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his own tic in his flinging days in a strain on t. I told

him he was following in the steps of our miner, the ordinary routine of daily standing wide open, surely no one should Pain," I thought I would at least say, Christ, and was a Christian without work a changed to the grand and find life narrow, commonplace or uninknowing it. He replied: "I wish Christ were alive now, for He is greatly needed, and if He were alive to-day

JUNE 7, 1906

and in the world to-day." That Jew is living a life of service, and has found the secret of an interesting life, though he is not as glad as he would be if he knew the Master he was faithfully serving. The Church is the Bride of Christ and

must rejoice in preparing for His return. Behold. I come quickly," He says. Why, He may come to-day! Indeed He surely will come to-day in the person of some of His brothers and sisters. Let us hurry to meet Him, let us minister to Him of our best, and gladness will certainly spring up in our hearts. Bring darkness and light together, and the light must always conquer; bring sadness and joy together, and joy will be victorious too. And joy is not only a pleasant thing to possess, it is a positive sin to live our lives without it. If we have no joy in our hearts, then there must be something wrong with our Christianity, for we are commanded to rejoice in the Lord "Alway." That means when you are serving Him by scrubbing His floors or washing His windows, just as much as when you are waiting on a sick person, or preparing a sermon. Holiness is health of soul, and should reveal itself by the outward signs is enthusiastic devotion to the only of vigorous health-glad activity, a free, quick step, a sunny face and cheerful voice, and a hearty interest in your everyday work and in the people around you. Everyone is interesting if you can only get through the shell and touch the person underneath. In every soul we may see something of God. Some are birds or watering His flowers. If all like polished mirrors, reflecting His face, so that the slightest contact with them, or even the thought of them, sends one's heart upwards almost involuntarily; while in others the image of God is very dim and distorted. But, even then, we know it must be there, know that in Presence until it grows with the radiant serving them we are serving our Master and Lord. With this glad thought in

witness for Christ. Then every duty beevery Jew would be a Christian."

"But," I said, "that is just where you because it is a holy day. This is the Jews make a great mistake, for He is alive Midas touch which can change common carthenware into bright and shining gold. I have no patience with the pessimists who tell children that youth is the happiest time in life. It is an instinct with us all to press forward to something better than we already have, and it is a true instinct. Those who consecrate their lives to God in childhood more and more until the Sun of Righteousness floods every day with inner sunshine-deep joy which is infinitely more satisfying than the gay lightheartedness of childhood. Every day brings fresh opportunities of touching other lives, and

of growing in the knowledge of God,

which, as our Lord tells us, is "life

eternal." Then there is the joy of

making real progress in spiritual growth;

for it is false humility to shut one's eyes to that progress when there is a steady struggle after God and holiness. We hear a great deal in these days about "strenuous life." Well, that is the kind of life we should live. Those who settle down to a half-hearted kind of Christianity are sure to find life dull and disappointing. Christianity is not just the conscientious doing of one's duty, it Master who can fully satisfy the hungry heart. Though He is out of sight, He is not a long way off. You can find Him in the person of the dear father or mother, husband, wife or child, in the neighbor or visitor, or you may even serve Him by throwing crumbs to His other service be denied you, there is the rich field of your own being to cultivate. The body should be tenderly cared for and kept clean and healthy, because it is

beauty of holiness.

God's holy temple, and the soul should

be held always in the light of His

glorious sacrifice of a martyr-a true teresting. And no one can walk through life with the fearless, happy trust of a comes an inspiring opportunity, and dearly-loved child in his own father's house, without radiating brightness. Joy is very infectious, and we can render grand service to our brothers and sisters just by being happy. It is no use pre-tending to be happy. The gladness must spring like a living fountain ever fresh from the Christ within the heart, if it is to do real service. We must walk with God every day in the week if we are to be mirrors reflecting the Sun of Righteousness. The Sun is always shining, but will surely find that their path shines the trouble with us is that we don't always walk with faces upturned to reflect His light. We can get to God through serving man, and we can get to man through serving God. Our duty—and privilege—towards God, and our duty—and privilege-towards our neighbor, are so intimately joined together that it is impossible to separate them. We cannot really serve God without serving man too; we cannot really serve our neighbor without climbing ever nearer and nearer to God, where only true and living gladness is to

> There's heaven above, and night by night

be found.

I look right through its gorgeous roof; No suns and moons, though e'er so bright.

Avail to stop me; splendoum-proof I keep the broods of stars aloof: For I intend to get to God, For 'tis to God I speed so fast, For in God's breast, my own abode, Those shoals of dazzling glory, passed, I lay my spirit down at last.'

HOPE.

Dear Hope,-I have often thought I would like to write and tell you how much I enjoyed reading the Quiet Hour, but there has always been something to hinder me from doing so; but, after reading the poem on the "Crosses," and With all these doors of opportunity your article on "Climbing the Ladder of

Thank you." But the article on pain reminded me of having heard that suffering might have three different effects upon one subjected to it, producing first rebellion, or, "I won't stand it!" second, a kind of stoicism, or "grin and bear it " kind of spirit, and, thirdly, acquiescence, or submission to the Divine will, which I trust will be the effect produced upon any of your readers called upon to endure it. And I trust that those of us who, for the present, are exempt from it will have our sympathies enlarged or increased. J. J. LAMB.

Estevan, Sask.

## Can You?

Can you put the Spider's web back in place

That once has been swept away? Can you put the Apple again on the bough Which fell at our feet to-day?

Can you put the Lily-cup back on the

stem And to cause it to live and to grow? Can you mend the Butterfly's broken

That you crushed with a hasty blow?

Can you put the Bloom again on the grape,

And the Grape again on the vine? Can you put the Dewdrops back on the flowers, And make them sparkle and shine?

Can you put the Kernel back in the nut, Or the broken Egg in the shell? Can you put the Honey back in the comb. And cover with wax each cell?

You think my questions are trifling, Let me ask another one. Can a hasty Word e'er be unsaid, Or a Deed unkind undone?

E. A. B. Church Mission House, Malakwa, B. C.

## Children's Corner.

## The Fresh-air Child.

By Elliot Walker.

Where the cool Berkshire breezes blow down from the mountains,

The green fields are dotted with wildflowers bright, And clear, sparkling brooklets, like

musical fountains, Sing soft to the grasses in onward de-

To the hot, tired children, just up from the city.

All seems like a paradise fair to ex-And our eyes somehow moisten in quick,

kindly pity For the poor little waifs who've not been here before.

We cannot restrain them-they leap from the hay-carts

in glee. The meadows are theirs till the sun from the day parts; At last they are happy and joyous and

free. But one little tot, with great eyes filled

with wonder. In gentle amaze at un-dreamed of de-

Runs off to a fence of old rails, and crawls under To the great patch of daisies that

catches her sight. Like a baby returned to the arms of a

She flings her small form in the flowers' embrace,

And her strange yearning cry the white petals help smother, As she presses them close to her warm tender face.

With her lap full of daisies, her arms full

Her heart full of daisies, she sits there and cries.

Of sweet flower tributes it beat all the praises

That ever were rendered by older ones wise.

To come up to supper 'twas hard work to get her, She wanted to stay with her flowers,

she said; And we all bent to kiss her and tenderly

pet her, And wove a white crown for her dear curly head.

When the two weeks were up and the good days were over, We started to pack in her small, shabby

Her freshly-washed garments; but daisies and clover

had packed to exclude every polittle rag.

## Stolen from the Nest.

I said: My God, or let them not be born, Or from misfortune guard ;

All running and shouting and screaming Guard these poor fledglings, Thou who hast the power, From vulture's claw, and heart and

> Some have I seen from ivy-curtained nest, Some from tall trees, or sand-holes, snatched away,

And sad as 1, when shut from air and All perished in a day.

And all had sung, and all their wings once grown

Had flown through forests and across the seas, And with young flowers the swallows had

returned Upon the vernal breeze.

hands as hard.

You'd watch them, children, flying 'neath

You'd hear them sing at morn the Oh, how much better than to see them

- Eugenie de Guerin.

When you read the first line of this leg, and her old husband has very bad



An Infant Industry.

little poem, remember that "or" means 'either," and you will understand it While I agree with the kindbetter. hearted French girl that it is generally very cruel to take young birds out of their nests, I will tell you of a bird I saw the other day who was doing more good in a cage in the city than he ever could flying free about the country. He was a big robin, taken from the nest nine years ago, and he belongs to a poor old woman, who can't go out of her small house so much as to walk across the road. She has a bad disease in her

rheumatism, so how they manage to do the housework, I don't know. The poor old woman was telling me how her leg hurt, and what a hard time she had, and she was almost crying, when suddenly the robin began to chirp just like a free robin does to his mate in the spring. The old woman cheered up at once, and chirped back at the robin. "I wish Joey would sing," she said. "He's a fine singer." So she and Joey called to one another, and soon he began to sing. You never heard a wild robin sing like that. I suppose he learnt it from two canaries that were hanging near. But his singing was far ahead of theirs, so rich and strong. The old woman was delighted to hear Joey showing off so well, and began to tell me how she had brought him up herself. She said he was more like a thrush than like the robins they have in England, and his song is like that of the thrush. She has him in a big wooden cage, and though she often leaves the door open, he never wants to

Now, I think that if Joey had a mind, he would rather be in that cage, and give so much pleasure to a poor old woman who never sees any pretty sights, nor hears any other pretty sounds, than he would do anything else; that is, if he is an unselfish bird. But don't go taking any young robins out of their nests. boys, for you are not poor old women in the city, and don't need company; and, besides, your robin would be sure to die.

The letters from the cousins, which have been held out this week, will appear next time.