

Dr. J. Rolph Malcolm,

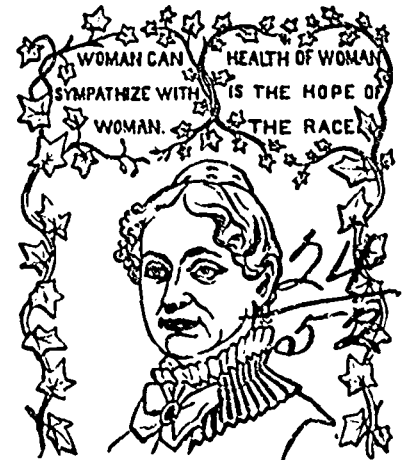
(ESTABLISHED 1861)

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A Sure Cure for all FEMALE WEAKNESSES, including Leucorrhoea, Irregular and Painful Menstruation, Inflammation and Ulceration of the Womb, Flooding, PRO-LAPSED UTERI, &c.

Pleasant to the taste, efficacious and immediate in its effect. It is a great help in pregnancy, and relieves pain during labor and at regular periods.

PHYSICIANS USE IT AND PRESCRIBE IT FREELY. FOR ALL WEAKNESSES of the generative organs of either sex, it is second to no remedy that has ever been before the public; and for all diseases of the KIDNEYS it is the Greatest Remedy in the World.

KIDNEY COMPLAINTS of Either Sex Find Great Relief in its Use.

LYDIA E. PINKHAM'S BLOOD PURIFIER will eradicate every vestige of Humors from the Blood, at the same time will give tone and strength to the system. As a medicine in results as the Compound.

Both the Compound and Blood Purifier are prepared at 23 and 25 Western Avenue, Lynn, Mass. Price of either, \$1. Six bottles for \$5. The Compound is sent by mail in the form of pills, or of lozenges, on receipt of price, \$1 per box for either. Mrs. Pinkham freely answers all letters of inquiry. Enclose 3 cent stamp. Send for pamphlet. Mention this Paper.

LYDIA E. PINKHAM'S LIVER PILLS cure Constipation, Biliousness and Torpidity of the Liver. Sold by all Druggists.

Advertisement for N. H. Downs' Elixir, Vegetable Balsam. Has stood the test for thirty years. Cures Consumption, Coughs, Colds, Whooping Cough and all Lung Diseases in young or old. Price 25c. and \$1.00 per Bottle.

Advertisement for Norman's Electric Belt. Established 1874. Cures Nervous Debility, Rheumatism, Lame Back, Neuralgia, Paralysis, and all Liver and Chest Complaints.

Young, middle-aged, or old men, suffering from nervous debility or kindred affections, send for news, with two stamps, for large treatise, published by Dispensary Medical Association, Buffalo, N.Y.

Scientific and Useful.

REMOVING stains of tar from the hands is readily accomplished by rubbing with the outside of fresh orange or lemon-pearl.

SICKNESS of the stomach is quickly relieved by drinking a teacupful of warm water, with a teaspoonful of soda dissolved in it.

NAIL stains may be removed from oak by dissolving half a pint of oxalic acid in a quart of boiling water, and scrubbing the wood with it.

To make an excellent apple custard, use one pint of sweet milk, one pint of apple sauce, and three eggs. Flavour and sweeten, and bake with a lower crust.

FOR cream sponge cake, which is easily made, take two eggs and beat in a cup and fill with cream, add one teacupful of sugar, and one and a half of flour, and one spoonful of baking powder and pinch of salt.

SAUCE.—A rich pudding sauce is made of the yolks of five eggs, one cup of sugar, half a cup of butter; beat all together till light, then add slowly one pint of boiling water.

APPLE pan-cakes are delicious, and are made of three pints of milk, six well-beaten eggs, and flour enough to make a thick batter; then add salt and six large apples chopped very fine and fry in hot lard.

FOR an excellent cake beat to cream half a cup of butter, two cups of sugar and one cup of milk in which a teaspoonful of soda has been dissolved. After beating thoroughly add one cup of flour with two teaspoonfuls of cream of tartar rubbed in it, and the well-beaten yolks of three eggs.

DESSERT.—A delicious dish for dessert to be served with white and fruit cakes, is made by taking one pint of thick, sweet cream, and beating it until it is very light; then add the grated rind of one large lemon, and the juice of two; half a pound of pulverized sugar must then be stirred with the cream. Serve this in wine glasses, or in small china cups that will hold as much as the after-dinner coffee cups.

CUT AND GO.—It is not necessary for the bride to remain during the whole time that the wedding breakfast is going on. After she has cut the cake, she is at liberty to retire and exchange her wedding-dress for the travelling costume, which is usually of some dark material, with mantle and bonnet to match. Most brides leave their wedding-dress and presents behind them in charge of their mothers until they return from their wedding tour.

TO USE UP COLD ROAST BEEF.—Slice pretty thick when near the bones, and thus a little underdone; place the slices in a pudding dish after merely heating them in a stew pan with a little butter and flour to brown them; add a little salt, pepper, ketchup, and a teaspoonful of Liebig's extract of beef, and a little water. Have some mashed potatoes beat with a little butter or dripping ready to cover up the dish with them, and bake before the fire till browned.

PORK AND BEANS.—Take two pounds of side pork, not too fat nor too lean, and two quarts of navy beans; let the beans soak over night, in a gallon of luke-warm water. After breakfast, scald and scrape the rind of the pork, and let it boil an hour, then add beans; as soon as they boil up, pour off the water, and put on one gallon of fresh water; boil till the beans are tender, adding more water if necessary; do not let them scorch; put them into a bean-pot, first a slice of pork, then the beans, with four table-spoons of molasses, and then the remainder of the pork with the rind uppermost, well scored; season with pepper, and salt if needed, and cover with the liquor left in the pot, and hot water; baking from four to six hours, or even longer, will not injure them; add hot water as needed, keep cover on pot till an hour before serving; remove, and let brown. For those who object to pork, corned beef will be found a good substitute.

The reason why the surgeons of the International Throat and Lung Institute, 173 Church street, Toronto, are making so many wonderful cures of catarrh, chronic deafness, bronchitis, asthma, and consumption are: They have none but skilled and qualified medical men connected with the Institute. They adhere strictly to their specialty and they use the spirometer invented by M. Souville, ex-aid surgeon of the French army, an instrument which conveys the medicines in the form of cold inhalations to the parts diseased, which is the only way these diseases can be cured. They are treating hundreds of patients every month, having twelve surgeons engaged in their work in Canada alone. Send a three-cent stamp for a copy of their International News, published monthly at 173 Church street, Toronto.

MYSTERIOUS.

The Alarming Nature of Unseen Dangers Accounted for—Why Men and Women are Timid.

"I fear no evil that I can see!" exclaimed Napoleon, and his acts proved the truth of his philosophy. He could face dangers in every form; but the sunken road of Waterloo was an unseen foe, greater than the armies around him. This same principle seems true with most people. We fear the unseen, we dread the unknown, we shrink from that which possesses the power to harm, that which is liable to break at any moment. A volcano is picturesque; but men do not build their homes upon its sides.

In the midst of so much mystery and so many unseen dangers, we naturally feel a sense of awe. We wonder if some terrible calamity may not be just beneath the surface of what is apparently bright and serene. We wonder if some small portion of the human machinery should get out of order what the result would be; and we fear disaster from powers we cannot comprehend. It is natural, therefore, that we should do so! It is reasonable we should wonder what would become of us if the delicate mechanism of the brain should get broken. It is natural we should ask what the result would be if the million tissues of the lungs, liver or kidneys should become disordered. A slight excess of careless attention to the details of health apparently does no harm, but it soon the less undermines the life. It is a truth upon vitality which must be honored in the future. The trite saying that such acts drive men to one's coffin is as true as it is idle.

But unknown perils is by no means all the unseen injuries that come to the human system. There are a thousand evil influences all around us at war with our lives. They are inhaled into the lungs and poison the blood; they are absorbed through the skin and fester disease, they are devoured with the food and corrode the most important organs of the body; they are transmitted by contact with vegetables and minerals as well as mankind. Good health is a thing to be acquired; it will not come of its own accord. The man or woman who possesses the power to counteract all these evil influences and tendencies has obtained a secret of untold value. The constant strain and exertions above referred to, gradually weaken some of the most important organs of the body, and invite them to welcome the coming of broken health. The lungs, heart, liver and kidneys can very easily become weakened; and how? By these very abuses and strains that are constantly brought to bear upon them. It is necessary to guard these organs and preserve their proper tone at all times.

A prominent gentleman, residing at the east, felt unusually tired one day, but supposing it to be caused by over-exertion, he gave it little attention. The next day he was not so languid, but his head pained him. This he attributed to indigestion and took no further notice of it. Matters went along this way for several weeks, the headaches and languor increasing, accompanied occasionally by certain dull pains in various parts of the body. He was not wholly insensible to these troubles; but being closely occupied he heedlessly overlooked them. There finally came an intense pain in the small of the back; his ankles became swollen to twice their natural size, most violent nausea took possession of him, and life seemed one intense pain. A physician was called, who pronounced it Bright's disease of the kidneys, which he was able to relieve, but could not cure.

Now, had any one warned this gentleman that the symptoms that had troubled him so long arose from the kidneys, he would have attended to them at once. But he did not know it, and many men and women to-day, in every part of America, are suffering, substantially, as did this gentleman, and from the same cause. It is high time they should know what it means. It means present discomfort, future unhappiness and premature death, unless attended to promptly and treated rightly. The only discovery which has ever been made in the scientific or medical worlds that is a certain remedy for such troubles, is Warner's Safe Cure. Made from a tropical leaf whose properties, the Peruvian bark, are known and invaluable, it acts at once and naturally upon the organs which produce these distressing troubles, carrying health to the entire system and banishing pain.

While the most serious evils which can afflict man or woman are those which arise from disordered kidneys, they are diseases which can be controlled if taken in time. The trouble is, that they are "unseen evils," and the primary danger arises from the fact that the symptoms they manifest are not recognized, but are attributable to some minor disorder, which, by being considered slight, is permitted to fasten itself upon the system. That one-half of physical disorders arise from imperfect kidneys is a new but settled truth; and that these disorders might be prevented by using Warner's Safe Cure is equally true. Thousands of people, including prominent physicians, scientists and divines, who have known of its wonderful powers, endorse and recommend it. It acts upon both liver and kidneys in a direct and certain manner, and invariably relieves and strengthens both. It puts them in a healthy condition, when, otherwise, they would become inflamed. It gives a pleasing tonic to the entire system, and harmonizes all the parts. Druggists throughout the world sell it, and the opportunity for thus obtaining its benefits are brought near to every one. It will solve the mystery of good health, and keep back the day on which comes "the great mystery."

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Ask the most eminent physician Of any school, what is the best thing in the world for quieting and allaying all irritation of the nerves and curing all forms of nervous complaints, giving natural, childlike refreshing sleep always? And they will tell you unhesitatingly "Some form of Hops!"

CHAPTER I.

Ask any or all of the most eminent physicians:

"What is the best and only remedy that can be relied on to cure all diseases of the kidneys and urinary organs, such as Bright's disease, diabetes, retention of Urine, inability to retain urine, and all the diseases and ailments peculiar to Women?"

"And they will tell you explicitly and emphatically "Buchu."

Ask the same physicians

"What is the most reliable and surest cure for all liver diseases or dyspepsia, constipation, indigestion, biliousness, malarial fever, ague, &c., and they will tell you: "Mandrake or Dandelion!"

Hence, when these remedies are combined with others equally valuable

And compounded into Hop Bitters, such a wonderful and mysterious curative power is developed which is so varied in its operations that no disease or ill health can possibly exist or resist its power, and yet it is

Harmless for the most frail woman, weakest invalid or smallest child to use.

CHAPTER II.

"Patients 'Almost dead or nearly dying'"

For years, and given up by physicians of Bright's and other kidney diseases, liver complaints, severe coughs called consumption, have been cured.

Women gone nearly crazy! From agony of neuralgia, nervousness, wakefulness and various diseases peculiar to women.

People drawn out of shape from excruciating pangs of rheumatism, Inflammatory and chronic, or suffering from scrofula!

Erysipelas!

Salt rheum, blood poisoning, dyspepsia, indigestion, and in fact almost all diseases

Nature is heir to Have been cured by Hop Bitters, proof of which can be found in every neighborhood in the known world.

Millions of packages of the Diamond Dyes have been sold without a single complaint.—Everywhere they are the favourite Dyes.

Lydia E. Pinkham's Vegetable Compound strengthens the stomach and kidneys and aids digestion.

STANDARD LIFE ASSURANCE CO., OF EDINBURGH.

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W. M. RAMSAY, THOMAS KERR, Manager, Inspector.

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General Debility and Liver Complaint. R. V. PRATT, M.D., Buffalo, N.Y.: My wife has been taking your "Golden Medical Discovery" and "Pellets" for her liver and general debility, and has found them to be good medicines, and will recommend them to all sufferers from Liver Complaint, Sour Stomach, and General Debility. Yours faithfully, N. E. Harmon, Pastor M. E. Church, Elm St.