should live in such close communion with God that he can reach the Divine Power in the hour of danger and in the time of ueed.

(b) When we pray do we confess our sins, and desire to forsake them. Confession of sin must come into every acceptable prayer, "If we say we have no sin we deceive ourselves, and the truth is not in us. If we confess our sins he is faithful and just to forgive us our

sins, and to cleanse us from all unrighteousness."

(c) Are we desirous at the throne of grace? We ask God for such things that we need, do we wait for the answer. We feel the power of sin in the soul, and a spiritual stupor settling down upon us. Do we take it to God, and ask him to revive us again, that we may rejoice in him? Do we seek the submissive spirit to trust unreservedly to God whether he gives or withholds. There are two kinds of mercies for which we have to pray. Mercies which God has not promised to give directly, but indirectly, such as earthly comforts and some things in a religious life. David prayed for the life of his child, but God did not spare the life of his loved one, but gave him the assurance that parent and child should be re-united in the better land. Paul asked God to remove a physical infirmity. God did not remove the thorn in his flesh, but gave him grace to bear it, so the Apostle could rejoice in affliction. Our dear Lord prayed that the cup of agony might be removed from him, and after offering the prayer he said, " not my will, but thine be done." "Let no man say when he is tempted, I am tempted of God, for God cannot be tempted with evil; neither tempteth he any man, but man is tempted when he is drawn away with his own lust, and enticed. But remember when you ask God to remove the temptation, no temptation hath taken you but such as is common to man, but God is faithful, who will not suffer you to be tempted above what ye are able, but will with the temptation also make a way of escape that ve may be able to bear it." Then there are mercies which God abundantly bestows through the riches of his grace in Christ Jesus. "If ye abide in me and my words abide in you, ye shall ask what ve will and it shall be done unto you. Herein is my Father glorified that ye bear much fruit, so shall ye be my disciples." Among the wonders science has achieved, it has succeeded in bringing things to light that were invisible and incomprehensible. The barometer makes us acquainted with the actual state of the atmosphere. It takes cognizance of the slightest variation, and every change is pointed out by its elevation or depression, so men can be acquainted with the actual state of the air at any given time. In like manner the Christian should have with him an index by which he can measure the degree of spirituality. However difficult this may appear in the experience of some, all will admit there is a barometer within to determine the elevation or depression of the spiritus-

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