

### What's happening?

It's no great secret...  
...but there is a Disco, Party or Bash every Friday and Saturday at the Edmonton Rugby Union's lavish new Clubhouse. So if you are not long on ceremony and are susceptible to good times, in a very relaxed atmosphere, why not come out and join the legendary Rugby social crowd?

The Edmonton Rugby Complex is situated a half mile west of the Calgary Trail on the Ellerslie Road (10950 Ellerslie Road).

To find out what's happening this week call Judy at 988-5245 days.

— EDMONTON RUGBY UNION —

*l'express* ☕

Main Floor SUB  
7:00 a.m. - 9:00 p.m.

- Gourmet Coffees
- Deli Sandwiches
- Hot Sandwiches
- Soups
- Salads
- Liquor license after 3 p.m.

NOW OPEN EVENINGS!!



**Dewey's PUB**

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24 Imported Brands

14 Domestic Brands

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a Students' Union food service

### CLUBS COMMISSIONER

#### Required

**Duties:**— Represents the interests of Students' Union registered clubs

— Assists the Vice-President (Internal) in maintaining an ongoing relationship with Students' Union registered clubs

— Promotes co-operation and co-ordination among student clubs and organizations.

#### Term of Office:

Immediately to 30 April 1984.

#### Remuneration:

\$300 per month

#### For Information and/or Applications: contact

Students' Union Executive Offices

Room 259, SUB

Phone 432-4236

#### Deadline for Applications:

4:00 p.m. Wednesday, October 16, 1983



Volunteer working in library in main hospital with patient.

photo Angela Wheelock

## A big helping hand

by Gilbert Bouchard

Volunteer work is no longer rolling bandages and pushing carts around. People can really use their skills," said Peggy DeJonge, coordinator of Volunteer Services at the U of A hospitals.

"We get a lot of students from the University coming in looking for exposure to medical techniques, for example students entering almost any field associated with health care. Or students from small communities where volunteer work has always been big, or even students who want to get away from the University scene," continues DeJonge.

The U of A hospital, which includes the Aberhart and Newburn Veteran centres, the Walter Mckenzie Health Science center and the main hospital building, both old and new, houses 1400 patients with between 4000 and 6000 staff over quite a large area and has a need for 375 volunteers for a grand total of 25000 to 30000 hours of volunteer labour.

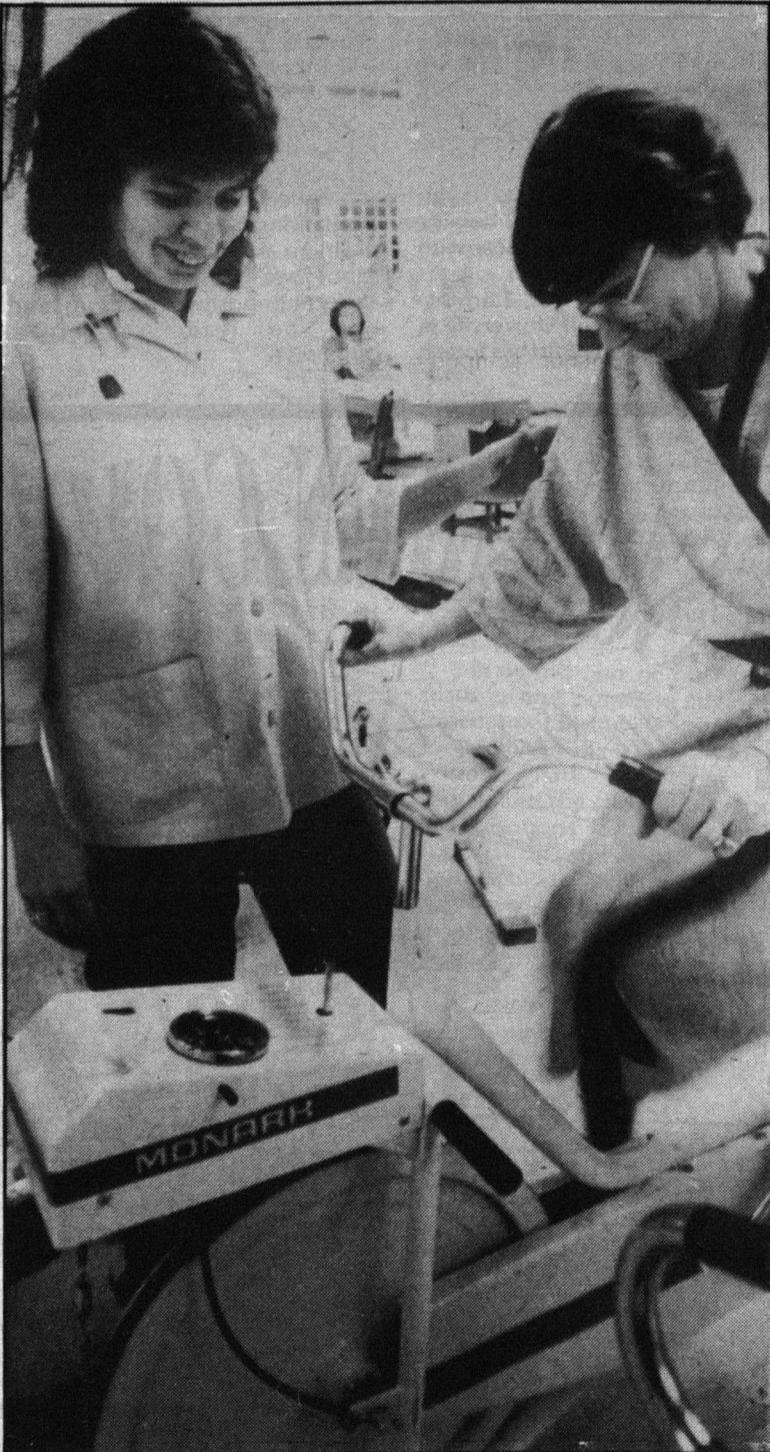
"All in all a very large commitment from the community to the hospitals," added DeJonge.

The volunteers themselves work in such diverse areas as admissions, the blood donor clinic, various clerical positions, craft programs, mail delivery, the archives, the newsletters, pediatrics, psychiatry, public relations, and many other areas of concern.

Because of the vastness of the U of A hospitals, and the myriad of services they offer opportunities open to volunteers are tremendous. The hospitals include elderly patients, rehab patients, the TB ward, the long term extended care ward, and with additional opportunity in occupational and physiotherapy recreational activities, socialization, and diversions and even shopping (either running errands for patients or accompanying patients on a shopping trip). Commented DeJonge.

Not to mention Government programs such as senior citizen correspondence where students can help patients at both veteran centres with their courses. Or the Hospital libraries such as the Aberhart library which needs volunteers to reorganize it, plus volunteers are always needed with leadership qualities or for recruitment.

The hospital does demand a certain commitment from its volunteers, usually a certain number of hours a week over a period of several weeks or months.



Alexis Ford, 1st year U of A student, working with patient in physio-therapy.

photo Angela Wheelock

Students with specific skills but who only have a limited time and can't make expansive commitments can contact the Volunteer Action Centre, the main referral centre who interviews prospective volunteers and refers them to the various volunteer organizations.

The Action Centre refers volunteers to over 180 different agencies, "if people feel the need

to hit the real world volunteer work might be what they need on the action centre is a good place for people to start. They can really open up the volunteer world," concluded DeJonge.

No matter what your skills a volunteer job is for you somewhere out there, if not the U of A Hospitals then maybe through the Volunteer Action Centre