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The Upward Look นอออออออออออออออออออออออ

Pride Brings Failure

For everyone that exalteth himself shall be abased, and he that humbleth himself shall be exalted.—St. Luke 18:

God resisteth the proud, but giveth grace unto the humble.—James 4: 6.

One of the saddest sights we can in Christian work is men women who, having once been filled with God's Holy Spirit, have uncon-sciously allowed pride to enter into their lives, with the result that their power has described them until they are left endeavoring to accomplish in their own might what can be performed only by means of God's grace.

Pride is one of the most dangerous of Pride is one of the most cangerous or all sins. It steals on us unawares. After congratulating ourselves on our success, we are apt to find suddenly that it has fastened its grip on us, and that we have been sinning griev-

ously.

Pride follows success. Many ministers of the gospel confess that they find it their greatest stumbling block. After humbling themselves before God and seeking Him earnestly, they have been filled with 't'power from on high,' and thus have been enabled to accom-

plish great things for His glory. Their churches have grown strong, many people have been converted by them, people have been converted by them, and, presently, men have begun to praise them, and as they have allow-ed themselves to listen to men they have lost their touch with God. "For have lost their touch with God. 'For they loved the praise of men more than the praise of God'' (St. John 12: 43). ''Whosoever, therefore, will be a friend of the world is the enemy of (James 4: 4).

The same sin often attacks all ranks f church workers. God desires us to The same sin often attacks all ranks of church workers. God desires us to attend church regularly and to be devent, but if we permit ourselves to think of what men say about our carnestness as Christians, God loses all pleasure in us. God desires us to live pleasure in us. God desires us to live loving, helpful lives, but if we allow ourselves to think how much better we are than others around us, that min-ute we cut ourselves off from God, for "God resisteth the proud, but giveth grace unto the humble." The history grace unto the humble." The history of the kings and great men of the ancient Jewish people is one long succession of recorded incidents of men who, while filled with God's spirit, overeame their enemies, turned defeats into victories, achieved greatness, wealth and fame, only to allow themselves to become puffed up with pride, with the result that God deserted them and their glory departed, and their glory departed.

God does not give success to many of us, because He knows that we are unfitted for it. Pride would consume

us. We have only to think of how many of the people we know have been spoiled by pride when they have schivered success, even if only in some such very large to the large of the large of

A Convenient Invalid Chair

One of the greatest conveniences for moving an invalid about in the home



of stron does not split easily, and connected by and turning on an axle, also of strong wood. This axle should be somewhat longer than the width of the chair under which

it is to be used.

it is to be used.

Take any rocker which is comfortable for the invalid, and cut a groove in each rocker—deep enough to admit the axle—just under or near the back legs of the chair. After the person is seated in the chair, at and at the back of the chair, tilt it forward enough to push the roller into place, tilt it back, and roll.

Hints for the Home Cook

If your furniture, especially the heavy pieces, are in need of new castors, have the pieces fitted with rubber, ball-bearing castors. It makes it assy to make a proper of the cast of the it easy to move any piece of furni-ture, and the rubber will not scratch the polished woodwork of the floor.

A handful of flour bound on a cut will stop bleeding.

When boiling fish, or crabs, add a large sprig of parsley, a small white onion, and half a cup of vinegar to water; it improves the flavor

EASTLAKE

Heesessssssssssssssssss The Sewing Room

Patterns 10 each. Order by number and size. If for children, give age; for adults, give bust measure for waists, and waist measure for skirts. Address all orders to the Pattern Department.

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TUCKED BLOUSE 6561.



Such a blouse as this can be util-ized in innumerable ways. In this case it is made from ways. In this case it is made from handkerchief lawn and is trimmed with insertion of imita-tion baby Irish lace. It can be used for heavier materials and trimmed either with lace or banding

Material required Material required for medium size is 3% yds. 21 or 24, 3% yds. 32 or 1% yds. 44 in. wide, with 9 yds. of banding. pattern is cut for a 34, 35, 38, 40 in. and will be mailed on receipt sts.

MISSES' SKIRT WITH TUNIC 6558.



Young girls are wearing a great many tunic skirts. It is worn over a plait-ed flounce that is joined to a gored upper portion and upper portion and consequently there is no bulk beneath. The foundation can be used without the unic, as shown in the small view, and either with a belt or with a high waist limit out when the think upper the proper one of the p

high line is the proper one.

Material required for 16 yr. size is 6½
yds. 24 or 27, 3¾ yds. 44 or 3¼ yds. 52 in.

It is cut for girls of 14 and 16 yrs. and will be mailed on receipt of 10 cts.

RUSSIAN BLOUSE COAT 6549



Russian styles are exceedingly smart, and this coat represents them at their best. It can be made as illustrated or perfectly plain as shown in the small view, or it can be cut out on the line of the yoke. Material required

the line of the yoke. Material required for medium size is 6 yds 27, 37 yds 44 or 37/2 yds 52 in wide, with 5/4 yds 52 in wide, with 5/4 yds 18 for yoke and collar, 47/2 yds of banding.

The pattern is cut for 32, 34, 35, 38 and 40 in bust, and will be mailed on receipt of 10 cts.

SEVEN GORED MATERNITY SKIRT 6566



TERNITY SKIRT 6566

The skirt that is simple, yet includes a generous number of seams, is always a desirable one for maternity wear. The seams give an effect of slenderness and the many general the many gores al low satisfactory shap-

ing.
The skirt is cut in seven gores, which are then shaped to give the best possi-ble lines. It is finish-ed at the waist line with a casing and elastic that allow of creasing the size easily and satisfactor-

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USEFUL PREMIUM SURE TO PLEASE ANY WOMAN



Our 10-piece Toilet Set is made of absolutely the best grade English semi-porcelain ware. All pieces are large, full size. The decoration con stats of wild flowers, prettily entwined with foliage.

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