

## CANADA'S WAR PRISONERS

4,000 OF THE ENEMY NOW INTERNED IN CANADA.

Three Austrians to One German—Kaiser's Subjects Give Most Trouble.

Canada has on its hands at present four thousand prisoners of war. They are located at a series of camps and stations from Halifax to Nanaimo. Where work is being done the men are quartered in camps; where the interned aliens are living an easier life, they are located in stations or barracks.

The proportion of prisoners on the basis of nationality is three Austrians to one German. Consequently roughly speaking, there are three thousand Austrians, one thousand Germans and a few—Austrians give no trouble whatever; the Germans need more looking after. Very few, if any, of the Germans are on outside work. They belong to the class whose demeanor generally is such as to call for their internment in barracks. At Halifax, for instance, and also at Kingston, the internees are nearly all Germans. The camps are situated at Spirit Lake, Que., and Kapuskasing, Ont., both on the line of the Transcontinental, at Petawawa, Valcartier, and Arrow Lakes in the Banff Park. The stations are at Halifax, Amherst, Kingston, Brandon, Lethbridge, Vernon, and Nanaimo.

**Austrians Clearing Land.**  
The largest camp is at Spirit Lake, where 900 Austrians are engaged in clearing land for a model farm; at Kapuskasing about 700 are occupied with similar operations. A number of families of interned aliens are accommodated. It is stated at headquarters here that a good number of these people plan to take up land and colonize the district after the war. At Petawawa and Valcartier, the Austrians are employed in drainage works or camp improvements while at Arrow Head National Park works are in progress.

About 600 Germans are in barracks at Halifax, 250 at Amherst, and 300 at Kingston. The prisoners of war are dealt with under the regulations prescribed by the Hague Tribunal. They are served with food on the same lines as men at the front. Where they work, an allowance of 25 cents a day is made. If doing nothing, they do not get this.

**Strict Regulations.**  
The regulations are strict, and for violation of any of them, various degrees of punishment are prescribed. The severest of these is solitary confinement and a diet of bread and water. In rare cases, it is said, has been necessary to take any such rigorous steps. The discipline on the whole is excellent. Any difficulty originates from Germans, who are more restive, more given to intrigues and trouble making, though nothing very serious has been attempted. The average Austrian plods ahead, apparently not worrying much about the war or its outcome. Some of them averred that they did not know the war was on until rounded up.

**Situation in Hand.**  
If all the suggestions for internment were retained, the war prisoner population would be swelled tremendously. As it is the situation is well in hand, the more dangerous element, as well as others, are in camp or barracks. The representations that more ought to be interned, come mainly from municipalities pressing the problem of unemployment. The solving of this problem must come in some other way than by wholesale internments.

**Delayed Letters.**  
During the Siege of Paris in 1870, the German army kept such a strict guard round the city that it was impossible for those within to send mail or messengers to the outside world. In order to circumvent their watchfulness, and to get dispatches to the French lines down the Seine, an army officer made an ingenious contrivance. It was an air and water-tight zinc receptacle for letters—which could be thrown into the river and carried by the current to the French lines, where it was caught in fish nets. The system, according to Novellen-Schatz, worked successfully for a time.

The Germans eventually discovered the new carrier system, and intercepted the messages with nets of their own. That, of course, put an end to the matter, and when the siege came to an end, the necessity for any such system came to an end, too. Ten years later, a fisherman who was casting his net in the Seine, drew up with the fish a curious piece of hollow metal. He opened it with his knife, and found in it nearly three hundred sealed letters, dated 1870. One of the containers at least had escaped the German nets by being stopped by some obstruction in the river, and had remained there all that time. The letters were turned over to the postal authorities, and after their long sojourn at the bottom of the Seine, they were delivered—a decade late—to as many of the persons as could be found.

## WORRY AND WEAKNESS

Often indicate Overwork and a Run Down Nervous System.

Overwork and worry have an evil effect on the system and often give rise to nervousness and sleeplessness. Other signs include a weak back, headaches and indigestion. In time, if matters are neglected, a complete breakdown of the nervous system follows. On every hand one can observe victims of this state of nervous exhaustion who are at a loss to know what to do with themselves, their nervous, debilitated state having baffled all ordinary treatment.

If you are a victim of exhausted nerves, if your symptoms are as described above, you need Dr. Williams' Pink Pills because they are a powerful nerve tonic. Their strengthening action on weak nerves is due to the fact that they enrich and build up the blood through which the nerves are fed. Under the tonic influence of Dr. Williams' Pink Pills all traces of nervous weakness disappear together with the headaches, the insomnia, the feeling of intense weakness and depression of spirits that mark the victim of nervous ailments. Here is the proof. Mr. Henry Marr, Port Felix, N.S., says: "It gives me greatest pleasure to testify as to the value of Dr. Williams' Pink Pills. When I began their use I was a physical wreck; my nerves were all unstrung, I suffered from frequent headaches and backaches, and was almost wholly unfitted for work. I had tried several remedies without success, when I finally decided to give Dr. Williams' Pink Pills a trial. I took six boxes and they made me a well man."

What these Pills did for Mr. Marr they will do for every other weak and nervous man, if given a fair trial. Sold by all medicine dealers or sent by mail at 50 cents a box or six boxes for \$2.50 by writing. The Dr. Williams' Medicine Co., Brockville, Ont.

### THE HUMAN BRAIN.

By Chas. M. Bice, Denver, Colo.

The word "Brain," is of modern origin, and does not occur in the Bible. The reason is that during the centuries the Bible was being written no one suspected that the silent and secluded organ had anything to do with thought or feeling. In those days it was considered sacrilegious to dissect the human body; nevertheless, it was subjected in rare instances, to the scalpel, and the existence of the brain, though they knew not its functions, was well known.

With the Hebrews, the heart was the chief seat of the soul, while the mind was supposed to be located in the kidneys, and all of the tender emotions were assigned to the bowels. When Jeremiah denounced hypocrites, he said of them they had the Lord in their mouths, but not in their kidneys; and the Psalmist says that "His reins (kidneys) instruct him in the night seasons," and again, "The Lord trieth the heart and the kidneys." Hence, we even find in English speech to-day the use of the expression "Two fellows of the same kidney."

All this sounds strange to modern ears, but it was the microscope that drove animal spirits out of the body. In 1833 it was applied by Ehrhberg, who was the first to discover the nerve cell in the spinal ganglion. But Dr. Paul Broca, in 1861, was the first to definitely locate in the brain, a particular locality on the cortex for articulate speech. This he located in the lower and posterior convolution called the Third Frontal, now known as "Broca's Convolution." This was no mere unverified scientific theory; but the fact was actually demonstrated by injury in that part of the brain, and consequent loss of speech from paralysis. Verily, it would seem from this, that the Phrenologists had some foundation for their "bumpology," only they did not locate the speech faculty in Broca's territory, but inside the eyes. They were possibly correct in holding that the mind does not act as a unit, but is divided into various faculties. Broca's discovery led to further investigations, until now the whole of the cortex surface of the brain is mapped out, corresponding to the different faculties of the mind.

We now know that two other elements of simple human speech have each their distinct and separate brain localities—one place devoted to receiving words through the ear, damage to which is called word-deafness, though not deaf otherwise; and also a distinct place in the brain for words received through the eye, as in reading, damage to which causes the unfortunate victim to become wholly illiterate, though he may see and recognize all other objects of sight as perfectly as ever.

It has been found that each of the five special senses has its anatomical seat in particular portions of the brain respectively, and centrally located are to be found the seats which control the voluntary movements of every muscle, etc. Of course, this is all in the outer layer of the brain, or cortex—gray matter. But a still more astounding discovery has been made in Brainology. While the anatomical seats

of the senses are found in both hemispheres of the brain, and their functions are congenital, that is from birth, the seats of the faculty of speech are found only in one of the two hemispheres.

Hence, if these are damaged after middle life, the loss is irremediable, and the unfortunate victim can never speak again, though the corresponding spot in the other hemisphere be left intact.

Another strange and remarkable feature has been discovered, viz.: that this endowment of the one hemisphere of the brain is not congenital, or because of its superiority over the other, but because it was the hemisphere that related to the most used hand of the child. In all right handed persons it is in the left brain that the speech centres are located, and vice versa with left handed persons.

This demonstrates that brain matter does not originate speech, for otherwise both hemispheres would have their respective speech centres. Either hemisphere is equally good for speech providing the hand dexterity, right or left, begins early enough in life to use it for that purpose.

It follows that self-education begins largely with the stretching forth of the hand, and is quite distinct from the elementary functions of sensation and motion, which are congenital. Our ability to know and to recognize what particular objects mean, and what our senses report, is not congenital, but is acquired by us, in the same way as speech is acquired.

### THE EARLIEST GUIDE BOOK.

Instructions for Tour That Would Occupy 3 Years and 4 Months.

The earliest guide book written in the English language is "Instructions for Foraine Travell," a duodecimo published in 1642 by James Howell.

"As was natural in those days," says the London Chronicle, "Howell assumes that any one travelling on the Continent for pleasure was able to 'eternitate a Cooke, a Laquay and some young youth for his Page to parley and chide withal, whereof he shall have occasion enough, and to get some faire lodgings to keep house of himself; but sometimes he may frequent Ordinaries, for it will much breake and embolden him."

The instructions to provide for a tour through France, Italy, Spain, Germany, Belgium, and Holland, "all which may be done completely in three years and four months, which four months I allow for itinary removals and journeys, and the years for residence in places." In those days "foraine travell" meant something more than a month's skip through Europe.

### SHE QUIT

But It Was a Hard Pull.

It is hard to believe that tea or coffee will put a person in such a condition as it did this woman. She tells her own story: "I did not believe coffee caused my trouble, and frequently said I liked it so well I would not, and could not, quit drinking it, but I was a miserable sufferer from heart trouble and nervous prostration for four years." (Tea is just as injurious as coffee, because it, too, contains the health-destroying drug, caffeine.)

"I was scarcely able to be around, had no energy, and did not care for anything. Was emaciated and had constant pain around my heart until I thought I could not endure it. 'Frequently I had nervous chills and the least excitement would drive sleep away, any little noise would upset me terribly. I was gradually getting worse until finally I asked myself what the use of being sick all the time and buying medicine so that I could indulge myself in coffee?'

"So I got some Postum to help me quit. I made it strictly according to directions, and I want to tell you that change was the greatest step in my life. It was easy to quit coffee because I now like Postum better than coffee."

"One by one of the old troubles left until now I am in splendid health, nerves steady, heart all right, and the pain all gone. Never have any more nervous chills, don't take any medicine, can do all my house work, and have done a great deal beside."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 25c packages. Instant Postum—a soluble powder—dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 80c and 50c tins.

Both kinds are equally delicious and cost about the same per cup. "There's a Reason" for Postum.—sold by Grocers.

## Will Quickly Cure

any Sour Stomach

Relieves Fullness After Meals.

"When I was working around the farm last winter, I had an attack of inflammation," writes Mr. E. P. Dawkins, of Port Richmond. "I was weak for a long time, but well enough to work until spring. But something went wrong with my bowels for I had to use salts or physic all the time. My stomach kept sour, and always after eating there was a pain and fullness, and all symptoms of intestinal indigestion. Nothing helped me until I used Dr. Hamilton's Pills. Instead of hurting, like other pills, they acted very mildly, and seemed to heal the bowels. I did not require large doses to get results with Dr. Hamilton's Pills, and feel so glad that I have found a mild yet certain remedy. To-day I am well—no pain, no sour stomach, a good appetite, able to digest anything. This is a whole lot of good for one medicine to do, and I can say Dr. Hamilton's Pills are the best pills, and my letter, I am sure, proves it."

Refuse a substitute for Dr. Hamilton's Pills of Mandrake and Butternut, sold in yellow boxes, 25c. All dealers, or the Cattarhogue Co., Kingston, Ont.

## There's "Point" to The Point Gown



The "point gown" is what a designer of smart summer wear showed me the other day when I asked to see some of the new things, for summer—some of the models that may be accepted as correct for mid-summer days.

And the point of the fashion news she gave me is that the gowns we'll be wearing in the dog-days will be just as cool and bewitching as the Dolly Vardens worn by our grandmothers.

The sketch, made from a gown designed by Mme. Hillquist of the Fashion Art League, is made of novelty organdie, with sleeves of net, and side panels of net in the little coat. The three-tier ruffle is pointed, the sleeves, the collar, the jabot effect at the neck, all give "point" to the general effect of points and angles.

Embroidered batiste is used as a foundation for the skirt, and salmon color chenille rosebuds ornament the upper ruffle of the tier. The girle is crushed apple green silk knotted in the front and with a big bow at the back.

### Fortunes of War.

Girl (reading letter from brother at the front): "John says a bullet went right through his hat without touching him."

Old Lady: "What a blessing he had his hat on, dear."

## Corns Instant Relief

Paint on Putnam's Corn Extractor to night, and corns feel better in the morning. Magical the way "Putnam's" Cures a corn for all time. No pain. Cures guaranteed. Get a 25c bottle of "Putnam's" Extractor to-day.

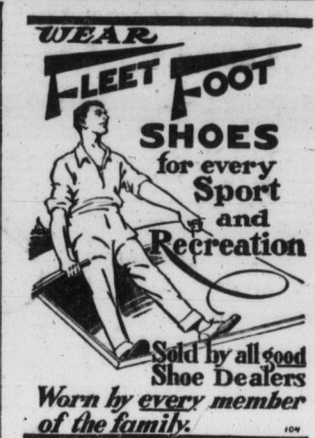
### She Was Sure.

The Girl: "Fred—tell me, would you love me devotedly if my father had lost all his money?" Fred: (anxiously)—"But he hasn't lost it, has he?" The Girl: "No." Fred: "Of course I would, you silly child." The Girl: "Oh, Fred, I was sure you loved me for myself alone!"

A Thoughtful Old Soul. "My dear, I've an idea," said old Mrs. Goodart to her caller. "You know we frequently read of the soldiers making sorties. Now why not make up a lot of those sorties and send them to the poor fellows at the front?"

By means of the microscope, the very faintest sounds, such as the fall of a feather or a very delicate piece of tissue-paper, may be distinctly heard.

Minard's Liniment used by Physicians.



What is "Death Tick"? Superstitious people, even in this enlightened age, regard the ticking sound of a certain kind of beetle with terror, believing that it "clicks the hour of death." The name "deathwatch" has been applied from time immemorial to the sound made by this small insect as it burrows in wood.

The beetle in question is an insect of the genus anobium, there being several varieties, to all of which the name deathwatch is popularly given, as well as to their peculiar sound. The body of this insect is firm, not more than one-fourth of an inch long, its head is rounded, the thorax arched. It is said to make its sounds generally in the night, but probably this idea has arisen from the fact that it is only in the silence of the night that the slight sound becomes audible.

Anyone who has watched through the night hours by the bed of one who is dangerously ill can readily understand how the faint tick, tick within the woodwork of the wall came to be regarded as a sound of evil omen. In order to make this peculiar noise the insect draws in the antenna and intermediate legs, and, resting principally upon the median legs, strikes its head against its support by a sort of rocking motion.

The deathwatch beetle has the invariable habit of feigning death when seized or disturbed. The simulation is so persistent that when immersed in water, or even in alcohol, the insect remains perfectly immovable, and will allow itself to be burned alive rather than betray itself. The tick made by the deathwatch resembles that made by tapping the finger nail upon the table—so much so that the insect may be led to recommence his sounds by doing this.

**MINARD'S LINIMENT** is the only Liniment asked for at my store and the only one we keep for sale. All the people use it. **HARLIN FULTON.** Pleasant Bay, C.B.

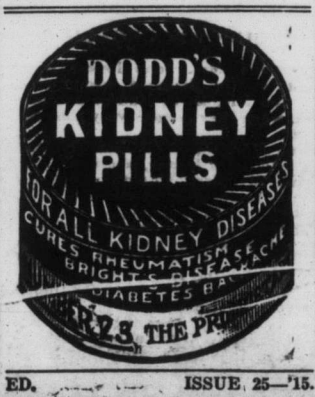
**Reminders.**  
"Cutmen, the tailor, reminds me of a clergyman."  
"He doesn't me; he reminds me of a bill I owe him."

**LOW FARES TO THE CALIFORNIA EXPOSITIONS VIA CHICAGO & NORTH-WESTERN RY.**  
Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego. Choice of Seaside and Direct Routes through the best of the West. Something to see all the way. Double track. Automatic electric safety signals all the way. Let us plan your trip and furnish food and full particulars. B. H. Bennett, G.A., 46 Yonge St., Toronto, Ontario.

**Expert in Silver Linings.**  
Hall-Blythe is a pretty optimistic character, I hear.  
Wall: I should say so. If he failed in business, he'd thank Heaven he had his health; if he failed in health, he'd thank Heaven he had his business, and if he failed in both he'd say there was no use having one without the other.

**Not a Ford Joke.**  
Mrs. Ryan: "They do be after sayin' that old man Kelly has got locomotor ataxy."  
Mrs. Murphy: "Well, he's got the money to run war with him if he wants ter, but I'd rather have a good horse any day."

The Persians used not to punish murder if it was a first offence.



## BRITAIN'S DEBT TO INDIA.

Speaking at a meeting of the Indian Section of the Royal Society of Arts, London, the Marquis of Crewe said it was impossible for us to reiterate too often our sense of the debt we owed to the people of India for the part they were taking in this stupendous world struggle. We could not expect the ordinary, small trader or cultivator in India, whose affairs at ordinary times depended in their vicissitudes upon the caprices of season or market, to regard with complete indifference ever result which might be brought home to him personally through this remote and gigantic convulsion. It was, therefore, the Government's most serious duty to attempt as far as possible to temper to these people such results. It was the Government's hope that it might be possible throughout this long struggle to continue the policy so far pursued of not imposing any fresh taxation upon the people of India. It was exceedingly difficult in the circumstances of India to devise any system of raising fresh revenue by taxation which did not hit the very poor classes. His Lordship also pointed out that anybody in India with capital to invest, who would take a share, large or small, in a Government rupee loan was not merely assisting the development of the country, but was positively assisting in the prosecution of the war. The limitations imposed upon the issue of capital in our market here were founded on the fact the maintenance of British credit stood only second in its effect on the prosecution of the war to the continual supply of men and munitions. Therefore the investor in India who would come to the front in this way was doing a public service.

## THE ONLY MEDICINE FOR LITTLE ONES

Baby's Own Tablets are the only medicine for little ones, being guaranteed by a government analyst to be absolutely free from injurious drugs. They are pleasant to take, act mildly but effectively, and always relieve constipation, indigestion, colds and simple fevers and regulate the stomach and bowels. Concerning them Mrs. Donald Ettinger, Georgefield, N.S., writes: "Baby's Own Tablets are the only medicine I can get that always do my little ones good, and I always keep them in the house." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

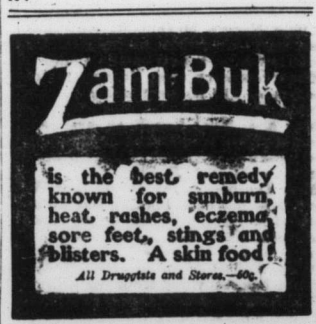
**In Authority.**  
"Your boy said that when he got to town he was going to tell some of those city folks where they got off."  
"Well," replied Farmer Corn-tossel, "that's what he's doin'. He's conductor on a street car."

**Law Takes Its Course.**  
"Prisoner, have you anything to say?"  
"Only this, your honor. I'd be mighty sorry if the young lawyer you assigned to me was ever called upon to defend an innocent man."

**YOUR OWN DRUGGIST WILL TELL YOU** that **Marine Balm** for Red, Swell, Watery Eyes and Granulated Eyelids, No Smarting—Just Eye Comfort. Write for Book of the Eye by mail Free. Marine Balm Co., Chicago.

**Real News.**  
"I notice that you publish a verse from the Bible every day," said the caller to the editor of the newspaper. "Do your subscribers ever read it?"  
"Should say they do," replied the editor. "Why, it is news to most of them."

**Looney With Love.**  
"Miss Butey is not at home, sir. Will you leave your name?"  
"Do you think she would take it?"



**Overstern" V Bottom Motor Boat \$55.00**

Freight Prepaid to any Railway Station in Ontario. Length 15 Ft., Beam 3 Ft. 8 In., Depth 1 Ft. 6 In. ANY MOTOR FITS. Specification No. 2B giving engine prices on request. Get our quotations at "The Ganang Line" Commercial and Pleasure Launches, Row Boats and Canoes. **THE GIDLEY BOAT CO., LIMITED, PENETANG, CAN.**

## What a Million Mothers AVOID

More than a million careful mothers have intuitively known the dangers of poisonous fly destroyers. They have known that such preparations contain arsenic in deadly quantities. They have realized the peril to little children that accompanies the use of fly poisons. But for those who have not learned of these dangers, we quote from a recent issue of the Child Hygiene Magazine, which comments upon thirty-five cases of children being poisoned last year: "The danger to children is great, and the danger to adults is by no means inconsiderable."

In the December issue of the Michigan State Medical Journal, editorial on the same subject cites 47 cases and goes on to state: "Arsenic fly poisons are as dangerous as the phosphorus match. They should be abolished. There are as efficient and more sanitary ways of catching or killing flies. And fly poisons, if used at all, should not be used in homes where there are children, or where children visit."



**TANGLEFOOT**  
"The Sanitary Fly Destroyer"  
New Feature  
Catches the Gnat With the Fly  
Made in Canada by **THE O. & W. THUM CO.** Dept. 213 Walkerville, Ont. American Address: Grand Rapids, Mich. (50)

**Different Now.**  
"I used to think that she sang beautifully."  
"Now?"  
"Now with the warm weather here and all the windows open it's different."

**Minard's Liniment Lumberman's Friend**  
Easily Achieved.  
Mr. Jackson—De doctor dun tell me, Choe, dat if Ah ain't careful Ah'll have to be spendin' twenty-four hours a day in bed.  
Mrs. Jackson—Huh! Dat would just be addin' a couple ob hours a day to yo' regular occupation!

**ASK FOR MINARD'S** and take no other.  
In the United States census of 1870 a record was obtained of the father of a family who had named his five children Imprimis, Finis, Appendix, Addendum, and Erratum.

**FARMS FOR RENT.**  
IF LOOKING FOR A FARM, CONSULT me. I have over Two Hundred 60 my list, located in the best sections of Ontario. All sizes. H. W. Dawson, Brampton.

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WANTED—LADY OR GENTLEMAN of good standing in every neighborhood of Ontario and Quebec Province, to obtain list of reliable people who are interested in saving money during these war times on purchases of staple necessities selected from illustrated catalogue of established Montreal Departmental Store. To the right persons we offer attractive remuneration. Write immediately giving name, residence, experience, with references. Character is of more importance than experience. Address P. O. Box 443, Montreal.

**MISCELLANEOUS.**  
**CANCER, TUMORS, LUMPS, ETC.** Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.



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