the light of the world, nor are the scattered dwellings fringing Zion "the city set on a hill." Come out from the world in fellowship as in spirit. The tribes which remained on the other side the river almost disappeared from history.—Rev. C. M. Southgote.

The Teachers' Meeting.

Draw the map of Palestine, and show on it the place of the crossing and the probable locations of Adam and Zaretan....Draw from the class or relate the connecting incident of the two spies.... Give a word-picture of the scene by Jordan: Joshua, priests, ark, soldiers, people; river foaming before; walls of Jericho in the distance; the procession, etc....Locate on the map the seven nations named in verse 10 The ark, what it was, and what it represented.... The purposes of this miracle.... The relations of God and his people....Show the encouragements of the lesson to God's people: (1) That God is with them; (2) That God will help them; (3) That God watches over them....Show what are the warnings of this lesson to God's enemies.... This lesson presents to us duties (1) Of trust; (2) Of obedience; (3) Of courage and confidence.

OPTIONAL HYMNS.

No. 1.

The Lord's my Shepherd. How firm a foundation. Guide me, O thou great Jehovah. All the way. Lead, kindly Light.

No. 2.

Our Father watcheth o'er us. In heavenly love abiding. Forward be our watchword. Ready for labor.

The Lesson Catechism.

[For the entire school.]

- 1. What river lay between the Israelites and Canaan? The river Jordan.
- 2. By what were the Israelites led to the river?
 By the ark of God.
- 3. What took place when the priests brought the ark to the edge of the river? The waters were cut off.
- 4. How did Israel pass over the river? On dry ground.
- 5. What has been the voice of God to the world ever since? Golden Text: "When thou passest," etc.

CATECHISM QUESTION.

46. In what passages of the New Testament do we read of the institution of the Lord's Supper?

In the first three Gospels the actual institution is recorded. In the sixth chapter of St. John's Gospel the Lord teaches us the blessings of that abiding union with His life of which the Supper is from time to time the sign and pledge. In the Acts of the Apostles we see how the ordinance was observed, as also in the First Epistle to the Corinthians.

A Sunday-School Prayer-Meeting.

BY JENNIE M. BINGHAM.

A WISE superintendent can tell when a prayer-meeting is better for the school than the usual Bible study. He does not believe that the Bible study should often be set aside, and yet there are times when blessed results follow such a departure. There are always some country children who are shut away from the evening prayer-meetings and have only this opportunity. Then there can be no doubt but that it is wonderfully helpful to a class to hear a public prayer from the teacher and testimonies from the class-mates.

Certainly the prayers and testimonies should be very brief, and all the exercises should move off briskly. To secure this it is sometimes best to plan the service. For instance, have a number pledged for a brief prayer; personally speak to as many as possible, asking for brief testimonies. Make much of the singing, having many of the best familiar stanzas, all ready to start with the organ without prelude or interlude.

I remember a Sunday-school prayer-meeting where there were forty testimonies in ten minutes. It may be well at the close to call for an expression as to who have taken Christ as a personal Saviour, with a few words as to what that confession means. This helps the timid children. And then before closing give an invitation to those who have never confessed Christ to start now. Teachers should know how their classes stand religiously, and this they will know if confidence exist between teacher and scholar.

I can never forget the effect produced in a school by the statement from the superintendent, "I have been pleased to find that the teachers in this school pray every day for their scholars by name."

A Sunday-school prayer-meeting helps to emphasize the truth that the aim of all Bible study is to know the Christ and learn to live the Christ-life.