Always Delicious

Always Refreshing

T. P. PHELAM Toronto

#### CHATS WITH YOUNG MEN

FRIENDSHIP

A friend is one whose worth is Not bartered at a random guess;

A homely soil where seeds are sown To bloom in trust and kindliness. A presence where man bares his heart

And put aside his day's disguise, And is himself and not the part He plays before the stranger's eyes.

And friendship's hour can softly The power of long forgotten things; The simple bliss of loveliness, And joy that honest laughter brings.

Cheap intimacies flash in flame, And swiftly burn their passion out; Begin with ardent, wild acclaim, And end in traitorship or doubt.

The deed is aye the acid test; The act that asks not reasons why Marks one man from the huddled

And crowns his silent constancy.

The world disdains the heart's intent,

Alas, and cannot comprehend The splendid gallantry that's meant When friend calls gaily to a friend. And so the sightless world puts

store On self-and selfishness reveals, And loses one fair joy the more Of those rare joys that life conceals.

#### -MYLES E. CONNOLLY THE NINE FIRST FRIDAYS

Our Lord wished to win back men to His love and showered still greater love on the wanderer. Man was taken up with the toys of the world; his passions spurred him away from God; his head was lowered by the pressing burden of flesh. Then it was that Christ revealed to St. Margaret Mary that He was longing for the love of His wayward children and to win them back He bade her establish the devotion to His Sacred Heart.

Now, a special manifestation of

this devotion was the Communion of Reparation on the First Friday of each month, and to anyone making this reparation, in nine succes sive months, our Lord promised the tremendous favor of the grace of final penitence. "They shall not die in penitence. "They shall not die in My disgrace nor without their sacra-My Divine Heart shall be their refuge in this last moment

Hence it is that the wonderful interest in making the Nine First Fridays has grown up in the Church. Oh, never let laziness or love of ease hold you in bed on the morning of the First Friday when you can make a sacrifice for the Sacred Heart and gain His love especially in the hour of your death. All the associates of the league have ever been desirous of making the First Friday Communions. They are devoted to this practice that they are spreading devotion to the Sacred Heart practically and are at the same time vision of the same time same time. the same time winning the bounti-ful promises of our Lord. You know the benefit of frequent Com-munion and how dear to the Sacred Heart such a practice is. By making the Nine First Fridays you add another Communion to your loveoffering to Christ.

WHAT INTERESTS YOU MOST?

you had hoped you would.

That vocation ought to be about as interesting to you as anything could be. Is it? Or do you look upon it merely as a means to the necessary end of earning a living?

Are you more interested in the amusements of your leisure hours?

Are you so interested in let you

Are you so interested in, let us say, the theater or the "movies" that you go to the theater or "movies" at every opportunity, perhaps stealing time from your work to do this?

Are you so interested in dancing that you count that week lost which does not see you in attendance at two or three dances?

I sincerely trust that self-examination will not compel you to acknowledge yourself among these poor people—dominated not exactly by unworthy interests, but at all events interests bordly matter. events interests hardly worthy of anything resembling enthusiasm.

And, on the other hand, I trust that self-examination will not show you to yourself as belonging to the equally numerous group of people who are really interested in nothing

If you are one of these luckless wights, bestir yourself to develop a keener interest in something—most of all in your work. And bestir yourself likewise to gain a keener interest in your work if your life is motivated by obsessive interests

Otherwise you will always lag, lways be outdistanced. Life's winners are those—and only those—who sense the delight of constructive achievement and rejoice in their work above all things as offering them a sure means for constructive achievement.—Michigan Cath-

### KEEP AT IT

as there is no turn off. But if promise, "Behold I am with you there's a lane or a crossroad, he all days, even to the consumnation always wants to try it. I'm afraid I've got to get rid of him because it's a nuisance to be always pulling him back on the road."

Lots of folks are like that. They can keep steadily at a task so long as there is no side attraction. The old tortoise, of school-reader fame.

did example of this keeping to the road than that of Columbus. Though jeers and mutiny and various attractions bade him turn aside, west. Thus "he gained a world; he gave that world its watchword:

'On! and on!'''

St. Don't have a successful as a successful as the succ

St. Paul, glimpsing the goal beyond, said: "This one thing I do; I press on toward the mark." And again, "None of these things move that I may finish my course

This keeping to the road applies to every task in life, big or little, whether a lesson to be learned, a home duty to be performed, a public speech to be made, a business deal to be put through, or what not.
We must turn a deaf ear and a
blind eye to all that would turn us
aside and press on to the finish. aside and press o Catholic Bulletin.

### OUR BOYS AND GIRLS

ROSES

went to gather roses and twine them in a ring, For I would make a posy, a posy for

the King. I got a hundred roses, the loveliest

But when I took my posy and laid it at His feet,

I found He had His roses a million times more sweet:

There was a scarlet blossom upon each foot and hand. And a great pink rose bloomed from His side for the healing of the

Now of this fair and awful King there is this marvel told

That He wears a crown of linked thorns instead of one of gold. Where there are thorns are roses; and I saw a line of red, A little wreath of roses around His

radiant head. A red rose in His Sacred Heart, a white rose in His face; His breath has turned the barren world to a rich and

flowery place. He is the Rose of Sharon, His

was divine love that caused the Creation, and when the creature by Have you ever squarely asked yourself, "What are the things I am most interested in?" It is a question you might find worth putting—especially if you have to confess that you have not been succeeding in your chosen vocation as love, caused Jesus' first miracle to be wrought at the marriage feast in Cana, and in later years love directed all His miracles. It was the lepers, made the lame to walk, the deaf to hear, the blind to see, and the dead to return to life. But there is a test of perfect love which the Divine Saviour Himself has declared to be the supreme proof and, it is that a man should lay and, it is that a man should lay down his life for his friend. More even than this did Christ do, for He died for His enemies that they might become His friends, and only the strength of an infinite love could have supported Him through the terrible death ordeal which He chose for Himself chose for Himself.

chose for Himself.

It might seem that even divine love had exhausted itself in the Crucifixion of the Son of God. The Good Shepherd had laid down His life for His sheep and proved Himself not a hireling. But this supreme sacrifice did not suffice for the love of the Sacred Heart. That Heart could not bear to be separated from bear to be separated from the creatures whom It loved to such an excess up. Therefore the resources of God's power were called upon for the institution of the Holy Eucharist. Had Our Divine Lord been satisfied with redeeming the world by the sacrifice of His life upon Mount Calvary it would included world by the sacrifice of His life upon Mount Calvary, it would indeed have been much, and sacred history would have preserved this great record for the reverent and prayerful meditation of all generations to come. But He who reads the secrets of our souls, knew well the weakness of poor fallen mankind, its preparess to become the

all days, even to the consummation of the world," by remaining always on every altar where the Blessed Sacrament is reserved. He is there to give Himself to us in Holy Com-munion, to be carried to our bedsides when we are sick or dying, as there is no successful as there is no successful as there is no successful as the to receive our visits, to convey Every one is welcome who comes with an humble heart, and even the sinner need not fear to remain in His presence if he will only resolve

in return for such condescension and love as God has shown in estab-lishing the Holy Eucharist, that the whole Christian world would be in constant adoration of Jesus in the Most Blessed Sacrament. What a me, that I may finish my course with joy."

Every planet moves, unswerved in its own appointed course; keeps to its own orbit. Artists, musicians, sculptors, authors, scientists, all keep at one big idea, make it the main force in life, until a great result is accomplished. of Life as frequently as they should. The Prisoner of the Tabernacle is alone many hours of the day and night, when numbers of those upon whom He has lavished His favors might easily keep Him company. Some fervent souls there are indeed, who strive to return love for love, and these are His consolation. the vast majority are either indifferent or contemptuously unbelieving, and this poor requital of His con-suming love has inflicted a painful wound upon the tender Heart of

It is more than two centuries ago since the holy nun, Blessed Margaret Mary Alacoque was favored by the revelations which Our Divine Lord made of His Sacred Heart and its burning love for men. He made magnificent promises for those who there be,
From the white rose vine and the pink rose bush and from the pink rose tree.

would practice.

Heart and strive to make reparation for the pain and injury it endured through the ingratitude of men. He complained more of the coldness and indifference of those who should be His fervent friends and upon whom He had bestowed many special graces, than of the great wickedness and insults of unbelievers. He craves the love of our poor, inconstant hearts, a love which is humble and self-denying and has learned to make sacrifices for conscience sake. It is not a mere sentiment that He desires, but a steady flame which purifies from earthly affections and leaves a victory for superpotural grape. supernatural grace.

The month of June is consecrated especially to the Sacred Heart of Jesus. Its bright days breathe love human heart, and our most faithful Lover asks the homage of our devotion in return for the infinite love He has given us. In these days of horrible conflicts with flowery place.

He is the Rose of Sharon, His gardener am I;
And I shall drink His fragrance in Heaven when I die.

—Joyce Kilmer

MONTH OF THE SACRED HEART

God is essentially love. Love is the reason for all His works. It was divine love that caused the

### CATHOLIC REVIVAL IN EUROPE

The Great War destroyed the map clothed Him with human nature. The stories of Bethlehem and Nazareth speak to us of the tenderness of an infinite love. Love again, in response to His Mother's pity and love caused Jesus' first miracle to are more Catholic nationalities in

are more Catholic nationalities in Europe organized as States, in 1922 than there were in 1914.

The breakup of the Schismatic Empire of the Russian Czars, made tremendous changes. Two new states, Poland and Lithuania, broken off from the old Empire are Catholic countries. Lithuania has a Catholic countries. Lithuania has a total population of four and three quarters millions. Of these three and a half millions or more than 75 per cent. are Catholics. The President of the Republic, Dr. Stulginkis and many of the ministry are Catholics.

The observance of the centenary of the conversion of Lithuania last November was the occasion of public rejoicing in which the gov-ernment took part. The constitution guarantees equality before the law to all citizens whatever their creed, but the Government recognizes the fact that the people are

mainly a Catholic nation.

Poland has 27 millions of people, of whom 70 per cent. are Catholic. The whole tradition of Poland like Irelands has been Catholic. Last June the whole Polish nation was Irelands has been Catholic. Last June the whole Polish nation was solemnly dedicated to the Sacred Heart. The majority of the members of Parliament are Catholics. Of her six universities, only one, that of Warsaw is officially described as a Catholic University, yet Catholic theology is taught yet Catholic theology is taught in all.

Catholic teaching is given in the schools. Catholic organization, charitable, religious, educational, and industrial has been wonderfully extended in the last three years. Some years ago while traveling about a rural district, we chanced to ride behind a horse which frequently had to be pulled back into the road. The driver remarked, "He's a splendid traveler so long" the weakness of poor fallen mankind, its proneness to become the prey of passion and pleasure and the necessity of a living fire to keep alive the ardor of divine charity in the heart of humanity. Therefore He decreed literally to fulfil His taking.

Sold in sealed aluminum packets only Never in Bulk. BLACK-GREEN-MIXED mainly Protestant, but in all three the Catholic minority has complete religious freedom. It is noteworthy that when the independence of Finland was established, one of the first acts of the new government in first acts of the new government, in which there was not one Catholic member, was to send a diplomatic mission to the Holy See to assure the Pope of its good will to its Catholic citizens. Ukrainia, the Southern Russian Republic under Soviet rule has liberty of worship, and contains nine million Catholics out of a total population of thirty millions. The prospect of unity with Rome is exceedingly bright in Russia owing to the downfall of Czardom, with its immemorial state policy of separation from Rome Southern Russian Republic under

policy of separation from Rome.

Like Russia the old Austrian

Empire has been shattered into

fragments. In the two new Republics that have come into being ness and its absurdity by knowledge of the attitude of the Church and the record of Holy Scripture. This opportunity is afforded by Dr. Coakley in his most timely work.

The method employed by the pastor of Old St. Patrick's is one which will not appeal to the spirit. in consequence, the Catholic popula-tion is in the decided majority. In the bordering States the condition is somewhat different. The new kingdom known popularly as Jugo-Slavia, but officially as 'the Serb, Croat, and Slovene State' guaran-tees freedom of worship to all, and

has several millions of Catholics in its population of eleven millions. The northern Republic of Czecho-Slovakia, made up of Bohemia, Moravia, and border districts of Austria, has twelve million Catholics, out of a total population of thirteen and a half millions. The unfortunate Czech schism greatly exaggerated, is now declining and Czecho-Slovakia

will soon be a solidly Catholic State. He older States of Europe are und agoing a Catholic revival. In Germany where Prussianism meant the protection of Lutheranism, a Catholic, Dr. Wirth, is Chancellor, and at the last Catholic Congress of Germany he was present, and Germany realized the changed state of affairs by witnessing the successor of Bismark kneeling to receive the Papal Benediction.

The increase of membership in The increase of membership in Catholic associations, the abundance of vocations, and the circulation of the Catholic press shows a great revival of Catholicism in the new German State. France according to a statistical review in the Revue des Deux Mondes has the Revue des Deux Mondes has given evidence of a Catholic resurgence in the increase shown in the number of Paschal Communions, in the frequentation of the sacraments, in attendance at Mass, in the increase of the birthrate, and in the growth of Catholic opinion revealed by the resumption of diplo-

matic relations with the Vatican. Belgium has just seen the triumph of the Catholic party at the recent elections. Her northern neighbor Holland, long considered a Protestant country, now has twofifths of her population Catholic, the Government and several of his colleagues are

Catholics.
The little States of Luxemburg and Lichtenstein are solidly (Catholic. Two years ago the ruler of Luxemburg, the Grand Duchess Maria Adelaide, resigned her coronet to enter a convent where this year she took her vows. An army of only two-hundred and fifty men acts really as a police force. For peace and prosperity the larger powers may well envy the little Catholic States of Luxemburg and Lichtenstein. All in all the prospect of Catholicism in Europe as seen from this rapid survey of political conditions is bright.—The Pilot.

### SPIRITISM IS FORM OF SATANISM

Under the title "Spiritism, the Modern Satanism," the Rev. Dr. Thomas F. Coakley, pastor of St. Patrick's church, Pittsburgh, has published, through the Extension Press of Chicago, an admirable exposition of modern mediumistic exposition of modern mediumistic methods and a clear definition of the attitude of the Church toward the doctrines enunciated by Sir Arthur Conan Doyle and other

Inese leaders of a dangerous cult disagree among themselves in regard to many matters, but it should be significant to Christians that they are united in the declaration that Christ was not the Divine Son of God. Not only so, but, as Dr. Coakley points out, they assert that He was morely a redium and that He was merely a medium and that all the miracles recorded in the New Testament are simply spirit-

istic phenomena.
With these assertions positively proclaimed, the prophets of the "new revelation" blandly announce themselves as the protectors of religion, the defenders of the doc-trine, of immortality and the con-solers of the bereaved. H287

in which Christians have been taught there-shall be neither man riage nor giving in marriage, there shall be marriage—but no children. It is necessary that Catholics should realize the dangers of this teaching. It is necessary also that they should have opportunity to fortify themselves against its false-

which will not appeal to the spiritwhich will not appeal to the spiritists. He insists on scientific proof of every step made. If the supporters of the "new revelation" assert that Christ was a medium, Dr. Coakley responds: "Prove it." The proof is a series of further allegations. There are no steps but positive flights of imagination. But the reverend critic keeps feet But the reverend critic keeps feet firmly on the ground. He takes these various supplementary allegations and in exposing them, con-trasts them. The one immediately trasts them. contradicts the other. The sheer ridiculousness of what is advanced

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draw men and women from the faith. The basic principle on which they operate is the elimination of God. This is clearly shown in the first interviews and lectures of Sir Arthur Conan Doyle. His conception of existence after death is a continuation of a purely material istic life. In it there is no recognition of service to or for the Almighty. Its modernity of material istin makes its biggest bid with the announcement that in that state in which Christians have been as proof in one instance is virtually admitted in the anxiety shown to substitute an entirely different theory as proof in some other.

The physical, mental and moral and moral dangers of the new manifestations of an old cult are brought to light by Dr. Coakley in convincing manner. Of the spiritual dangers of modern mediums there is evidence of demoniac possessions. He reminds his readers of the petition offered every day after Mass imploring protection against the shallow of the spiritually admitted in the anxiety shown to substitute an entirely different theory as proof in some other.

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Catholics who may be tempted to dable in Spiritism, the author speaks plainly. He points out that



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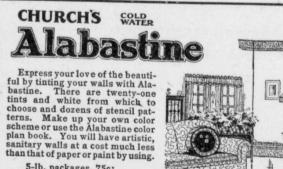
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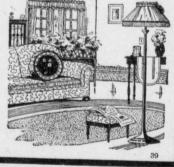
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