



Bring Your Maturing Victory Bonds To Us

HOLDERS of Victory Bonds maturing on November the first, next, will find it profitable and convenient to convert them at this Bank. We are prepared to pay cash for such bonds of any denomination, and suggest that for the sake of safety, simplicity and convenience you deposit your maturing bonds to your credit in a Standard Bank Savings Account.

**BANKING
FIFTY
YEARS**

**THE
STANDARD BANK
OF CANADA**

ATHENS BRANCH—W. A. Johnson, Manager

"SURE, I KEEP 'EM."

Crown Shells.....	12 guage.....	90c box
Canuck Shells.....	12 ".....	\$1.20 "
Imperial Long Range.....	12 ".....	\$1.50 "
Western X-Port.....	12 ".....	\$1.35 "
Western Field.....	12 ".....	\$1.50 "
Western Super-X.....	12 ".....	\$1.70 "
Nitro Club.....	12 ".....	\$1.40 "

I also Stock 10, 16 and 20 guage in most of the above makes, which are all priced at the same reasonable figure.

Don't delay, now is the time that you should discard that old tire and put on a new one. Come in and get our prices and be convinced of the wonderful bargains.

How about your car, is it hard to start? It won't be if you try Peerless High Test Gasoline.

"You have tried the rest,

Now try the best.

GUY E. PURCELL.

Send your order to
Elgin St. Grocery

We carry a full line of
Groceries and Provisions

Beef, Pork, and Cured Meats.

Daily delivery, prompt attention given.

Phone 8-2

P. Y. Hollingsworth & Son.
Elgin St. : : Athens

E. TAYLOR

Licensed Auctioneer for the County of Leeds

Will be pleased to attend Auction Sales anywhere in Leeds County—other Counties on request. Specialty—Farm Stock and Implements. Terms moderate. Orders will receive prompt attention. Phone 48, Athens, P.O.

J. O'GRADY

LICENSED AUCTIONEER

Auction Sales of all kinds conducted at reasonable rates. Orders received by mail or phone will receive prompt attention. Farm sales a specialty. Satisfaction guaranteed.—J. O'Grady, Chantry, P. O.

Scott & Hewitt
Wellington Street, Athens

**GARAGE SERVICE
STATION**

Genuine Ford and Chevrolet
PARTS
Battery Charging a Specialty

Women and Home

THE ART OF IDLING.

The perfect holiday is enjoyed only by those who understand the art of idling. And to be able to do absolutely nothing with exquisite thoroughness is a gift, says wisely "The Daily Mail".

To lie lazily in the long grass, the murmur of bubbling water in your ears, the hum of insects and the song of birds lulling you to sleep, is the essence of idleness itself. To be drowsily aware of farm folk at work in the distance puts the finishing touch to perfect bliss.

To know that many tasks are awaiting your immediate attention and to have resolved to let them wait is to have the passport to Olympus. For idleness in its sublimest form demands that there shall be some work which we have left undone.

The person who invented "rest cures" was simply taking a page from Mother Nature's book. All young things sleep—and eat—their time away, and when the wise old dame so ordained it she knew what she was about.

For rest and sleep, twin mothers of forgetfulness, are essential to man's existence. The greater the amount of work he performs the more does he need them. To indulge in idleness occasionally is just plain, sober common sense. Unless some hours are given up to this one cannot do work worth while.

THE LAND OF BEGINNING AGAIN

I wish that there was some wonderful place

Called the Land of Beginning Again, Where all our mistakes and all our heartaches

And all our poor selfish grief Could be dropped like a shabby old coat at the door,

And never put on again.

I wish we would come on it all unaware, Like the hunter who finds a lost trail;

And I wish that the one whom our blindness had done The greatest injustice of all

Could be at the gates, like an old friend that waits, For the comrade he's gladdest to hail.

We would find all the things we intended to do— But forgotten and remembered—too late.

Little praises unspoken, little promises broken, And all of the thousand and one Little duties neglected that might have perfected The day for one less fortunate.

It wouldn't be possible not to be kind

In the Land of Beginning Again; And the ones we misjudged and the ones whom we grudged

Their moments of victory here, Would find in the grasp of our loving handclasp

More than penitent lips could explain.

So I wish that there were some wonderful place

Called the Land of Beginning Again, Where all our mistakes and all our heartaches

And all of our poor selfish grief Could be dropped like a shabby old coat at the door,

And never put on again.

To keep steel knives from rusting when not in use, rub them with mutton tallow (raw) and wrap in coarse brown paper.

To remove the taste of fish from knives and forks, rub them with fresh lemon or orange peel.

When blacking will not stick to a stove burned red, if a little vinegar or fat fried from salt pork is added to the water used to dissolve the blacking, it will adhere.

Fruit stains may be removed from table linen, white cotton, etc., by washing in warm chlorine water. Fruit stains may also be removed by the following process: Rub the spot on each side with hard soap; then lay on a thick mixture of starch and cold water, and rub it well into the spot; then expose to the sun and air.

To remove chocolate and coffee stains, apply a mixture of glycerine and yolk of egg, and wash off in warm water. While still damp, iron on the reverse side with a moderately hot iron; or wash in very hot water and soap and expose to sulphur fumes. To do this burn some sulphur on a small shovel and hold so that the vapor will be diffused over the stain.

To remove grass stains, wet the stained part with alcohol and rub well.

Flowers do not like music, especially "jazz." It has been observed recently that when placed with the blossoms facing the music of a band, the flowers, after a few hours' time away, so that the backs of the blue ones are toward the band.

YOUR CROWNING GLORY

It is easier to keep the hair in health than to restore and strengthen it when, through inattention, it has become weak and sickly. Follow certain simple rules regularly, and no elaborate expensive course of treatment will be necessary.

Perfect cleanliness is essential. Give your tresses the benefit of as

much fresh air as possible; go without a hat when you can, and don't wear a heavy hat at all. Ventilate the hair when possible by leaving it loose and unplanned for an hour or two, and avoid doing it up tightly for the night.

An occasional massage with castor oil will prevent premature greyness at the temples, and if just a few drops at a time are used there will be no unpleasantness.

Falling out of the hair is attributable to nervous troubles and being "run down," therefore attention to the general health goes hand in hand with producing or preserving a good head of hair.

A FRENCH ARTIST'S OPINION

Women Were Prettier Half a Century Ago

Possibly all ladies and more than a few men will not agree with the following opinion of a French artist, as copied from a Paris (France) press item:

Women were fifty per cent. prettier fifty years ago than now, says Jean Gabriel Domerge, French Painter, who is said to have painted more beautiful women than any other man alive.

Their figures are less lovely, too, he asserted, in an interview at Biarritz. He continued:

"From my observation the beautiful women of to-day are not included in the ranks of the rich—or very few of them are. They are too pampered, take too little exercise, eat and drink far too much, and the habit of having their own way—this applies to American women—has given to their faces a peculiar peevish pout that is not at all conducive to beauty."

DO DRIVERS SPEED TO AVOID "CHANGE?"

Automobile drivers speed at 25 to 30 miles an hour in crowded traffic because they cannot slow down their cars to two or three miles an hour. Lack of flexibility in engines frequently prompts drivers to ignore safety rules, according to A. B. C. Hardy, President of Olds Motor Works, and a member of the Traffic Planning and Safety Committee of the National Automobile Chamber of Commerce.

"We have tried to discourage the reckless driver through laws carrying fines and penalties and have endeavored to encourage and instruct him by means of educational campaigns," said Mr. Hardy. "Both these measures have been necessary and have shown results, but automobile engineers and manufacturers can further help make reckless drivers careful by giving them no mechanical excuses for excessive speed in traffic."

"Cars in the high-priced field have this required flexibility, but many of the lower priced cars, which are in the majority, stall or start to 'buck' when throttled down too low. As a result driving in slow traffic requires constant shifting of gears, and frequently drivers speed up and endeavor to pass a group of slow moving vehicles with heavy traffic coming in the opposite direction rather than be put to the trouble of frequent gear changes."

"Automobile engineers are devoting much time and study toward making the automobile even more easy and safe to drive than it is. They have progressed far, and today a woman is safer while driving an automobile than was her mother when she was driving a horse a generation ago."

THE COMMON PATH

Oh, I shall travel out to-day
And tread a well-worn lane,
Shall walk a long-familiar way
Out there and back again;
But, though I know the path I go,
To-day, perchance, I'll see
Somewhere a new-born rose aglow
To cheer the heart of me.

I know the men that I shall meet,
I know the women, too,
I've met them all upon the street,
They're old, but ever new;
And it may be a child shall smile
At me along the way,
Or someone, e'er I've gone a mile,
A cheerful word shall say.

Perhaps the sun shall light a tree
With some new touch of flame—
Although this path is old to me,
It's never just the same;
And I may meet a stranger there
Who'll ask the time of day,
Or hear a band upon the air
As soldiers march away.

I know the buildings, one by one,
The corners where they turn,
But always as I wander on
There's something new to learn;
And when I leave my door behind,
Whatever the day may be
There's always something new to find,
And something new to see.

—By Edgar A. Guest.

BOY HAS MIRROR VISION

Sam Tiana, of Fairmont, W. Va., reads and writes backwards. The teacher has to use a mirror in reading the boy's writing. Instinct has taught the youth, who is in the fourth grade of the public school, to take care of himself under this handicap. In crossing a street, a car or auto must be judged by him backwards, as one approaching is really made to appear going from him. When steps appear to go upward, Sam knows he must prepare to step down.



NEW BOYNE

Newboyne, Oct. 20.—Miss Eleanor Hanna has returned to Toronto after a few days' visit to her home here.

Mr. and Mrs. Lockwood, Newbliss, spent Sunday as the guests of Mr. and Mrs. Hugh Burns.

The many friends of Alex. Rogers are sorry to learn that he is not improving and still remains in a very weakened condition.

Miss Frances Lyons has returned after having spent a couple of weeks as the guest of Dr. W. H. Bourns, Frankville.

Mrs. Herman Hanna, who has been ill with typhoid fever for the past two months, is able to be around again.

Mr. and Mrs. Walter Merrill, Ottawa, spent a few days last week the guests of Mr. and Mrs. Stewart Rogers.

Mrs. Margaret Rogers spent one day as the guest of friends in Frankville.

Silo filling is completed in this vicinity and threshing seems to be the order of the day.

All are pleased to know that Mrs. J. A. Rogers is convalescent.

Mr. and Mrs. Joseph Preston spent a few days last week, the guests of friends in Smith's Falls.

Mr. and Mrs. Harlowe Imerson, who have been quite ill, are improving with Miss M. Barker in attendance.

Mr. and Mrs. Thomas Flynn, Gananoque, were week-end visitors of the former's brother, John Flynn.

Miss Valda Webster and Miss Esther Preston attended the Teachers' Institute held at Gananoque on October 9th and 10th.

E. J. Webster, W. A. Moulton and daughter Helen, Lansdowne, were Sunday visitors at Mr. and Mrs. Stewart Rogers.

Bishop's Mills

Bishop's Mills, Oct. 27.—A united Thanksgiving service was held in the Methodist church on Sunday evening, conducted by Rev. J. Leach, assisted by Rev. J. McAvoy.

The regular meeting of the W.M.S. was held at the home of Mrs. H. E. Wier, on Tuesday evening. The president, Mrs. A. Wier, presided. The scripture lesson was read by Mrs. McAvoy, and the roll call was answered by a verse of Scripture by each of the members. The singing by the ladies quartette was very much enjoyed and appreciated. Mrs. Wier gave an interesting report of the W.M.S. convention held recently at Heckston. Mrs. N. Greer read an instructive paper, on "Some W.M.S. Tasks." The next meeting will be held at the manse.

Mr. and Mrs. F. McLellan, Earl McLellan, Mr. and Mrs. Cecil Dool and little son, motored to Smith's Falls and were guests of Mr. and Mrs. H. Brouse.

George Wier has returned from New Dublin.

Mr. and Mrs. Henry Doyle, of Ogdensburg were visitors here on Wednesday last.

Mrs. G. Atkinson is spending a few days in Smith's Falls, the guest of her son, E. R. Atkinson.

Mrs. Henry Gowers and son, Gordon, left on Thursday to reside in Toronto, where Mr. Gowers is an employee of the Massey-Harris Co.

The oldest voter at the polls here on Thursday was F. Hutchins, about 90 years of age. The result of the voting here was 431 for the O.T.A. and 18 for Government Control.

HARLEM

Harlem, Oct. 22.—Sacramental service will be observed here next Sunday at the usual hour.

Mrs. John Raison, who has been ill for some months, was taken to the General Hospital, Brockville, for treatment. Her many friends are hoping for improvement in her health.

Miss Mildred Gile, nurse-in-training in the Kingston General Hospital, has returned after having spent a few days with her parents, Mr. and Mrs. Stanley Gile, and other friends here.

Mr. and Mrs. L. Emmons and children, of Newboro, and brother George, and mother, Mrs. Emmons, and little grand daughter, of this place, motored to Massena, N.Y., to visit relatives.

Mr. and Mrs. C. Greenham, of Dundas, are spending a few days visiting the latter's brother, John Raison, and other friends.

Mr. and Mrs. B. Pope visited relatives near Smith's Falls one day recently.

Mr. and Mrs. F. Wells, of Seely's Bay, were recent visitors at the home of Mr. and Mrs. B. Pope.

On Tuesday night, the 21st, a meeting was held here in the interest of the prohibition campaign. The speakers were Rev. T. P. Perry and J. Arthur Jackson, of Gananoque, and the pastor, Rev. W. T. Keugh, Delta.

Miss Effie Derbyshire, of Ogdensburg, paid a recent visit to relatives here and at Crosby.

In thousands of homes

Big, brown loaves of snow-white bread, light cakes and crisp, crunching pastry are evidences of good housekeeping. Most housekeepers take a pride in them.

Thousands of home bakers depend on Quaker Flour for their baking success. It never disappoints them.

Quaker Flour

Always the Same—Always the Best

We know how Quaker Flour bakes, for each milling must pass a satisfactory test in our own bakeshop. Every sack is guaranteed to give absolute satisfaction.

A product of The Quaker Mills, Peterborough and Saskatoon.

DISTRIBUTORS:

ATHENS, S. M. Bresee

PORTLAND, Earl Bolton