dipped in boiling water or heated in the oven before being put in the hot fat. It will thus not reduce the temperature of the lard.

Stale macaroons, which can be bought cheap at the baker's, make the tastiest addition to puddings and custards if pulverized and sprinkled over the top.

When next scrambled eggs are served make a tomato sauce, adding to it a few Spanish peppers, chopped fine. This will be a delicious accompaniment to the eggs.

When a fabric loses its color in washing it may frequently be restored by sponging the material with ammonia and water. If this fails, vinegar may be effective.

A rich puff paste baked in strips about an inch wide and two or three inches long is very good in sandwiches. Guava jelly and whipped cream are used for fillings.

Turnips are liked better by many persons if they are parboiled and drained before the final cooking. A little potato added to mashed turnips is a pleasing variety.

Paint stains may be removed from woollen fabrics by rubbing with turpentine. If the stains are old and do not respond to this treatment, add ammonia to the turpentine.

A thin coat of potash left on the sink overnight once a week will remove the ugly yellow stains that will not yield to kerosene. It should be applied with care, as it is poisonous.

To break up a cold fill the bathtub half full of warm water. Get in and turn in more hot water until the limit of endurance is reached. Then go immediately to bed, lying between blankets and piling on much cover. If a glass of hot lemonade is taken it will help the opening of the pores and the necessary perspiration.

## Now Cured of Rheumatism

Cost him \$100.00 for medicines which failed—Cured by DR. CHASE'S KIDNEY-LIVER PILLS.

Mr. James Clark, Maidstone, Sask., writes: "I suffered for four years with rheumatism in my shoulders and could not lift my arms above my head. I tried nearly all the advertised remedies but none of them gave me relief. It cost me at least \$100.00 for medicines before I used Dr. Chase's Kidney-Liver Pills."

"With the use of this medicine, I soon found relief. I followed up this treatment for six months and was then quite free from rheumatism. While using Dr. Chase's Kidney-Liver Pills I also used Dr. Chase's Backache Plaster when so stiff that I could scarcely bend. I always found the weak spot and gave relief while the internal treatment was bringing about a thorough cure."

The success of Dr. Chase's Kidney-Liver Pills has been phenomenal! One pill a dose, 25 cents a box, at all dealers or Edmanston, Bates & Co., Toronto. Dr. Chase's Recipes will be sent free on request.

## Starts to Fly Around the World.

Captain T. S. Baldwin Has Left San Francisco on Record Trip.

San Francisco, Dec. 23.—At the age of sixty, Captain Thomas S. Baldwin, the world's oldest aviator, has started from here by steamer for the Hawaiian Islands, where he will start to fly by easy stages around the world. After a flight over the Hawaiian Islands the captain proceeds by steamship to Yokohama. Wherever there are great bodies of water to traverse the "grand-daddy of aviators" will travel by boat. But wherever he can fly safely overland he will travel from place to place in his aeroplane, which is the biplane he built himself last winter at Hammondsport, N. Y. After a complete tour of Asia he will reach Egypt via the Holy Land. He expects to be the first aviator to make a flight to the top of Gibraltar. Three mechanics are accompanying, who have charge of two extra machines.

Rev. Father McGrath, of Bell Island, was in town yesterday.

## Lipton's Confectionery

For the Festive Season.

Quality Extra Special—Prices the Lowest. JUST YOU TRY

Lipton's Confectionery this Xmas, it is sure to Please & Delight.

Lipton's Famous Cream Caramels, Chocolate and Vanilla Flavored, ¼ lb. tins . . . . . 10c. each  
Lipton's Delightful Fruit Caramels, Assorted Flavors, ¼ lb. tins . . . . . 20c. each  
Delicious Walnut Toffy, a great favorite, ¼ lb. tins . . . . . 20c. each  
Lipton's Unsurpassable Butter Scotch, the height of perfection, ¼ lb. tins . . . . . 15c. each

For filling corners in the children's stockings there is nothing better or that will be more appreciated by them than:—  
Lipton's Butter Scotch, in packets, 15c. each  
Lipton's Boy Scouts (made of best Plain Chocolate) . . . 2c. and 4c. each  
Lipton's Teddy Bears (made of best Plain Chocolate) . . . 2c. and 4c. each  
Lipton's Chocolate Cream Sticks . . . . . at 2c. and 5c. each  
Lipton's Plain Chocolate Sticks . . . . . at 2c. each  
LIPTON'S MILK CHOCOLATE AND NUT MILK CHOCOLATE LEAD ALL OTHERS.

They are made with the very best ingredients and pure fresh milk, and as our stock is always fresh delicacy of flavor is guaranteed.  
MILK CHOCOLATE . . . . . 8c. Pkt. NUT MILK CHOCOLATE . 7c. Pkt.  
You take no risk when you buy these.

LIPTON'S ASSORTED CHOCOLATES are everything that can be desired.  
Every Chocolate is Tinfoiled and Guaranteed Bright and Fresh.  
¼ lb. Boxes . . . . . 35c. each. 1 lb. Boxes . . . . . 60c. and 70c. each  
2 lb. Fancy Boxes at . . . . \$1.30 each. 1½ lb. Fancy Boxes at . \$1.30 each  
This represents Finest Grade of Chocolates at prices which cannot be equalled.

## HENRY BLAIR.

The Right Kind of Toys for My Children.

- Clockwork Boats from 25c. to \$2.50.
- Steamboats, from 90c. to \$6.75.
- Clockwork Engines and Trains, from \$1.50 to \$5.50.
- Steam and Hot Air Engines, from 90c. to \$5.50.
- Electric Telegraphic Outfits with Battery, complete with full instructions, \$3.00.
- Toy Sewing Machines, \$2.50.
- Games—Card and Board—from 5c. Dolls, undressed from 2c. to 50c.
- Dolls, dressed, from 15c. to \$2.50.
- Rattles in great variety, from 5c.
- Rubber Figures and Dolls, from 15c. to 50c.
- Rubber Balls—Gray and Colored, from 5c. to 75c.
- Plush Covered Animals, from 15c.
- Bears—Black—from 25c. to 40c.
- White Fur Babies.
- Bunnies, Octopuses and Chicks, 40c.
- Walking Chinaman with Cart, 25c.
- Performing Lizards and Beetles, 25c.
- Climbing Monkeys—very natural, 40c.
- Clockwork Bears, Cats, Rabbits, from 25c.
- Tin Trains, Autos, Engines, Horse and Carts, etc., from 5c.
- Wheelbarrows, Express Waggon, from 15c.
- Santa Claus Stockings, from 2c. to 50c.
- Xmas Crackers, from 15c. to \$1.50 box.
- Masks and Moustaches and Dominoes, from 2c. to 30c.
- Pen and Pencil Boxes, 5, 7, 10, 15, 20, 25c. and up.
- Cards of Tools from 15c.
- Boxes of Tools, from 20c. to \$2.25.
- Harbutt's Plasticine, both most entertaining and instructive, in boxes with guide book, from 40c. to \$2.00.

Certainly the greatest variety of Toys on display in this City.  
**GARLAND'S BOOKSTORE, 177 and 353 Water Street.**

## FRUIT FOR THE NEW YEAR

300 barrels No. 1 Winter Apples, Baldwin, Spy, etc. 50 cases Valentinia Oranges, 10 cases Florida Oranges, 50 kegs Sweet Grapes, 30 cases Fresh Eggs.

**Parsnips, Carrots, etc.**  
**EDWIN MURRAY.**

# A New Year GIFT

Our Stock of fine Boots and Shoes for Ladies and Gentlemen now complete. Cloth tops, Patent Leathers etc.  
Ladies' Granite Boot, Blucher cut, only \$1.80.  
Men's Wonder Boot, Blucher cut, only \$1.80.  
Our \$2.50 Boots for Men and Women.  
The World Know Boot for Men and Women

## \$3.00 RUBBERS!

Ladies' Long Rubbers, silk leg, only—\$2.00.  
Girls' Long Rubbers, silk leg, only—1.80.  
Childs' Long Rubbers, silk leg, only—1.45.  
We keep Maltese Cross Rubbers—Packed in Cartoons.

75c. 80c. \$1.00 \$1.20 \$1.40 up.

## F. SMALLWOOD,

THE HOME OF GOOD SHOES.

# My Goodness! What a Bargain!

LADIES' NEWEST UNTRIMMED

## Felt HATS,

Worth \$1.00 to \$2.50 each, now offering at

# ONLY 60c. EACH

We offer these at this price to clear up previous to some alterations which we are making in connection with our Show Room, and on which account need all the room we can get.

This is the GREATEST BARGAIN of any kind that has been offered the Buying Public this year by any House in the Trade.

Any lady can now easily afford a different Hat for every day of the week, and a Hat of the Very Best Quality at that.

We can give you all the Newest and Smartest Shades in Felt Hats, and as the offering includes all our stock of Untrimmed Hats, up to the highest priced one, there is a large selection to pick from.

N. B.—This price of 60 CENTS is for Spot Cash, and we cannot give Hats on approval.

## HENRY BLAIR

### R. T. C. P. H.

IS ALWAYS AT YOUR SERVICE.

Send your Clothes for CLEANING, PRESSING and REPAIRING — or Overcoat for Velvet Collar—to us.  
We are high-class Tailors and cleaners and can guarantee reliable and satisfactory work.  
Send your goods to us if you want a first-class suit or overcoat made to your measure.  
Reliable Tailoring and Cleaning and Pressing House.

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