Conducted by HELENE.

We must make it a habit-to talk to our children in order to get from them an expression of their feelings We cannot understand the character of these little beings committed to our care unless we do. And if we do not know what they are we shall no to govern them wisely or educate them as their different na tures demand. Certainly it would be unwise to excite young children too much by conversation with them just before putting them to bed. Every mother who carefully studies the tem perament of her cheldren will know how to manage them in this respect But of this all mothers may be assured, that the last words at night are of great importance even to the babies of the flock. The very tone of the voice they last listened to make an impression upon their sensitive organizations. Mothers, do not think the time and strength wasted which you spend in reviewing the day with your little boy or girl. Do not neglect to teach it how to pray, and pray for it in simple and earnest language which it can understand. Soothe and quiet its little heart after the experiences of the day. It has had its disappointments and trials as well as its play and pleasure. It is ready to throw its arms around your neck and take its good night ** ** **

A SAVING IN STOCKINGS

The problem of how to keep women's stockings suspendered in place without tearing them has been solved, and now those who spent small fortunes every year on hosiery just because the garters tore them can spend the extra money in some other way. And incidentally silk-the real kind in which a thread was breaking and spoiling the whole stocking-can be worn now without any thought about the weave breaking.

In order to hold the stockings in shape and in place it has always been necesary to have them caught up well at the top, and the clasps ed on the supporters in time break through the fine threads because of the strain, and the hose was then practically ruined, for it was a matter of but a short time after one break occurred before there were several other "runs." This could not be avoided even with the heavier lisle thread and cotton weaves, and in desperation women who have a fad wearing costly hosiery sought ways to remedy the evil.

Now a scheme has been devised against tearing and "runs" by a theatrical wardrobe woman that has proved a success, and since she has been using it she declares that her hosiery has lasted three times as long, and in all the six months' experiment she has not had a single thread break at the top of even her finest stockings

"I have found that by sewing care fully two pieces of strout ribbon about two inches square to the hem of my stockings, one on either side, the strain is no longer auty of this device is that I can draw them up as tight as I wish and feel perfectly safe that the stockings will be free them off"-New York Telegram.

++ ++ ++

HOW TO APPLY LOTIONS TO

taken into account is to pour as ton or gauze, which can be purchas- martial tramp of heavily accounted

TOILET TIPS.

equal quantities of warm milk and It keeps the skin fair and water. mooth

Powder is bad for enlarged pores. Twelve drops of tincture of benzoin in a basin of water used after washing the face will tend to contract days, was a remarkably beautiful them.

Olive oil has been found to be a a cure for hangnails, mild cases of fore her death she lived in the chapped hands, dry scalp and hair and is excellent rubbed over the whole body after a bath.

Don't forget to rinse the face with clear water after using soap, beher son, Eduardo Costa. But he cause you do not want any left on interest in the 'patria' never flagged the face to clog the pores. day is quite often enough to use

of powdering? powder will not adhere. To remedy might look upon those whom go over the face with a little sweet almond oil, wipe away and then

** ** **

PRETTY TABLE DECORATION.

A pretty and inexpensive table decoration can be made by filling a shallow dish with dry moss, obtainable at any florist's in five cents packages, soaking the moss with water; sow quickly with canary or wheat seed, preferable the former. Keep in the dark for ten or twelve lies. or until the growth is two indays ches high. Then set in ,a sunny window. The dish must be changed about frequently to keep it an even mound of green, as the growth inclines toward the light. It can then be used in the table center for fully six weeks by taking care to daughter of an Irish lady, whose return it after meals to the sunny window.

the the the HOW TO WASH RIBBONS.

Wash silk waists and ribbons, it should be remembered, by no means stand careless laundering. For white druggist. silk waists, the last rinsing water should be very slightly blued, and no tepid water, rubbing no soap direct- flannel should be turned inside, and ly on the fabric. If the garment is the bag closed with drawing strings much soiled, soak it first in a little at the top. water. After rinsing it in in a soft cloth, the moisture to be buttermilk and one-third the quantipressed, not wrung, out of it. It ty of rose water. To a cupful of can be ironed at once while still wet the liquid add a third the amount of but a piece of thin muslin must be salt and mix. Let it stand for an put between the iron and the silk so hour and then smear over the face, long as a bit of moisture remains in remaining on for half an hour at it, otherwise the iron will streak the least and preferably an hour. Wash fabric in a way that is difficult to off in clear cold water. When the silk is quite dry and fairly smooth, it may be finally ironed over lightly without the where the gas is lighted unless the intervening muslin. If a little firmness and gloss are liked in the silk, a teaspoonful of prepared glue to a quart of water may be added to the last rinsing water.

tot 4-4 4-4

GREAT IRISH-ARGENTINE.

Wherever the Irish settle down they do something to make themselves The Southern Cross known. of Buenos Ayres, Argentina, presents on the hose, but on the ribbon into this record of a great Catholic wowhich I fasten the clasps on the sup- man of that country who had Irish waters. Dip into sugared water, in her veins:

"Senora Florentina Ituarte Costa, a distinguished Portena lady, died last Wednesday at her residence from "runs" or a tear when I take in San Isidro. She was a link be tween the present and by-gone age and there was Irish Milesian blood in her weins. Born in the early in fancy of the last century, she saw the birth of the Argentine Republic and was an eye-witness of many of mond in each prune. Cover One very good way to apply a lo-ion to the fees when the story of the Independ-ence days. In her later years no tion, the hoof-beats of the war much as is needed into a clean sau- horses, and the clash of steel, and er and use sterilized, absorbent cot- the bugle-sound of battle, and the ed for a trifling sum of the chemist. | soldiers. She must have recalled the ne little balls or pads of the wild delirious joy of those enthusi cotton and keep them in a clean, astic days when Buenos Ayres cele mouthed jar with a screw top brated the victories of a young nause as needed. Dip them into tion. Her mental vision must the lotion and gently wash it over surely have travelled back to time the face, using fresh ones from time of noble thought and mighty act to time during the process. when men scorned to talk and talk

and never a deed to do. What days were those when the patriot gladly answered the call to arms with no expectation of reward beyond the expectation of reward beyond the consciousness of noble effort and the of seeing his country free! And what men — Belgrano, Rodrigue Pena, Donado, Passo, Alberti, Viey tes. Viamonte, Guido, Beruti, Fr Irigoyen, Castelli, San Martin Saavedra, Rivadavia, Loppez, Brown Guemes, O'Brien, Moreno, Balcarce the terrible Chiclana, Azcuenaga Bathe the face every night with Mateu, Larrea, her uncle Pueyrre-qual quantities of warm milk and don and hosts of others! What noble names to embellish the history of a nation-to stamp it with the hallmark of genius and valor and highest civic virtue! Senora de Costa, in the far-off

considering that for sixty years bemost seclusion in her San Isidro home. During all those years never came to Buenos Avres except on one sad occasion-the death interest in the 'patria' never flagged. Once a Through the Venetian blinds of he window she used to see, unseen, the soap.

Does your skin look shiny in spite

Celebrated men of modern Buenos

Ayres, invited to the house by her celebrated men of modern Buenos This is because the son in order that the venerable lady gled with them, nor did she appear in society for more than sixty years. She was eight years old when Cisneros was deposed, when the 'sound of broken chains' rang out in metaphorical resonance over the land, and the bell of the old Cabildo called the people to hear the proclamation of a new nation. The deceased ledy was niece of General Puevrredon. The house where she lived, and all San Isidro and Martinez once belonged to the Puevrredon and Martinez fami-Her son, the late Don Eduardo Costa, was a prominent public an who filled many high posts under various administrations, and at the time of his death was Attornev-General of the nation. Our readers will be interested in the fact, that Senora Ituarte de Costa was grandname was O'Dugan."

4rh 4rh 4rh

TIMELY HINTS

Rust stains may be removed with salts of lemon, obtainable from any

Large pieces of silver, such urns, baskets and the like, should be waists or ribbons ever washed in kept in canton flannel bags when not very hot water. Make a lather of in active use. The furry side of the

A preparation that will help several waters it should be wrapped bleach muddy skin is composed of

Remember that a bird cage should never be allowed to hang in a room room itself is well ventilated, as the air near the ceiling is generally impure by night.

For perspiring feet dissolve ounce of sulphate of soda in a pint of hot water and rub the feet over with this night and morning. Dust a little boracic acid into the stock-

Very fine old lace can be beautiful ly cleaned by being sewn in a clean piece of linen and laid all in salad oil. Next day boil it in

44 44 44

RECIPES FOR UNCOOKED DES-

Prune Jelly.—Soak eight large prunes over night in warm water; tance of a charming, kindly gentle remove pits and place a salted althe bottom of the mold with these stufno fed prunes, and pour over them the the face when time is not doubt she heard again, in imagina- prepared jelly powder. Instead of using one pint of hot water to dissolve the jelly powder, warm pint of the water in which the prunes were soaked, and use for that purpose. Serve with whipped

Date Jelly.-Prepare one package of raspberry and one package of

MILBUR.N'S



able vegetable remedies for dis

CURE BILIOUSNESS

CLEAN

COATED TONGUE ath and clear away all waste and poisonous matter from the system.
Price 25c, a bottle or 5 for \$1.00. All dealers
or The T. MILBURN CO., Limited Transit

ounces of powdered sugar; beat this with a whip until it is light and frothy. Serve in glasses and sprink led blanched or powdered almonds over the top. In the center of each country honored-but she never min- glass place a candied cherry. Serve cold.

Prepared jelly powders are to b had in various flavors off the gro-cer, with directions for use on each package.-From Uncooked Foods.

> ++ ++ ++ FUNNY SAYINGS

ITS ALTERED STATUS.

Little Clarence-Papa, what is the Golden Rule?

Mr. Callipers-Well-er-h'm-at any rate, my son, it is not what it used to be .- Watson's Magazine.

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AN OUNCE OF PREVENTION.

"Ma," said a newspaper man's son, "I know why editors call themselves 'we.' "Why ?

"So's the man that doesn't like the article will think there are too many people for him to tackle."-Sacred Heart Review.

1-t 1-t 1-t

"I'm goin' to stop bein' kind and helpful to people," said little Willie.
"How is that?" asked his mother.

"Well, it's this way; at school today I saw Tommy Jones putting a pin in the master's chair, so just as the master was about to down, I pulled away the chair. The master sat down on the floor, when he got up he licked me pulling away the chair, and Tommy Jones licked me for interfering. Yes, I'm goin' to stop helpin' people now

14 44 44

An English tourist travelling in the north of Scotland, far away from anywhere, exclaimed to one of the natives: "Why, what do do when any of you are ill? can never get a doctor? "Nae, sir," replied Sandy. "We've

just to dee a natural death!'

** ** **

night MICHAEL DAVITT'S KINDLINESS

and pin on a strained cloth to dry. she left a card explaining her busi- some feature is the itching and burnwritten by Mr Davitt himself, and a positively unendurable. note inviting me to see him at the House if I required further informa-

In this way she made the acquainman, who introduced her to several members of Parliament she was 'de sirous of interviewing, and at great personal trouble gave her a helping hand on several occasions. on he wrote:

ject to being interviewed by a charming lady journalist about the bill he is bringing in ? Do young cats like cream? Come to the House to-morrow at 3, and I will introduce you.'

half the raspberry jelly into mould; when hardened, cover the top with stuffed dates. Alternate the layers until all the jelly has been used. Place on ice to harden and serve the stuffed with a racking cough. To be the stuffed and serve the stuffed with a racking cough. To be the stuffed and serve the stuff oild with a racking cough. To be merry one must be well and free from aches and pains. Dr. Thomas Eclectric Oil will relieve all pains, nuscular or otherwise, and for the speedy treatment of colds and coughs





GOD IS NOT FAR.

God is not far from any of us! The Wild flower by the wayside speaks His love;

Each singing bird brings tidings from The bright sunlight His tendern doth prove,

God is not far from any one of us! He speaks to us in every glad sur-

And men know not His voice!

His glory floods us from the noon The stars declare, His love daylight dies;

Can men not hear His voice!

God is not far from any one of us! He speaks unto our spirits morn To every soul that wills. He gives

His light; Each burdened heart He cheers, and gives His might To those who hear His voice.

-Thomas Curtis Clark.

THE MESSAGE.

Soul speaks to soul in myriad ways-Few know its hidden speech; gleam from out the folding haze Revealing each to each:

A sigh that breathes nor loud nor A glance across a waiting throng:

That moment lives. The space brief

What time the heart is glad: The pilgrim soul has known grief Of lonely hours and sad,

And journeys on again, content That glimpse of kindred soul lent. O eyes, that meet across the years-

That speak, and answer, there, You have your secret tide of tears That find you unaware! lonely moment, when the heart

In grief would rend its cords apart. -Helen Moriarity, in The Rosary.

1+ ++ ++ THE TIME IS SHORT

is slender. That soon for me the fabric will be

Then would I live with sympathie more tender;

The time is short.

ering airs may

life-unsheltering yet The time is short.

into naught.

seems my

of the good thou might'st have done, when brightly The sun to thee life's choicest sons brought,

Hours lost to God in pleasures passing lightly. The time is short.

Think of the drooping eyes might'st have lifted see the good that heaven to thee hath taught.

unhelped wrecks that past life's bark have drifted-The time is short. The time is short.

Then be thy heart a brother's To every heart that needs thy help in aught; Soon thou wilt need the sympathy

of others. The time is snort.

If thou hast friends, give them thy best endeavor, Thy impulse and thy Warmest purest thought, Keeping in mind in word and action

ever, The time is short.

Each thought resentful from mind be driven, And cherish love by sweet forgive-

ness bought; Thou soon wilt need the pitying love of heaven:

The time is short. Soon other graves the moss and fern will cover:

Soon thou wilt rest, thy work forever wrought, Where summer airs, aroma laden, hover,

The time is short.

Then own thy God ere yet the shadow closes Some good return in later seasons On early frosts scatter the fragrant

The time is short.

So, when the dissonance of time is ending,

To peace rewarding may thy soul be brought, Like the worn reaper to the Master wending.

The time is short. -By the late Hezekiah Butterworth.

How Eczema Is Recognized

HOW IT IS PROMPTEY RELIEVED AND THOROUGHLY CURED BY

Dr. Chase's Ointment.

There are many kinds of eczem but all have such symptoms as red ness of the skin, with a yellow tinge heat and inflammation, discharge of a watery matter the formation of a crust.

"The next morning's post ing which varies from that which brought me a handsome bit of copy is simply annoying to that which is

Then there is the tendency fo ema to become chronic and spread to other parts of the body.

Persistent treatment is always ne cessary, but you can depend on it that Dr. Chase's Ointment will. cure you. Relief will come after the few applications, and the healing process will be gradual and natural.

It is due to its remarkable record in the cure of eczema that Dr. Chase's Ointment has become known the world over. For every form of itching skin disease or skin irrita-tion it is of incalculable worth.

Mrs. R. Stoddard, Delhi, Norfolk Co., Ont., writes as follows: "I was Co., Ont., writes as follows: "I was troubled with eczema for over twelve years, and doctoring during that time with four different physicians, but found that they could give only temporary relief. I saw Dr. Chase's Cintment advertised, decided to try it and before I was a found to the country of the coun , and before I had used half a b

ever used, and, in my estimation. worth its weight in gold." lington Co., Ont., writes: "I feel it my duty to let you know what Dr. Chase's Ointment has done in a very bad case of eczema on our baby. We had tried any number of cures without any permanent relief, but from the hour we commenced using Dr.

ed until there was complete cure. We think it is the greatest of family ointments." Mothers use Dr. Chase's Ointment for the chaffing skin troubles of their babies in preference to unsanitary pore-clogging powders; 60 cents a box, at all dealers, or Edmanson,

relief, and the improvement continu-

Chase's Ointment there was

MOONLIGHT.

Bates & Company, Toronto.

O'er the gently creeping twilight Lady Moon holds forth her sway, Her sweet company to gladden And cheer the traveler on his way.

Far and near her rays extending Beckoning forth her comrade Mars, With his host of fair companions Blinking, twinkling little stars.

In that realm far above Her Creator's will obeying,

O'er this world of vastness shining

Oh, what mighty power rendering In that lovely dome of light, Oh! what wondrous color blending Wishing all a sweet good-night.

The healthy gle

Dear Girls and Boys

ing on us all, as th numerous. Mar have a very hospitab to have ente deal of company this fred E. makes enquir fred D. I was wonde had happened that witten to us for su I wish I was with A she was picking ras are so delicious fresh Although we enjoy t still we have to tal them a certain an Annie O'N. looks for write to the corner. see that interest and page really gives ple whom it is inten I was not at Ste. A I was there two year joyed my visit to the very much. Love to and nephews.

Dear Aunt Becky :

How are you this v ther? I am not ver this great heat. We great deal of company and I would rath come to see us in the is too hard to work am still busy with m like it very much. Aunt Becky, I do no tice, but I like when piece and papa comes

play it. That is bet tising. Good-bye, dear From your affections

11 1st

Warden, P.Q.

Dear Aunt Becky : We were very sorry of your letters that yo busy. We know you great deal to do becau such a large family. the little cousins find as warm as we do. to see our aunty next been in the convent fi we have not seen her fo

I guess she will not kn were quite small then. other Winnifred D. no is cool where she is.

Your loving

WIN

Warden, Que ++ ++

Dear Aunt Becky : Well, haying is nearly this part, and it is considering the dry wes grasshoppers are quite which makes it nice fo keys. They are very i and it makes them grove keys are a fowl that tr the day looking for suc return when night come says they do not care grain when they can ge that to eat. Time nor

not permit me to write Your loving neph

** ** 4 Dear Aunt Becky :

Granby, July 28.

How quickly the time it is the last Friday in . not be long until hold over. The raspberries w

gone. I got about two black ones Wednesday n only wish you were h some of them. We experhome Sunday morning. glad to have her home, busy time now. Two care coming with her. do not remember, but the was here four years a glad to see some new wroner last week/ and will keep writing every hope Ethel T. will have the work of the work of

