

his lap—for all he had to do was to sit at home and wait until people got sick. Then he hitched up his horse and buggy—and later his automobile—and took a pleasant drive. It didn't matter whether he killed people or cured them—he was a Trust. Now here's a proposition. I guarantee that if you and your handsome husband come out here now—right now—the field will be yours. Your husband can't help making money. Of course, even if there were competition, he's so darkly handsome that he'll always prefer him. But there isn't competition, and there won't be—I'll see to that. So he can step into a fortune. Make him come; do make him come. You are simply stuck in the mud where you are; you can't even imagine what country life means—how glorious, sane, sweet, complete it is! You're bound to be happy here—think of it!—an acre of ground, a dear little cottage, fresh vegetables, delightful woods and brooks, beautiful days, stormy or clear, plenty of books, and lovely neighbors who are never in a hurry and are animal and happy. Besides, the Doctor is so highly respected. He's the first man in the county; his word is law.

"Now think the minute you get this and act quickly! The least delay may spoil all. You must come."

YOUR LOVING MINNIE."

(To be continued.)

Asked and Answered

Readers are asked to send any questions they desire to this column. The editor will reply as early as possible. No question will be permitted. Address: *Home and Farming World*, Toronto, Ont.

How can I remove grass stains from white lawn—Guskie Stewart, Leeds Co., Ont.

Common cooking molasses is good for this purpose. Cover the spot and leave the molasses on an hour or so. Wash in the usual way. A second application may be necessary. Javelle water would also remove stain. It can be procured from any druggist, and is cheap.

I cannot get my cream to whip. I have tried putting it on ice for a time before whipping, but it is no good—Jane Austin, Frontenac Co., Ont.

Probably the cream is too fresh. It should stand for some time before it will whip. While you are whipping keep it in a cool place. It is a good idea to have the bowl containing the cream in another dish in which there is some cracked ice, if you have ice at hand.

How can I use variety salt mackerel, halibut and salmon—T. J. Long, New Brunswick.

Salted mackerel should lie in cold water over night to freshen; salmon, being thicker, needs to stand in the cold water from 36 to 48 hours. Then cover with lukewarm water, and let heat gradually to the boiling point; then at once remove to a cooler part of the range and let stand, where the water is kept just below the boiling point, about half an hour. Serve with plain, boiled potatoes and egg or pickle sauce.

The wire basket is a saver of time and strength. The fruit to be peeled is put into the basket, which is lowered into a deep kettle partially filled with boiling water. After a few minutes the basket is raised from the boiling water, plunged for a moment into cold water, and the fruit is ready to have the skin drawn off.

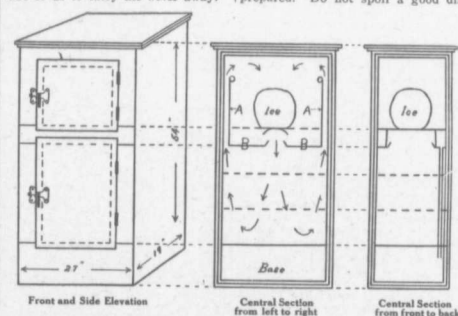
When mixing flour for thickening add a pinch of salt to the flour before mixing with water, and it mixes much more smoothly, without lumps.

A Kitchen Refrigerator

Prof. W. H. Day, O.A.C., Guelph

How to construct a kitchen refrigerator can best be answered by use of a drawing. The left figure in the cut below shows the outward appearance and also gives dimensions taken from a refrigerator large enough for a family of five or six. The doors are flanged as shown by dotted lines, and the latch should be so arranged as to keep the door jammed tight shut. The door to the ice-box is sometimes put in at the top, instead of the front, but with the door in the top the ice is often accidentally let slip, injuring the box.

The central figure is a section from left to right. It shows the refrigerator to be composed of an ice box above, a storage chamber with two shelves and a base. BB shows a large galvanized iron tray with a large piece cut out of the centre. This tray rests on two cleats, one on the back wall and one on the front, but does not touch the side walls. AA, the door, is of galvanized iron. They fasten around two rods crossing from front to back near the top of the ice box. The ice rests on an iron bench of galvanized iron which stands in the tray BB, and is arranged with a canopy below it so that none of the ice water can drip through the opening in BB, but must fall into the tray itself. From this tray a tube (see right-hand figure in cut) is led down the back of the storage chamber and out through the floor. Through this tube the water runs down into a pan below, or into a funnel which may be fitted with a tube so as to carry the water away.



The principle is as follows: The colder air around the ice sinks through the open bench on which the ice rests and passes down into the storage room through the opening in BB. The warmer air from the storage room ascends between AA and the wall, strikes the top of the ice box and is deflected down to the ice, where it is cooled and again passes down. The arrow shows the air circulation.

The efficiency of a refrigerator depends to a very great extent on the construction of the walls. Two thicknesses of board with water-proof paper between, and a lining of galvanized iron would be fairly effective, the iron being used for sanitary effect. Some reputable firms advertise their refrigerators as being composed as follows: 1. Outside case, oak or ash, 2. Water-proof paper, 3. Air space, 4. Water-proof paper, 5. Mineral wool, glass fibre in a thin mat, 6. Water-proof paper, 7. Birch pine, and 8. Inside lining, galvanized iron or other material. Such a wall would be 2½ to 3 inches thick.

Have you secured any of our premiums yet? Write us for particulars.

Never Go Empty-Handed

That is what mother used to say to me many times when I was a child. If I was going upstairs, I must look about me, and see if there wasn't something downstairs that belonged upstairs that I could carry up and put into its place; and so on from one part of the house to another.

She always said that it would be a great help in one's housekeeping, and saved lots of unnecessary steps, if people would just remember that little rule, and although I fail in many ways to practice all the good things she taught me I have often found myself saying to the children as they help about the house: "Never go empty-handed."

Children have such a wonderfully unconscious way of walking right over things instead of picking them up, and restoring them to their proper places.

So I shall often repeat the little rule to them, partly to help them, and partly to relieve my own feelings at their carelessness, and if they do not always obey the injunction now while they are young, they may in after years remember it as one of mother's helpful rules.—Georgia A. Chapman, Peterboro Co., Ont.

Simple Living Best

We often talk of simplicity as a time saver. In no department of the home work can it be so well applied as in cooking. The simple foods are the most healthful. I cannot give any set rules for a bill of fare. Serve good, simple, nutritious food, well prepared. Do not spoil a good dinner.

selves, and in after years they will bless you for so doing.

We will take into consideration the washing and ironing. An Institute speaker suggested Tuesday as the best day for washing. Others prefer Monday. Do not think of preparing an elaborate dinner on that day. Aim to have cold meat, which can be sliced; have the children prepare the vegetables before going to school. Get everything into ship-shape, so that it will not take much of your time to get up a comfortable meal.

Use all the labor saving devices you can. A washing machine, clothes wringer, and others, you can procure. By putting a spoonful of powdered borax or ammonia in the boiler with the white clothes, it will aid in cleansing very much.

In ironing do not waste time on such articles as will do as well without. Sheets taken off the line, folded neatly and hung upon the clothes rack will look as well as if you had spent ever so much time going over them with an iron. Some recommend a mangle for certain articles, but I have never used one, so cannot speak from experience.

In making the children's clothes, if time is limited, do not waste it in the first place by putting on frills and flounces, and, in the second, by having the same to iron every week. Aim at simplicity in dress.

Contrive your work well. Work well planned is half done. Aim to have all done in the forenoon, the afternoon you will have for sewing and social observances, and surely you will be able to sandwich in one institute meeting every week.

Premium Books Free

As some of our readers may be glad to earn one or two reliable books, in return for very little work, we make the following offer. If you send us a new subscription at \$1 a year, or renew your own subscription at once, for one year, we will send you one of the following books, free of cost:

Poultry Pocket Money, The Window Flower Garden, Diseases of Poultry, The Book of Birds, Poultry Feeding and Fattening, Bookkeeping for Farmers, Canning and Preserving, Home Cakes Making, The Model Cook or The Canadian Horticulturist, a monthly magazine on flower, fruit and vegetable growing, which would come to your home once a month for a year. Which book shall we send you for your renewal or only one new subscription?

Ten leaves should never be used for sweeping purposes until they have been well rinsed in several changes of water. This succeeds in extracting any remaining coloring matter, which would otherwise have the effect of staining the wool of the carpet.

Tea leaves should never be used for sweeping purposes until they have been well rinsed in several changes of water. This succeeds in extracting any remaining coloring matter, which would otherwise have the effect of staining the wool of the carpet.

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would it take you to make the bed, sweep and dust the room? If not, you will be surprised how much time you can waste. Do not dilly-dally over your work. Find out how long it will take you to do it, and then work as if you meant it. Then, again, train the children to help you; give each one some task to do, and see that they do it; even the very small ones can do something, and in this way teach them self reliance. Do not wear yourself out waiting upon them. Teach them to depend upon them-

PLAN YOUR LIVING

Time is the most important factor in housework. Let the housewife have a time table, and adhere to it as strictly as possible. Did you ever time yourself to do a piece of work? For instance, how long would