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## "Fruit-a-lives" Point the Way to Quick Relief

VERONA, Ont.—"I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting. When I had given up hope of ever being well again, a friend recommended 'Fruit-a-lives' to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine."

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"Fruit-a-lives" are sold by all dealers at 50c. a box, 6 for \$2.50, trial size 25c.—or sent postpaid by Fruit-a-lives Limited, Ottawa.

### For Women's Ailments

Dr. Martell's Female Pills have been ordered by physicians and endorsed by reliable Druggists everywhere for a quarter of a century, don't accept a substitute.

### Do you ever have the "blues"?

That discouraged feeling often comes from a disordered stomach, or an inactive liver. Get your digestion in shape and the blues will disappear. You will soon be cheerful, if you take

# BEECHAM'S PILLS

the people's remedy for life's common ailments. They act thoroughly on the stomach, liver and bowels, and soon regulate and strengthen these important organs. Purely vegetable—contain no harmful drugs. Whenever you feel despondent a few doses will

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# NEWS FROM NORFOLK COUNTY

## BEAUTIES OF OLD ENGLAND

Simcoe, April 22.—(From Our Own Correspondent).—A letter from Capt. [redacted] written to his uncle, McNally, from Witley Camp, Surrey, Eng., runs in part as follows:

The Voyage.

"We had a grand voyage, which in itself was a little experience. We were constantly on the look-out for subs, but did not see any—lucky for us and perhaps luckier for ourselves. However, the sign of transport always, is to avoid coming in contact with those destructive war machines.

The convey following us were encountered by two and one of these went down by a destroyer, the other made off.

Our ship, the Megantic, was one of a convoy of eight. It was a fine boat. We travelled saloon, three officers to a stateroom, meals simply great, but appetite for the most part not as ravenous as before or since. For the first three days our head weighed about an ounce, but as time went on it resumed normal. Only for one day we had what is called a high sea, but for me that old tub rolled quite easily.

Entering Liverpool.

"We arrived in Liverpool on March 4th. Some birthday! It was extremely foggy. All were on deck to welcome the sight of land once more after days of nothing but the great expanse of water.

"I never heard such a conglomeration of sounds in my life. (It had the greatest charivari that any of our grand-dads ever dreamed of—then some), fog horns, gongs and what not giving warning to vessels coming into port. You know Liverpool harbor is one of the biggest in the world. After a wait till late in the afternoon while ships ahead unloaded, we finally docked, waited till late in the evening and entrained for Camp Bramshott.

We detrained at 4.30. Still dark, and marched into camp in a drizzling rain. But fortunately the roads are good and hard here in England, so the mud was only the thickness of thin batter. The weather seemed to clear with approaching dawn, and as the sun broke over the horizon it showed us the beautiful green country and winding roads so prevalent in good old England, with hedges on either side. How beautiful the song birds and how vigorously they sing at break of day, and there seems to be an abundance of songsters in this country.

Memories of Old Niagara.

"Well, as we approached camp the bugles were sounding 'reville' and I could hear in the distance a band playing, and what it fell on my ears as an old familiar march that we used to play at Niagara when we didn't dream of war.

No wonder.

"After a short-march we landed at segregation camps, there to remain in quarantine for ten days.

"I don't wonder at English people in Canada speaking so frequently and admiringly of back home, because it's without doubt, a beautiful country with all its historical places and beautiful scenery, and we saw some of it while in quarantine, for we were allowed freedom to stroll about.

Old London.

Quarantine over we got six days' landing leave and I hiked for London. I never saw a city, I think, before. It's simply wonderful and I did not really see much of it, but I visited a few places of interest. I was glad of an opportunity to visit the King's stables and saw everything, finishing with state carriage, which, of course, is only out on a coronation occasion.

I also visited Westminster Abbey; I won't attempt to describe it, it's wonderful. I saw where the various regiments deposit their respective colors before going to France. The sepulchre work is magnificent and beyond description.

At Work Again.

But we are settled down to work and there's lots of it. I was tired of idleness. Part of the fellows were left at Bramshott. I was drafted for Witley Camp and am glad of it.

We mess with a number of Regimental officers and the fare is good. What a drive the Hun has been making! Its Hell! I can say that from what I have already seen but who could stay out of it?

Geo. Blake Jr. Wounded for Second Time.

Geo. Blake, reported in yesterday's casualty list, was wounded by gunshot in the elbow. He went overseas as Sgt. with the 133rd. His father, Sgt. Geo. Blake was shoemaker in the same unit and at present at Havre at his trade.

Mr. and Mrs. F. B. Petheram visited their son, Flight Cadet Gordon Petheram at Beamsville camp on Sunday.

Mrs. Aaron Pettit of Windham Centre was taken ill on Sunday.

Will Vote On Thursday.

Jarvis Citizens will vote on the question of increased gas rates on Thursday. The village will be wise in favoring the increase proposed. Gas as other commodities is bound to go up or go short, and Jarvis well knows what the latter means. As a matter of fact the gas situation in Dresden is such that the food situation. We could freeze with the larger fall.

A rather formidable contingent of young people considering these days of war-time economy, were prepared last evening to leave early this morning by automobile accompanying a three and a five-man team

## SIMCOE AGENCY

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55 Peel Street.  
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20 Carpenters wanted at once, 55 cents an hour. Apply on the job, Canning Plant, Robinson St., Simcoe. The J. E. Wickett Co., Ltd.

50 Labourers wanted at once, 35 cents an hour. Apply on the job, Canning Plant, Robinson St., Simcoe. The J. E. Wickett Co., Ltd.

### REGISTRATION BY END OF JUNE

#### Man and Woman Power of the Dominion to be Recorded

Ottawa, April 22.—Registration of man and woman-power throughout the Dominion is expected to be complete by the end of June. Announcement to this effect was made in the House of Commons today by F. B. McCurdy, one of the members of the Canada Registration Board. Mr. McCurdy sketched in some detail the scope of the registration and the methods by which it will be carried out. The Canada Registration Board, he said, was representative of all interests—of labor, of manufacturers, women workers, agriculture, with the addition of the chairman of the Military Service Council.

The official summary outlining the regulations under which registration will be taken, says in part:

"The regulations under which the registration of the man and woman-power of Canada will be affected have now been approved by order-in-council. The plan of operations which they disclose is very similar to that employed for the purpose of a Dominion election. The registration and the methods by which it will be carried out, will be fully a few simple questions set forth upon a card.

"Keep It Up to Date.

"Provision is made in subsequent regulations for postoffice notices, who, for any good and sufficient reason, such as sickness, absence from the country, etc., cannot register upon the day appointed. The same facilities will be open to those who, after registration day, attain the age of sixteen, or are discharged from active service. From this it will be seen that it is the intention of the Government not only to take a complete inventory of Canada's man and woman-power, but when taken, to keep it up to date.

"Any person failing to register will expose himself to serious penalties and disabilities. He may be fined or imprisoned, or at the discretion of the court, he may be both

## WOMEN'S INSTITUTE

The monthly meeting of the Alford Park and Governor's Road Women's Institute was held on Thursday, April 18th, at the home of Mrs. R. Kizour. The opening exercises were conducted by Mrs. Turnbull, the president.

A special inspection for the rural schools was discussed and voted upon and unanimously carried.

Mrs. Hurley gave a splendid talk in the interests of the Brantford and Red Cross Work.

The members of the institute took this opportunity to present a letter to Mrs. Roseburgh who was recently married with a set of table linen in appreciation of her faithful services.

During the afternoon Miss Sage and Miss V. Burrill gave instrumental numbers which were very much enjoyed by the audience.

The meeting was brought to a close by singing the National Anthem. The next meeting will be held at Mrs. Sage's home.

## A French Aviator

Landing from the effect of a bullet in the heel, Second Lieut. Constant Soulier has arrived in the United States to join the French Mission and to act as instructor in American camps. Although only 20 years old, the lieutenant is an Ace of the 26th Squadron of the French Flying Corps and has shot down fifteen Germans.

"I have had some interesting experiences," he said, "but they are only the kind that come to every flyer with chance playing no small part in the game. I did bring down fifteen Germans but it must be remembered that they brought me down three times and each time I thought the end of things had come. The last time I got a bullet in the heel and so I was unable to control my machine."

Lieut. Soulier was asked what he thought of the German Air Service. He replied that most of them he had seen had been dead. In this connection he said that one of the down was an ace. He fell unharmed within the French lines and the lieutenant said he found him a very agreeable fellow with whom he exchanged photographs.

One thrilling experience he noted was in July last when he went up to meet a German machine and immediately eight Germans came up after him. He said he put two planes out of commission, when his machine guns choked and he was caught by a freak of luck and a lone spiral dive.

## Britain's Birth Rate

Sir Bernard Mallet, the Registrar-General of Births and Deaths, shows that since the war began the population of the United Kingdom has increased by excess of births over deaths to such an extent as to more than counterbalance the whole of the losses of our armies in the field. On the other hand, the civil population of the Central Empire has steadily and even rapidly declined since the war began. He estimates that this loss, added to the loss by deaths in the field, has reduced the total population of the Central Empire by at least four millions.—Family Herald.

## Love of the open beautiful weather and a

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and sentenced to imprisonment. He will forfeit his right to vote at a Dominion election. He will be disqualified to receive any wages or salary, to obtain board or lodging at any hotel, restaurant or boarding house, or to purchase a ticket for travel upon any railroad or steamboat. Any employer knowing him to be unregistered, permits him any salary or wages, will thereby expose himself to the same penalties through failure to register. Any person, knowing him to be unregistered, who gives him board or lodging, or who sells him transportation, or any conductor, captain, purser, or other officer, knowing him to be unregistered, permits him to proceed upon a journey, will thereby render himself liable to heavy penalties.

"The Government has no present intention of conscripting Labor, though, subject to approval by order in Council, the Canada Registration Board may make regulations which will require certain classes of employment to be undertaken by men between certain ages. Such regulations, if adopted, would help to give effect to the recent order in Council requiring every person to be usefully employed.

"Basis for Food Rationing.

"Another very important purpose which the registration may serve is as a basis for food rationing. If the Government is to do her full duty by the Mother Country and her Allies she must submit herself to some system of food rationing—something which she cannot do intelligently and equitably unless she has first secured accurate information as to the number and distribution of her population. Canada's exportable surplus of food products can be greatly increased by greater food production; it can be still further increased by strictly limiting the per capita consumption of meat and wheat products."

Some of the Questions.

Men will be asked to say whether circumstances would permit them to change present occupation, to some other for which qualified if the conditions offered were satisfactory. Women will be asked to state, considering their health, training and experience and the national needs, in what capacity they think they could best serve the country. They will also be asked if their circumstances would permit them to do regular full-time service without remuneration.

## Children Cry FOR FLETCHER'S CASTORIA

Get a 10-cent box now. "Be-leave sure!" Take Cascarets and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Cascarets will loosen your liver and clean your thirty feet of bowels without griping. You will wake up feeling grand. Your head will be clear, breath right, stomach clean, stomach sweet, eyes bright, step elastic and complexion rosy. They're wonderful. Get a 10-cent box now at any drug store. Mothers can safely give a whole Cascarets to children any time when cross, feverish, bilious, tongue coated or constipated—they are harmless.

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# Summer Opening of High-Class Millinery



## WEDNESDAY and Following Days

Our Summer millinery will be on display. Most of them are imported hats from New York, others are smart tailored effects from our own workroom. Each a stunning representative of the season's popular models. We invite you to see this display.

Other Lines of Summer Materials will be on Display for Your Inspection

## New Silks

### Beautiful Showing of New Silks, in Plain and Fancy Effects

Fancy Silks for Dresses, Skirts or Kinomas in stripe, check, plaids and floral designs. Special at \$3.25, \$2.50, \$2.00

\$1.00

## Beautiful Showing of Wash Materials

Dainty designs and colorings in plain and printed Voiles for Summer wear, in all the wanted shading, and at prices ranging from \$1.00 to... 25c

Satin Stripe Voiles, 1 1/2-inch stripe of satin, in Alice and Gold, Pink and Grey, Navy and Sand, and Black and Grey, 36 inches wide. Special at... \$1.50

Anderson's Scotch Gingham, elegant range of coloring, correct for dainty wash dress. Special at 65c., 25c and, yard... 20c

Plain Silks in Duchess Satin, Paillette, Pussy Willow, Taffeta, Khaki Kurl, Honau and Shantung and Habutua. Big range of colorings, all at moderate prices.

## New Silk Sweater Coats

These beautiful Silk Sweater Coats just to hand in big variety of styles. Coloring and weave come in plain and trimmed with contrasting colors, large or shawl collars, belt on sash, and made with military or patch pockets. Prices range \$35.00, \$30.00 \$25.00 to... \$9.00

# J. M. YOUNG & CO

## Rippling Rhymes

The trifling thing is trifling still, though gifted men defend it; there's just one thing that fills the bill—to win the war and end it. To end the long drawn Prussian crime is all that is important, and if you waste your precious time on lesser things, you'd ortn't. Your prifling talk of politics, of offices you're seeking, of vote machines and campaign tricks, with selfishness is seeking, you talk of art and books and song, but silence of the world's great wrongs and the killing kaiser. Of margin, profit, cost and prize, the man o' war, inerce chatters, but all such doodads cut no loss—the war is all that matters. Do you still chase the sordid yen wherever you may find it, while war is eating living men, and strewn bones behind it? Are you for foolish games and sports with feyly silent courts, the murdered hosts assemblable? So long as Prussian eagles scream, and kultur blasts and shatters, there's only one important theme, and war is all that matters.

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## POPULATION FLUCTUATES

Amsterdam, April 22 (Associated Press).—War has produced some remarkable changes in the population and relative importance of big German cities. The five principal centers of the munition industries have suddenly mounted to places among the nine largest cities in Germany. Before the war Munich was the third largest city in Germany, ranking immediately after Berlin and Hamburg. Munich has now dropped into seventh place, and Bochum, in Westphalia, Prussia, has risen to third place.

Bochum is the seat of great coal iron and steel industries. In 1900 it had a scant 85,000 inhabitants. Now it boasts of more than 764,000.

Dresden and Breslau, which were formerly the fourth and fifth cities in Germany, have fallen well behind Dortmund and Essen.

An official tabulation of the chief population centers of Germany gives them in the following order:

Berlin, 2,335,624; Hamburg, 1,014,654; Bochum, 764,774; Leipzig, 783,885; Cologne, 571,220; Duisburg, 619,800; Munich, 602,124; Doremund, 566,055; Essen, 562,507; Dresden, 531,697; Breslau, 514,947; Dusseldorf, 449,848; Dusseldorf, 444,160; Frankfurt, 414,578; Konigsbrunn, 413,786; Hanover, 407,800; Kiel, 370,258; Bremen, 293,526.

## ASK FOR A QUARTER OUNCE OF FREEZONE

Any corn will dry up and lift off says a Cincinnati authority.

Let folks stop on your feet hereafter, wear shoes a size smaller if you like, for corns will never again send electric sparks of pain through you, according to this authority.

He says that a few drops of a drug called freezone, applied directly upon a tender, aching corn, instantly relieves soreness, and soon the entire corn, root and all, lifts out without pain.

This drug is sticky but dries at once and is said to simply shrivel up the corn without inflaming or even irritating the surrounding tissue.

It is claimed that a quarter of an ounce obtained at any drug store cost very little but is sufficient to remove every hard or soft corn or callus from one's feet. Cut this out especially if you are a woman reader who wears high heels.

## GIRLS! WOMEN! TAKE CASCARETS IF CONSTIPATED

They loosen your liver and bowels and clear your complexion.

Don't stay headachy, bilious, with breath bad and stomach sour.

Get a 10-cent box now. "Be-leave sure!" Take Cascarets and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Cascarets will loosen your liver and clean your thirty feet of bowels without griping. You will wake up feeling grand. Your head will be clear, breath right, stomach clean, stomach sweet, eyes bright, step elastic and complexion rosy. They're wonderful. Get a 10-cent box now at any drug store. Mothers can safely give a whole Cascarets to children any time when cross, feverish, bilious, tongue coated or constipated—they are harmless.

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