

THE PURPOSE

of this little book is to procure funds in aid of the farmers in that part of France which was devastated by the invasion of the German armies, but which was subsequently regained by the French.

This region, one of the most fertile in France, and which sustained hundreds of thousands of inhabitants engaged in agricultural pursuits, has been left desolate, with all buildings destroyed and all farming implements, cattle and farm products taken off by the invaders for military uses.

The old men, the women and the children of this region who have survived the slaughter of invasion, are now undertaking the labour of restoring their farms and of planting and cultivating their crops; to help in the supply of seeds, farm implements, and other simple but essential means of enabling these suffering people to regain nourishment by their own efforts, the compilers offer to the public this book on Cookery.

Its proceeds will be distributed by Le Secours National, of France, whose effective organization assures its best and most helpful disposition.

The recipes have been arranged with the kind aid of many house keeping friends; we believe the collection comprises some that will be novel to many households, and that all of them will give satisfaction when exactly followed.

The compilers will gladly answer requests for information from any one wishing to further support this cause.

Copies of this book will be mailed, post paid, on application; price fifty cents, each copy.

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