"No, no (" broke in the Colonel; but ne expostulation was faint,

"Strange how children will ketch things sometimes, best you can do to prevent!" said Mr. Ducklow.

"But did ye buy!"

"You better jest take them matches and put'em out o' the way, fast thing, fore ye torgit it. Matches are dangerous to have layin' around, and I never feel asfe till they're safe."

And Mr. Ducklow hung up his hat, and laid his overcoat across a chair in the pext

MOTHERS' DEPARTM

AN INFANT'S DIET.

AN INFANT'S DIET,

The infant ought to be put to the soon after birth; the interest, both mother and of the child demands will be advisable to wait three to hours, that the mother may recove her fatigue, and, then, the babe nout to the breast. If this be done, generally take the nipple with avidit It might be said, at so early a that there is no milk in the boson such is net usually the case. There ally is a little from the very begwhich acts on the baby's bowels like of purgative medicine, and appears intended by nature to cleanse the a But, provided there be no milk at fin very act of sucking not only gives the a notion, but, at the same time, or draught (as it is asually called) breast, and enables the milk to flow. An infant, who, for two or three of kept from the breast, and who is fegreel, generally becames feeble, are quently, at the end of that time, we take the nipple at all. (Besing, the thick cream (similar to the biesting cow), which, if not drawn out by the may cause inflammation and gathe the bosom, and, consequently oreat cow), which, if not drawn out by the may cause inflammation and gathe the bosom, and, consequently, greating to the mother. Moreover, place sarly to the breast, moderates the of the mother's after pains, and less risk of her flooding. A new-bor must not have gruel given to him, a orders the bowels, causes a disinct to suck, and thus makes him feeble. If an infant show any disinclina suck, or if he appear unable to aptongue to the nipple, what ought done?

Immediately call the attention medical man to the fact, in order that may ascertain whether he be tongular to the bridle of the tongue will reme

the bridle of the tongue will remidefect, and will cause him to ta nipple with ease and comfort.

Provided there be not milk what ought then to be done?
Wait with patience; the child mother have no milk) will not, for a twelve hours, require artificial food twelve hours, require artificial food the generality of instances, then, ar food is not at all necessary; bu should be needed, one-third of new and two-thirds of warm water, a seetened with loaf sugar (or with igar, if the babe's bowel's have no pened), should be given, in small ques at a time, every four hours, un milk be secreted, and then it must continued. The infant ought to be the nipple every four hours, bu oftener, until he be able to find no ment.

If after the application of the chi a few times, he is unable to find no

If after the application of the chi a few times, he is unable to find n ment, then it will be necessary to until the milk is secreted. As soo is secreted, he must be applied with regularity, alternately to each breast. I say alternately to each breast, most important advice. Sometically, for some inexplicable reason, I have the cather and the ne breast to the other, and the to save a little contentien, conce to save a little contention, conced roint, and allows him to have him ay. And what is frequently the quence?—a gathered breast!

We frequently hear of a babe have a condition of sucking. This "no notion aerally be traced to bad managem stuffing him with food, and thus him a disinclination to take the night

A mother generally suckles too often, having him almost con too often, having him almost constart the breast. This practice is injuriou to parent and to child. The stome quires repose as much as any other of the body; and how one it have it constantly loaded with breast-milk, the first month, he ought to be as about every hour and a half; for second month, every two hours,—ally increasing, as he becomes olded distance of time between, until at he has it about every four hours.

If a baby were suckled at stated pe he would only look for the bosom at times, and be satisfied. A mother quently in the habit of giving the chibreast every time he cries, regardless cause. The cause too frequently is that been too often suckled—his stome been overloaded; the little fellow is quently in pain, and he gives uttern it by cries. How abourd is such a pre We may as well endeavour to put out by feeding it with fuel. An infant to be accustomed to regularity in thing, in times for suckling, for sle atc. No children thrive so well as who are thus early taught.

(To be Continued.)

USEFUL RECEIPTS. PUDDINGS AND SAUCES,

MOLASSES PUDDING.

Three cups of flour, one each of mo melted butter, and hot water; ene to soda; steam three hours; serve as more of butter and sugar worked oream, with het water added to me the proper consistency, and flavoured vanilla. ONE-TWO-THREE-FOUR PUDDING

One cup butter, two of sugar, the flour, four eggs (beaten separately cup sweet milk, and two teaspoons howder; flavour with nutmeg and bounding or cake mould; leave in till next day, when steam for three ters of an hour over a kettle of water and serve with hot sauce. water and serve with hot sauce.

BEGLESS FLUM PUDDING.

Heaping cup bread-crumbs, two flour, one of suet chopped fine, raisins, one of molasses, one of sweetablespoon soda, teaspoon salt, cloves, and one of cinnamon; boil to a half hours in a two-quart pail, see title of boiling water, or steam frame time. For sauce take one cup sugar, butter size of an egg, grated one lemon, and white of an egg.

HALF-BATCH PLUM PUDDING Three eggs, half pound each of flo sugar, fourth pound bread-crumbs in one pint milk, half table-spoor mace, cloves and cinnamon, half g lasses, half gill of wine or brand pound each of raisins and currant fourth peund citron well floured. I

Take two dozen sweet and half bitter almonds; blanch in scalding throw into a bowl of cold pound one at a time in a mortar, til become a smooth paste free free threw into a bowl of cold pound one at a time in a mortar, till become a smooth paste free from smallest lumps; add frequently a few rose-water or lemon juice to make light and prevent "oiling." Seed and quarter pound of the best bloom numix with them a quarter pound of currants, picked, washed and drie three ounces of chopped citron; well with flour. Take a half pint rich milk, split a vanilla bean, out pieces two or three inches long, and in the milk till the flavour of the vawell extracted, then strain it out a the vanilla milk with a pint of rich and stir in gradually a half por powdered loaf sugar and a nutmeg. Then add the pounded almonds, large wine-glass of either marsa noyau, curacoa or the very best heat in a shallow pan the yolks of egge till very light, thick, and smoot stir them gradually into the milkinger over the fire (stirring all the but take off just before it boils, oftit will curdle. At once stir in the set to cool, and then add a large