

ally useful medicine is Ayer's
dy for the various diseases
liver, and bowels, those
equal. Their sugar-coating
not only to be easy and
but preserves their medi-
all climates and for any
of time. The best family
Pills are, also, unsurpassed
coughs, colds, and
pneumonia. In some of the
cases, when all other remedies

's Pills

er of 1864 I was sent to the
ital, suffering with chronic
there, I became so re-
I could not speak and
write everything I wanted
then having some 25 or 30
The doctors ordered a medi-
satisfied would be of no
did not take it, but per-
to get me some of Dr.
out two o'clock in the after-
of these pills, and by mid-
el better. In the morning
again, and after deciding
s were more favorable, I
dine, which I did not use,
e of the pills instead. The
ctors came to see me, and
sing nicely, (and so did I),
ill a day for a week. At the
I considered myself cured.
Pills had saved my life. I
but had no return of the
ned in strength as fast as
L. F. C. Luce, Late Lieut.
Vol. Infantry.

e Best

it for headaches, and they
in relieving any disagree-
the stomach after eating.
nson, Pullens, Va.
erer for years from dys-
troubles, and found no
until I commenced taking
ey have effected a com-
George W. Mooney, Walla

's Pills,

PREPARED BY
R & CO., Lowell, Mass.
its and Dealers in Medicine.

ARE NOT a Pur-
gative Medi-
cine. They are a
BLOOD BUILDER,
TONIC and DIS-
SOLVENT, as they
supply in a condensed
form the substances
actually needed to en-
rich the blood, curing
all diseases coming
from POOR and WAT-
ERY BLOOD, or from
VITATED HUMORS in
the blood, and also
invigorate and BUILD
up the blood and
system, when broken
down by overwork,
mental worry, disease,
excesses and indis-
cutions. They have a
DIRECT ACTION ON
the SEXUAL SYSTEMS
of both men and women,
restoring lost vigor
and correcting all
irregularities and
suppressions.

Who finds his mental
faculties dull or failing, or
flagging, should take these
store his lost energies, both

MAN should take them.
They cure all sup-
purations, which inevitably
neglected.

should take these PILLS.
They will cure the re-
habits, and strengthen the

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"ASTRA'S" TALKS WITH GIRLS.

[Correspondents seeking information in this de-
partment should address their queries to "Astra,"
Providence, R. I.]

When I opened my batch of letters this
morning the first one I lighted upon was
an exceedingly disagreeable epistle indeed—
but then it was not from a girl—bless you, no!
the dear little souls nearly always write me
such pleasant appreciative letters that to
read them is a refreshment of spirit. But
this letter was from a man, and he jumped
on me with both feet, as the boys say. I
don't feel very well this morning, anyway.
I believe I have indigestion or
something, and I know I am not
feeling at all good-natured, so I
read that letter wrathfully, and
then—as it did not contain a
single question, or anything else
but cheek, I put it in the waste
basket, and went on with my
work. The next two letters
completely restored my good
temper; they were so bright, so
witty, and so amusing. Here is
the first one, which I think the
writer meant me to insert, as she
modestly requests me to correct
all errors. That will be easy,
for I have not found any errors
yet, and I only wish I could in-
sert the other, too, but as some
of the questions are of a private
nature, I must refrain. Susan, of
Wood stock, says:

"In looking over PROGRESS as usual
I, and after enjoying John's descrip-
tion of Mrs. Smith's party, the thought came
to me, what a sad fact it was that out
of every brilliant and beautiful assem-
bly a few will always make others
blush for them. I have not travelled
much, and have only just begun to go
to parties, because I am young, but
O, Astra! Astra! Tell me O, Astra!
where did the fashion of 'cut low'
dresses come from? I have seen the
picture of 'Good Queen Bess' as she
was called, in a high dress, but, then
perhaps, she was a 'skinny Queen'! If
so let us pray:

God give us a skinny queen! God
give all the women in authority scrawny
necks. Let the W. C. T. U. and the S.
P. C. A. make it a subject of prayer.
Poor girls! Their dear, dear mamma
—not my mamma—likes them to freeze
and be fashionable. The poet Pope
says:

Want of decency is want of sense.
Now, girls, let us be reformers! Let
us have some backbone, and let us
keep it covered, Astra! I hope I have
not been too severe, but really I am
afraid some will catch their death, in-
stead of a husband this winter. Mar-
ried ladies I notice, look better, or as
well with their high dresses. I wonder
if their husbands tell them how to
dress? I would like to hear some man's
opinion on the subject—some man—not
a silly dude.
SUSAN.

Really Susan, you have not
left me anything to say! your
lever letter clever the whole
ground, only this—I know for a
positive fact, that most men ob-
ject strenuously to their wives
exposing even a little, of their
necks and arms, they like to see
others in décolleté dresses ap-
parently, but not their own, and
this, I think, is an excellent test
of their real opinion of the
fashion. Let fashion be tem-
pered with modesty, say I. Sup-
pose we ask some men to give us
their ideas on the subject? It
ought to be a very interesting
one to us all.

L'ANE DE BURIDAN, St. John.
—English next time, please, be-
cause I know the printers will
murder your *nom de guerre* and
small blame to them! I enjoyed
your bright letter very much.

(1) It would not be necessary
for the lady to send her card,
in the case you mention, though
of course, she could do so if
she chose; but it would be proper for the
daughter to make her excuses to the
hostess, and express her regret at being
unable to come.

(2) If you want my candid opinion of
that young man, here it is. I think him a
mean cad. He throws the entire respon-
sibility upon you, so that whatever may
happen he shall be blameless, and perfectly
free to choose another—should he please to
do so. Then the cool indifference with
which he makes his request, is unpardon-
able, and the injunction to absolute secrecy
insulting. It looks as if he were ashamed
of you. Have nothing to do with him.
Send him about his business at once. At
least that is what I should do.

(3) The lady should precede the gentle-
man of course, unless he is old, and the
she should show him the respect of stand-
ing back, though it is not at all likely he
will permit her to follow him, even in that
case, for you know a man very rarely cares
to be considered old before he is 90.

(4) Well, I don't know why it should
be, I am sure, and it is certainly very un-
kind of Dame Nature to be so unfair with
her favors, but still there are remedies.
You need not be afraid of my recommend-
ing "chemicals or such like cure." Rub-
bing, or rather massage, is the thing for
you, and the "how of it" is this. Rub with
vaseline, or better still, sweet oil, for ten
or fifteen minutes, every night before going
to bed. Rub in a circular direction, and
stroke upward. Do not be rough, work
very gently. Such treatment has been
known to make a difference of two inches
in chest measurement, in the short space of

one month. Of course wash the oil off in
the morning, with warm water. You need
never be afraid of my "giving the girls
away by publishing awkward questions. It
is impossible to answer the same week that
I receive the queries.

PERPLEXED, Charlottetown.—You have
my sincere sympathy, and the one piece of
advice I can give you is the same that I
should apply to myself. Never, under any
circumstances, marry a man unless you
love him with your whole heart, and love
only him. Otherwise I see no prospect of
happiness before you, and worse than that

A bashful man is nearly always a true good
fellow, though his shyness places him at a
disadvantage. Note carefully whether your
friend is affected in the same manner in the
society of other girls, and if not, I think
you may fairly conclude that he is in love
with you. No, six months is not long
enough to enable a really shy man to over-
come his timidity; it sometimes lasts all his
life, and probably he endures agonies of
shyness in your presence, and is furious
with himself for lacking courage to speak
to you. Can't you give him a little quiet
encouragement.
ASTRA.

An Imperial Romance.

The Countess Thun-Koller, whose death
at an advanced age took place at Venice a
few days ago, was perhaps the most beau-
tiful woman of her time. But in addition to
every charm of face and figure, nature had
gifted her with vivacity, wit, and conver-
sational powers of a very rare order.
Many of the most noted men of her day,
princes and monarchs, sought her hand,
and there was at one time every probability
that the Emperor William would be the
favored suitor. State considerations, how-
ever, interfered; but to his dying day the
aged Kaiser was advised periodically of
the Countess' welfare, and among the
packet of letters which, by her express

desire, was interred with her, is one of the
last epistles which the nonagenarian mon-
arch penned.—*Philadelphia Record*.

The Kind he Meant.

Dearest—"How do you like my cake,
John?"

John—"Excellent, dearest. It reminds
me of a cake I had at the best hotel in
Bristol."

"O, John! you flatter me. Hotels have
such good food, you know."

"Yes, dearest. The particular cake I
speak of was a cake of soap, and of the
consistency of a piece of brick."—*Ex.*



STUDY.

Firefly Jewels.

The ladies of Chihuahua and Zacetas
have a habit of wearing fireflies for jew-
elry. The legs of the flies are shaped like
hooks, and they appear to have been
formed expressly in the interest of the
ladies. These living diamonds sparkle
and shine more than any of the diamonds
of Africa or South America, for the fireflies
in that part of the world have a rare bril-
liancy never witnessed in the North. They
will almost do for a lantern on a dark night
so beautiful and strong is the light they
give to the world. The habit of wearing
fireflies is indulged in by the ladies of the
poorer classes to a large extent, and even
the society ladies often pick up the shining
brownies and fasten them in the hair just as
a girl will gather wild flowers for a similar
purpose.

Mad People's Thumbs.

A physician in charge of a well-known
asylum for the care of the insane recently
said to the writer:
"There is one infallible test either for
the approach or the presence of lunacy.
"If the person whose case is to be ex-
amined is seen to make no use of his thumb,
if he lets it stand out at right angles from
the hand, and employs it neither in salu-
tation, writing, nor any other manual ex-
ercise, you may set it down as a fact that
that person's mental balance is gone."
"He or she may converse intelligently,
may in every respect be guarding the secret
of a mind diseased with the utmost care
and cunning, but the tell-tale thumb will
infallibly betray the lurking madness
concealed behind a plausible demeanor."

A Compliment.

Old Bachelor—"Now, Arthur, suppose
I should give you this nice red book, what
would you say?"
Arthur—"I should say you weren't half
so stingy as sister said you were."

JOHNSON'S
ANODYNE LINIMENT
ESTABLISHED 1810

UNLIKE ANY OTHER.
As much
FOR INTERNAL AS EXTERNAL USE.
Originated by an Old Family Physician in 1810.
GENERATION AFTER GENERATION
HAVE USED AND BLESSED IT.

THINK OF IT.
In use over 40 YEARS in one family.
Dr. J. S. JOHNSON & Co.—It is sixty years since I first
learned of this now celebrated remedy for the common
ills of life—JOHNSON'S ANODYNE LINIMENT; for more
than forty years I have used it in my family. I say
(unbiased by you) I regard it as one of the best and safest
family remedies that can be found, used internal or ex-
ternal, in all cases it is claimed to relieve or cure. O. H.
INGALLIS, Deacon Second Baptist Church, Bangor, Me.

Could a Remedy
WITHOUT REAL MERIT

Have Survived for Eighty Years?

Dropped on Sugar, Children Love It.
Every Traveler should have a bottle of it in his satchel.
EVERY SUFFERER from Rheumatism, Sci-
atica, Neuralgia, Ror-
tacea, Headache, Diphtheria, Coughs, Catarrhs, Bronchitis,
Influenza, Asthma, Cholera Morbus, Diarrhoea, Lameness,
Soreness in Body or Limbs, Lame Back, Stiff Joints or
strains, will find in this old Anodyne relief and speedy cure.
Should have JOHNSON'S
EVERY MOTHER knows LINIMENT is the
household remedy for Croup, Colds, Sore
Throat, Tonsillitis, Colic, Cuts, Bruises, Cramps and Pains
liable to occur in any family without notice. Delays
may cost a life. Believe us all Summer Complaints like
magic. Price, 25 cents per bottle. Six bottles, \$2.00.
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PURE SUGAR SYRUP
not adulterated with Corn Syrup,
in 2 lb. cans with moveable top.
For Sale by all Grocers.

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MANUFACTURERS OF
WIRE, STEEL AND IRON-CUT NAILS,
AND SPIKES, TACKS, BRADS,
SHOE NAILS, HUNGARIAN NAILS, Etc.
ST. JOH., N. B.

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-EAT- Perfect Bread

Nature's Great Vital Energy
Recuperator.
MADE ONLY FROM THE FAMOUS

ARLINGTON WHEAT MEAL.
Facts are Stubborn Truths.

Flour is the only impoverished food used by man.
Kind—impoverished by the withdrawal of the tegu-
mentary portion of the wheat, leaving the internal
or starchy portion. See the facts. In chemistry we
find that in 100 parts of substance (see Analysis):—
Wheat has an ash of 17.7 parts.
Flour has an ash of 4.1 parts—an impoverishment
of over three-quarters.
Wheat has 8.2 parts of Phosphoric Acid.
Flour, 2.1 parts of Phosphoric Acid—an im-
poorishment of about three-quarters.
Wheat has 0.6 Lime and 0.4 Soda.
Flour 0.1 Lime and 0.1 Soda—an impoverishment
of about five-sixths Lime and Soda each.
Wheat has Sulphur 1.4; Flour has no Sulphur.
Wheat has Sulphuric Acid 0.5; Flour has no Sul-
phuric Acid.
Wheat has Silica 0.3; Flour no Silica.
THE ARLINGTON WHEAT MEAL is a perfect
food for Infants and Children, containing all the
material for a strong and vigorous constitution.

It is a Positive Cure for Constipation.
It is a PERFECT FOOD for the DYSPETIC,
as it is the best condition for the gastric juices to
act upon, furnishing the power to digest, feeding
the nerve centres, etc. For the BRAIN WORKER
it is unsurpassed, containing all the phosphatic pro-
perties which the active brain demands, and without
which it is incapable of endurance.
"Dogs fed by Magendie, (vide Kirk and Paget's
Physiology) on flour died in forty days; other dogs
fed on wheat meal bread flourished and thrived."
The three-fourth impoverishment of the mineral in-
gredients proved fatal to the first. Where Phos-
phorus, the physical element of all vitality, is
wanting in food, the same will be wanting in the
system, and the body will come short in vital energy,
or the power of endurance. Thus the wasteful ex-
pense of living on the basis of superfluous flour is
enormous and foolish.

THE FAMOUS
ARLINGTON WHEAT MEAL

Is recommended by all physicians, has been
on the market for the past 15 years, bearing
the highest reputation. Being ground from the
best pure wheat, it furnishes to the public the means
of supplying a PERFECT FOOD. Its quality as it
leaves the *Arlington Mills* is guaranteed to be of
superior excellence and purity. Packed in bar-
rels and halfbarrels. Ask your grocer for it,
and use no other.

BEWARE OF IMITATIONS.
SAMUEL A. FOWLE, Proprietor.
ARLINGTON, MASS.

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They are Fast.
They are Beautiful.
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One Package equal to two of
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