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moreover, have the same oblation daily renewed in the Mass, in order that we might apply the fruits of his sacred passion to our souls: grant we humbly beseech thee, that we may assist therat with such respect, attention, and devotion, as to become partakers of the fruits and virtues of the bloody sacrifice of the cross: and as this our christian oblation conthis in a more excellent degree, all the virtue and perfection of the sacraments of the old law, so we offer it up to thee, in the manner of the four-fold oblations of the ancient sacrifices, First, O Lord, in humble and sincere acknowledgment of that supreme power and dominion thou hast over us and all creatures; to which we cheerfully submit: Secondly, in satisfaction and atonement for all the sins we have committed against thy infinite Majesty: Thirdly, in thanksgiving for all the favours and blessings bestowed on us in general or particular; and, Lastly, that we may mercifully obtain, of the divine goodness, whatever thou knowest we stand most in need of, either for the welfare of our soul or body. (Here may be added in particular, what each most want for themselves, or others, living or dead). With these dispositions and intentions, we approach, O God, this day to thy altar, relying on thy power and mercy to grant our petitions, and supply us with grace for the performing our duty: thro' the divine merits of the sacred death and passion of thy only Son, our Lord and Saviour Jesus Christ.

An Excellent Method of hearing Mass.

Make the Sign of the Cross with the Priest, and say,
as follows:

of the Holy Ghost. Amon.