

DAILY PAGE FOR EVERYBODY

Secrets of Health and Happiness

How Science Now Diagnoses Measles "Ahead of Time"

By DR. LEONARD KEENE HIRSBERG,

A. B., M. A., M. D. (Johns Hopkins University.)



DR. HIRSBERG

Now Dr. H. Keene Hirsberg

announces his newly discovered method

of diagnosing measles. This French

physician discovered that a suction cup

applied to the chest and back, for 30

to 60 seconds, of a person exposed to

measles, will inform the doctor some-

times five days beforehand, that the

victim will then fall ill of measles.

Almost Tells "Schedule"

The 26 healthy persons not exposed

to measles, who were examined by this

method, exhibited only a whitish ring

under the cup. Eighteen others were

observed to show a reddish ring as if

the skin were stripped and dotted with

red in the form of a circle. All of these

developed measles from three to five

days later.

When the diagnosis was made only

48 hours before the eruption, the red-

dotted circle was much wider and of a

deeper color. Twelve hours before the

eruption, the red circle was found to be

still broader, the color often deepening

into purple.

Obviously, the nearness of the measles

can be roughly estimated by the degree

of color and width of the circle. The

color deepens as the moment for the

measles eruption approaches. The test

is not present in scarlet fever or

rubella.

The Aim of Science

In cantonments, camps, barracks and

base hospitals, this new Goddewski test

has helped beyond a doubt to diminish

the number of cases of measles.

Through it, men have been isolated and

quarantined several days earlier than

they would have been otherwise.

Measles, rubella, chicken pox, the

skin eruptions of certain medicines,

foods, drinks and odors may be

diagnosed at times, the one with the other.

Bronchitis and the several different

types of pneumonia also require like

some methods of diagnosis to separate

one from the other. Similarly heart

murmurs must be differentiated.

There is a primary school lesson. In the

long hours and hard work, which a

scientific worker employs to make a

curate diagnosis, you find "the be all

and the end all," and the settled pur-

pose to deal honestly to the full extent

of the best of the world's real knowl-

edge.

Answers to Health Questions

D. A. Z. Q.—Is there any medicine

that will cure appendicitis?

A.—An operation is regarded as the

only cure for appendicitis.

M. K. L. Q.—What can I do for

bloodshot eyes and what causes them?

A.—Bloodshot eyes may be due to in-

fection in the eyelids, to eye strain or

disorders of the eye. You should have

your eyes thoroughly examined, and in

the meantime bathe them with borax

acid water. You should consult an

oculist.

MRS. L. E. P. Q.—What could I do

for my son who smokes more than is

good for him?

A.—First, the will to stop smoking

must be invoked. Then gum or caramel

candies are to be chewed when the im-

pulse to smoke appears. Slippery elm,

licorice balls and a full stomach con-

tract the craving. Glycerite of tannin

may be applied to the gums, tongue

and other smoke-thirsty parts.

Q. W. C. Q.—I have an itching in

my lower regions. Please give me

something to stop this.

A.—Apply a little of the following to

the itching parts:

Pink calamine 2½ drams

Zinc oxide 2 drams

Glycerine 2 drams

Lime water 3 drops

Rosewater 2 ounces

BEE BROWN. Q.—I am going on a

sea trip, and I am afraid I will get sea-

sick. Will you please tell me what to

do?

A.—Take calomel and ½ grain of soda

every half-hour for four doses, and

keep the intestines active in this fash-

ion for two days before you sail, and

every day while you are on shipboard.

R. B., London, Ont. Q.—Could you

kindly tell me what is a good remedy

for pimples?

A.—Try a little of the following for

the pimples:

Sulphur lott 2½ drams

Balsam peru ½ dram

Camphor ½ dram

Green soap 1 dram

Lanolin ½ ounce

Vaseline 1 ounce

2. Never be satisfied with the word

"catarrh." It is no diagnosis. It is ex-

pressed in a great many cases to cover

the lack of diligence in searching for the

real cause of the trouble. Often ex-

amination of the nose and throat by a

nose and throat surgeon will reveal de-

flected bones, tumorous growths, aden-

oids, infected tonsils and other things

which a slight operation will correct.

R. G., Florence, Ont. Q.—Could you

give me a good remedy for darkening

grey hair?

A.—Place an ounce of henna leaves in

a jar with a quart of boiling water

over-night. Then strain and heat again

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