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The Lord's Day.

OF the "Ten Words" delivered by God to Moses, none is weightier or more explicit than that which enjoins the sacred observance of the Sabbath. The form of expression is full of meaning,—"*Remember the Sabbath Day,*" reminding us that the Sabbath is an institution coeval with the race, to be observed joyfully and perpetually in remembrance of the completion of God's Creation. "The Sabbath was made for man"—not for the Hebrews only, but for mankind in all countries and in every age. The fourth commandment did not institute the Sabbath. Neither did the coming of Christ do away with it. "Think not that I am come to destroy the law or the prophets: I am come not to destroy but to fulfil," are His own words, and we know how the Lord Himself recognized and honoured the day and purified it from the superstitions with which Jewish ceremonial had overlaid it.

Far be it from us to wish to see the Sabbath observed as a day of gloom, or to dictate to any one how it is to be observed. Enough that we insist on the right of every human being to enjoy the privilege of resting one whole day in seven from ordinary occupation, and having the opportunity of spending that day in the way that com-

mends itself to an enlightened conscience. Many of us know what a Continental Sabbath is. We do not want that in Canada. We enter a protest against Sunday newspapers, Sunday railway traffic, and steamboat excursions; Sunday delivery of letters from the post office, Sunday theatricals and balls, pleasure parties and kindred "pastimes;" against the opening of museums and art galleries—which are the thin entering edge of the wedge; against Sunday fetes and Sunday funerals; against every kind of unnecessary Sunday work that makes one man toil for the recreation of another, and this because we believe such things to be a desecration of the Lord's Day and inimical to the physical and spiritual welfare of man. Nature demands rest one day in seven, and nature's God commands it.

We notice with pleasure the steps taken at Ottawa, a short time ago, to give expression to the opinion of representatives of all the Christian Churches of Canada in this behalf—senators and members of Parliament joining with ministers and elders in favour of Sabbath observance. Rev. Dr. Armstrong, the Convener of the Assembly's Committee on Sabbath Observance, was in the right place when he put himself at the head of this movement. Rev. Dr. Moore made a good point when he said:—"We are not striving to force Sabbath observance upon any man. We are simply contending