

WRIGLEYS

After Every Meal

It's the longest-lasting confection you can buy—and it's a help to digestion and a cleanser for the mouth and teeth.

Wrigley's means benefit as well as pleasure.

Sealed in its Purity Package

WRIGLEY'S JUICY FRUIT CHEWING GUM

Here and There

Navigation of the St. Lawrence river is expected to open early in the month of April. According to preliminary schedules issued by the various steamship companies operating between Canadian Atlantic ports and Europe, 192 ships will visit the port of Quebec in 1924.

The Canadian Pacific Railway has inaugurated as a special feature the serving of afternoon tea regularly on all dining, cafe and buffet cars throughout the system. The tasteful little menu which the company provides includes tea, coffee, chocolate, toast, muffins, cake, ice cream and preserves at reasonable prices.

The Spiller Company, a great British concern with \$150,000,000 capital, has completed arrangements for the establishment of facilities in Canada which will entail an outlay of \$5,000,000 to finish the plant of the Alberta Flour Mills in Calgary, with another \$2,000,000 to build an elevator at Vancouver.

The second of the two large paper machines recently installed by the Beigo-Canadian Paper Company at Shawinigan Falls, Que., has commenced operations. The machine, which is the product of the Dominion Engineering Company, is now producing newsprint. It will be tuned up and is expected to produce a commercial grade of newsprint at or above its daily capacity of 75 tons in the near future.

Speaking at Toronto recently, E. W. Beatty, President of the Canadian Pacific Railway, declared that "what Canada is suffering from is lack of men, lack of capital and lack of those forward policies which will enable the country to realize within a reasonable time its own manifest destiny." He added that he did not believe in "exaggerated whisperings or in any statements which are calculated to destroy the belief of Canadians in their own country."

Captain S. Robinson, C.B.E., R.N.R., commanding the Canadian Pacific liner "Empress of Canada," was invested with the C.B.E. by Sir Harry Armstrong, British Consul-General at New York, when his ship arrived there on January 25th, prior to setting out on her great world cruise. Captain Robinson also received the freedom of the city of New York. These honors were in recognition of his gallant work when commanding the Canadian Pacific liner "Empress of Australia" at Yokohama, at the time of the Japanese disaster.

According to Canadian Pacific officials, immigrants from Europe who spend a few hours in Montreal on their way west are rediscovering America—or rather Canada—at a great rate. Some days ago there were eighty Scandinavians drumming their heels in the big waiting-rooms at Windsor Station, bored to tears. Then one of them suddenly discovered that the Province of Quebec, unlike Sweden, is not "dry." The rush of the Danes on Alfred's England was as nothing compared to that with which the delighted Scandinavian gentlemen emptied that waiting-room. So excellent did they find the beer that they did not show up again till train-time, when they announced unanimously, though with slight difficulty, that "Canada bore one fine country."

To be stranded in a strange city with no worldly assets but a suit of dress-clothes and yet to come out of the adventure victorious is to achieve something. Joe and Bill arrived in Montreal a few nights ago, their baggage consisting of the clothes they wore, two dress suits, an adequate quantity of the useful and an enthusiastic determination to see life with a capital L. When they woke on the morning after, they found that someone had relieved them of everything they possessed except the dress suits they had slept in, and which they had worn for the previous night's affray.

In this predicament they appealed to the authorities at the Canadian Pacific Windsor Station, for work whereby to earn enough to take them out of the wicked city. Sympathetic officials put them on the snow-shovelling gang. And here these two stout fellows, in their dress suits, Joe with his feet wrapped in socks to keep them warm, labored heartily for four days, earning the price of their tickets back to the little old home town. So once more justice and the merrier are both.

HUMAN ASHES TO BUILD BIG BUDDHA

The remains of 32,000 Buddhist victims of the Japanese earthquake, at present forming a mountain of ashes in Tokio, will be mixed with cement and incorporated in the building of a large statue of Buddha, as a solution to the problem of consoling the souls of the departed, if plans formulated at a recent conference of the councillors of the Buddhist Federated Association formed by 58 different bodies of the religious order in Japan and China, are brought to maturity.

The ghastly scheme provides for a monument 75 feet high and measuring 95 feet at the base, including the plinth, which will make it the greatest "daibutsu" in the world, according to advices brought from the Orient by passengers arriving by the Canadian Pacific Empress of Asia, which docked at Vancouver over the week end.

The gruesome edifice will be erected on the site formerly occupied by the Military Clothing St. re. Honjo if the contest of the Tokio municipality and the capital reconstruction board can be secured.

After the meeting priests explained that the new "daibutsu," with its cement and human content, is designed to impress posterity with the high state of culture reached when the titanic forces of the earthquake hurled the former bronze statue of Buddha from its base, in the Japanese capital. It will also dispose of the little mountain of remains, as yet untouched.

Besides the statue, a huge temple for all sects in common will be established. Chinese delegates to the meeting offered to contribute a huge bell to be installed in the building, to be tolled night and day by a Chinese priest, while endless prayers are chanted for the future happiness of the victims of the great catastrophe.

KINDLY REMIT YOUR SUBSCRIPTION TO THE ADVOCATE

To Take Census Of Civil Servants

With the arrival in Ottawa of R. Gouthier, the new Auditor-General of Canada, to take up his duties, the audit board's review of civil service expenditures will nominally commence. It is thought, however, that the census of civil servants throughout the country, which is a necessary preliminary to any action, will take up a few weeks.

GILLETT'S 100% PURE FLAKE LYE

This famous household cleaner and disinfectant is now made in *Crystal Flakes* instead of powder. It is the best household lye on the market. Use it for cleaning and disinfecting sinks, closets, drains, etc.; destroying vermin; softening water; making soap; cleaning floors, greasy pots and pans, etc.; removing paint, etc.

Avoid inferior and dangerous substitutes. Get the genuine article in cans as reproduced below.



HOW HALIFAX LOST BIG CARGO OF TEA

OTTAWA, Feb. 4.—The Department has received a communication from Vancouver through H. S. Stevens, M. P., from the Shanghai office of the Robert Dollar Steamship Company, giving a concrete instance of how the discriminatory insurance clauses insisted on by British Underwriters militates against Canadian ports. It is to the effect that the steamer Virginia Dollar one of the round the world liners of this house, had been offered an attractive cargo of tea for Halifax, which they were not able to take because the underwriters refused permission to the ship to call at Halifax to discharge cargo without an additional premium.

They add that this will tend to bar them from accepting Halifax cargo for their round the world freighters. The department has suggested to Mr. Finlayson, Superintendent of the Government Insurance Department, that he prepare for the coming session of Parliament such amendments to the insurance act as will enable Canada to go into the marine insurance business if this handicap on Canadian ports is not removed by the underwriters.

Jack Pine A Coming Wood

Jack pine, formerly despised, is now recognized as a most useful wood. It is used in immense quantities for railway ties, being in fact, the leading tie timber of Eastern Canada. It is also being used in increasing quantities for lumber. Jack pine is frequently attacked by a fungal disease, which, in the earlier stages of its development, causes a reddish discoloration often referred to as "red stain." The Forest Products Laboratories of the Forestry Branch of the Department of the Interior recently made a series of experiments to determine the effect of "red stain" on the strength of the timber. The results of these tests show that no diminution of the strength results from this condition and where the appearance of the wood is not important there should be no hesitation in employing it.

Gold Mark Plan In Berlin Fails

The plan for a gold mark as drawn up by President Schacht of the Reichsbank has been rejected. The reparation experts under General Dawes have found it too vague and they point out that it does not provide for solid backing within Germany.

Coolidge Favors Higher Tariff

President Coolidge, responding to representations of agricultural members of the northwestern farm and bank conference, declared he hoped justification for an increase in the tariff on wheat would result from the present investigation of the wheat duty by the U. S. tariff commission.

To Abolish Capital Punishment

The Mail and Empire publishes the following cable from London. "The abolition of capital punishment, which has figured prominently in Laborite manifestos for several years, probably will be among the first reforms attempted by the Labor Government. One of the first official acts of the Home Secretary, Arthur Henderson, was commutation of the death sentence in the case of a wife murderer."



The Healthful Walk

WHAT is more pleasant and exhilarating than a brisk walk in the crisp, fresh air.

You breathe deeply. The blood is purified. The circulation is quickened. The bloom comes to the cheeks and you feel fine.

The vital organs are put in fine condition by walking and many ailments can be relieved mainly because the liver action is aroused.

And yet we do not walk. It is so much easier to ride in an auto or street car that walking is becoming a lost art.

Since we do not take the necessary exercise to keep the liver active and the bowels regular it becomes necessary to resort to other means.

The most popular family regulator is Dr. Chase's Kidney-Liver Pills, for by use of this medicine once or twice a week

you can be sure of the healthful action of liver, kidneys and bowels.

Our greatest danger in this age of sedentary habits is from overeating and neglecting to pay attention to the regularity of these eliminating organs.

Most of our ills come from this condition. For proof of this statement you need only enquire at the hospitals where there is always a rush of appendicitis and liver and kidney cases after the holiday season and during the winter months when we use so much artificial food and live cooped up in houses from which fresh air is carefully excluded.

You will notice that while the price of Dr. Chase's Kidney-Liver Pills has been increased to 35 cents, the box now contains 35 pills instead of 25 as formerly.

Likewise Dr. Chase's Nerve Food is 60 cents a box of 60 pills, instead of 50 cents a box for 50 pills. Edmondson, Bates & Co., Ltd., Toronto.

OLD BOX 25 Pills

DR. CHASE'S KIDNEY LIVER PILLS

ONE PILL A DOSE ONE CENT A DOSE

NEW BOX 35 Pills

ASPIRIN

Beware of Imitations!



Unless you can see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for

Colds Lumbago
Toothache Stache
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Neuralgia Pain; Pain

Accept "Bayer Tablets of Aspirin" only. Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetate of Salicylic acid. While it is well known that Aspirin means Bayer manufacture; to assist the public against imitations; the Tablets of Bayer Company will be stamped with their general trade mark: the "Bayer Cross."

Gives \$2,000 For New Church Fund

A sewing circle has been formed by the ladies of the Roman Catholic church in Dalhousie to prepare for a bazaar which will be held some time in the summer to assist the building fund committee.

A new and much larger church

Canadian National Dog Team IN MONTREAL CARNIVAL DERBY.



The Canadian National Railways have entered a team in the Montreal Winter Carnival's Senior Dog Derby, which is to be run in Montreal on Saturday, February 9th. The team is composed of three Danes and two Mastiffs and they will be driven by Jack Dooley, a former resident of Labrador and now a clerk in the Canadian National Railways Shops at St. Malo, Quebec. The dogs are the property of Patrick Nolan, foreman of the Blacksmith Shop of the Canadian National Railways at St. Malo. In a trial run this dog team has covered 35 miles in three and one-half hours. The course of the Montreal Derby covers 30 miles. The photo at the top shows the team ready to start in a trial run. In the oval is seen Jack Dooley with "Jack," the leader of the team. At the bottom Mr. Joseph Samson, who has been Mayor of Quebec City for two terms and who is running for his third term this year, is seen standing beside two of the dogs in the team.

CASTORIA

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Always bears the Signature of Dr. J. C. Watson