

DOCTORS DID NOT HELP HER

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health—Her Own Statement.

Winnipeg, Canada.—"Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in. "After I came home I saw your advertisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. I highly recommend it to suffering women."—Mrs. ORILLA BRADLEY, 284 Johnson Ave., Winnipeg, Manitoba, Can.

Why will women take chances or drag out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegetable Compound?

For thirty years it has been the standard remedy for female ills, and has restored the health of thousands of women who have been troubled with such ailments as displacements, inflammation, ulceration, tumors, irregularities, etc.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.



Guide-Advocate

Watford, Ont.

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HARRIS & CO. PROPRIETORS

Guide-Advocate

Watford, October 16, 1914.

NOTE AND COMMENT

Austria may be ready to sue for peace, but she must remember that in joining with Germany in this affair she went in with eyes open and burned all bridges behind her.

If it is true that the German armies in France are running short of ammunition, the beginning of the end for the Kaiser's forces there is not far distant. But the story sounds too good to be true.

There is an attitude of seriousness abroad, which reveals a determination to win a fight for a cause fully appreciated and fully understood. It is well to regard war not gladly or in a spirit of alarm, but with the deepest seriousness.

Belgians resident in Canada are to be allowed to join the Canadian forces for foreign service. With Russians, Italians, Belgians, Japs, Frenchmen, the Red Indian, British reservists and native Canadians in our forces, we shall be a cosmopolitan lot.

Cheer up! The war did not bring hard times, says the Edmonton Bulletin. They were here before the war. The war brought war prices for wheat the farmer has to sell. That is the big hope of immediate relief from hard times.

The Union Jack is the emblem of the highest civilization, from which our own sprang, and with which it holds priceless blood-fought heritage in common. Chief among these her-

itages is the blessing of liberty, the rights of the common man. Nowhere in the world—our own great republic not excepted—does naked manhood count for more than in the British Isles.—Pittsburg Press.

Almost before we know it winter will have closed down about us. Already many of the trees are bare, while the leaves of the hardier varieties are putting on their splendid autumn colorings. Soon the coal man will begin to smile and the rest of us will grimace about the high cost of keeping warm in winter time. Every season brings with it some cause of complaint—or rather the human mind is so constituted that it finds excuses for complaint in every season. But with all our complaining of the weather who would have our seasons otherwise? What true-born Canadian would like to give up the riotous glory of the woods in fall or their diamond sparkling beauty when their limbs are covered with snow and the thermometer registers twenty below? After all it is the winter that makes us the hardy men of the north that we are and we would not exchange it for all the luxuriance and fruitfulness of the tropics.—Ailsa Craig Banner.

Boston Transcript—"Aeroplanes and the information they have brought, are credited with the saving of the British army at a time when safety depended on evading the German enveloping movement. When the current turned, the aircraft were quite as valuable both in spying out the points of concentration by the Germans and apprising the Allies of the movements of other parts of their own line. The dirigibles have not cashed in to anything like the same degree of expectation. They have proceeded on the bomb-dropping theory, and without any very permanent contribution to German success they have killed numerous non-combatants and demolished private property in spots of no special significance. Compared to the efficiency of the thirty-six British machines, organized in three squads of a dozen, which flew across the Channel to their positions and have averaged nine flights daily of 100 miles each, the dirigibles with their pot-shooting at innocent citizens have been all but failures."

From one end of the Dominion to the other the press and public men of the country are emphasizing the necessity of providing employment for those who have been deprived of their usual means of making a livelihood through conditions arising out of the war. The Dominion and some of the provincial governments have already taken action, but much remains to be done. A long and hard winter is approaching and it is absolutely essential that every possible method be tried of giving the working men and working women of the country a chance to maintain themselves until the dark clouds pass by. They do not ask for more. The situation lies largely in the hands of the manufacturers and large employers of labor. To their credit, be it said, many of them are rising to the occasion and are keeping the wheels of industry moving. They had many fat years and ought to be able to tide over one lean year without inviting bankruptcy. Practical patriotism has its merits as well as the more spectacular on the field of battle.—Vancouver Sun.

How's This?
We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

NATIONAL BANK OF COMMERCE, Toledo, O. Hall's Catarrh Cure is taken internally acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Ontario is invited by Premier Murray, of Nova Scotia to join in forwarding food gifts to Belgium.

Every Woman
is interested and should know about the wonderful
MARVEL Whirling Spray
The new Vaginal Spray—Best
—Best preparation. It cleanses
—Best preparation for this year
—Best preparation for this year

If you cannot supply the
MARVEL Whirling Spray
we send stamps for illustrated
and directions available to ladies.
WINDSOR SUPPLY CO.
Windsor, Ont. General Agents for Canada.

SUMMER FOOD COMBINATIONS.

One of the difficult problems in housekeeping is to combine foods which properly go together.

Here are some healthful combinations of uncooked foods which will help you to solve summer problems:

Prepared wheat or rice with nuts, dates and cream, or wheat with nuts, honey, milk and cream.

Starch, sugar and fats are fuel, and nuts, cheese and eggs are muscle builders.

Apples, oranges, grapes, plums, peaches, pineapples or berries are both foods and germicides.

One meal each day of uncooked food or a part of two meals will be a considerable saving of time and fuel.

It is always best to make any change in the diet gradually.

UNCOOKED FOODS.

Desirable For Summer Use Since They Are Digested Easily.

To preserve the health in summer make the simple foods your first choice. In selecting fruit always give preference to that which has ripened on the parent stalk.

Bananas, for instance, should never be cut from the stalk as long as a speck of green remains. You can often buy bananas at half price because they are black. If they are not decayed they are much better food than yellow bananas.

Dates, figs and raisins are all good foods and can be used to good advantage as a summer food which requires no cooking. The unpressed figs are considered to be much cleaner than the pressed, and the seeded raisins are more desirable than the unseeded.

When buying apples pick the bright red ones which have ripened in the sunshine.

Other desirable foods for summer which require no cooking are ripe olives, nuts, peanut butter, milk, honey, fruits, celery, cabbage, lettuce, cucumbers, radishes, onions, tomatoes, cress, chives, cheese, berries, pears and plums.

HANDSOME HAND BAGS.

Fabrics and Leather Combined to Make Popular Accessories to the Toilet. The smartest and newest hand bag is not a hand bag at all. It might better be called a hand box or a hand trunk, for it is a tiny square box of leather. Indeed, it is like a miniature jewel box.

On the top of the box, which opens with two flaplike covers that meet under the handle, is the owner's monogram in gold and silver.

The box is very tiny, but its square shape makes it possible to stow in its depths a surprising number of arti-



MORE HAND BAGS.

cles. To begin with, the box is fitted with a coin case for twenty-five cent pieces and a pocket for bills, a receptacle for lip salve, a powder box, a tiny mirror, a file and manicure scissors and several other dainty fittings that make its exploration interesting. Besides these, there is room for various other belongings.

The hand bags illustrated here are modish affairs of moire. They are simple in style and of colors to harmonize with the gown.

You can cook to the full capacity of the top and bake an oven full of good things with a

McClary's Pandora

Range at the same time. Many exclusive features you should know about. Let the McClary dealer show you.

MADE-IN-CANADA
T. DODDS & SON, Local Agents

We have a special line of AIR-TIGHT HEATERS

FROM

\$3.00 UP

Just the thing for chilly evenings

T. DODDS & SON

TRENOUTH & CO.

DEALERS IN

Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of

INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE

Chopping and Rolling Done While You Wait

PHONE 39

Nothing But the Best

IN HOUSE FURNISHINGS we aim to keep the latest and most popular goods in our line. Everything for the Parlor, Bedroom, Dining Room or Kitchen. We are not after Big Profits but aim to supply goods of Elegance, Durability and Good Value. Let us show you our stock. Any article manufactured obtained on short notice.

Agents For MASON & RISCH PIANOS, GRAMAPHONES, STRING INSTRUMENTS, SHEET MUSIC, EDISON RECORDS, &c., and all kinds of repairs.

NEW AND SECOND HAND SEWING MACHINES AND ALL SUPPLIES

Our Prices are right, as low as is consistent with reliable goods

HARPER BROS.
PHONE 31.
FINE FURNITURE MUSICAL INSTRUMENTS UNDERTAKERS

Guide-Advocate Ads, are Business Bringers

WORLD'S GREATEST KIDN REMEDY

"Fruit-a-tives" Have Proven Their Value In Thousand Cases

WONDERFUL RECORD OF WONDERFUL CURE

Only Remedy That Acts On All Of The Organs Responsible For Formation Of Uric Acid In The

Many people do not realize that Skin is one of the three great filters of waste matter from the body. As a matter of fact, the Skin is a system of more Urea (or waste) than the Kidneys. When the Kidney Trouble, Pain In The Back, Acidic Urine, it may not be due to the kidneys at all, but be due to Skin Action, or Constipation bowels.

"Fruit-a-tives" cures weak, aching Kidneys, not only because it strengthens these organs but a cause "Fruit-a-tives" opensthe stomach and stin the action of the skin.

"Fruit-a-tives" is sold by all druggists at 50c. a box, 6 for \$2.50. Trial 25c. or will be sent postpaid on receipt of price by Fruit-a-tives Ltd. Ottawa.

PRIZE LIST OF EAST LAMBTON

- HORSES.
CARRIAGE
Span—1st, D. C. Monroe, 2nd, Cable.
Single—1st, W. R. Dolbear, 2d, Patton, 3rd, John Newell.
Mare—1st, W. Spalding, 2nd, Joe, 3rd, D. Thompson.
Colt—1st, W. Spalding, 2nd, Brown.
Yearling—Eli Taylor & Sons.
ROADSTER
Span—1st, Johnston and Mad, 2nd, John G. Cable.
Single—1st, E. F. Goodison, 2d, Monroe, 3rd, L. Griffith.
Mare—1st, Georgina McPhers, 2d, Neil Monroe, 3rd, Wilson, 4th, Eldon Laird.
Yearling—1st, R. Squire, 2d, McLean & Son.
2-year-olds—1st, Alex. McL, John Richardson, 3rd, E. L. S, Specials—Auld & Matthews, drivers, D. C. Monroe; Brool single driver, N. Monroe; J. A. sucking colt, W. Spalding.
HEAVY DRAFT
Span—1st, D. C. McIntyre, 2d, ter Annett, 3rd, J. P. McVicar.
Mare—1st, Monroe Bros., 2d, ston Bros.
Sucking colt—Judgment unde Yearling—1st, Neil Monroe, G. Maddock, 3rd, John Zavitz.
2-year-old—1st, Alex. McL, Dan Thompson, 3rd, Monroe B.
3-year-old—1st, Johnston Bro
GENERAL PURPOSE
Span—1st, D. N. McVicar, Taylor & Sons, 3rd, John Hart.
Yearling—1st—A. H. McLea, 2nd, F. Kimball.
2-year-olds—1st, Jas. Mills.
Brood mare—1st, Eli Taylor, 2nd, R. King.
AGRICULTURAL
Span—1st, Walter Annett.
Mare—1st, A. H. McLean & Eli Taylor & Son, 3rd, G. C. Sucking colt—Eli Taylor & 2, R. King.
2-year-old—1st, Johnston B. A. H. McLean & Son.
3-year-old—1st, John McL, John Zavitz, 3rd, Johnston Bro.
Best heavy horse—Walter At Ponies—Irene White.
CATTLE
Judges—John Rawlings a Gilleland.
DURHAM.
Yearling bull—1st, W. E. P. Wm. McLean & Son, 3rd, A. I Bull calf—G. T. Fuller, 2d, terson, 3rd, Wm. McLean & S
Cow in calf—1st, Wm. McL, 2nd, R. King, 3rd, Geo. Patter
Cow giving milk—1st, G. 2nd, Wm. McLean & Son, Fuller.
2-year-old heifer—1st, Wm. Son, 2nd, G. T. Fuller.
Yearling heifer—Wm. McL, 1 and 2.
Heifer calf—Wm. McLean and 3, W. B. Parker 2.
Elder—G. T. Fuller.
Corns cannot exist when Corn Cure is applied to them, goes to the root and kills the