

FOOD IN GERMANY

Germans Forced To Tighten Their Belts

BUT NOT STARVING YET

new Regulations For Sale and Use of Food Will Keep at Home Army of Officials Needed To Enforce Them

(Toronto Mail and Empire)

It is well not to pay too much attention to the stories that come from Germany concerning the shortage of food. Some months ago Germany said she was starving, but later, on we learned that this admission was a mere pretext sent to the outside world, and particularly to the United States, in order that there might be a protest against the British blockade. Germany is not starving yet, but her supplies of food are getting so low that the government has seen the need of conserving them. Government says how many times a week meat shall be sold in the restaurants. Government says whether food shall be prepared with dripping or without. Government tells the retailer the price at which he shall sell his goods. What does this portend in Germany? We know what it portends in Canada. If the German food regulations were in force here we should expect the German soldiers to appear on the next through train.

The Potato Regulations.

A copy of the recent ordinance promulgated in Germany has been secured and literal translations are given below: The maximum price for potatoes in wholesale trade by the producer is 10 marks.

In the Prussian provinces of Brandenburg, East Prussia, West Prussia, Posen, Silesia, Pomerania, as well as in the Grand Duchies of Mecklenburg-Schwerin and Mecklenburg-Strelitz 65 marks (114.70).

In the Prussian province of Saxony, in Schmalkalden, in the Kingdom of Saxony, in the Grand Duchy of Saxony (excepting the county of Othheim on the Rhine, in the district of Blankenburg), in Calverde, in the Duchies of Saxe-Meinigen, Saxe-Altenburg, Saxe-Coburg-Gotha (excepting the county of Koenigsberg), in the principality of Schwarzburg-Sondershausen, Schwarzburg-Rudolstadt and Reuss of the elder and younger line, 57 marks (\$14.20).

In the Prussian provinces of Schleswig-Holstein, Hanover, Westfalen (excepting the districts of Arnsberg and Recklinghausen), in the district of Schaumburg, in the Grand Duchy of Oldenburg (excepting the principality of Birkenfeld), in the Duchy of Braunschweig (excepting the district of Brakenburg and the district of Calverde), in the principality of Schaumburg-Lippe, Lippe and in the Free Cities of Luebeck, Bremen and Hamburg, 59 marks (\$14.75).

In the remaining parts of the German Empire, 61 marks (\$15.25). The maximum retail price must not be higher than 1 mark 50 pfennigs (about 30 cents) per kilogram over and above the maximum wholesale price prevailing in the "price districts" into which the potatoes are sent for consumption.

The imperial chancellor is authorized under the establishment of price districts, to fix maximum prices for potatoes, which must not be exceeded by the producers in wholesale trade. The maximum prices fixed for any one district apply to the potatoes produced in that district. The maximum prices apply to delivery of potatoes without sack and for cash payment on delivery, in cases where shipments are charged interest not exceeding 2 per cent. may be asked. The maximum prices include the cost of transportation to the nearest railway station, and in cases of transportation by water the transport costs to the nearest landing place of the ship or barge. Costs of loading also are included in the maximum prices. The maximum prices are to be investigated and tested by a commission of experts, the formation of such a commission and the procedure to be adopted by it to be determined by the imperial chancellor. The imperial chancellor is empowered to fix regulations governing the price

schedule for "middlemen sales," both in the wholesale and retail trade.

The Days for Meat.

There are half a dozen other paragraphs concerning the sale and consumption of meat and fat is taken up. Some of the provisions are as follows:

On Tuesdays and Fridays, meat, wares and edibles, consisting partly or wholly of meat, must not be professionally disposed of to consumers.

This does not apply to the direct supply of the army and navy.

In restaurants and saloons or lunch rooms, as well as in club rooms and refreshment stations of any kind, there must not be sold:

On Mondays and Thursdays, meat, game, poultry, fish and other edibles, fried, baked or broiled with fat or lard.

On Saturdays, poultry, fish and other edibles mentioned in the two preceding paragraphs in the form of sandwiches.

The following are to be regarded as meat in the sense of this order:—Beef, pork, lamb, mutton, and veal, as well as poultry and game of all kinds.

Meat-ware are canned meats, sausage of all kinds and bacon.

Fats and butter, butter substitutes, oil, artificial fats of all kinds, beef and pork fats, and mutton tallow.

An Army of Officials.

It is well to bear in mind, too, that in order to enforce the provisions of these new laws a veritable army of officials is required. The police, spies, and magistrates necessary to carry out the decisions of the military authorities.

The same criticism has been made in the past of the German government. Germans have secured efficiency at a tremendous price. Every third man is an official. Among the civilian or non-combatant population in Germany today every second man is an officer. Efficiency costs something even in times of peace.

In time of war it costs more. The Germans, if they are to carry into effect their regulations regarding the sale of food, will have to keep at home tens of thousands of men. Every new supply law means that a battalion of officials will not be able to oppose the decisions of the end German legislators may defeat their own country.

A New Kind of Pancakes.

You enjoy pancakes, but perhaps find them indigestible. If you'll make them with one-third flour and two-thirds Roman Meal, you will enjoy the most delicious pancakes and not be troubled afterwards. You may feed them to a babe.

Use any household recipe and bake bread, gems, muffins, steam puddings, etc., with Dr. Jackson's Roman Meal. It prevents indigestion and relieves constipation or "money back."

Especially delicious for porridge if not stirred while cooking. If you have a few, try it again in justice to yourself and follow directions.

Try the new ready-cooked Roman Meal Nuggets. Serve with hot milk or soft milk and sugar.

10c and 25c at grocers.

Made by Roman Meal Co., Toronto.

MORNING WAR NOTES

Premier Asquith will ask next week for authority to raise another million men, making four million in all. He is expected, at the same time, to announce the result of Lord Derby's campaign.

The United States has sent to Austria-Hungary a note asking for a disavowal of the submarine attack on the Italian liner Ancona, assuring that such an act will not be repeated, some degree of punishment for the commander of the submarines, and reparations for the American lives lost.

Regulation of the American steamers Hocking by the British government has been postponed for three weeks owing to complications which have arisen over the damage to her by collision with a British troop transport in Halifax.

Official announcement from London says that the Austrian reports of damage to shipping off the Albanian coast were greatly exaggerated.

The annual crusade meeting of the W.M.S. of German street Baptist church was held yesterday. In the afternoon there was an illustrated talk by Mrs. J. Robinson Vanwart on Women's Missionary Work and an address on Home Missions by Rev. J. H. Gaudet.

Was served by the Young Ladies' Guild and in the evening Rev. M. B. Fletcher gave an address on Bolivia. A solo was given by Dr. Percival Bonnell.

NINE SIGNED THE ROLL YESTERDAY

Recruiting Meetings in Mill and St. James Streets—Soldiers' Y.M.C.A. Opened—New Plan Saves Delays With Returned Soldiers

Nine men were secured for service with the 10th Battalion yesterday at the local recruiting offices, including John Riley, Providence, R. I., N. A. Palmer, Chas. Maxwell, Robert Garnett and Peter Gattelo, all of St. John.

The meeting in the Mill street offices last evening was addressed by Rev. M. E. Fletcher, who gave an excellent address, John Keefe presiding. In a musical programme, D. A. Fox, J. S. Ford, A. G. Burnham, and others took part.

In Temperance Hall, St. James street, last evening, R. E. Armstrong presided, and speeches were given by him and Magistrate Ritchie. In a musical programme those taking part were Miss Daisy Gram, Charles Cromwell, Frank O'Hara, and George McQuarrie.

Rev. Dr. Morrison and A. M. Belding will be the speakers at a recruiting meeting in Carleton tonight.

A suggestion that motion pictures be used to attract interest at the recruiting meetings is now being considered by the recruiting executive.

Casualties

John Doherty of South Africa, has been wounded with the 26th Battalion.

Lieut. G. F. Franklin, a Canadian, was drowned at Folkestone, Eng., yesterday, when he fell off the harbor wall.

The formal opening of the Y. M. C. A. reading room at the exhibition buildings took place last evening, J. Hunter White presiding, and extending a hearty welcome to the men of the 69th Battalion and tendering them the privilege of the rooms. Col. Danneberg, Mayor Pink and others spoke; Mrs. A. P. Crockett, Miss Alice Hea, Mrs. P. J. Gunn, took part in a musical programme.

Those on the committees were: Messrs. J. W. Smith, F. H. Somerville, A. B. Gilmore, F. A. Dykeman, J. D. Tilton, Harold Climo, H. D. Fritz, John Vanwart, Colwell, Fred Palmer, W. H. Miles, Frank Skinner and E. S. Stephenson.

Other ladies who assisted in the work were: Messrs. E. L. Rising, William Warwick, George Ewing, Hannam, L. B. Knight, H. G. Mary, W. H. Humphrey, F. G. Spencer, George L. Evans, Percy C. Humphrey, and Miss Alice E. Esley. Great credit is due Robert Smart who had the supervision of the work in hand.

Discharges at Liverpool

By a new arrangement made by the Canadian militia department, Liverpool will now be the discharge depot for returned soldiers. Wounded men will be examined there or on the way across the ocean so as to obviate delay in their getting to their homes.

ST. ANDREW'S CHURCH

CALLS REV. F. S. DOWLING

A call to Rev. F. S. Dowling was extended by the congregation of St. Andrew's Presbyterian church at a special meeting last evening. Mr. Dowling has successfully one of the pulpits in Toronto and recently has supplied St. Andrew's church. He is now in Deseronto, Ont. A favorable reply is expected.

The quarterly board of Centenary church, at a meeting last evening, recommended that Rev. W. H. Barrough should be retained for his fourth year as pastor.

Insupportable

Little Nelly had just had her first dip in the "bath."

"How did you like it, dearie?" asked her mother as she fastened the little five-year-old's frock.

Nelly glanced at the sparkling sea with much annoyance. "I didn't like it at all," she replied coldly. "I sat on a wave and went through."

WHAT THE BRITISH FLEET HAS DONE

Some Instances of What Sea Power Has Meant in the Great War

It is hard for the landsman to realize that the silent pressure of sea power may decide the ultimate issue of the great war without any matched and pitched battle whatever.

It has been said that one single error in the fleet would have decided the history of England; yet men have asked in wonder and scepticism—where is the fleet? What does it do? Where are these boasted monsters of mystery that slip in and out of the fog, the watch-dogs of the empire, bound water when the man knows? But this policy of secrecy being maintained too rigidly? We, the public, have paid the bill; and it has been a whole of a bill—\$1,000,000 in 1900 for dreadnoughts, \$1,500,000 in 1905 for dreadnoughts plus some new wrinkles in guns and sailing and speed; \$2,000,000 in 1910 for superdreadnoughts, with such speed and hitting power as the world has never before known. We've paid the bill and whooped huzzas, and trusted the fate of the empire to the fleet. What's the fleet doing? We have a right to know.

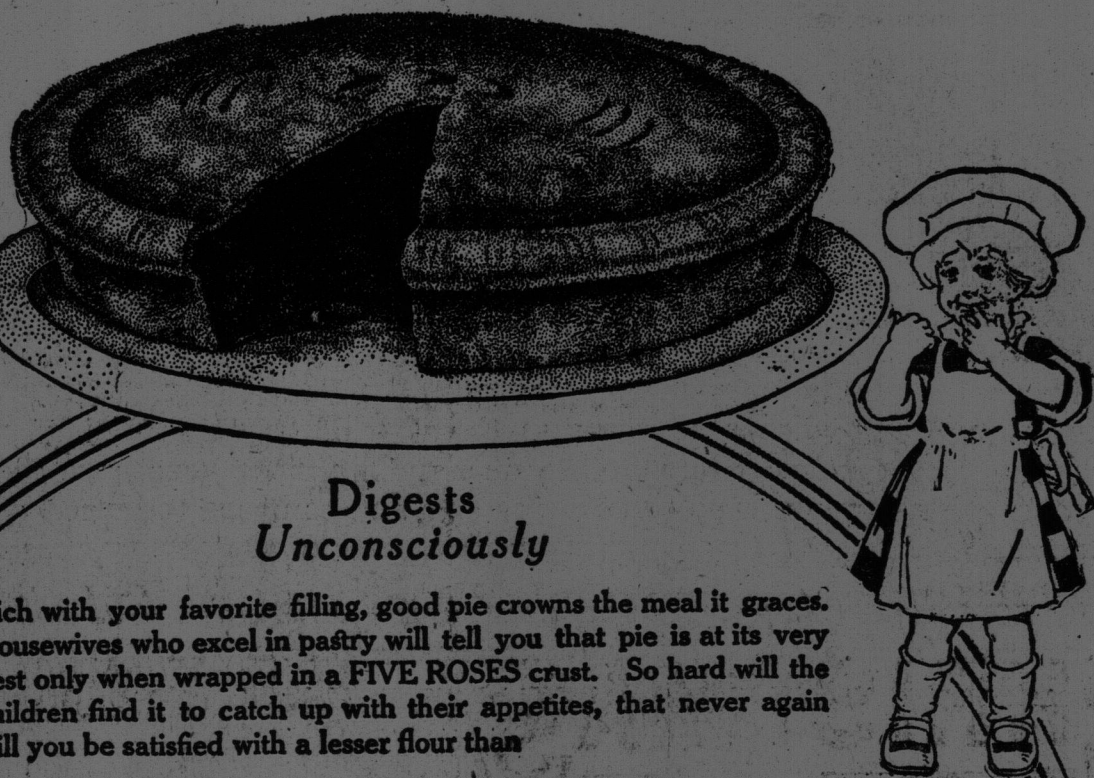
Just what the fleet means to England is best appreciated when you remember that the German naval base is less than 375 miles from London, or 500 miles from the Fifth of North, which is the base for the English North Sea Fleet. Put it another way! It would take the German fleet less time to reach England than it would take a New Yorker to hop on the train and reach Montreal. To be explicit, the fleets of the two greatest rival powers are only sixteen hours apart.

Maxim says that a European power could land 200,000 men on the Atlantic shores of the United States a month before a defensive force—naval and land—could be mobilized to repel invasion. If that danger exists for the United States, —8,000 miles, or ten days, away from hostile base—how much greater is the danger to European powers at war only sixteen hours apart!

What the fleet has been doing has already been guardedly answered by Premier Asquith. The fact that England has not been invaded is the silent work of the mysterious fleet; and it hasn't been negative work. It has been positive, though every move has been shrouded in mystery and secrecy.

The fleet has guarded the transport of 2,600,000 men. It has brought home more than half a million invalids. It has protected the carrying of 8,000,000 tons of food and supplies for Great Britain. It has made safe the conveying of 800,000 horses. It has ensured the allied supplies and munitions to the value of a billion and a half dollars. It has patrolled and policed the sea lanes of the world for a year and a half; so, though the most colossal war that ever was is in times of peace—From "What Sea Power Means to England," by A. C. Laut, in the American Review of Reviews for December.

"I suppose you are going to take your children to see the circus?" "No, I'm afraid I'll have to go alone. Their time is so taken up with tango teas, hesitation hops, and fox-trot functions that they really haven't an evening to spare."



Digests Unconsciously

Rich with your favorite filling, good pie crowns the meal it graces. Housewives who excel in pastry will tell you that pie is at its very best only when wrapped in a FIVE ROSES crust. So hard will the children find it to catch up with their appetites, that never again will you be satisfied with a lesser flour than

Five Roses
FLOUR for Breads-Cakes-Puddings-Pastries

Over 27 years' experience attests its value in Pie Crust, Puff Paste, and so-called difficult things. To the well-raised crust it gives a clear, dainty appearance, a golden creamy bloom.

Its presence is readily perceived in the lively, close-grained flakiness that melts away on the tongue tip. And the witching flavor lingering on the soft palate is Nature's toothsome contribution to this pastry treat.

You who have so successfully used FIVE ROSES in other foods, try it now in pies and pastry. Let your folks enjoy the flower of the pie family, a truly succulent, tasty article that retains till eaten its crisp freshness.

FIVE ROSES brings more, it brings flour economy. With the same amount of shortening and water, simply because of uncommon strength, you use at least one-fifth less flour.

Packed in bags or barrels of popular sizes, your dealer will gladly supply you.

LAKE OF THE WOODS MILLING CO., LIMITED, MONTREAL.

WHEN YOU THINK OF PASTRY—THINK OF FIVE ROSES

NOT BLEACHED—NOT BLENDING



DIAMOND RING

Nothing you can bestow will receive a more joyous welcome or be more keenly appreciated.

Our richly varied offerings include only the finest specimens, beautifully mounted, and priced.

From \$12.50 up. Come and see them before deciding finally.

W. TREMAINE GARD & SON

Diamond Importers and Jewelers

77 Charlotte St. Est'd 1870

CARLSTROM FLIGHT

MADE A PRECEDENT

Aviator Classed as Master of Vessel and Need Not Pay Duty on His Airship

New York, Dec. 8.—Aviators desiring to enter the port of New York from alien lands in their machines may do so now without fear of establishing a precedent, as far as customs law is concerned. V. Carlstrom, who a few days ago piloted himself through the air to New York and then stopped down on the Jersey Meadows near Ridgefield Park without having to subject himself to the mercies of customs inspectors, sent word to Collector Malone that he wanted to make an aeroplane "entry" and a "declaration."

Mr. Malone called his customs experts into conference, and it was finally decided that Mr. Carlstrom was the "master" of the "vessel" which he piloted into port, and inasmuch as his ship came in under her own power, she was not merchandise and therefore exempt from duty.

A peculiar feature of the case is that the aviator in flying from Toronto to New York landed at Binghamton, and the law provides that entry must be made at the first American port. In making his passenger's baggage declaration, the aviator said he carried no bags and trunks and that all of his extras were one suit of clothes purchased in Canada for \$30. He was not obliged to pay duty on this.

After this experience Collector Malone will consult with Secretary McAdoo in regard to the amendment of the laws to provide for the entry of aeroplanes, and for special inspectors to examine them.

BOY SCOUT SAVES LIFE

Amesbury, Dec. 7.—Prompt and intelligent work by Archie Dow, member of a local company of Boy Scouts, saved the life of Malcolm Milton, who was bleed-

ing to death from a gunshot wound.

Milton had been hunting deer near Hampton Falls and the accidental discharge of the weapon severed an artery in his left arm. Dow, attracted by cries for help, realized that the man would bleed to death unless heroic measures were taken and with an improvised tourniquet checked the flow of blood. Meanwhile physicians were summoned and Milton was removed to a hospital in Exeter, N. H.

Comparison has given BRAYLEY'S first place. The true fruit flavor is found only in

IMMIGRATION AGENTS

LETTERS OF IDENTIFICATION IN PLACE OF PASSPORTS

Owing to the difficulty of securing passports from Ottawa, the Immigration agent at St. John, J. V. Lantulum, has been authorized to issue letters of identification to British born subjects which will admit them to the British Isles. Unlike a passport the letter of identification will not give the holder permission

to return. The letter bears a full description of the passenger and a photograph. Copies of the document and the photograph are also kept on file in the issuing office.

Your grocer can supply you. You will get satisfaction when you have tried BRAYLEY'S.

BRAYLEY'S
FLAVORING
EXTRACTS

Carefully prepared from the purest ingredients THE BRAYLEY DRUG CO. ST. JOHN, N.B., CANADA.

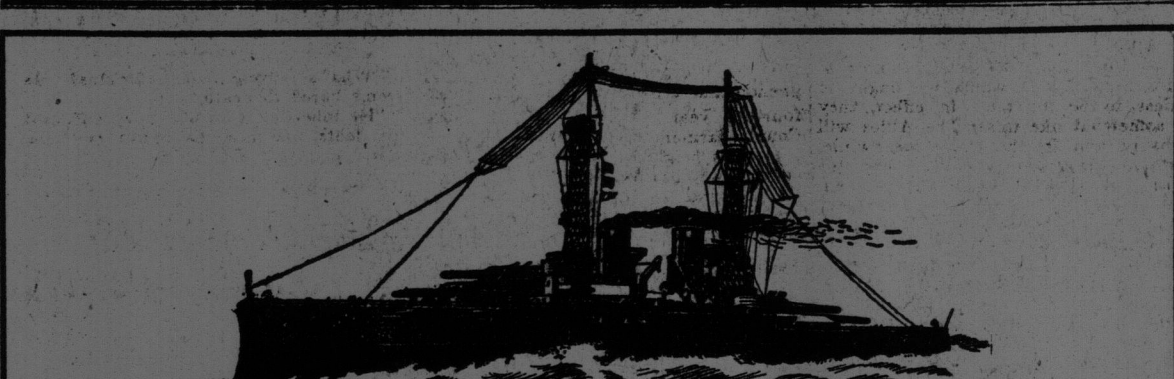
Compare this with other fruit flavors.

Nyal CHOCOLATES

If you want to know about chocolates, ask me. I'm kind them all! Nyal Chocolates are easily the best.

Sold by the **Nyal Quality Store**

THE RELIABLE DRUG STORE



Preparedness

The Vital Factor—

not alone in affairs of the Dominion, but with the health of every citizen.

One seldom knows when the common enemy, sickness, in one form or another, is about to strike; and the best form of preparedness is to keep body and brain healthy.

Active brains and vigorous bodies are the result of right living—food plays a big part.

Grape-Nuts

FOOD

made of whole wheat and malted barley, supplies all the bone and brain-building, nerve and muscle-making elements of the grains, including the vital salts, phosphate of potash, etc., often lacking in the diet of many, but imperative for bounding good health.

Grape-Nuts is easily digested—comes ready for table direct the germ-proof, moisture-and-dust-proof packet is opened. With good milk or cream Grape-Nuts supplies complete nourishment.

A ration of Grape-Nuts each day is a safe play for health, and

"There's a Reason"

Made in Canada

—sold by Grocers everywhere.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

THERE is more satisfaction in practicing Ivory Soap economy than in indulging toilet soap extravagance. Ivory Soap agrees with the skin better even than many "complexion" soaps because it is as mild and pure as soap can be.

IVORY SOAP . 90% PURE

Procter & Gamble Factories in Hamilton, Canada