

PALE AND WEAK DESPONDENT PEOPLE

OWE THEIR CONDITION TO
WEAK, WATERY BLOOD—HOW
TO REGAIN STRENGTH.

Every woman's health is peculiarly dependent upon the condition of her blood. Far too many women suffer with headaches, pains in the back, poor appetite, weak digestion, palpitation of the heart, a constant feeling of weariness, shortness of breath, pallor and nervousness. Of course all these symptoms may not be present in any particular case. They are merely a warning that the blood is out of order, and that it is thin and watery, and if you note any of these symptoms in your own case, you should lose no time in taking the proper steps to enrich and purify the blood. Anaemia—poverty of the blood—is a most insidious disease and if allowed to run will end in a complete breakdown of the system. Dr. Williams' Pink Pills are, beyond doubt, the greatest blood-making tonic offered the public to-day. For more than a quarter of a century they have been the stand-by of hundreds of thousands of people in all parts of the world. No other medicine has ever achieved such world-wide popularity, and the reason is that this medicine does what is claimed for it, enriches and purifies the blood, thus bringing new strength to every organ and every nerve in the body. In this way Dr. Williams' Pink Pills bring new health to weak, despondent people. Among the many who speak highly of this medicine is Mrs. Louis D. Larrab, Windsor, Ont., who says:—"It would be impossible for me to recommend Dr. Williams' Pink Pills too highly. Some years ago I was very thin and pale; I suffered many of the symptoms of anaemia, and always felt tired, depressed and weak. I had tried several medicines, but they did not seem to help me. Then acting on the advice of a friend, I began taking Dr. Williams' Pink Pills. Before I had used half a dozen boxes I was actually feeling like a new person and had gained nine pounds in weight. I continued taking the pills until I had taken a dozen boxes, and from that time I have always enjoyed the best of health. I freely write you this letter in the hope that some woman in need as I was, will see it and be benefited as I have been."

Most of the troubles that effect mankind are due to impoverished blood, and will promptly disappear if the blood is built up and renewed. If you are ailing, give this greatest of tonic medicines a fair trial and it will not disappoint you. Dr. Williams' Pink Pills can be procured through any dealer in medicines, or will be sent by mail at 50c a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

U. S. SEAPLANE REACHES LISBON

Third Leg of Trans-Ocean
Flight Negotiated.

Portuguese Capital Gave
Great Welcome.

Lisbon cable says: The U. S. seaplane N. C. 4 arrived here this evening.

The achievement of the first trans-Atlantic air flight, with Lisbon as the first European stopping point, has aroused the enthusiasm of the Portuguese as no event has stirred them for many years. When the American seaplane N. C. 4 came over the Tagus river this evening the populace, crowding all place of vantage, gave full expression to this enthusiasm by cheers of welcome, the booming of guns and the ringing of bells.

Early in the day word was flashed that the N. C. 4 had started, and at intervals there were bulletins of the progress made. The whole city was in a fever, and during the late hours of the day virtually all business was abandoned by those who crowded everywhere to witness the arrival.

Guided by skillful hands the plane, which had covered the distance between the protecting destroyers along the route with clocklike regularity, swept over Lisbon and settled down gracefully near the cruiser Rochester.

A Pill That Proves Its Value.—Those of weak stomach will find strength in Parmelee's Vegetable Pills, because they serve to maintain the healthful action of the stomach and the liver, irregularities in which are most distressing. Dyspepsias are well acquainted with them and value them at their proper worth. They have afforded relief when other preparations have failed, and have effected cures in ailments of long standing where other medicines were found unavailable.

VERY BROKEN.

Athlete—Did I—break it, doctor?
Doctor—I will be plain, sir. The arm is broken, the collarbone crushed, the skull is fractured.
Athlete—No, no, no! The—did I—break the—
Doctor—What, sir?
Athlete—The record? — Pearson's Weekly.

COUNTER-PLANS FROM GERMANY

To the Peace Treaty of the
Entente Allies.

Hun Fleet Under International Trust.

Paris cable: A Berlin despatch received in Paris gives in some detail the counter-proposals to the peace treaty of the Allied and associated powers which were agreed on at the last conference of the Germans at Spa. The counter-proposals will make a volume of respectable dimensions.

Concerning the Saar region, Germany will ask France to give up her territorial pretensions to this region and permit economic control over all the coal output there.

It is proposed that the German fleet be transferred to an international trust, managed by the Americans and controlled by the League of Nations. The trust would be given the mercantile fleets of all the other maritime nations, and every nation would be represented in the central administration in a manner corresponding to the nation's tonnage. Germany announces her readiness to deliver up fifty per cent. of her mercantile fleet.

Besides, in conformity with the proposition made by the former director of the Hamburg-American Line, Germany will pledge herself to build at her own expense, in her own dockyards and by her own workmen, the number of ships necessary to compensate for the diminution in the world's tonnage due to Germany's submarine warfare. In return Germany will ask to be allowed large credits for the payment for raw materials required to carry out the undertaking and to be allowed to give in payment some of her own raw or manufactured goods.

As regards the cable lines, Germany will suggest a system of internationalization which would not prevent Germany from participating in the general tariff of nations.

Concerning territorial questions in the east of Europe the counter-proposals simply call the attention of the Entente to the state of mind of the German populations in the contested territories of Upper Silesia and East and West Prussia and Danzig. These populations, it says, would be sure to take up arms in their own defence if they were to be annexed to Poland and that this might lead to other wars.

When Holloway's Corn Cure is applied to a corn or wart it kills the roots and the callosity comes out without injury to the flesh.

Are Looked On As Old Tried Friends

Dodd's Kidney Pills Have Earned
Their Popularity by Their Cures.

Alberta Lady Who Suffered from
Kidney Trouble for Ten Years is
now Recommending Dodd's Kidney
Pills to Her Friends.

Tolland, Alta., June 2.—(Special)—"I can recommend Dodd's Kidney Pills to anyone who needs a remedy for sick kidneys." So says Mrs. Fred. Wolters, a well-known and highly respected lady living here. And Mrs. Wolters gives her reasons for making this statement.

"I suffered from kidney trouble for ten years. I felt sleepy and heavy after meals. I was always tired and nervous, and I had a bitter taste in my mouth, especially in the morning. I was often dizzy, my memory was failing, and I was very irritable. Stiffness in the joints, backache, headache, and finally rheumatism were added to my troubles.

"I finally decided to try Dodd's Kidney Pills and I took two boxes. I found them satisfactory in every way. I do not think they can be excelled."

You will notice that everyone who recommends Dodd's Kidney Pills has tried them and found them good. They are recognized as old and tried friends in thousands of Canadian families. Ask your neighbors about them.

TYPHUS, CHOLERA

Rife in Mid-Europe, and
Worse Feared.

Paris cable: One hundred thousand persons in Poland are ill of typhus, according to advices received by the Supreme Economic Council. Typhus is increasing in Poland, and is epidemic. It is epidemic in Hungary and a number of other countries in south-eastern Europe.

The spread of the plague in other parts of Europe is feared during the coming winter, cold being more favorable for its propagation than warmth. The Supreme Council has appointed a committee of British, French and Italian representatives to confer with representatives of the League of Red Cross to prepare definite plans to combat typhus and cholera. These plans to be submitted to the respective Governments.

AN UNKNOWN TONGUE.

"The professor seems a trifle cast down."
"Just a little flabbergasted. He uses very correct English."
"Yes, a slangy slang for her. She thought the professor was some kind of a foreigner."—Kansas City Journal.

DRIVE OUT REDS, FEED PETROGRAD

Allies Prepare to Provision
City at Once.

Fall of Russ Capital Near
at Hand.

London cable: The Allied and associated powers have made arrangements to feed Petrograd and render assistance to the starving population after the expulsion of the Bolsheviks. Herbert C. Hoover, the head of the allied relief, has the details in hand. It is hoped that relief will be in the city within thirty-six hours after the Bolshevik withdrawal.

Capture of Peterhof, sixteen miles west of Petrograd, on the Gulf of Finland, by the army of the Northern Russian Government, probably assisted by British naval forces, was reported to the State Department today in Swedish press reports. The Stockholm Tidningen points out that the report presages the fall of Petrograd in the near future.

The loss of Peterhof by the Bolshevik forces means the isolation of Petrograd from Krantstadt, from which the Bolshevik warships have been operating. The town of Krantstadt has been reported to be in flames in despatches printed by Helsingfors newspapers, which would indicate preparations for a retreat by the Bolsheviks.

Petrograd, according to the report, is in the hands of Chinese, Lett and Finnish Reds, who are said to have mastered the Soviet authorities after heavy street fighting.

The Bolsheviks have placarded the city, threatening to execute the bourgeois class if they are compelled to leave the former capital.

Riga was captured last Thursday through the co-operation of Lettish troops and German Baltic guards.

Spare the children from suffering from worms by using Miller's Worm Powders, the most effective vermifuge that can be got with which to combat these insidious foes of the young and helpless. There is nothing that excels this preparation as a worm destroyer, and when its qualities become known in a household no other will be used. The medicine acts by itself, requiring no purgative to assist it, and so thoroughly that nothing more is desired.

Nature and the Indian

The Indian never liked work but he
wanted his squaw to get well as soon as
possible so that she could do the work
and let him hunt, therefore
he dug peepers
root for her, for
that was their
great remedy for
female weakness.



Dr. Pierce uses the same root—called Blue Cohosh—in his "Favorite Prescription" skillfully combined with other agents that make it more effective.

Women who are worn out, who suffer from pain at regular or irregular intervals, who are nervous or dizzy at times, should take that reliable, temperance, herbal tonic which a doctor in active practice prescribed many years ago. Now sold by druggists, in tablets and liquid, as Dr. Pierce's Favorite Prescription.

Send 10c to Dr. Pierce's Invalids' Home, Buffalo, N. Y., for trial package.

Woodstock, Ont.—"I cannot say enough in praise of Dr. Pierce's Medicines. I had nervous prostration and was completely 'down and out.' I was so bad the doctors considered mine a hopeless case. I was much discouraged and was ready to give up when I began taking the 'Favorite Prescription' and the 'Golden Medical Discovery.' These medicines put me on my feet again and gave me the only real relief. Being a nurse I have recommended Dr. Pierce's Medicines to many, especially the 'Favorite Prescription.' I know of many a young mother to whom I have recommended 'Favorite Prescription' that has been wonderfully helped."

"I am glad to lend my name in connection with Dr. Pierce's Medicines, knowing how good they are."—Miss J. M. ...

WALES COMING ON VISIT SOON

In Less Than Three Months,
He Hopes.

Gen. Currie Speaks of Can-
ada's Heroes.

London cable says: Speaking at a luncheon given to General Currie, Officer Commanding the Canadian Expeditionary Force, by the Canada Club, the Prince of Wales, responding to a toast of the Royal family, said: "In the name of the younger generation of England I wish Sir Arthur Currie and other ranks in the Canadian Forces the very best of luck. I was almost going to say 'good-bye,' but good-bye would have been a most inappropriate term, because I am very glad to tell you that I am going to Canada very soon. I hope in less than three months' time. Naturally the prospect of this visit to the great Dominion would have delighted me in any circumstances, but now I shall enjoy it all the more because I shall look forward to the pleasure of meeting many old friends again, and, I hope, of making a lot of new friends as well."

General Currie said that the rugged strength of the Canadian was depicted in the manner in which he had been able to adapt himself to conditions which he found confronting him as a soldier. In this connection, he had to pause to consider the merits of the British soldier, who always had enough to eat, but was more often than not cold, wet and lousy. The General spoke of how the senior officers and non-commissioned officers and men would gather around the maps of the area to be attacked.

"If Victoria Crosses were given for saving life at risk of one's own, the sixty-four they now so proudly wear," declared the General, "Selfishness was unknown to our soldiers even when suffering bitterly." "I have tried to point out some characteristics of the Canadian soldier," concluded the Corps Commander. "He is going back to civil life, possessing these qualities while having learned the value of well-organized, collective effort, backed by discipline and self-restraint. The mental readjustment may require time, but I have every confidence that the period of transition will be short."

General Currie was given a luncheon at the Mansion House today by Sir Horace Marshall, the Lord Mayor of London.

An Oil Without Alcohol.—Some of the most important medicines have alcohol as a prominent ingredient. A judicious mingling of six essential oils compose the famous Dr. Thomas' Electric Oil, and there is no alcohol in it, so that its effects are lasting. There is no medicinal oil compounded that can equal this oil in its preventive and healing power.

Attacked by Asthma. The first fearful sensation is of suffocation, which hour by hour becomes more desperate and hopeless. To such a case the relief afforded by Dr. J. C. Kellogg's Asthma Remedy is nothing less than miraculous. Its effect is quickly apparent and the dreadful attack is mastered. The asthmatic who has found out the dependability of this sterling remedy will never be without it. It is sold everywhere.

**PAINT
is Life
Insurance
For Your Home**



A house, covered by a
"Paint Policy", is protected
against wear and weather.

Decay always starts
at the surface. Decay
cannot break through
when the surface is
guarded by paint.

"Save the surface and
you save all" Paint & Varnish

Write for copies of our
books—"Town and
Country Homes" and "Floors—
Spic and Span". Mailed free.

The most reliable "Life Insurance Policies" you
can put on your house and your furniture, are

**MARTIN-SENOUR
PAINTS AND VARNISHES**

Their 100% purity makes protection complete.
Their economy lies in the fact that they spread easier,
cover more surface and last longer.

When you paint this spring, be sure to use the
old reliable Martin-Senour Paints and Varnishes.

- "100% Pure" Paint
For buildings, outside and in.
- Senour's Floor Paint
Paints today—walk on tomorrow.
- "Varnoleum"
beautifies and preserves Oil Cloth and Linoleum.
- "Marble-ite"
The one perfect floor finish.
- "Wood-Lac" Stains
Improve the new—renew the old.
- "New-Tone"
The sanitary, washable Flat Oil/Pasteur Interior Decorations.

The MARTIN-SENOUR Co.

GREENSHIELDS AVENUE . . . MONTREAL.