Ur. 14. Souvielle's Spirometer Given Pres. Escouraged by the fact that during the past five years, thousands of patients who have used my Spirometer have been cured of Asthma, Bronchitis, Catarrh, Catarrhal Tealness, Consumption or Weak Lungs, and sinding that many who could be cured are financially unable to procure the instrument, I will give the Spirometer Free to any one offering to me and the above ellerths above the spirometer. I will give the Spirometer Free to any one suffering from any of the above all what who will call at 173 Church street, Toyanto, and consult the Surgeons of the interpational Throat and Lung Institute; the facilicines alone to be paid for.

If unable to call, write for particulars and treatment which can be sent by express to any address. Dr M. Souvielle, ex-aide Surgeon, Recent Army.

French Army.

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Best Value in Teas from 50c.,

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With a you can make a beautifuling in a h a hours that would require weeks of labour with a hour. You can make a spiendin peut of mutens in two in three hours. You can make a spiendin peut of mutens in two in three hours. You can make hoods tiddes, laprobes door mate, etc. Uses either years of the conformation and appeared to any address on roceipt of price. Rug patterns for sale. Wholesale and retain Descriptive price list of muterns earl with each Machine, Agents, wanted (calter stokes or gentlemen), to whom liberal inducements will be given Address, R. W. ROSS, Guebb, Ont. P. O. Box 541. Sole Manufacturer of the Novelty Rug Machine.



## Lydia e. Pinkham's **VEGETABLE COMPOUND \*** . \* . \* IS A POSITIVE CURE \* . \* . \*

For all of those Painful Complaints and . \* . \*FEMALE POPULATION. \* . \* .

Weak-noises so common to our best

FEMIALE POPULATION.

It will coure entirely the worst form of Female Complaints, all. Ovarian froubles, inflamention and Ulceration. Falling and Distlaments of the Charge of Life.

It will dissolve and extel twons from the Charge of Life.

It will dissolve and extel twons from the Utrius in an early stage of development. The Tredenct to Carchole III wors therefore the Vert spreight by its use.

It removes faminess, Flatulefut, Destrots all crating for set should be the United British of The Stowach. It cures Bloating, Head-mess of the Stowach. It cures Bloating, Head-mess of the Stowach. It cures Bloating, III.

That freing of Bearing Down, Carring Prin, Weight and Backache, is always personness the Concern the Female Stoten.

It will at all times and ender all encore stances act in Harnony with the laws that govern the female stoten.

Spits duffored is SOLELY for the Legithate fraints of disease and the relief of fain. And that it does all the claims to do. Thousands of Ladies can Glabit testiff. Co.

For the cure of Kidney Complaints in entere sex this greeked is given table for \$3. Sold by did engited. Sent by mail, postage paid, in form of Pills of Losenges on receipt of price as above. Mr. Pinham's "Gold by dide to the the without Lydie F. Pinkham's Hore the Engither of the Completion of Pills of Losenges on receipt of price as above. Mr. Pinham's "Gold by dide to the the confidential paraward."

No family should be without Lydie F. Pinkham's Touglidity of the Liver Eccals per box.

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THE STANDARD maintains a high record for its liberal treatment to Policy-holders, and for its prompt settlement of claims; whilst its rates are as low as those of American and other companies.

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Wanager, Inspector

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### Scientific and Assful.

SHOK! WALLS.—Smoky walls can be cleaned by washing them with pearlash water and rinsing them with clean water before the pearlash is dry.

CORN MEAR. PUDDING.—One cup corn meal, one cup flour, one cup milk, one cup chopped raisins, one-half cup molassas, and a little sait. Mix all together and boil two and one-half hours.

and one-half hours.

Lydia E. Pinkham's Vegetable Compound is a most valuable medicing for ladies of all ages who may be sflicted with any form of disease peculiar to the sex? Her Remedies are not only put up in liquid form but in Pills and Lorenges in which form they are securely sent through the mails.

Are securely sent through the mails.

MUFFINS WITHOUT EGOS.—One quart of milk, two of flour, measure before it is sifted:

wo gills of yeast, one teaspoonful of salt, a piece of butter about half as big as a hen's egg, warm milk enough to melt the butter, a little sugar if you like. Let it rise about twalve hours, bake in muffin rings on the griddle or in a quick oven.

griddle of in a quick oven.

SOFT GINGER-BREAD—One coffee-cup of molasses, one of sugar, half-cup of butter and lard mixed, one cup of sour cream or buttermilk, three cups of flour, two even teaspoonfuls of soda dissolved in the milk, two teaspoonfuls of cinnamon, one and a half of ginger. Bake in shallow pans, and cut in squares when cold. Add little salt.

WHITEWASH.—The following is a good way to mix whitewash so it will not rub off: Mix up half a pailful of lime and water, ready to put off the wall, then take onequarter pint of flour; mix it up with water; then pour on it boiling water, sufficient quantity to thicken it; pour it while hot into the whitewash, stir altogether and it is ready for use. WHITEWASH.—The following is a good

it is ready for use.

RISSOLES. - Roll the trimmings from plecrust into a sheet about a sixth of an inch
thick; cut this in cakes with the largest paty
cutter; have any kind of meat prepared as
for croquettes; put a heaping tea-spoonful
on each cake; brush the edges of the cake
with beaten egg and fold and press together.
When all are done dip in the beaten egg and
fry brown in boiling lard. They should cook
clock simules. Serve hot. fry brown in boiling lard. I eight minutes. Serve hot.

POOR TEA AND COFFEE.—Poor tea and coffee are much less healthful than the aromatic, appelizing cup of the same beverages. Relish is an important element in easy ap-propriation. So, it is worth while, for the health of the family, to study to have these accompaniments to almost every meal of the best quality possible with the material at hand. No efforts of the cook, however, can entirely supply the lack of rich cream, and a good quality of coffee, as purchased from the

Boiled Custard.—Mix the beaten yolks of six egg. with a pint of sugar, have a quart of milk boiling in a kettle, dip up a tea-cup of milk at a time, and pour on the eggs and sugar till the kettle is empired, stirring rapidly all the time. Wash out the kettle, pour the mixture back, and silr constantly over the fire till it thickens. Then pour it into a bowl and silr till cool, to make it smooth and prevent it from curding. Put in the bottom of glass mugs slips of preserved orange, lemon or citron. Fill nearly full with custard, put whipped cream and grated nutmer on top. BOILED CUSTARD,-Mix the beaten volks nutmeg on top.

M. SHERHAN, of Oscoda, Mich., writes:

"I have used Dr. Thomas' Eclectric Oit on horses for different diseases and offind it to be just as you recommended for his done justice to me every time, and it are the best Oil for horses I ever used." Observe that the name "Dr. Thomas Eclectric Oil is on force of the manner of these serious infinitesions. front of the wrapper, as there are imitations

A Delicious Plum Pudding. - Take half a pound of stoned raisins, half a pound of currants well washed and dried, four of currants well washed and dried, four temons grated and the juice, half a numer grated, half a teaspoonful of ground cinnamor, half a teaspoonful of salf, one pound of bread crumbs, half a pound of brown sugar, seven eggs well beaten, three-fourths of a pound of finely chopped beef suer, one-fourth pound of thinly cut citron, two glasses of brandy and two glasses of wine break the eggs into a large pan, beat them very lightly, then add the spice, sait, lemon peel and the fourt and bread crumbs, lastly the wine and the brandy Put this into a foured bag, have ready a pot of boiling water and boil four hours. Serve with a rich wine sauce.

A HANDY SURGEON -As a dressing for A HARDY SURGEON—As a dressing for all manner of firsh wounds there? Doching better than Hagyard's Kelley has it incanes, all ay pain, solvings incomfacture and heals without a scar or sliftless of the parts injured. It is equally valuable as a pain remedy for internal use.

#### No. I. Vital Questions!!

Ask the most eminent physician
Of any school, what is the best thing in the
world for quieting and allaying all irritation
of the nerves and curing all forms of nervous of the nerves and county all forms of herrous complaints, giving natural childlike refresh-ing alcep always?

And they will tell you unhesitatingly

"Some form of hops!"

CHAPTER I.

Ask any or all of the most eminent physi-

Ask any or all of the most eminent physicians:

"What is the best and only remedy that can be relied on to cure all diseases of the kidneys and urinary organs; such as Bright's disease, diabetes, retention or mability to retain urine, and all the diseases and aliments pecular to women?"

"And then will tell man application of any organization of the period of the control of the period of the control of the c

peculiar to women?"

"And they will tell you explicitly and emphatically? Buchu."

Ask the same physicians

"What is the most reliable and surest cure for all liver diseases or dyspepsia; constipation, indigestion, biliousness, malarial fever, ague, etc?" and they will tell you:

Mandrake 1 or Dandelion 1

Hence when there expedies

Hence, when these remedies are constined with others equally valuable
And compounded into Hop Baters, such a wonderful and mysterious curative power is developed which is so varied in its operations that no disease or ill health can be a such a such that and the such that and the such that the s possibly exist or resist its power, and yet it

Harmless for the most frail woman, weak-est invalid or smallest child to use.

CHAPTER II.

" Patients

"Patients
Almost dead or nearly dying "
For years, and given up by physicians of
Bright's and other kidney diseases, liver
complaints, severe coughs called consumption, have been cured.

Women gone nearly craxy t
From agony of neuralgia, nervousness,
wakefulness and various diseases peculiar to

women.

People drawn out of shape from exeruciating pangs of Rheumatism.

Inflammatory and chronic, or suffering from scrolula i

Erysipelas I Salt rheum, blood poisoning, dyscepsia indigestion, and in fact almost all diseases

Nature is heir to
Have been cured by Hop Bitters, proof of
which can be found in every neighbourhood
in the known world.

CAN the music of a pet cat be said to be purr-pet-ual?

O. E. CONSTOCK, Caledonia, Minn., writes. "I was suffering the most exerciating pains from inflammatory incomptism. One application of Dr. Thomas, Lafectric Oil afforded almost instant relief, and two bottles effected a permanent cure."

The downward path: the one with a piece of orange peel on it.

THERE is nothing equal to Hatber Graves Worm Exterminator for destroying Forms.

WHEN lovers quarrel, what presents made on either side are not returned? The kisses.

on either side are not returned? The kisses.

HOLLOWAY'S Corn Cure if the medicine to remove all kinds of corns and water.

A RUN FOR THE DOCTOR—is generally the first thing in case of an injury, but a doctor cannot always respond to the call. If you have Hagyard's Yellow Of a hand, you have a reliable remedy for in woulds, injuries and pain. It has saved literal assertant doctors had abandoned hope. Keep it really for use. for use.

THE world is full of change. A good many wish they could say the same of their pockets.

Consumption is a discuse contracted by CONSUMPTION is a discuse contracted by a neglected cold—how necessary then that we should at once get the best cure for Coughs, Colds. Larvegitis, and all diseases of the Throat and Lungs,—and of the most popular medicines for these foundations in Northrop & Lyman's Emulsion of Col Liver Oil and Hypophosphites of Lime and Soda Mr. J. F. Smith, druggist, Dunnville, writes: Oil and Hypophosphites of Lime and Soda Mr. J. F. Smith, druggist, Dannville, writes: ' It gives general satisfaction and sells spien-

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