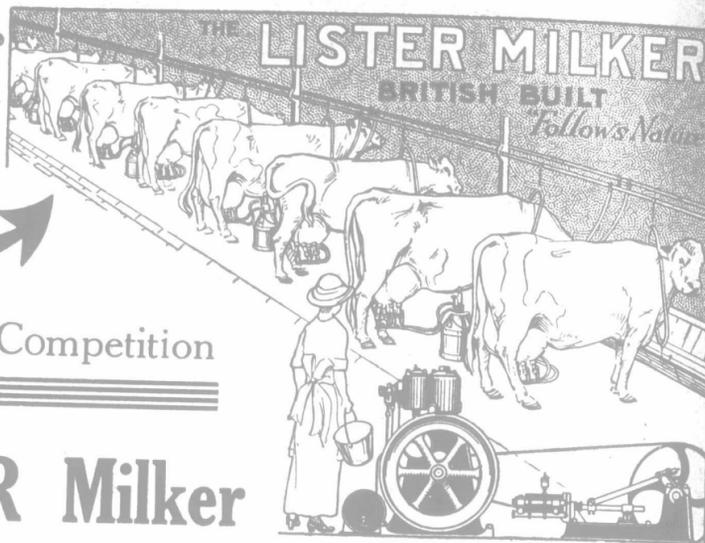


Follows Nature—
The Cows Like It



Never Beaten in Competition

The LISTER Milker



- (1) Copies Nature's action more nearly than any other milker.
- (2) British-made throughout. Only the best material and workmanship enter into its con-

struction. Lister quality means long service.

- (3) Installed by experts—and a system of regular inspection is maintained by company.
- (4) Easy to operate—easy to clean.

The Lister Milker Enjoys the Largest Sale Among the Most Discriminating Farmers of the World.

All Lister lines are famous for excellence of material, design and construction and for reliable service under all conditions.

"WRITE TO DEPT. G."

R. A. LISTER & COMPANY (CANADA) LIMITED

58-60 Stewart Street, TORONTO

Also at Wall Street, WINNIPEG

LISTER ENGINES :: AVERY TRACTORS :: LISTER GRINDERS :: MELOTTE SEPARATORS

Want and For Sale

Advertisements will be inserted under this heading, such as Farm Properties, Help and Situations Wanted and Pet Stock.
TERMS—Four cents per word each insertion. Each initial counts for one word and figures for two words. Names and addresses are counted. Cash must always accompany the order. No advertisement inserted for less than 60 cents.

FOSTER HOMES WANTED FOR TWO bright, healthy baby boys, ages one and two years. Apply Children's Aid Society, St. Thomas, Ontario.

FARM HELP WANTED AT ONCE FOR farm at Huntsville, Ont. One experienced dairyman and one farm hand experienced in handling team. Married men preferred. Houses supplied. These are steady positions for right men. Apply at once, giving full particulars. Anglo-Canadian Leather Co., Ltd., Huntsville, Ont.

"FARM FOR SALE" 57½ ACRES SPLENDID clay loam, situate quarter mile south Caledonia, Haldimand County on good stone road—high state of cultivation—well fenced—5 acres fall wheat seeded with Red Clover and Timothy—27 acres lucerne—6 acres Clover—good young orchard, balance spring crops—good frame house—2 splendid barns 32x50 and 20x28—good horse stable, hen-house, new silo 12x30 and good warm straw shelter plank floored 20x40, drilled well and windmill. Further particulars apply Box 194, Caledonia, Ont.

FOR SALE—PURE-BRED SCOTCH COLLIE pups, males ten dollars, females five. Wm. Stock, Tavistock, Ont.

MAN TO OPERATE TRUCK OR FURNISH team to collect cream and produce. State rate expected and references. Box 27, Farmer's Advocate, London, Ont.

SALE OF ORCHARD AND OTHER LANDS IN THE TOWN OF WHITBY.

There will be offered for sale by public auction on Thursday, the 15th day of May, 1919, at 2 o'clock p.m., on the premises in the north ward of the said Town of Whitby, adjoining, and north and south of the Grand Trunk Railway Station, between sixty and seventy town lots, in Blocks A, F, G, H and M, the property of the late R. L. Huggard.

Upon these lots are a large number of apple and other good bearing fruit trees. The fruit from these trees has taken the medal and diploma at the Paris (France) World's Exposition. On a portion of the lots to be offered for sale two hundred barrels of excellent fruit have been frequently raised. These lots are all within five minutes' walk of the main line of the Grand Trunk Railway Station, near Port Whitby Harbor, and within a short run from Toronto. There is a good Ward school a few blocks away from these lots. There is a dwelling house and barn with stone stable on the premises.

Terms—25 per cent. cash, the balance to be secured by mortgage, payable in three equal annual payments, with interest at 6 per cent.

Further particulars and conditions of sale can be had on application to A. M. ROSS, Administrator, J. F. FAREWELL, Solicitor, Whitby, and the Auctioneer, W. M. MAW, Whitby.

A Friend to Myself.

BY DR. FRANK CRANE.

"You ask what I have gained," wrote Seneca to his friend. "I have become a friend to myself. Such a man, to be sure, is the friend of all men."

Let me prescribe this thought to you as a spiritual pill. Take it three or four times a day. Say over to yourself that phrase, "A Friend to Myself," until its meaning, its connotations, its overtones, echoes, and implications saturate you. It will pick you up wonderfully.

Respect yourself. Self-respect is consistent with genuine humility. Egotism goes with self-contempt.

Yourself is the one person you cannot escape from; hence be on good terms with yourself. It's as hard to live with a nagging self as with a nagging wife.

To underestimate yourself is as bad as to overestimate yourself.

Avoid speaking of yourself in a disparaging way. To fall into the habit of saying, "I'm no good," "I know I am awkward," "I do nothing well," and the like, brings on a sort of spiritual auto-intoxication. And it is as disagreeable to your friends as boasting.

To love others as yourself is of not much value unless you love yourself intelligently.

Do not accuse and condemn yourself hastily even as you should not be ever excusing and justifying yourself. Judge yourself as fairly and as charitably as you judge others.

Do not torture yourself for mistakes you have made. Forget them. Look forward, not back.

If you have any workable idea of God, use it to clean yourself, your conscience, every day, by unreserved confession. The spirit bath is as necessary to health as the body bath.

Speak cheerfully and encouragingly to yourself. No one can endure an atmosphere of continual criticism; and to be ever finding fault with yourself will loosen your courage and keep your nerves in a tangle.

Cultivate the acquaintance of yourself. Learn to be often alone. Be not afraid of solitude. Converse freely with yourself. Appreciate your own inspirations.

GET TOGETHER

That's the word these days. **SO** let us get together on **CREAM.**

Let us help you to make money by shipping **YOUR CREAM** to **LINDSAY CREAMERY LIMITED** Lindsay, Ontario.



COLLINS CYCLE INCUBATORS DO GOOD WORK

READ THIS—Our Latest Recommendation:

Victoria, April 6, 1919.
"Having bought one of your Cycle Brooder Hatchers I wish to let you know they are a remarkable machine, as my first experience has been very successful in getting a chick from every fertile egg, and I might say they seem to be thoroughly enjoying themselves in the Brooder." (Signed) T. A. CROSBY.

Satisfied customers prove the worth of our Incubators and Hovers. Cycle Hatchers only \$8.00. Brooder Hatcher \$10.00. A post card brings our free catalogue. Write to-day.

THE COLLINS MFG. CO., 411 Symington Ave., Toronto

Treat your own opinions with respect. Follow your own convictions. Trust your own conclusions. Heed your own inclinations.

Every one knows his own faults, sins, and limitations; but not every one knows his ability to withstand his evil inner impulses. Each of us has a sovereign Will. No one, not even ourself, can make us do what we do not will to do. Rejoice in this. Praise, magnify, and esteem your Will.

No one sinks to a low level except he loses heart; that is, except he gets into the way of despising himself. All degenerates, perverts, and down-and-outers are full of bitterness and self-hate. Do

not slump into that state.

There is no joy of life for a normal person except in efficiency, and there is no efficiency without self-confidence.

Any sort of belief that leads you to trample on yourself, to be always debasing and accusing yourself, is morbid. It will grow on you, like picking a sore. Better be a cheerful unbeliever than have a sour creed.

Obstinacy, self-sufficiency, pride, indolgence, and silly egotism are bad. So are the opposites, indecision, self-doubt, self-torture, and self-contempt. Keep in the middle of the road.

Be a friend to yourself. — Pictorial Review.

Our Story

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