

[Correspondents seeking information in this department should address their queries to "Astra,"
P.O. Box 100, St. John.]

EX.—Not in the least unusual, in such questions are the most frequent you devote special attention to them.

Q.—I do not sometimes wonder why I can't cut out the advice I give on such matters, or preserve the suggestions in some way, but I suppose put off until it is too late, and my papers are mislaid, just as I do myself the recipes for cooking.

A.—I repeat sympathy if your hair is falling because my hair has been doing the same to a most alarming extent lately, and are not for the oxide of mercury and I believe I should be bald in a short time I have used it faithfully and notice improvements in the last day or two.

Q.—The remedy that I recommend the frequently because I have tried it myself, but many persons dislike to

A Woman for Tennyson's Place.

His Idea of Them.
 All boy in a Brooklyn grammar school has furnished the latest information on girls in a recent composition: "Girls are afraid of guns. They wear too much make-up and look at the clouds and say, 'How perfectly lovely.'"

Specially Prepared from Practical Tests for

[Correspondents seeking information in this department should address their queries to "Editor Seasonable Receipts, Progress, St. John."]

How to Choose Pork.

Young pork is the most tender and tooth-

Roast Pork.
The leg and the loin are the prime roasting joints. A leg weighing eight pounds will require about three hours roasting, and a loin weighing four pounds an

Take a piece of the loin, neck or spare-rib pork; score the skin neatly in lines at a quarter of an inch apart, and rub with salad oil, or failing that butter do. Put it into a deep baking-dish with fifteen to twenty apples, sliced, cored and quartered, as many as will peel and divided, and nine or ten moderate-sized onions, put the whole

Apple Sauce for Roast Beef.
Take some apples, cut them into quarters and put them into a stew-pan with a little brown sugar and water, stir well with a wooden spoon, add a little butter, and when done enough, send the sauce to table in a sauce-boat. The apples must not be much stewed, or they will lose their shape and become too brown.

Pork Cutlets, Breidel. W
Pork cutlets are best taken from the
loin of small dairy-fed pork, not very
lean. In this case they should be neatly

DIFFERENT WIDTHS AND HALF SIZES NOW IN STOCK.

Office—South Side King Square, Works—Elm Street North End, St. John, New Brunswick.

Pickle for Pork.
Every part of the pig which is thin and streaky may be converted into pickled pork, and this is a simple way to make a good pickle which may be used again and again if it is boiled up occasionally. Boil

Who Edna Lyall Is.
Of the personality of Edna Lyall, whose "Donovan" achieved so much marked success, but little is known outside her family, for her life is spent far from the busy

An Army of Them.
There are to-day more than 200,000 men in the United States earning a living as professional and personal service outside that of mechanical labor or work in shops, in the practice of law and medicine, the teaching of music and art, literature and science, and in clerical work of different kinds in Government and other

Cleav Juve

Marvellous Effect !!
Preserves and Rejuvenates the Complexion
R. REDWOOD'S REPORT
The Ingredients are perfectly pure, and WE CAN
TOO HIGHLY OF THEM.
The Soap is PERFECTLY PURE and ABSOLUTE
JUVENIA SOAP is entirely free from any
and the entire product is possible of water. The
eration of the whole process is the most nature
mark amongst the FIRST OF TOILET SOAP
T. HOMER REDWOOD, F.I.C., F.C.S.; A. J. De B.
Wholesale Representative for Canada—CHARLES

The other man waited a few moments, until the glance of the man referred to fell on him, and then, with much deliberation, drew forth his watch and looked at it.

The man across the aisle saw the movement, and instantly lifted his own watch from his vest pocket.

The man who had bet he wouldn't hard-
ed his five-dollar bill over without a word,
and as the other took it he remarked:

"It never fails. Look at your own
watch, and it's as catching as yawning.
Try it yourself on somebody."

Come in out of the Wet.

As the Shark said to the sailor, or if you must be out when it is raining get a Righy waterproof coat. Porous, comfortable, healthy.

Ask for Islay Blend.
TAKE NO OTHER.

Pronounced by the Government Chief Analyst superior to all other Whiskies imported into Canada. See page 21 of the Official Report of the Inland Revenue Department issued Dec. 31st, 1891.

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Mackie & Co

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REGISTERED

TRADE MARK

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DISTILLERS
THEISLAY & GLASGOW
Mackie & Co

CAUTION

WHEN LABEL AND CAPSULE BEAR THE FIRM'S MARK, GUARANTEED TO HAVE BEEN BOTTLED
IN THE FIRM'S BREWERY, AND TO BE A PURE MALT
SCOTCH WHISKY, DISTILLED IN SCOTLAND, AND ENTIRELY FREE
FROM ADULTERATION, FLAVOURING, OR OTHER FOREIGN MATTERS.

MacKinnon

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complexion.

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careful analysis and a thorough investi-
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Montreal, Canada.

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HUDSON'S BAY WOLF
AND . . .

**MUSK OX
SLEIGH ROBES.**

We will be pleased to send you Price List and
Illustrated Catalogue FREE.

A black and white illustration of a man standing, facing slightly to the right. He is wearing a long, dark fur-lined coat with a wide collar and a matching fur hat. He has a beard and mustache. In his left hand, he holds a small, light-colored object, possibly a pipe or a small bag. The background is plain.

ESTABLISHED 1855

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FIRE & BURGLAR

SAFES

I HAVE MANY PATENTED IMPROVEMENTS
NOT FOUND IN OTHER MAKES
THAT WILL REPAY AN INVESTIGATION
BY THOSE WHO DESIRE TO SECURE
THE BEST SAFE
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Agent for the Maritime Provinces
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SEEGE'S OINTMENT

— IS A CERTAIN CURE FOR —

Blisters, Freer Sores, Sores of any kind. Ringworms, Chapped Hands, Chilblains, Frost Bites, Warts, Corns, etc.

and its effect on a Burn or Scald is really astonishing; it removes the anguish in a very short time without leaving a blister.

**PRICE, 50 cents per Pot; \$5 per dozen;
Six dozen \$26; One Gross \$50.**

FOR SALE BY ALL DRUGGISTS.

This Ointment is put up in white stone pots with the above Trade Mark. Some gentles without it. Prepared wholly by JOHN A. SEEGE, successor
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MATTHEW R. KNIGHT,
Hampton, New Brunswick.

Oysters R in Season.

The Oyster season having opened Sept. 1 I can now supply my customers with
P. E. I. OYSTERS at lowest
North Shore prices.