

For Delicious Strawberry Preserves

tell your grocer to send you

Lantic Sugar

"The All-Purpose Sugar"
packed in original bags or cartons

The accurate weight of LANTIC SUGAR in original packages is a great help in preserving as it enables the work to be done without weighing the sugar. For strawberry preserves in light syrup use 4 quarts of berries to a 2-lb. carton of LANTIC SUGAR. For richer preserves increase the proportion of sugar according to taste.

PRESERVING LABELS FREE—Mail us a red ball trade mark cut from a bag or carton and we will send you a book of 54 ready gummed printed labels containing 6 for each of the following fruits: strawberries, raspberries, blackberries, currants, grapes, cherries, plums, peaches and pears. Address

ATLANTIC SUGAR REFINERIES, Ltd. Power Bldg. Montreal



2 and 5-lb. Cartons
10 and 20-lb. Bags

ARKONA

R. H. Wilson & Son sold a pair of their pure bred Shropshire lambs this week to the firm of Vanson & Rogers of North Battleford, Sask., for show purposes.

Mr. and Mrs. C. I. Herrington spent the week end in Sarnia.

Miss Freda Thoman is spending a month with her sister Mrs. P. A. Blackburn, Sarnia.

Mr. and Mrs. D. N. Grey, of Chicago are visiting at I. Geo. Browns.

Rev. and Mrs. Moule are spending a few weeks at Montreal.

Miss Marquerite Swan, of Mount Pleasant Mich., is spending the holidays at Mr. C. Cliffe's.

Miss Flossie Johnston spent a few days in Sarnia last week.

Miss Dilla Davidson is spending the holidays in Brown City.

The Misses Lida Lucas and Flossie Johnson spent the week end with friends in London.

Miss Maude Fuller is attending summer school held in Whitby.

Mrs. Dan Johnston and family of Ottawa, have returned after a trip up the lakes.

Miss Georgie Davidson B. A., of Melbourne, spent Sunday with Miss Bessie Brown.

The Ladies Aid of the Methodist Church will hold their annual lawn social on Parsonage Lawn Wednesday evening July 19th. A splendid program is being prepared. Come and enjoy a good time.

Men's summer underwear Portus knit combinations etc. — Brown Bros.

Lieut. Athol McLean, lately killed in action was a son of A. D. McLean, Manager of the Bank of Commerce at Sarnia.



At Every Age

constipation can best be overcome by the gentle but sure laxative with the pleasant taste

Rexall Orderlies

Sold in 15c and 25c boxes at Rexall Drug Stores only.

J. W. McLAREN
Watford - Ontario

FORM 2 LOWER SCHOOL

Report for June, 1916.

Aggregate 1300 marks. Pass 40 per cent. by subject, 60 per cent. aggregate.

Name	Total	Rank
Annett, Mabelle.....	611	26
Acton, Vera.....	864	7
Barnes, Alma.....	780	15
Cameron, Amy.....	328	43
Coke, Maud.....	328	43
Dowling, Grace.....	557	35
Edwards, Grace.....	440	42
Elliott, Kathleen.....	573	32
Fortune, Mildred.....	590	30
Forster, Bessie.....	825	12
Freer, Meryl.....	605	27
Freer, Reila.....	802	14
Gavigan, Josephine.....	688	22
Hobbs, Alma.....	744	17
Logan, Mabelle.....	716	18
Logan, Theresa.....	859	8
Minnelly, Ada.....	708	19
MacKenzie, Margaret.....	881	6
McCausland, Sarah.....	899	3
McEhman, Sa lie.....	527	37
McGugan, Florence.....	836	13
McManus, Jean.....	884	5
Richardson, Freda.....	905	2
Smith, Esther.....	600	29
Spackman, Ada.....	514	38
Taylor, Hope.....	769	16
Waddell, Fern.....	1055	1
Wills, Lulu.....	696	21
Wills, Pearl.....	628	23
Zavitz, Hettie.....	838	10
Bruce, John.....	883	5
Cox, George (farm).....	701	20
Janes, Earnest (farm).....	817	25
Logan, Clare (farm).....	580	31
Lucas, Melvin (farm).....	537	36
Milly, Roger (farm).....	460	40
McLagan, Earl (farm).....	571	33
McGregor, Alex (farm).....	490	39
Richardson, Fred (farm).....	448	41
Restorick, Ross.....	846	9
Smith, Lee (farm).....	602	28
Waltham, Winfield (farm).....	564	34
Wright, Cyril (farm).....	628	24

First Class Honors—Miss Fern Waddell, 105 out of 1300, 975 or over certificate Honors.

All parents or guardians will receive detailed report. The above report speaks for itself and from this report the staff compiled their confidential report to the Educational Department early in June. Besides the examination marks throughout the second and third terms the staff considered prepared home work, required work in science and art.

For matriculation into the Universities and learned professions all the work of the Lower School is required, together with Latin, French, Chemistry and Physics as required options—that is two out of four. For the examinations into Normal or into the Faculty of Education the Lower School examination is compulsory and for the Faculty of Education Latin also is compulsory. Thus it will be seen that all parents or guardians who allowed their students to drop Latin or French or any part of the work in the Lower School which is not an examination subject they did a deep wrong to the student. The staff are the best judges of a student's needs, so that when parents interfere with the course of study prescribed they hamper class work and injure the future needs of their children. The demands of the Department of Education are rightly being raised year by year to crush indolence in students and compel them to take some reasonable stand in vocational work. Boys or girls fifteen years of age ought to know what is in them, ought to possess fair habits of self control and ought to know what they can best do in life. We have too many misfits from forcing habits of parents and educationists. Boys and girls must be helped to discover themselves and then use their powers to the utmost toward success. The recent examinations were not unreasonably hard for students who are

faithful in work throughout the school year. A total of 60 per cent. of the aggregate marks and 60 per cent. total of successful candidates are not high standards. A student with push, plod and pluck can readily obtain first class honors throughout. This trinity of P's must become the basis of work among the students of the Watford High School if the school is ever to become a scholarship school. There are between \$800.00 and \$900.00 which a student may win in scholarships in the different subjects for university matriculation. In former years the Watford High School has had as clever boys and girls as any school in the country. It is the prime duty of each student to put forth the highest and best energies to bring personal success and add to the good name of the school and to ever enhance its honor.

The students who failed to hand in the required field work in science and the work in art have been valued according to their failure to meet requirements; a school must have but one standard—what is fair for one is fair for all. Anything short of this creates confusion, mars ideals and invites failure. Business is business. Mr. R. N. McKenzie, B. A. is a graduate of Toronto University and is a specialist with first class honors in mathematics. His valued services are secured for the Department of Mathematics for the coming year. Each member of the staff has a high scholastic standing in his or her respective department. The school is well manned and well equipped and the Board of Education are earnest and desirous to make the Watford High School a centre of high ethical and intellectual upliftment to the people of East Lambton in particular and Lambton county in general. We never rise above our ideals, hence it becomes necessary that our ideals be soundly sane, healthy and reasonably high. For the year 1915-1916 fifty-one students were registered in the II Form of the Lower School, and for reasons best known to the students themselves they had no command of the Form I work of 1914-1915 hence the work of two years had to be crowded into one. A repetition of this kind of work would be intolerable hence all students must enter on the year 1916-1917 in the spirit of faithful work. The second Form of the Lower School is the "stepping out" field of the Department and only such students who meet the requirements of the Department will be admitted to the Middle School in September. Form or no farm the Department will live up to the spirit and letter of circulars numbers 7, 11, 11A and 11B. Unless this is done sleep justice is done to faithful girl students.

A. B. STEWER, Principal.
Watford, July 13, 1916.

SUMMER HEAT HARD ON BABY

No season of the year is so dangerous to the life of little ones as the summer. The excessive heat throws the little stomach out of order so quickly that unless prompt aid is at hand the baby may be beyond all human help before the mother realizes he is ill. Summer is the season when diarrhoea, cholera infantum, dysentery and colic are most prevalent. Any one of these troubles may prove deadly if not promptly treated. During the summer the mother's best friend is Baby's Own Tablets. They regulate the bowels, sweeten the stomach and keep baby healthy. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

WATFORD PUBLIC SCHOOL

MIDSUMMER PROMOTIONS

The following is the result of the recent promotion examinations held in the Public School. Those pupils who were unable to write owing to illness will receive consideration on the opening of school in September.

Jr. IV to Sr. IV.—Required to pass 630. Nellie Kinnell 819, Mary Fowler 790, Lloyd Harper 767, Blanche Stauffer 766, Ernest McKercher 748, Elsie Weight 744, Eulalie Logan 738, Elsie Brown 722, Evelyn Dodds 710, Jesse Hayward 707, Florence Lambert 651.

Sr.—III to Jr.—IV.—Required to pass 450. Beatrice Cooke 572, Romaine Thorner 554, Aileen Winkler 546, Louise Dodds 529, Frank Roberts 510, Frank McGillicuddy 506, Evelyn Williamson 497, Arthur Winkler 487, Rebe Bruce 486, Robert McLeay 469, Gertrude Fulcher 454, Fred Edwards 451.

Jr.—III to Sr.—III.—Required to pass 330. Stanley Treumuths 607, Jack Davies 603, Elgin Kersey 578, Irene Graham 577, Margaret Irwin 569, Wesley Shepherd 565, Dorothy Fowler 549, Clinton Snell 542, Earl Roberts 541, Gwendolyn Cook 538, Ula Higgins 528, Douglas Weight 526, Harry Cooke 516, Stanley Mitchell 515, Family Graham 505, Mary Edwards 473, Sidney McNally 456, Jack McGillicuddy 450.

Sr.—II to Jr.—III.—Required to pass 330. Keith Spackman 445, Reginald Logan 444, Florence Lovell 443, Elva Pearl 414, Esther McKercher 411, Frank McCormick 404, George Willoughby 403, Donald McTavish 397, Iva Woods 396, Donald Vail 394, Jimmie Kinnell 390.

FRUIT BULLETIN

CHERRIES, The delicious White Oxeheart Cherries are now arriving daily. The Red Sour Cherries for pie and preserving are about ready. Red Currants coming along next week. Ask your Grocer for the real Niagara Peninsula Grown Fruit. Don't take any without this label. IT IS YOUR GUARANTEE OF QUALITY. LOOK FOR MAP.

THE STERLING BANK OF CANADA

SAVE, Because---

Every dollar saved broadens the horizon of your life.

Daisy McNally 379, Beatrice McNally 358, Stanley Bennett 331, William Fitzgerald 330.

Jr.—II to Sr.—II.—Required to pass 330. Roy Higgins 423, Dorothy McLeay 418, Burton Roberts 400, Beatrice Smith 387, Verna Caughlin 342, Pearl Chapman 333.

Sr. I to Jr. II.—Required to pass 225. Kenneth Fulcher, 307; Gladys Kersey, 305; Wilson Howden, 303; Carman Harper, 301; Ella Pearce, 298; Durwood Butler, 294; Teresa McManus, 292; Roy Cooke, 290; George McCormick, 289; Velma Restorick, 278; Frances Lovell, 274; Donald McKercher, 273; Rita Dodds, 273; Earl Shaw, 270; Keith Dodds, 269; Thelma Spackman, 269; Jack Kinnell, 260; Aileen Spalding, 254; Geraldine Durston, 253; Beverly Dodds, 244; Elsie Goodman, 241; Fred Fuller, 240; Marjorie Prentiss, 233; Lloyd McGillicuddy, 227; Rae Cook, 225.

Class I to Part II.—Maxine Rogers, Mary Connelly, Mildred Fulcher, Sadie Harper, Doris Kelly, Helen Potter, Eleanor Macintosh, (Olive Lovell, Alice Pearce), equal, Harry Bailey, Gordon Kelly, Margaret McLeay, Edith Styles, Vance Kersey.

Class II to Part II.—Marjorie Logan, Doreen Millar, Donald Prentiss, Melvin Hastings, Ora Kersey, Billy Vail, Helen Irwin.

Class III to Class I.—Dorothy Smith, Julie Osborne, Marjorie Stephenson, Richard Rogers, Jean Sharp, Eric Potter, Harold Caughlin, Harold Williamson, Gordon Sargent.

Class III to Class II.—Bertha Durston, Dennis Goodman, Fern Roberts, Margaret Bailey, Verna Barnes, Bobbie Chambers.

COMMUNICATIONS.

[We do not hold ourselves responsible for opinions expressed by correspondents.]

Why is Watford Without a Constable?

To the Editor of Guide-Advocate—

DEAR SIR:—The above question has been asked by many during the past four months and no one seems to be able to give a satisfactory answer. On good authority we learn "that our town has had a policeman for 30 or 40 years, until about four months ago" and then suddenly the citizens find themselves without police protection, with the consequence that on several occasions there have been disgraceful scenes on our streets, with no one to put a stop to them. There has been pretty heavy and attempts at robbery, and it is safe to say that there is scarcely a bylaw that is not being violated, and not one that is being enforced. Bicycles and wagons have the right of way on our sidewalks, automobiles and motorcycles are tearing through our streets at terrific speed and the main street has taken the place of the Exhibition grounds as a race track. I will just illustrate by one or two of the latest incidents.

"On Friday last a man under the influence of liquor was using abominable language on main street, in the presence of ladies and children and at last it came to a climax in a free fight."

"On Saturday evening last when a very large crowd was in town, several automobiles came in and went out without any lights and some had no rear lights and others drove through the streets at from 20 to 25 miles an hour, and this also took place on Sunday and Monday."

At 11.30 on Saturday night a race took place the full length of Main Street, between two horses attached to buggies, the drivers forcing them at break-neck speed as far as the Presbyterian Church, and back, over all the crossings endangering life and racking the nerves of those who were trying to sleep by their yells."

Now, Mr. Editor, this is only a sample of what is taking place. We could give many more but will not here, only would ask "Are the people of Watford not entitled to any police protection?" Surely they are, for the taxes are as high or higher than the cities, without the advantages, and as far as we know there is not another town in Ontario the size of Watford without a chief. We have heard three reasons given "why his services have been dispensed with (1) "We do not need one, as everything is quite." In answer to this, I think I have clearly shown to the contrary and could give many other instances. (2) "And then we are told that the town is saving his salary." "This is a penny-wise and pound foolish reason. Any constable in Watford who does his duty, and has proper support, can earn every cent of his salary, and if he could not earn it all how much would the difference be on the taxes of the people, who would realize "that they had someone to enforce law and order, and upon whom they could depend for protection. (3) Thirdly we

COUNTY OF LAMBTON

Treasurer's Notice as to Lands Liable for Sale for Taxes, A. D. 1916.

Take notice that the list of lands in the County of Lambton liable for sale for arrears of taxes by the Treasurer of the County of Lambton has been prepared by me, and that copies thereof may be had in the office of the County Treasurer.

And further take notice that the list of lands for sale as aforesaid is now being published in the Ontario Gazette in the issues thereof bearing date 8th, 15th, 22nd and 29th days of July, 1916.

And further take notice that in default of payment of the taxes in arrears upon the lands specified in said list together with the costs chargeable thereon as set forth in the said list so being published in the Ontario Gazette before the day fixed for sale of such lands, being the 16th day of October, A. D. 1916, the said lands will be sold for taxes pursuant to the terms of the advertisement in the Ontario Gazette.

And further take notice that this publication is made pursuant to Assessment Act, Revised Statutes of Ontario, 1914, Chapter 185, Sec. 149, Sub. Sec. 8.

Dated at Sarnia this 6th day of July, A. D. 1916.

H. INGRAM,
Treasurer of Lambton.

NOTICE TO CREDITORS

In the Matter of the Estate of George H. Wynne late of Watford, Ont. Deceased Banker, deceased.

NOTICE IS HEREBY GIVEN pursuant to Section 56, Chap. 121, R.S.O. 1914, that all persons having claims or demands against the estate of the said George H. Wynne, deceased, who died on the nineteenth day of May A. D. 1916, are required to send by post prepaid or deliver to the undersigned solicitor for James Wynn, Arthur Gilbert Kersey and Donald McGeachy the executors of the last Will and Testament of said deceased on or before the first day of August A. D. 1916, their claims and statements of their accounts fully verified and the nature of the securities, if any, held by them.

AND TAKE NOTICE that after the said first day of August A. D. 1916 the said executors will proceed to distribute the assets of the said deceased among the persons entitled to the said assets regard only to the claims of those who shall then have had notice and the said executors will not be liable for said assets or any part thereof to any person or persons of whose claim they shall not have received notice at the time of such distribution.

W. E. FITZGERALD,
Solicitor for said Executors,
Watford, Ont.

Dated July 5th, 1916.

\$200.00 REWARD

THE COUNCIL of the Township of Warwick offers a reward of \$200.00 for the arrest of the man who burglarized Thomas McLeay's house and criminally assaulted David Auld.

Description—Height about 5 ft. 10 in. Weight about 160 lbs.

Age about 25 years. Wore a reddish brown suit and a hard felt hat. Was dark and bare faced. Had high cheek bones and wore soldier's shoes.

N. HERBERT, Clerk.

are told "that we have County Constables in our town who can do the work." Are the County Constables supposed to police Watford? I think not, and if they are "why are they not doing it?" Now, Mr. Editor I only write on this subject because I have the interests of our town at heart, and would like to see it prosper in every direction, which seems very improbable if there is no one to enforce the bylaws, or act as health officer, or to give the people protection against rowdism, and our streets and crossings become so unsafe, that women and children will fear to be on them. We had a good chief who was a credit to our town, who kept good order and was on the look out for fires and saw that our streets and crossings were kept clean, so that all were proud of our town and many of the citizens would like to see him back in his old position with a becoming uniform and his hands strengthened by all the support which can be given him. The fact that all the towns and villages around us of any size have a Chief of Police is evidence that the Watford policy of leaving the town without police protection is a bad one.

I remain, Yours Sincerely
F. G. ROBINSON,
July 11th, 1916.

Willie, the twelve year old son of John Wilson, a farmer living a mile south of Rodney, was badly bitten on the left hand last week by the family dog. The animal was killed and the head sent to Toronto. Word was received on Saturday by Dr. Dorland that the dog had rabies. The boy was taken to Toronto on Monday for the Pasteur treatment.