

At Dalhousie

Athletic trainers clinic a success



The Dalhousie University Health and the Division of Athletic and Recreation Services recently conducted a Level I Athletic Trainers Course for students on campus. Ten people completed the 20 hours of basic theory and practical instruction dealing with athletic injuries to the foot and hand.

The course was taught by several qualified medical, physio-therapy, athletic training and coaching personnel, and covered such areas as: Nutrition, pre-season training, modalities of treatment, ankle sprains and methods of taping, skin and soft tissue injuries, growth and develop-

ment, prevention and rehabilitation of injuries in children and youth, injuries to the hand and thumb and methods of taping, prevention and rehabilitation of athletic injuries, legal liability and the responsibilities of a trainer.

This course met with such success and approval that plans are now underway for another Level I Course which will be conducted in the evenings from 6-10 p.m. on March 7th, 8th, and 9th and from 9:00 a.m. to 4:00 p.m. on Saturday, March 10th. This course is open to any interested individuals at a cost of \$30.00. Pre-registration will be handled at the Athletic

Office in the Dalhousie Gymnasium (424-3372) with the deadline date on March 7th at 5:00 p.m. All tape and materials will be supplied.

Applicants for the course should have some previous background knowledge in Anatomy and Physiology, and will be required to show proof of an up-to-date First Aid certification before being presented with a certificate of completion from this Trainers Course.

A Level II Trainers Course is also being planned for a later date in March and will be advertised in the near future.

Dal dominates AUAA finial

The Dalhousie men's and women's swimming and diving teams won seventeen AUAA titles and set fifteen new AUAA records in St. John's, Newfoundland last weekend. The men's squad recaptured the AUAA Championship they last won in 1974 by accumulating 187 points to the 112 of U.N.B., and 74 of Acadia.

Dalhousie provided three triple titlists. Susan Mason established new AUAA marks in winning the 200, 400, and 800 Freestyle events as did Brian Jessop in winning the 400 and 1500 Freestyle and the 400 I.M.

Standout John van Buuren rounded out this Tiger Trio

with victories in the 100 Back, 100 and 200 Butterfly. Other individual titles were won by Danny Berrigan in the 200 Freestyle, Ron Stegen in the 100 Freestyle and Tom Scheibelhut in the 200 Backstroke, all in AUAA Record Time.

Significantly Dalhousie claimed five of the six relay events and a further three AUAA records. The Women's greatest of Susan Mason, Lissy Rogers, Krista Daley and Janie Flynn captured the 800 Freestyle relay title, upsetting favoured Acadia team to repeat the upset turned in by Dal's medley relay of Sue Mason, Wendi Lacusta, Janie Flynn and Lissy Rogers.

Dal men swept the relays with the quartets of Geoff Camp, David Sweett, John van Buuren and Ron Stegen in the 400 medley relay; Brian Jessop, Tom Scheibelhut, Danny Berrigan and Richard Hall-Jones in the 800 Free relay; and Stuart McLennan, van Buuren, Stegen and Hall-Jones in the 400 Free Relay.

Swimmers Jane Bradley, Hall-Jones and Stegen increased Dal's list of CIAU qualifiers to a record fifteen as a result of their performances. They will be joined by divers Ray Kelly and Marcel Arsenault, who both placed on one and three metre boards.

Richard Slaunwhite at work

Dal Photo / Grandy

C I R T C E L E R E K C O C E
 P I T C H E R P L A N T O C T
 E L A H W E U L B A I N H N A
 S B L A C K J A C K C N O Y G
 K E Y T O N G U E E K A R K A
 A A D A O O R A N G E G M C L
 I M Y P B S C T Y G L E O U V
 M A O A A R R M U S L R N L A
 U H B S B A E V E R M E E R N
 N O A S T E S T A T N U S T I
 I G N I L P S W S B R Q L I S
 T A O V E E A O U Y U I W C M
 A N I E N T G R O I O N C K L
 L Y L N T A G N D G W O B L E
 P T A O L F F F A H C M Y E H

- A-
-Lucy Montgomery's character (4)
-Billy Graham's book (6)
-A semi-precious stone (5)
- B-
-Widest part of a ship (4)
-21 gives you a winning hand (9)
-This species is on the verge of extinction (9)
- C-
-Lacking coordination (6)
-Grain husks (5)
-A young rooster (8)
-Snooker requires this skill (13)
- E-
-Plumber's joint (5)
-There is a need for these cars (8)

- F-
-Starting money (5)
- G-
-Situated near Happy Valley, Labrador (8)
-Uninterrupted current of electricity produced by chemical action (9)
- H-
-Nautical steering wheel (4)
-The endocrine glands are responsible for the production of these (8)
- L-
-Canada's first lady of guitar (9)
-Some people are born this way (5)
-The berth of the last dory schooner found here (9)

Dalorama

by Michael Cormier

Rules

Find the word which best suits the clue. The word begins with the letter above the clue you are dealing with. The number after each clue gives the number of letters in the word. When you get the word, try to find it in the box of letters. Circle the letters in the word. After all words have been found the quiz word will remain.

- M-
-This system worth the hassle (6)
-Female name (Fr.) (7)
-Diana Ross starred in this movie (8)
 - N-
-A white magnetic metallic element (6)
 - O-
-You can take all kinds of time, but you still can't make it rhyme (6)
-T. Roosevelt is buried here (9)
-This capital exercises authority over an area of 3,851,809 sq. mi. (6)
 - P-
-The flower of Newfoundland (12)
-This award is presented to recording groups that sell two million singles (8)
-1957 Nobel Peace Prize Winner (7)
-Unresisting (7)
 - R-
-Nova Scotia's liberal party leader (5)
 - S-
-Cod fish bait (5)
 - T-
-Muscular organ (6)
-A narrow channel between the mainland and an island (6)
-Upton Sinclair's pioneer work in consumerism (9)
 - U-
-Northern boat (5)
 - V-
-Painted "Young Woman With A Water Jug" (7)
- Quiz word clue, Ribbon of rock (13)