



Are you afraid to eat a hearty meal?

WHAT does medicine mean to you? Is it the pleasure that it should be to restore the energy your work has taken from you?

Or must you pick and choose—in dread of indigestion?

Here is a remedy that has brought relief to men and women the world over. Dr. Williams' Pink Pills are taken every day in many countries, specifically for digestive troubles and stomach disorders, and have brought happiness to thousands of one-time sufferers. For, besides strengthening the digestive nerves, they invigorate and purify the entire system and lay the foundation for continued health.

Buy Dr. Williams' Pink Pills now at your druggist's or any dealer in medicine, or by mail, 50 cents, postpaid, from The Dr. Williams' Medicine Co., Brockville, Ont. 2-47

Dr. Williams' PINK PILLS
"A HOUSEHOLD NAME IN 54 COUNTRIES"

The Vote

New Statesman (London): The fate of elections, it is often said, depends on the "floating vote," which changes sides according to the temporary merits of Governments and Opposition policies and leadership. But this view represents the situation. There is a floating vote of this sort; and it is an important electoral factor. But there is also a floating vote, probably as large, that depends not on considered judgement, but on pure prejudice. There are voters who may vote either way, according to a "stunt" which reaches the consciousness of the non-political electors. There are voters who will certainly vote for a political party if they vote at all, but care so little that it needs a successful "stunt" to get them to the booth. And there are even astonishing thought—quite a number of voters who have been on the register for many years, and have never even troubled to vote at all, despite all the expensive propaganda which the various parties have lavished upon them. Even the voter who does vote ordinarily regards voting at least as much in the light of duty as a privilege.

Airplane or Aeroplane?

Truth (London): Having expressed a preference for the American word "aeroplane," I was a trifle disconcerted to read in the Times last week a letter from a gentleman who dogmatically declared that "airplane" was "not English—only journalese." Next day, however, I was relieved by a crushing report in the Times to the effect that "airplanes" was advocated by Professor Skeat about 1913, on the grounds that it was more English than "aeroplanes." Evidently you pay your money and takes your choice.



When Food Sours

About two hours after eating many people suffer from sour stomachs. They call it indigestion. It means that the stomach nerves have been over-stimulated. There is excess acid. The way to correct it is with an alkali, which neutralizes many times its volume in acid.

The right way is Phillips' Milk of Magnesia—just a tasteless dose in water. It is pleasant, efficient and

harmless. It has remained the standard with physicians in the 50 years since its invention. It is the quick method. Results come almost instantly. It is the approved method. You will never use another when you know.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

The Talkies to Shakespeare

Modern producers of plays have long ago given up the idea of rendering Shakespeare in his entirety, and although the modern playgoer would shrink from allowing the greatest of all the playwrights to be manhandled in the unscrupulous way of the Restoration or create the early Victorian stage, well-meaning suggestions are, from time to time, thrown out for bringing Shakespeare up to date. No less a person than the English dramatist, Ashley Dukes, himself a playwright of rare charm of style and invention, has even gone so far as to suggest recently that, while Shakespeare should not be acted in modern clothes, he should be rewritten in modern English.

The advent of the talkies will, perhaps, make the realization of this seemingly inconceivable suggestion inevitable, for the technique of the talkies being even more remote from that of the Elizabethan stage tradition than the modern theatre, with its still surviving traces of the Tudor inn-yard, the transition to modernized speech could hardly be resented. Miss Mary Pickford, in her enthusiasm for her newly found speech, has perhaps anticipated the wish of the most fervent reformers when she disclosed her ambition to tackle Shakespeare "in a real setting" by a talkie version of the "Taming of the Shrew." And who, indeed, will not delight to see and hear Dug taming Mary in that rollicking way which is all his own?

Those, however, who may still desire to see their Shakespeare in his traditional, though hardly real, setting will be grateful to Dr. Harley Granville-Barker, who has just issued a solemn warning to the governors of the Stratford Memorial Theatre against making the new home of Shakespearean drama a place of grandiose and startling productions, against, that is, that "real" setting for which the talkies can be depended on so much better than any theatre.

"In Stratford," Dr. Granville-Barker writes in a letter to the London Times, "the object must be the creating and sustaining of a sober, sensitive and intelligent tradition of the acting of Shakespeare, and the interpreting of his plays for their own sake, the whole canon of them."

The West and the east

John S. Holyland in the Nineteenth Century (London): It is common to hear reference made in the West to the disillusionment which followed the War, especially in regard to political affairs. However bitter this disillusionment may be the west, it was probably much greater in the East. Before the War India was immensely interested in many aspects of Western life and had a great belief that the West might bring to her many very valuable benefits. This feeling has now all but disappeared—at any rate amongst the vast majority of nationally minded Indians. Few are now found (apart from a very small body of moderates, headed by Tagore) who are willing to admit that the West has really anything to teach India. On the contrary, the majority are deeply concerned lest India be corrupted beyond repair by the pervasive forces of Western civilization. As a great living Indian philosopher has expressed it: "There are men in the East who spend sleepless nights in cursing God because He has allowed these civilized to get into their lands."

A Will-o'-the-Wisp

Winnipeg Tribune (Ind. Cons.): Canadian farmers might as well make up their minds to the fact that whenever trade in any item of agriculture produce reaches a substantial figure there will be a demand for higher protection from the American farmer, and the demand will be answered with drastic action. Desirable as it is, the United States market for farm products is a will-o'-the-wisp, and the farmers who have pursued it politically for many years will have to adjust their economic reasoning accordingly.

An unanswered question in animal behaviorism is why high-strung thoroughbred racers prefer the company of a scrub pony they know to that of fellow-thoroughbreds.

An Old-Time Canadian



He is a member of the Kwakwaka'wakw tribe of West Coast Indians and this is the regalia in which he appeared when his tribe welcomed the Governor-General on his recent trip on Canadian Pacific steamship Princess Norah along the islands and shores of Vancouver Island.

The quill through the nose is more reminiscent of the West Coast of Africa than the West Coast of Canada, but it shows that strange customs and costumes are to be found still in the Dominion.

DO NOT NEGLECT YOUR LITTLE ONES

At no time of life is delay or neglect more serious than at childhood. The ills of little ones come quickly and unless the mother is prompt in administering treatment a precious little life may be snuffed out almost before the mother realizes the baby is ill. The prudent mother always keeps something in the medicine chest as a safeguard against the sudden illness of her little ones. Thousands of mothers have found, through experience, that there is no other medicine to equal Baby's Own Tablets and that is why they always keep a box of the Tablets on hand—why they always feel safe with the Tablets.

Baby's Own Tablets are a mild but thorough laxative which by regulating the bowels and stomach banish constipation and indigestion; break up colds and simple fevers and promote healthy, natural sleep. Concerning them, Mrs. Isaac Sonia, St. Eugene, Ont., writes:—"I have been using Baby's Own Tablets ever since baby was a month old and have found that they reach the spot and do more good than any other medicine I have ever tried. I always keep the Tablets in the house and would advise all other mothers to do so." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



He. Let's take the short cut home through the woods.
She. No; I positively must be home for supper in two hours.

Canada and Naval Defence

Toronto Telegram (Ind. Con.): The pacifists in the commons are again howling for further cuts in the National Defence estimates. And to pacify the pacifist the minister declares that this young nation spends less per inhabitant for defence than any other nation in the world. And from this distance it looks as if the Minister's statement wasn't anything to boast about. Canada has set up as a nation with embassies at Paris, Washington and Tokio. She insists on the right to make treaties and settle disputes with foreign powers off her own bat. She practically tells the Mother Country to go away back and sit down, that she is running a household of her own. Like the man who is playing a "bob-tail flush," she is all right as long as she isn't "called." But some time the showdown will come. And when it does, what has Canada got to show? When she shows the smallest defensive expenditures in the world, what a laugh will follow. However, if Canada has filled her hand by drawing in the British Navy that laugh won't be loud. Neither will it contain a trace of mockery.

Keep Minard's in the Medicine chest.

Owl Laffs

It would seem that the reason young women don't get married that they're not widows.

It ain't impossible to take a sm amount of dough and make both en meet. Look at the doughnuts.

A needless noise always is not than a necessary one.

Daughter: "Well, dad, I'm engage"
Father: "You don't mean it???"
Daughter: "Certainly not, but lots of fun."

THIS ARTICLE REMOVED

The morning after the night bef The cat came back at the hour of f The innocent look in her eyes went

But the smile on her face was a smile of content.

She: Spent my vacation in the mountains.
He: Really, did you have a guide?
She: Well, only my conscience.

"Surely this isn't a resort" said the stranger. "Why, it hasn't rained in three days."

A JOB

Boss: My boy your work has fallen down; and if you are going to pick it up, you will have to step on it.

MOONDRIFT

The moon drifts in the purple sky, A silver boat on shoreless seas, And ghostly clouds go floating by, While softly sings the evening breeze, Across the lake the ripples stir, And moonbeams glimmer, cold and pale.

And in a light canoe with her, He follows down the moonlight trail.

The moonlight trail: It leads afar, Beyond the earth's horizon dim, And farther than the farthest star— And thither she will drift with him, To fairy regions wild and lone, They glide on dreaming seas afloat— Till Ryan through a megaphone Yells out: "Come back with that there boat!"

If a man's face is his fortune some of us are in debt.

At the picnic the other evening a young couple slipped away and were spooning. She asked: "Does my head on your shoulder give you a thrill?" He squirmed as he answered: "No, I think I'm sitting on some sand burrs."

Clara: "Do you get your alimony regularly?"
Marie: "No, I might just as well be living with him."

Gladys: Her mother always called her the fairest flower of girlhood."
Helen: Isn't it too bad she grew up to be a Wall Flower."

A free country is one that passes laws to please its conscience and then breaks them to please its appetite.

No really great man ever thought himself so.

The difference between a cemetery and a graveyard is that one is in town and the other in the country.

Tightskirt Tillie says that civilization won't be perfect until they put out canned foods that can be opened with a push button.

Disarmament and Security

Professor H. A. Smith in the Spectator (London): In the actual order of things disarmament is not the parent of security, but rather the offspring. In civilized countries the average man walks about unarmed, not because the carrying of arms is illegal, but because he is practically certain that nobody is going to attack him. If he believed himself to be in danger he would go armed in spite of the law, since no man values the law above his own life. So it is with nations. They will disarm when they feel safe, and not till then. Until this feeling of security is established a general treaty of disarmament is as impossible as would be a statute prohibiting the carrying of rifles in Afghanistan.

Use Minard's for the rub down.

The chief objection to treating a guest like home folks is that he might get mad and detailate.

Prince at Garden Party



Prince Henry, third son of the King, receives at a garden party held in honor of His Majesty's birthday at Victoria, B.C. Lt-Governor Randolph Bruce is on the right and Miss Helen Mackenzie the latter's niece, on the left.

portion of our basic and established services should cease to be automatically governed by those who act for the share holders, with the steady corruption of public spirit by selfishness ancient facts of our time is the way in which the commercial motive is invading and prostituting the mental and artistic as well as the Press, most of the Stage, all the movies, and the whole field of advertising have been captured for proffiting. If we go on as we are today, it is only a question of time before, as already to a large extent in America, politics, education and religion will be exploited for profits, on the hideous Rotarian slogan, "He profits most who serves best."

AEROXON With The Pin

The Honey Fly Catcher

You Must Do Your Bit in the war against the fly, carrier of germs and breeder of disease.

It is proven that AEROXON is one of the most convenient and most efficient means of combating the fly evil. It is convenient, because of the push-pin. It is hygienic; flies never get away when once caught. Each spiral gives three weeks' perfect service.

BEWARE OF IMITATIONS
Sold at drug, grocery and hardware stores.

La Cie C. O. Genest & Fil, Limited
SHERBROOKE, QUE.
SOLE AGENTS

Distributor for Ontario
NEWTON & HILL
56 Front St. E., Toronto

Fishermen

Take Minard's along to relieve irritation of mosquito bites. Also good for cuts and bruises.

MINARD'S "KING OF PAIN" LINIMENT

10,000 Bottles a Day

Every day 10,000 women buy a bottle of Lydia E. Pinkham's Vegetable Compound. They know that there is no better remedy for their troublesome ailments with their accompanying nervousness, backache, headache, "blue" spells, and rundown condition.

Lydia E. Pinkham's Vegetable Compound

"Skinny"? Gain Weight Quick Way

New IRONIZED YEAST adds pounds in few weeks. Results Guaranteed—or pay nothing.

Men and women write us every day they are positively amazed at speed with which Ironized Yeast added 5 to 15 pounds. Gave them new strength; a youthful skin; banished age-lines. They ask—now does Ironized Yeast work so fast?

Ironized Yeast is two great tonics in one. Weight-building YEAST treated with two kinds of strengthening, blood-enriching IRON used for years by highest medical authorities. The Yeast is also treated with Violet Rays to increase its effectiveness.

Only when Yeast is Ironized is it most effective. Iron is needed to bring out the weight-building, strengthening values of Yeast.

Pleasant tablets. No "yeasty" taste. No gas or bloating.

Stop being "skinny" and unattractive. Fill out bony form. Get a clear skin and new strength. Feel years younger and look it. Get a full size treatment of Ironized Yeast at any drug store to-day. If not delighted with quick results, get your money back. If inconvenient to buy from druggist, send \$1.25 direct to Canadian Ironized Yeast Co., Ltd., Port Erie, Ont. Desk 425-MT.