

## SUBJECT OF ADORATION

## An Hour of Adoration before the Blessed Sacrament



## Act of Preparation.

O my God, I believe Thou art here, really and truly present in the Sacrament of The love. How good Thou art Lord Jesus to allow me to approach Thee, to spend an hour at Thy feet!

Be recollected, oh my soul! guard thy senses; banish distractions and preoccupations, and listen to Thy King, hidden, but living in the Sacred Host.

O Holy Ghost, enlighten my mind, inflame my heart! Immaculate Virgin, Mother of Jesus and my own sweet Mother, lend meyour heart with which to love your Divine Son! My good Angel guardian watch over me! My dear patron saint pray for me! Pause an instant-form your particular intention and offer the indulgences of the hour for the souls in purgatory.

## I. - Adoration

O my God, one God in three persons, I adore Thee... I recognize Thy rights of Creator and Sovereign Master, and my duties of absolute dependance on Thine Infinite Majesty. Thou art my Father, I am Thy child: Thou art my Master, I am Thy servant, Thou art my King, I am Thy subject. What obligations emanating from those glorious titles... Infinite in grandeur in wisdom, in power, in perfection, Thou dost merit my respect, my adoration