

## Much in Little

Is especially true of Hood's Pills, for no medicine ever contained so great curative power in so small space. They are a whole medicine

# Hood's Pills

chest, always ready, always efficient, always satisfactory; prevent a cold or fever, cure all liver ills, sick headache, jaundice, constipation, etc. 25c. The only Pills to take with Hood's Sarsaparilla.

## IMPURE BLOOD

is the cause of nearly all diseases. As the blood supplies every bone, nerve, muscle and tissue in the body, these parts will be in the same condition as the blood.

Unless the blood is absolutely pure the body will be in an unhealthy condition and sickness will be sure to arise.

To keep well the blood must be kept pure by using the great blood purifiers,

### GATES'

**LIFE OF MAN BITTERS** and SYRUP, which have been tested for the last 60 years, curing many cases of Dropsy, Liver Complaint, Humors and all Blood Diseases.

If you want proof write us for testimonials of those who have been cured by them in the provinces.

Sold everywhere at 50c. per bottle; \$5.50 per dozen, and at wholesale by

BROWN & WEBB,  
SIMMONS BROS. & CO., } Halifax.  
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CANADIAN DRUG CO., } St. John,  
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C. GATES, SON & CO., } N. B.  
Middleton.

## LIFE LASTS LONGER

If Puttner's Emulsion be taken regularly by Consumptives and all weak and ailing people.

Always get PUTTNER'S, it is the ORIGINAL and BEST.



**Beauty without Health is impossible.**

**LAXA-LIVER PILLS**

Bring Health, then Beauty follows. They clear the muddy complexion, chase away Sick Headaches and Bilious Spells, cure Dyspepsia and remove all poisonous matter from the System.

Mrs. Addie Therrell, of Brussels Street, St. John, N. B., says: "Laxa-Liver Pills cured me of Constipation, Indigestion and Bilious Headaches. They have corrected the irregularities of Liver and Stomach, and restored my entire system to healthy natural action."

## A Business Education

at a reasonable rate, in as short a time as is consistent with

### THOROUGHNESS

is imparted to the Students of the  
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S. E. WHISTON, Principal  
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## The Home

### Two Ways of Getting Up.

When we tumble out of the right side of bed,  
How bright the sun shines overhead!  
How good our breakfast tastes—and, oh!  
How happily to school we go!  
And o'er the day what peace is shed—  
When we tumble out of the right side of bed!

When we tumble out of the wrong side of bed,  
How dark the sky frowns overhead!  
How dull our lessons, how cross our mothers,  
How perfectly horrid our sisters and brothers!  
(And they all say, too, it's our fault instead!)  
When we tumble out of the wrong side of bed!

### The Outlook.

### Rules for Living Long.

Sir James Sawyer has been confiding the secret of longevity to a Birmingham audience. Like so many other secrets, it consists in "paying attention to a number of small details." Here is a schedule of them, collected from the reports of Sir James Sawyer's lecture:

1. Eight hours' sleep.
  2. Sleep on your right side.
  3. Keep your bedroom window open all night.
  4. Have a mat to your bedroom door.
  5. Do not have your bedstead against the wall.
  6. No cold tub in the morning, but a bath at the temperature of the body.
  7. Exercise before breakfast.
  8. Eat little meat and see that it is well cooked.
  9. (For adults.) Drink no milk.
  10. Eat plenty of fat, to feed the cells which destroy disease germs.
  11. Avoid intoxicants, which destroy these cells.
  12. Daily exercise in the open air.
  13. Allow no pet animals in your living rooms. They are apt to carry about disease germs.
  14. Live in the country if you can.
  15. Watch the three D's—drinking water, damp and drains.
  16. Have change of occupation.
  17. Take frequent and short holidays.
  18. Limit your ambition; and
  19. Keep your temper.
- Keep all these commandments, and Sir James Sawyer sees no reason why you should not live to be 100.

### Eugenie and the "American Dentist."

It was after Louis Napoleon had become emperor that a court ball was given which the young Eugenie wanted to attend, but her mother was not rich and was not in the court set, and the Countess of Montijo, still a school girl, was only able to attend through the kind offices of the American dentist, the late Dr. Evans, the emperor's friend, who knew her. The Spanish beauty attracted attention not only from the guests at the ball, but from the emperor. The American kept the friendship of both throughout the years that followed, and so it was that on that September day when news came to Paris that the Germans had won the victory, that meant the overthrow of the empire, the empress sought him as a protector and found him an effective one. She and a friend, receiving word of the calamitous defeat, got into a cab, according to the story, and started for somewhere but finding themselves without cash enough to pay the cabby (only three francs between them), got out, and then, seeing that they were near Dr. Evans' house, they went there. Mrs. Evans was away and the empress was installed in her apartments with disguises. The doctor, learning that one of his friends commanded the Neuilly bridge, managed to advise him that he would like to pass over it that night with two women patients, and he was allowed to do so. Dr. Edward Crane, a life long friend, who became after editor of the American Register, which Dr. Evans established, accompanied them. Eugenie disguised herself as an old and feeble woman. She got safely to the channel shore and so to England. Dr. Evans was suspected at

various times of "pernicious activity" in connection with the Franco-Prussian War, but his Americanism stood him in good stead, as did his conduct in establishing and maintaining an ambulance corps for both sides in the struggle at his own expense.—New York Sun.

### The Care of House Ferns.

In the house where ferns are kept induce by means of evaporation, syringing, or spraying as much moisture to the air as possible, for they generally do not successfully withstand a dry, parching atmosphere. For the purpose of retaining a moist air about the plant Wardian cases or ferneries are often used with good success, or a glass bell placed over the plant part of the time. It is well to bear in mind, also, that ferns (with the exception of the hardy upland sorts) grow in moist, shaded places. It is therefore essential that they never dry out and that they be kept in partial shade. It is not wise, however, to soak the plants daily, whether needed or not. When new fronds are unfurling, avoid placing the plant in a position where it will be exposed to the full power of the sunlight, as it will sometimes burn or blast the tender young fronds.—Woman's Home Companion.

Home! Man never leaves it—whether it be the child's home, the youth's home, the home of early marriage, the home wherein children are born, the home of dependent old age, and, at last, of second childhood. To each man or woman "home" is the capital of all creation. And what is "home" but human dependence, each one upon others—husband on wife, wife on husband, child on father, and father, at last, on child? As children come into the home, each one is a new rope to bind a man, hand and foot, to home.

A female town crier fulfils the duties of that office in the Scottish town of Dunning, Perthshire. She is a hale hearty old dame of seventy, locally known as the "bell wife," and is very proud of having proclaimed the queen's birthday for fifty-three years running.

The Sunday School teacher had reached a point in the lesson where she was dwelling upon the future reward of those who behaved properly here when the audacious small boy, who frequents most Sunday Schools, spoke up and asked if all good people went to heaven. "Certainly," replied his teacher. "Well, has my grandmother gone to heaven?" persisted the youngster. "Surely she has, my boy, if she was a good woman." "No, she hasn't," declared the fun-loving youngster, "there she is over there!" The teacher turned to other phases of the lesson.—The Congregationalist.

### The Month of April a Coloring and Re-creating Time.

### Diamond Dyes Make Old Things Look As Well As New.

This is the great spring month for using Diamond Dyes. Old, faded and dingy looking dresses, costumes, skirts, blouses, jackets, capes, shawls, and suits for men and boys are usually looked over with a wif of fitting them for another season's wear.

The dyeing operation is an important one and demands care. The great point is to get the right dyes—colors that are pure, bright and warranted fast to washing and sunlight.

The Diamond Dyes—the only guaranteed dyes in the world—possess all the important virtues for the production of perfect colors. The popular and tested Diamond Dyes have such an immense demand all over the world that unscrupulous dealers, for the sake of large profits, sell vile imitations. If you would have your garments and goods colored richly and permanently, avoid all such imitations.

Refuse all dyes that your dealer tells you are just as good as the "Diamond." Write for book of directions and color card sent post free to any address by Wells & Richardson Co., Montreal, P.Q.



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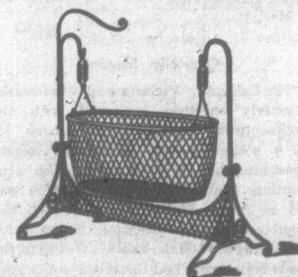
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