

\$100.00 PRIZE IN GOLD FOR A NAME

The Oxford Mfg. Co. will give prize of one hundred dollars for a name for a high-class Laundry Soap they are about to place on the market. The conditions for competing for the prize are as follows: Each competitor must enclose ten cents together with the name they select, and mail them to the Oxford Mfg. Co., Toronto. By return mail they will receive a box of delicately perfumed, pure brand toilet soap for the complexion, or to those who prefer it we will forward a box of the best shaving soap in the world, "The Barber's Favorite." The prize-name competition will close October 23rd. Address:

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The York County LOAN & SAVINGS CO.

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Head Office—Confederation Life Building, Toronto.
JOSEPH PHILLIPS, President

shop, and the hungry little boys look and long for it, but they cannot reach it. If you were to tell one of them, who has never seen glass, to take some, he might attempt it; but he finds something invisible between him and that fruit. Just so, many Christians can see that God's gifts are beautiful, but they cannot take, because the self-life comes in between, even though they cannot see it. What glorious blessings we should have if we were only willing to give up the self-life and take what God has prepared for us—not only righteousness, not only peace, but the joy of the Holy Ghost!

PAINTING HER OWN PORTRAIT.

"If I could be such an old lady as that, so beautiful, serene, sweet and lovable, I shouldn't mind growing old," said a young girl the other day, speaking of a white-haired visitor who had just departed.

"Well, if you want to be that kind of an old lady, you'd better begin making her right now," laughed a keen-witted companion. "She doesn't strike me as a piece of work that was done in a hurry; it has taken a long time to make her what she is. If you are going to paint that sort of portrait of yourself to leave to the world, you'd better be mixing the colours now."

The merry words were true; and, whether she willed it or not, the girl was already "mixing the colours" for her portrait and drawing day by day the outlines of the mature womanhood, which shall yet brighten or darken the lives round her. Many a careless, selfish girl has in her inmost heart no higher ideal than "to be like mother," when she shall have reached mother's years; but in the meanwhile she is content to be as unlike her as possible. She has

an idea that age brings its graces with it, and that a beautiful character comes like silver hair, naturally and without effort.

Girls, you are outlining your future and choosing its colouring now. The woman you wish to be must begin in the girl.

A BAND-OF-MERCY DOG.

When the gray cat had five kittens, nobody supposed that rough old Major, the black dog, took any interest in the fact, but we don't know everything there is to know.

Thinking five too large a family, the cook drowned all but one kitten; and Mrs. Cat decided that she would have all or none, and so she went away and left the little, helpless ball of fur.

All the afternoon a man heard it crying, but he thought that puss would return. The next morning when Delia, the cook, was busy getting breakfast, in came Major from the stable, carrying carefully between his teeth the little gray kitten, which he placed gently on the floor at Delia's feet, and then he stood wagging his tail and looking up with pleading, friendly eyes, which said as plainly as words:

"Do, please, take care of this poor waif and feed her."

Delia understood and cared for the poor little motherless kitten, for the cook could not be less kind than a dog.

Don't you agree with me that Major is a Band-of-Mercy dog? Anyway, he wears a beautiful white star on his breast, and that, you know is the Band-of-Mercy badge.

Nervous Exhaustion

Brings sleeplessness, irritability and confusion of mental faculties—Dr. Chase's Nerve Food (pills) reconstructs and revitalizes the feeble and wasted nerve cells.

The following letter is only one among the many recently received which prove that Dr. Chase's Nerve Food (pills) is thoroughly effective in completely curing the most severe cases of nervous exhaustion and debility.

No ordinary prescription can be compared to this special formula of Dr. Chase for the building up and revitalizing of the system. That is why it succeeds when doctors fail. Its cures are thorough and permanent.

Mr. A. T. P. Lalam, railway agent at Clarenceville, Que., writes: "For twelve years I have been run down with nervous debility. I suffered much and consulted doctors and used medicine in vain. Some months ago I heard of Dr. Chase's Nerve Food, used two boxes, and my health improved so rapidly that I ordered twelve more."

"I can frankly say that this treatment has no equal in the medical world. While using Dr. Chase's Nerve Food (pills) I could feel my system being built up until now I am strong and healthy. I cannot recommend it too highly for weak, nervous people."

Dr. Chase's Nerve Food (pills) is a tonic and restorative of inestimable worth. It makes the blood rich, the nerves strong, increases the weight and cures all weaknesses and diseases of the nerves and blood. In pill form, 50c. a box, at all dealers, or Edmanson, Bates & Co., Toronto.

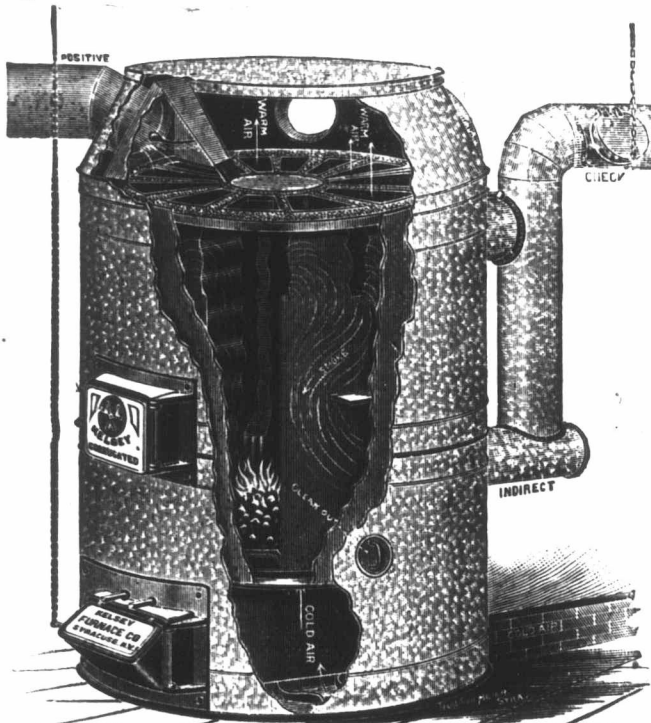
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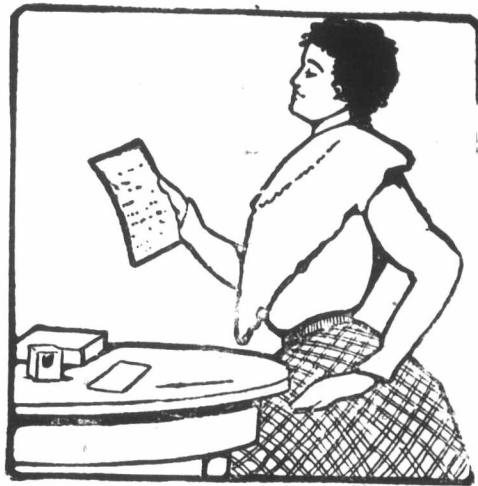
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"Yours in all Truth"

is rendered more emphatic, and appeals infinitely more to the recipient of the letter when the words are written upon good and stylish notepaper.

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