

THURSDAY TO THURSDAY

Sponsored by the M.K. O'BRIEN DRUG MART
at 6199 Coburg Road (just opposite Howe Hall)
"Serving Dalhousie students for 14 years"

Thursday January 21

Biology Film Series 12:30-1:30 LSC Rm. 2815
"The Farming of Fish". Everyone welcome.

Friday January 22

Touch For Health is an 18-hour course in preventative healthcare. It teaches techniques to improve postural balance, look and feel better, increase your energy, alleviate pain without drugs, determine food allergies, and release emotional stress. **A way to help yourself and your family stay well.** Free introductory lecture Friday January 22nd, 7:30 p.m. at the Provincial Archives Building, 6016 University Ave. A weekend course will be offered January 29th to 31st and an evening course will begin Wednesday, January 27th. Call Heidi Ship at 423-4407 for information and registration.

Saturday January 23

Learn the basics of cross-country skiing: skiing techniques, waxing and clothing. The clinic will be held at the Wentworth Hostel. Skis, boots and poles may be rented there. Register at the Trail Shop, 6260 Quinpool Road, Halifax (423-8736).

Sunday January 24

Windsor Ski Trip. Skiing on Gray Mountain, Falmouth, near Windsor. Option: To ski to Gaspereau via Bishopville. Leader: Dave Dermott, 469-9968 (home) or 426-3100 (work).

Monday January 25

The Dalhousie Student Union **Women's Committee** will meet on Monday at 12 noon. All students concerned with the status of women on campus are invited to join the committee.

Tuesday January 26

The Dalhousie Science Society is sponsoring a one-hour movie showing on the threat of nuclear war entitled **War Without Winners**. Tuesday, January 26th, 7 p.m., MacMechan Auditorium. All are welcome.

Thursday January 28

Biology Film Series 12:30-1:30 Rm. 2815 LSC. Three features: **Sub-Igloo**, **28 Above-Below**, and **The Ice Lovers**. The first two films deal with scientific expeditions to the Arctic Ocean and the third with the endangered harp and hood seal populations. Everyone welcome.

On Thursday, January 28 at 8 p.m. **cellist Desmond Hoebig** and **pianist Andrew Tunis** will give a **chamber music recital** in Saint Mary's University Art Gallery. The program will include works by Haydn, Beethoven, Chopin, Brahms, and Rachmaninoff. Tickets are \$3.50 for adults, \$2.50 for students and senior citizens and are available at the door. This concert is sponsored with the assistance of the N.S. Department of Culture, Recreation and Fitness. For further information please phone 423-7727.

Friday January 29

A discussion on **Mormonism vs. Christianity** will take place. Ever heard of "Ex-Mormons for Jesus"? Come hear more - 7:30 p.m., 29th, St. Andrew's Hall, 6036 Coburg Road.

Public Service Announcements

Sunday Evening Mass

Time: 7:00 pm
Place: Rm. 314, S.U.B.
Weekday Masses - Mon. to Fri.
Time: 12:35 pm Place: Rm. 318, S.U.B.

Inquiry Class - Wednesdays

Time: 7:30 pm
Place: Rm. 318, S.U.B.

A programme on how to **talk to groups calmly** and confidently is being offered at the Counselling Centre. This free, six-session programme will be of particular interest to students who find that apprehension and tension make it difficult for them to give class presentations or participate in group discussions. To register phone 424-2081 or come in person to the Centre on the 4th floor of the S.U.B.

Halifax Dharmadhatu, Buddhist Meditation and Study Centre

is offering an introductory course, entitled **Working with emotions**, Mondays at 7:30 p.m., February 1 - March 1. The cost is \$15 for 5 classes, \$3 for each class. Dharmadhatu is located at 1649 Barrington Street. The telephone number is 429-2916.



Shirreff stuff

January 14, 1982 was welcomed with great anticipation at Shirreff Hall last week, as everyone prepared to welcome the New Year in for a second time with the Inter-res. sponsored "After New Years Bash."

Spice was in top-form and had a packed McInnes Room twisting and shouting their way to midnight. A rousing chorus of Auld Lange Syne heralded a round of New Year's kisses for all. Balloons, streamers and confetti descended on the tooting and yelling crowd who then joyously pranced to a lively polka that whirled faster and faster for those still able to retain their balance. After Spice

was called back for a third time the weary Shirreff partyers made their way home across the treacherous ice, clutching party hats and horns, having had a thoroughly enjoyable evening.

While the majority of Shirreff Hall girls were twisting and shouting, another form of dance was being discovered by many in the Shirreff Dining Hall. "Rhythmic Activities" was an hour of folk dance and modern rhythmic exercises that has prompted many to make their way to the Studley Gym (Old Dal Gym) on Wednesdays from 5:30-7:00. Everyone is welcome and encouraged to come.

Erin Steuter

The **Nova Scotia Photographer's Co-operative** will run an exhibition from February 1st until February 12th, 1982, in the Exhibition Room of the School of Architecture on Spring Garden Road. The show will display approximately 100 photos by 13 local photographers and will be open to the public from 9 a.m. until 5 p.m., Monday to Friday. The Nova Scotia Photo Co-op is an association of 15 local people who share an interest in photography and dark-room facilities. All come from varied backgrounds and interests, providing the show with a broad base of expression.

Learn to get what you want from the government; learn how to influence policy-making at a provincial and federal level; take a **Lesson in Lobbying**. The Nova Scotia Association of Women and the Law is sponsoring a workshop on lobbying with a special emphasis on the conditions women offenders face in the provincial prison system. The workshop will be held all day on January 30 at the Unitarian Church on Inglis Street. Registration fee (including lunch) is \$5 and can be paid to the Nova Scotia Association of Women and the Law, Room 204, Weldon Law Building, 6061 University Ave.

Auditions and interviews for admission to the 49th summer session of **The Banff Centre School of Fine Arts** will be held in major cities across Canada in February. In **Halifax** auditions and interviews will be held February 12th for summer programs in music, musical theatre, theatre crafts, opera, academy of singing; February 20th for drama. Acceptance of all performing arts students for admission to The Banff Centre School of Fine Arts is made on the basis of these auditions. Information is available from The Banff Centre audition coordinator in Halifax, Ann Aylward, telephone (902) 424-2267.

WANTED: Carousel slide projector, with or without synchronous slide/tape attachment. Please contact Halifax Citizen Advocacy at either 422-2351 or 422-7583.

The **Maritime Muslim Student's Association** organize Salat-ul-Jum'ah meetings every Friday throughout the academic year at the Dalhousie SUB, Rm. 316, from 12:30 to 1:30. All those interested are encouraged to attend. Open to the public. Further info from Reza Rizvi at 443-1085. Please note the new times.

UNIVERSITY HEALTH SERVICES

24 Hour Coverage — Phone 424-2171
Male & Female Physicians
Office Hours: 9am to 5pm Monday to Friday
Office Open 5pm to 12 midnight Monday to Friday
10am to 12 midnight Saturday, Sunday & Holidays
For Urgent or Emergency Situations:
12 midnight to 9am - Phone for Doctor on Call.

St. John Ambulance will be giving a 3 day **Mariners First Aid Course** for sailors, fishermen, and yachtsmen, who will learn how to deal with emergency situations at sea. The dates are February 17, 18 and 19. A two day **Multi-media standard first aid course** will be given on February 6 and 7. Two **emergency multi-media first aid courses** will be given on February 16 and February 24. All courses will be given at St. John headquarters, 5516 Spring Garden Road, Halifax. For registration and information, please call St. John Ambulance, 454-5826.

This weekend, January 22-24, **Dal Christian Fellowship** and anyone interested will be joining other Christians from around the Maritimes for a **weekend retreat**. Over 100 people expected. Discussions, Guest lecturers, winter sports and all! Further information from Barrett Horne at 865-3370.

A programme to teach participants how to **relax and think more clearly during tests and exams** will be conducted at the Counselling Centre. This free, five-session programme will include physical relaxation, cognitive coping and exam writing techniques. To register phone 424-2081 or come in person to the Centre on the fourth floor of the S.U.B.