

hogshead of limiments, for it carries out of the circulation the acrid humours in the blood, upon which rheumatism depends, and removes inflammation, soreness and stiffness of the muscles. A short trial will convince the most discouraged that it is all that is claimed for it.

The Bowels and their Functions.

The bowels, in a healthy state, carry off all useless matter which can be carried off in solid form. Sometimes the main channel becomes choked up by slime on the coating of the intestines, which gives rise to constipation and irregularity of the bowels. If the bile is not thrown out from the liver in sufficient quantities, the bowels become costive and the membranes of the bowels become weak and irritated. When much irritation exists, diarrhoea ensues, because the bowels have not the strength to do what is required of them. Inflammation follows; the fundamental cause of this irregularity is indigestion. The effect of this constipation is something awful to contemplate. The foul gas that arises from the faecal matter becomes absorbed into the system, and acts as a slow but deadly poison. We all know the injurious effects of

Sewer Gas

when taken into the system, and we expend money and skill to so adjust the plumbing of our houses as to shut the poisonous gas out. We have carts going about the city pouring disinfectants into the sewers, so as to obviate the poisonous influence of this terrible pest, but we allow this same gas to be generated within our own systems.

If by constipated bowels we permit the formation of this sewer gas within the system (for this is what it really is), we expose ourselves to a slow but deadly poison. We should make use of Mother Seigel's Curative Syrup, and remove the constipation, and with it the danger.

SICK HEADACHE.

There are few persons who, at times, are not more or less liable to sick headache. Moderate and occasional use of Mother Seigel's Syrup is a sure preventive, as thousands who have tried it are willing to testify.

How Happy Many People would be if they did not have Stomachs.

They imagine if they had no stomach they would be free from pain and distress after eating; free from headache,

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