

Page of Interesting News for Women

How Mrs. Peter Learned to Make Pumpkin Pies!



Peter, Peter, pumpkin eater,
Had a wife and couldn't keep her;
He put her in a pumpkin shell,
And there he kept her very well.
—Mother Goose Melody.

"PUNKIN" PIE? THAT'S EASY—TO MAKE OR TO EAT! HERE ARE SEVEN RECIPES.

Pumpkin Pie—To make four large pies take two quarts of stewed, mashed pumpkin and mix it with one quart of rich milk, six eggs beaten together, one and one-half cups of light brown sugar, one tablespoonful of cinnamon, one teaspoonful of allspice, one teaspoonful of salt, one-half teaspoonful of ginger, one-half of nutmeg, grated, and the juice of one lemon. Beat together thoroughly. Pour it into the four crusts and bake in a moderate oven. Be sure to have all ingredients for the pie crust as cold as possible before rolling it out.

More Pumpkin Pie—To make one pie rub through a sieve, cooked pumpkin enough to make two cups. To this add a small cup of sugar, a saltspoon of salt, one teaspoon of cinnamon and one of ginger and a pinch of nutmeg. Mix thoroughly. When cold stir in two well-beaten eggs and fill a pie plate which has been lined with good rich paste. It one beaten egg, a large half-cup of brown

half a teaspoonful each of salt and ginger. Line the pie tin with pastry, fill with the mixture and bake in a slow oven until it is brown on the top.

Try This Pumpkin Pie—Add the beaten sugar, a teaspoonful of cinnamon and yolks of four eggs and one cupful of white sugar to two cupfuls of pumpkin which has been put through a colander. With this mix a quart of milk, one teaspoonful of cinnamon, mace and nutmeg, mixed, and the whites of the eggs, beaten stiff. Line a very deep pie dish with a good paste. Cut slashes in it here and there. Stir the pumpkin custard well from the bottom and put it into the pastry. Bake in a steady oven.

Or This Pumpkin Pie—Into a quart of stewed and strained pumpkin stir a quart of milk, a cup of granulated sugar, cinnamon and nutmeg to taste, and last of all the eggs, well beaten. Mix thoroughly and pour the mixture into a deep pie plate lined with puff paste. Bake in a good oven until the pumpkin custard is set. Eat cold. Canned pumpkin is used in the same way and is almost as good as the fresh.

A lively party of young people. Not only does he bury himself behind a book or newspaper for hours, but woe to any one who proposes getting up a rattling game. If they are allowed to speak in the presence of the confirmed bookworm, the boys and girls may think themselves lucky.

The amateur gardener is not quite so bad. He at least pursues his pleasures without spoiling other people's fun. Gardening, however, seems one of the things that it is almost impossible to indulge in moderately—it grows on a man like drink. I don't quite say that a gardening enthusiast would sacrifice his family for a new variety of dahlia, or watch his sufferings with the cheerfulness of a Nero, so long as the sweet peas were doing well, but he seems to come pretty near that.

Then there is the ardent pedestrian, whose whole being is wound up in the revolutions of a pedometer. A woman dedicated to a man whose greatest joy is to tear through country roads at so many miles an hour has small chance of seeing life.

Theatres, concerts, balls and parties are tabooed to nature, as the ardent pedestrian call themselves. The only attention they desire to bestow on their suffering families is to regale them with long stories of their Marathon-like performances.

The fact is that this kind of man is downright selfish. He ought to regard his wife and children; they are surely as well worth cultivating as roses. And if not, why marry at all?

Needlework Notes

Never keep needles in a needlebook with the "leaves" of flannel. The dressing in the woolen cloth is very apt to rust them. Make the "leaves" of your needlebooks of small pieces of chamois skin or bits of kid cut from your cast-off gloves. It is best to have a small emery bag attached to the book or case in which your needles are kept; in case one of them becomes rusted it can be cleaned by passing it through the emery several times.

Before sewing belting on a wash skirt, shrink the belting by pouring boiling water over it and letting it soak therein for five or ten minutes. Dry and iron. If the precaution is not taken the first time the skirt is washed the belt will shrink, and in all probability will have to be taken off the skirt and made larger before the skirt can be worn again. Save yourself trouble and work by shrinking the belt first.

Instead of putting machine-stitched pleats or tucks in a lace blouse or one of very fine material, catch the tucks down with French knots. These can be worked in any shade you desire or can be white or the color that matches the blouse. Net and lace are sure to shrink when washed, causing the machine stitching to pucker or break when the garment is ironed or pulled into shape.

In any case, the F-anch knots make a very attractive trimming.

THE COOK'S DILEMMA.

The madam's watch says half-past V. The parlor clock says VII. The bedroom clock has stopped at II. The hall clock's struck XI.

The timepiece in the dining-room says something after IX. The town clock's struck the hour of III. They say it's running fine.

The cuckoo clock declares it's VII. The kitchen clock says III. So I'm in doubt if it is time for breakfast, lunch or tea.

—Yonkers Statesman.

Problems of the Fair Sex Solved by Cynthia Grey

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn as they are received. No letters can be answered privately.]

Consult Advertiser Fyles.

Dear Miss Grey: Will you please give me the birthday calendar for May the 5th and 16th, Sept. the 23rd and 30th, Oct. 1, 2, 3, 4? The signs for the month of June? And oblige, MAY.

A.—It would take up more room than I feel I can spare to reprint these. As you live in London (judging by the postmark on your letter), why not look at The Advertiser fyles, and get the information there? As you're good-natured, I know you will do this for me.

Reads It Every Day.

Dear Miss Grey: As I am reading the woman's page every day, I read Delafonte to be a good remedy for destroying superfluous hair. Kindly tell me where to obtain it, as the drug stores here don't have it. And oblige through your valuable column.

A.—What you read was quite probably an advertisement. Your druggist ought to be able to get the preparation for you from his wholesale dealers.

His Own Medicine.

Dear Miss Grey: I. What will take butternut stains out of a white dress? 2. I have been keeping company with a fellow nearly a year. Lately he seems rather cool and has been out with another girl quite a good deal. Now he is going to board at her house while going to school and will see her a good deal. When he is alone with me he seems very fond of me. But when we are out with others he seems to pay more attention to them. What can I do? HOFFESS.

A.—1. Hold the stained part tightly over a basin and pour boiling hot water through it several times from a height of about three feet. If this does not remove it, try treating it as you would a tea stain. Wet the stain with cold water, cover with glycerine and let stand for two or three hours. Then wash in cold water and iron.

2. He evidently likes the other girl, too. Perhaps he simply wishes to be good friends with several girls and not pay any special attention to one girl. In that case you should take the hint and do likewise. Whatever you do don't for a minute allow him to think you are concerned. Have as merry a time as you can. Accept the invitations of other friends while still retaining the same outward interest and pleasant manner toward your old friend. Giving him a little of his own medicine may open his eyes. And if that doesn't work you will not be happy over your happiness, or losing pleasant outings.

School-Girl Queries.

Dear Miss Grey: I have a few questions to ask you:

1. What will take ink out of wood? 2. Is 75 pounds a good weight for a girl eleven years old? 3. I am in Grade VI. Am I far enough advanced for a girl eleven years old? Yours truly, ADA.

A.—Use Bon-Ami, applying it with a damp cloth; then polish with a dry one. 2. Yes. 3. I think so.

CHIT-CHAT

Miss MacNaughton, who recently lectured so ably before members of the Women's Canadian Club in this city, is at present travelling in Western Canada. All through the west, and in the cities of Montreal, Ottawa and Toronto, Miss MacNaughton has lectured, and been hospitably entertained by members of various women's clubs. But recently she put herself on record as saying that in all the places she had travelled in this vast western country she had seen so much as the city of London, and that if she were going to make her home permanently in Canada, London would be her choice! Now, isn't that the feather in the cap of the Women's Canadian Club? Although Miss MacNaughton's visit here was of short duration, everything was done to make her stay pleasant, and evidently she has carried away a very fine-colored impression of the Forest City. Miss MacNaughton's statement was made quite casually "way out in the Middle West," when in conversation with an English lady, who was the only English woman visited relatives in Toronto, and, of course, from Toronto to London was an easy stage for such good news. The fact is that the English members of the family inquired, "Oh, did you hurt your thumb? Too bad." Yes, I know they mean well, but sympathy's rather annoying under some circumstances. Do they suppose one uses the arnica just for fun? Honest, won't somebody in London start such a class for the ladies? —Lady editors, especially!

As Mr. Dooley would say, "I see the 'pauers' that in Cincinnati a class has been formed to instruct lady teachers in the gentle art of driving nails, and other lines of manual training. How nice! Those ladies. The day of hit-your-thumb-instead-of-the-tack are over for them. Never again can they experience the joys of running for the arnica with a thumb nail. While this is going on, the members of the family inquired, "Oh, did you hurt your thumb? Too bad." Yes, I know they mean well, but sympathy's rather annoying under some circumstances. Do they suppose one uses the arnica just for fun? Honest, won't somebody in London start such a class for the ladies? —Lady editors, especially!

Just this morning I was greatly helped by the following paragraph from the pen of that inimitable Canadian writer, "K." whose wise and philosophical never fails to "touch the spot." Read it over, friends, paste it firmly on the walls of your memory, and then go out, fulfilling your daily tasks—live!

"If you keep bright and cheerful and look out on life resolved to give the best that is in you while you can. If you shoulder whatever crosses—great or small—come in your way, not trailing and bumping them as you go, if you keep a heart full of loving kindness for others—for human and animal friends alike; if you give of yourself your service to some brother who is down and out, some little sister who has gone off the wall for a moment—you are Young. Youth is an essence, a spirit—the very spirit of life—and its name is unselfishness."

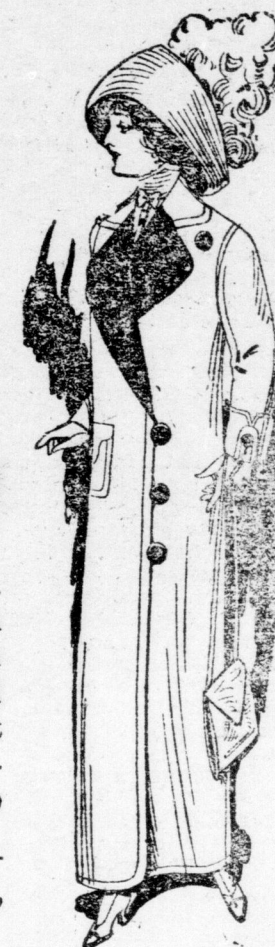
A study of practical cookery is the latest fad of society women in Old London. The first lesson on pastry-making, held at the home of Viscountess Esher, was largely attended by members of the smart set. Most of them arrived in automobiles each carrying a white apron, a pair

WOMEN'S 'Refined' Suits and Coats

A ton of steel can be bought for \$28.00. The same ton of steel made into watch springs is worth \$28,000. It's the refining touch of master minds and hands that increases the value a thousand fold. So in clothes. It is the refining touch and finish which makes **Kingsmill Suits and Coats** stand out as **stylish, different, better** than garments you see elsewhere.

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A very stunning Norfolk style. This season's favorite cut with neat, plain skirt and new length coat. Colors are navy and green. We've all sizes now, but you'd better come early tomorrow. These \$12.00 Suits at \$10

We've scores of other excellent Suit values at \$15, \$18, \$20, \$25 and up.

In reversibles, blanket weaves and chinchillas. In grays, bright red, tan, brown, fawn and darker shades. Many with 3-in-1 collar and wide cuffs. Full or semi-belt effects, also plain box back coats. \$18.00 and \$20.00 values at**\$16.45**

HUNDREDS OF WOMEN'S WINTER COATS at \$10, \$12, \$15, \$20 and up.

Special Fur Collar Coats and Fur Coats at \$25, \$30 and up

Kingsmill's

of white sleeves, and a kitchen cloth. The intention is to continue the lessons throughout the winter months, the meetings being held in turn at the homes of the members.

It really took place on Clarence street last week, and if you don't believe it go and look at the window for yourself. It happened this way: Two young ladies were walking south on that thoroughfare, when suddenly one caught sight of the following legend upon the glass part of a shop door.

harlie For

nd

"Goodness," she exclaimed, "What language is that? Looks like Chinese!" "How interesting," returned the other. "Perhaps it's Turkish. You know they are having everything Turkish now—days since the war started. Now, if we could only understand it, perhaps we should find out some wonderful secret society, or something."

"Oh, how romantic that would be. I do wonder what it can mean."

Here a staid blue-coated individual who had been listening, thought it time to interfere before the flight of imagination got any higher. "Permit me, ladies, to tell you that the words are not Turkish. They are not Chinese. There are simply several letters missing from an ordinary laundry sign in English."

Crushed, the pair of romancers hastened on. I shall leave it to my readers to guess what the sign is, but if you find it too much of a mental strain, simply telephone.

The Nornal

HINTS ON HOUSES.

By a Physician.

Every window in a house should be above the street level to keep out a part of the street dirt and dust.

Every kitchen should be light, airy, clean, and kept for the one purpose of preparing food. It SHOULD NOT be used for a sleeping apartment.

If there is more than one family in a building each should have its own toilet room.

Laundry should not be washed or dried in bedrooms or rooms where the children play.

Every house should have a pantry, which receives outside air and direct light.

Every house should have light, air, cleanliness and a style of furnishing, however plain and inexpensive, which tends to cheer the occupants.

Feminine Frivols

Creme de chene will be retained for fall and winter wear. The fact that it is popular is attested by its popularity.

Moires will be used for trimming and outer garments in early fall wear.

Both the high and the normal waist line have been adopted for fall; but the latter predominates.

Buttons, hand embroidery and collars and cuffs of fancy silks or velvets are promised as trimmings for the fall.

The girl who is planning her fall wardrobe now will not be amiss in including the silk for a plaid waist.

The novelty of the moment in Parisian millinery is the big, odd-looking, Tam-o-shanter-crowned hat.

Every garment that is new and fashionable now has the long sleeve.

Try HAZOMA CREAM For Those Chapped Hands

P **PERCIVAL,** **Richmond Cor. Central** **Phone 1261.** **L** **LISTER,** **Wortley Road, Cor. Craig** **Phone 1920.** **O** **OMOND,** **468 Dundas St.** **Phone 1429.**

THE PROGRESSIVE DRUGGISTS.

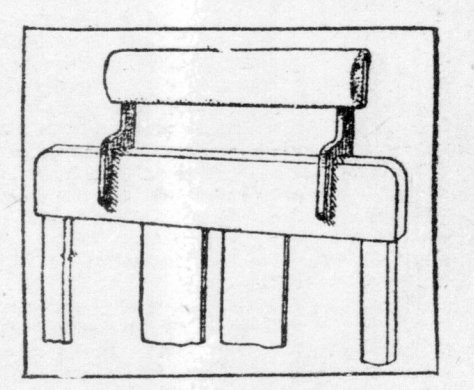
DETACHABLE HEADRESTS ON SEWING CHAIRS ARE FINE

Many sewing chairs which women love to use are uncomfortable, despite the fact that they are low and easy in many respects. One of the greatest troubles with these chairs is that their makers put too short a back on them, and there is, therefore, no place where the person occupying them can rest her head.

Now that the days are getting short and there will be more time spent indoors, it is right and proper that everything possible should be done to make the home comfortable, and one of the things that can easily be done is to put a head rest on the low-backed sewing chair, so that when mother finishes her evening task she can sit in the little rocker and rest herself in perfect contentment.

This head rest is detachable and can be put on any chair. The size of the finished product and the material which is used to make it can be regulated by the necessities of the occasion.

The general shape and character of the rest is shown in the sketch. The crosspiece should be upholstered, but this will not be difficult, the whole thing being of very simple construction.



by some "mook cherry pie." Lay strips of crust over the top and bake.

Cranberry Pudding. Sift 3 cupfuls of flour with a half teaspoonful of salt and stir in a cupful of molasses, a small cupful of sour cream, 2 beaten eggs and half a teaspoonful of soda dissolved in a little boiling water. Last of all, beat in a cupful and a half of halved cranberries, thoroughly dredged with flour. Turn into a greased mold and steam for at least 2 hours. Eat with a hard sauce.

Cranberry Sauce. Wash and pick over very carefully a quart of cranberries. Put them into the inner vessel of a double boiler. Fill the outer with boiling water and cook, keeping the cranberries closely covered until they are broken to pieces. Rub through your vegetable press into a saucepan, sweeten well, bring just to a boil and turn into a wet mold to form.

Baked Cranberry Pudding. Pour boiling water on a pint of bread crumbs. Melt a tablespoonful of butter and stir in. When the bread is softened, add 2 eggs and beat thoroughly with the bread. Then put in a pint of the stewed fruit and sweeten to your taste. Fresh fruit of many kinds may be used instead of cranberries. Slices of peaches put in layers are delicious. Serve with a sauce.

Cranberry Jelly. Wash a quart of cranberries, drain them and put them into a double boiler with the moisture still clinging to them. Cover and cook until broken to pieces. Turn the fruit into a jelly bag and squeeze hard to extract all the juice. Measure this, and to a quart of it add 4 cups of granulated sugar. Return to the fire, boil up once, and turn into a mold wet with cold water. It should form into a firm jelly.

Cranberry and Raisin Pie. Seed a cupful of raisins and chop them into bits. Cut into halves 2 cupfuls of cranberries and mix them with the minced raisins. Add 2 even cupfuls of sugar, a cupful of water, 2 tablespoonsful of flour, and a few drops of lemon juice. Line deep pie plates with puff paste; fill each with the mixture, put on a thin upper crust and cut slits in this for the escape of the steam. Bake in a good oven to a golden brown. When cold, sprinkle with sugar.

Or Seed and mince 1 cupful of raisins; mix with 1 cupful of cranberries, halved, a half cupful of water, and a cupful of sugar. Stir 1 teaspoonful of flour with the sugar and mix all well. Fill shells of pastry laid in buttered plates with this mixture, called

Piano Tuning a Specialty The Williams Piano Company, Limited, 194 Dundas Street, London. Phone 2832.

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HINTS ON HOME FURNISHINGS

A very good rule to observe in furnishing a new home is to buy first only what is really necessary, choosing, of course, with a view to the scheme one has in mind. For instance, if it is desired to furnish a room in mahogany, then it will not be wise to buy a piece of furniture in golden oak because it is to be picked up at a bargain or because the lines appeal to one. The same with regard to bedrooms. If these are to be furnished in enameled woods, then this must be borne in mind when making the first necessary purchases.

After living in a new home a short time it will be much easier to see just what is required that will harmonize with present possessions and fit into the places the few articles will occupy.

In planning color schemes the best results are obtained by treating each room or connecting rooms in such a way as to produce a harmonious effect.

The color scheme will be chosen with reference to the position of the room in regard to sunlight, also its size, height and shape.

Rooms decorated to seem higher and broader than they really are, while the amount of light can be increased or subdued according as the wall and floor coverings are chosen. These, of course, form the basis or background of the color scheme.

Some colors reflect a large part of the light that falls upon them, others absorb it.

Dark green and dark brown are colors only for very light rooms, where it is desired to lessen the glare.

It is a pretty safe rule to choose wall papers for rooms facing south in shades of dark green, dull blues, deep cerise and tans.

North and east rooms demand warm tones of yellow, or warm shades of terra cotta or red. Golden oak furniture will harmonize with the yellow room, and mission with the red wall paper.

White and delicate tints absorb very little light.

For rooms facing west the parlor shades of green, rose, coral pinks and white are appropriate.

Enameled furniture goes well with these colors.

In taking a group of hall, living-room

The Birthday Calendar



IF THIS IS YOUR BIRTHDAY

Some accident threatens you, which, being forewarned of, you may be able to avoid. Try to keep in good health, for an active year, crowned with success, awaits you.

Those born today will rise in life. Though they will be quick to understand, and will generally win in games of skill,

A Man and His Hobbies

Some men are perfectly model husbands—up to a certain point. They are never late of nights, they do not attempt to divert the housekeeping money to lawless uses, nor commit other heinous crimes against domestic code. Yet, somehow or other, their return home in the evenings acts very much like a cold douche on the spirits of their affectionate relatives.

When this is the case, you may take my word for it that the man is a slave to some special hobby. A hobby is a very good thing—in moderation—but it is well to remember that to be utterly engrossed in one pursuit is to make oneself very boring to other people.

Books, gardening, photography, cycling and other lonely pleasures are all snares to a married man, and are often pursued to the exclusion of all social life in the home. Not that the man with a hobby cannot be bright and lively sometimes.

I know a good many men who are splendid company everywhere but in their own homes. They can tell a good story, fire off a lively jest, and pay pretty compliments in a way that astonishes their wives and daughters. By their own fire-side you cannot get a word out of them, and as for paying little acts of politeness and attention to their woman-kind—well, the idea never crosses their minds.

Perhaps the reading man is the worst offender of all from the point of view of