

SPORTING NEWS AND GOSSIP

BASEBALL HEADS
MEET TOMORROW

National Commission Will Set
Forth Its Views — American
Leagues Continue Play Awaiting
Final Action.

Washington, July 22.—Decision on the request of representatives of organized baseball that the effective time of the "work or fight" regulations as they apply to professional baseball players be extended to the end of the present season was postponed today until Wednesday. This action was taken on so the National Baseball Commission could present a brief setting forth its views in the matter.

Secretary of War Baker and Provost Marshal General Crowder were today considering the advisability of extending the effective time of the work or fight order as it applies to professional baseball players so as to permit the completion of the season.

Cleveland, Ohio, July 22.—At a meeting of American League executives called by President B. B. Johnson, called late here today to take action on Secretary of War Baker's decision that baseball is not essential to the national defense.

On the Elm street diamond last evening the Braves won from the Beavers by a score of 5 to 1. Henderson and Arbo were battery for the winners; Friars and Gill for the Beavers.

THE BIG LEAGUES

NATIONAL LEAGUE.

Pittsburgh, 7; Boston, 2.
Pittsburgh, July 22.—The Boston Braves lost the last game of their western trip here today to Pittsburgh, 7 to 2.

American League.
Washington, 3; Chicago, 2.
Washington, July 22.—Washington made a clean sweep of the series of four games with Chicago by winning the final today, 3 to 2 in ten innings.

Chicago, 10; Detroit, 0.
Chicago, July 22.—Chicago won from Detroit today, 10 to 0.

Philadelphia, 3; Boston, 2.
Philadelphia, July 22.—Philadelphia won from Boston today, 3 to 2.

St. Louis, 3; New York, 2.
St. Louis, July 22.—St. Louis won from New York today, 3 to 2.

Grand Circuit Postponed.
Toledo, Ohio, July 22.—The opening of the Grand Circuit Racing week was postponed today on account of rain which began just at starting time and lasted more than an hour.

International League.
Toronto, 7; Baltimore, 6.
Toronto, July 22.—Toronto won from Baltimore today, 7 to 6.

AMERICAN LEAGUE.

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Washington, July 22.—Washington made a clean sweep of the series of four games with Chicago by winning the final today, 3 to 2 in ten innings.

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GOOD ROLLING ON
PALACE ALLEYS

High Scores and Busy Scenes
Last Week Despite the Hot
Weather — St. John Team
May Visit Capital.

The new Palace Bowling Alleys in Fredericton are being kept busy despite the very warm weather. Some extra good bowling has been done as the scores will testify. Johnny Searles put three good strings in succession, rolling 98, 116, 118 for a total of 322, an average of 110 2-3 for three strings. The score of 118 stood as the alley record on all Friday when T. Powers bowled them over for a total of 122.

The scores for the roll off, three strings, total pin fall to count are as follows:

J. Searles	118
C. Monahan	103
R. Golden	103
L. Searles	102
E. Rowe	102
J. Wheaton	102
H. O'Hill	99
E. McInnamin	98
E. Edney	98
Ken White	98
A. Wheeler	98
H. Hayward	98
J. Osborne	98
C. Burgess	98
R. McElhannon	98
W. Foster	96
E. McKay	96
J. Coyle	96
J. Dolph	96
Sergeant Major R. Brewer	92
L. Hayward	91
L. McFadden	90
H. Smith	90
C. Hasker	90
E. Hall	90

There is some talk of a St. John team going to the capital this week to compete with a team of Fredericton bowlers.

Houlton Races Off.
Houlton, July 22.—Rain Saturday prevented the completing of the second day's circuit races. The races were called off and the money awarded according to the card of Friday.

Fred Toney Sold.
Cincinnati, July 22.—Pitcher Fred Toney was today sold by the Cincinnati Nationals to the New York Yankees for a cash consideration. It was announced at the Cincinnati National headquarters. Toney will at once join the New York team.

Tournaments Discontinued.
Indianapolis, Ind., July 22.—The annual sectional and national tournaments of the National Amateur Baseball Association have been discontinued for the duration of the war. President James H. Lowry of Indianapolis announced today. The action is due to the proved martial general's work or fight order and the fact that many players are in the national army. Four sectional tournaments were to have been held prior to the national tournament.

North End Roses Won.
In an exciting game of 10 on the Barrack Square last evening the North End Roses defeated the Volunteers by a score of 10 to 9. Irwin twirled a steady game for the Roses and was given good support. The best players were Irwin and Tannan for winners. Foster and Barnes for losers.

Fine Irish Play.
At the Imperial.
Vitagaph Co. Presents Favorite Stars in Charming Story.

The pretty colleen trifles with the sturdy blacksmith, but when the test comes she leaves him in no doubt as to whom it is she loves. In "His Own People," by William Addison Lathrop, the Greater Vitagraph Blue Ribbon Feature which is at the Imperial again today.

Attracted by his rugged manliness, the haughty lady of the manor invites the forger-master to call on her, but when he accepts it, she realizes the danger who follows him only to be waylaid by the owner of the manor. At the same time trouble between the villagers and the estate's gamekeepers culminates in a fight in which a man is slain, and the infuriated people rush to the manor to kill the owner, arriving in the very nick of time to save the girl. But the blacksmith, searching for the nobleman, finds him locked in a room with the girl who loves him. She flees without explanation, but later goes to him, and safe in the shelter of his forgiving arms, all is made clear. Harry Morey and Gladys Leslie are the stars. Betty Blythe, and Stanley Dunn. It is a pretty play, and a spirited one, fully sustaining Vitagraph's splendid reputation.

Otherwise the Imperial programme is also very good indeed. There are educational travel scenes in Colorado. History of the War Series (No. 12). Mutt and Jeff, and a Drew Comedy. Plenty of romance, drama, comedy, farce history and travel.

Tomorrow and Thursday the noted

NEWS OF SPECIAL INTEREST

THE POSSIBILITIES
OF A BEEF SHANK
IS DEMONSTRATED

Mrs. A. R. Melrose Tells How
a Family of Four Adults
May Be Provided With
Meat For One Week.

The possibilities of a shank of beef are here pointed out by an experienced housewife. A week's meat for a family of four adults can be provided and with the necessary variety. The following has been tried several times in a family of four and during the time there were guests for a meal.

Buy a shank of beef weighing from 15 to 20 lbs., preferably the latter. (This costs, in our market, about 14 or 15 cents per lb.), and two beef kidneys. If there is not much fat on the beef buy at the same time a piece of suet. Have the butcher saw the bone in several places. Cut off all the meat. You should have six or more pounds of lean beef. From this you will have:

1. A huge pot of good beef stock which will give soup of four different kinds for nearly every day in the week.

2. A beef loaf enough for two dinners with probably a cupful of broken pieces to help out a luncheon or supper dish.

3. A beef-steak and kidney pie—enough for one dinner and a breakfast dish for two people.

4. A meat of hamburger steak, probably a left-over there also.

5. From the scraps of meat of the soup bones and the left-overs either a shepherd's pie or a batch of meat cakes or a good hash. Instead of the beef loaf you could cook that much of the meat all in one piece as a pot roast.

First the soup. This means long slow cooking of the bones—then cooling over night, then removing the cake of fat (another asset, clarified and well strained, and having no flavoring in it, it yields usually enough dripping for frying for the week). The soup under this cake of fat will be found to be a solid jelly. Heat it up, remove bones and all scraps of meat by straining, and put away in a porcelain receptacle until needed. With this as a foundation you can have, with different flavorings, plain consommé, rice soup, tomato soup, (half can for this soup, the other half for shepherd's pie), or a sauce with cold left cabbage soup, etc., etc.

2nd. Beef Loaf. Put through the coarse knife of food chopper 2 or 2½ pounds of the raw meat—about ½ lb. of fat salt pork, 2 cupfuls of bread crumbs. Drop in 2 beaten eggs, ½ cup of milk and seasonings, salt, pepper, summer savory, (if liked a hint of sage, onion, thyme or marjoram). Mix all together thoroughly, form into loaf shape, put over the top some scraps of suet or fat pork rind and bake about 1½ hours, basting frequently. This is best sliced cold but half can be used hot with gravy made on the pan and the other half cold with tomato sauce.

Third. Cut into small pieces and wash well the two beef kidneys, also ½ lb. of lean beef and stew steadily for 3 or 4 hours with one large or two small onions, salt and pepper. Thicken the gravy. Serve with nicely mashed potatoes, or put in a scallop dish with a good biscuit crust on top and bake.

Fourth. Put through the coarse chopper all the remaining raw beef, about ½ lb., season and make into small cakes to fry in some of the dripping. You can add bread crumbs to this with a little milk or an egg to bind them together.

Fifth. The various left-overs can be used in many ways. The cut-up soup meat with a little of the melted soup jelly strained over it can be put into a mould or individual moulds and set aside to harden. It can then be turned out and served on lettuce with mayonnaise, or with hot tomato sauce, or with peas and carrots in a cream sauce. Or the scraps of meat may be chopped up moistened with a little gravy from your loaf, seasoned with onion, salt and pepper, and served on meat or combined with potato mashed and made into cakes to be fried for breakfast, lunch or supper. Or instead of separating, fry it all together, or allowing a brown crust to form and turning like an omelet serving with parsley on top.

Any cook can add to these ideas ad infinitum.

With two fish dinners in the week you will find you have plenty of meat, but as one woman remarked, "It takes brains," and one does need a little thought and looking ahead. Most of us are well trained in those requirements already.

Jap actor Sessue Hayakawa will be seen in a magnificent picturization of the well-known novel "The Honor of His House."

NEWCASTLE BOY'S
CHEERING WORD
FROM OVER THERE

Miss Alicia Gray Receives
Letter From Her Brother in
France—Praise For the American Soldier.

Miss Alicia Gray, daughter of Rev. S. Gray, of Newcastle, has received the following interesting letter from one of her three brothers doing their bit overseas:

France,
June 14, 1918.

My Dearest Alicia:
Neither of us have written home for some few days. But the days slip past so quickly and there is much to do, one way and another. The famous General Byng has just pulled up on horseback outside our place here. I put my head out of the window wondering who was calling. One of our chaps jumped outside and directed him to his destination. He was accompanied by two attached staff officers. Before this war is over you will see General Byng in even higher position of command, and doing something really big—that's what we believe.

There is little to tell you of what we are allowed to tell which you do not already know. You follow the spring offensive with as much anxiety and interest as those in England, and know quite as much as they do there.

We have moved back some distance in "accordance with plan!" And from what we have just heard, it was just as well we did. The second swash is just about to be launched. I am not pessimistic but I rather fancy we have spoken a bit too quickly about the enemy being beaten and all the rest of it. After four years of tremendous pounding see what he has just done as a commencement for this year's campaign! The way the line has been held from one end to the other of that vast front is simply a masterpiece of heroic resistance.

They all men in khaki. When the war is over there will be enough to fill newspapers of hitherto unknown details of wonders performed for some months.

One can only say Canada may be proud of what she has done. Looking at matters in correct proportions, her manhood, hospitals, nurses and supplies generally for war have done her credit.

A Y. M. C. A. has arrived here. It was needed, for there is always quite a bunch of men in transit for the "forward area." We have seen and spoken with any amount of Americans. They have sent their best men first, and fine specimens they are. It is good to see men, and the military band has been playing "Over There," the Yankee march for days. Now, America's practical value will be seen later. They are preparing on a vast scale. I cannot see how Germany can win. Even if it takes ten years, the Allies will keep them from that. We are both feeling splendid!

Yesterdays' patrons will vouch for the excellence of our bumper programme.

HARRY MOREY
—And Little—
GLADYS LESLIE
In Vitagraph's Sweet Irish
Comedy-Drama
"HIS OWN PEOPLE"

WEDNESDAY BILL:
"The Honor of His House."
"Girls You Know"—No. 1.
British War Weekly.

OPERA
HOUSE
VAUDEVILLE

KIMURA JAPS
A STRIKING JAPANESE NOVELTY

EARLE and SUNSHINE
Comedy feature with old-fashioned songs and dances

THE De ONZOS
Sensational Gymnasts

CHAS. BRADLEY
A good natured singing chap

NOW-A-DAYS
A quartette of girls in a splendid musical novelty

VENGEANCE AND THE WOMAN

UNIQUE (TODAY) LYRIC
Splendid Selig Five-Part Version of MEREDITH NICHOLSON'S NOVEL "THE HOUSE OF A THOUSAND CANDLES"

Featuring Two Big Stars Harry Mistryer, Grace Darmond

For the Sporting Fans: WORLD'S GREATEST ATHLETES (Series).

Don't Miss These Series

health. We shall have so much to tell you of both of the practical and theoretical side of this great army. Talk about routine and system. More later. Much love all round from us both.
Very affectionately yours,
HAROLD

LEMON JUICE
TAKES OFF TAN

Girls! Make bleaching lotion if skin is sunburned, tanned or freckled

Squeeze the juice of two lemons into a bottle containing three ounces of Orchard White, shake well, and you have a quarter pint of the best freckle sunburn and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of Orchard White for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles, sunburn, windburn and tan disappear and how clear, soft and white the skin becomes. Yes! It is harmless.

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ADAMS California Fruit Gum

ADAMS—
a name the gum is proud to bear.

CALIFORNIA FRUIT—
a gum that ADAMS is proud to sponsor.

The kind of gum you come back for when imitations prove disappointing.

Such gum as only the house of ADAMS knows how to make.

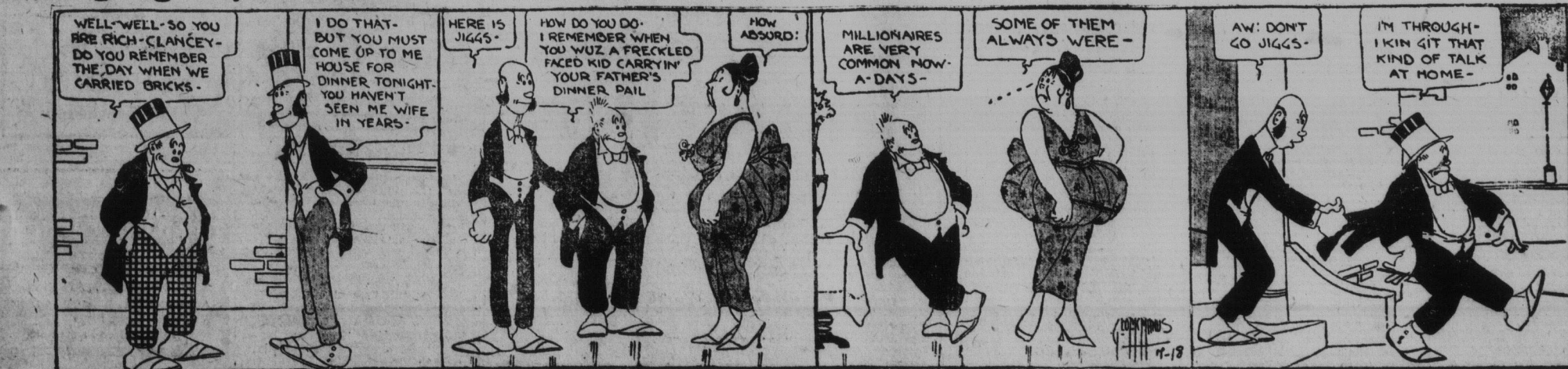
Famous for a quality and flavor that no other equals.

Everywhere preferred by particular people

ADAMS (the original) TUTTI FRUTTI GUM
Canadian Chewing Gum Co. LIMITED

ADAMS
Pure Chewing Gum

Bringing Up Father

EN TO THIS!
Y'S CORNS LIFT
RIGHT OUT NOW

Useless men and women who are red with corns and who have a week invited an awful corn lockjaw or blood poison sold by a Cincinnati authority drug called freezezone, which sent a few drops are applied, the soreness is relieved, the entire corn, root and all, with the fingers.

Stickily ether compound which moment it is applied and shrivels the corn without in even irritating the surface or skin. It is claimed that it is sufficient to rid one's corn of any of the drug very hard or soft corn or

are further warned that out-corn is a suicidal habit.