

A list of certain other items of expenditure is given as follows:

<u>Clothing</u>		<u>Food</u>	
Winter overcoat (men or women)	\$ 80-125	Lunch	\$1.50-2.00
Suits	\$100-up	Sandwich with beverage	\$1.00
Shoes (men or women)	\$ 15-up	Dinner	\$2.50-up
Shirts	\$ 8-up	Cup of coffee, tea, class of milk	0.15-20
Socks	\$ 2-up		
Stockings	\$ 1-3		

#### Medical coverage

As medical and hospital care in Canada are very expensive, it is imperative that all students take both medical and hospital insurance for themselves and, if the case arises, their dependants. Students coming to Canada under a government-sponsored program will be covered under the terms of their scholarships. Immediately upon arrival, students not sponsored by other universities should consult university officials for more information and advice. It would also be wise to seek advice about taking out accident and life insurance. Generally, a student who has made the necessary payments will be covered by provincial hospital insurance plans after three months' residence in Canada.

#### V Travel procedures

Transportation to Canada: When a student has been accepted at a Canadian university, his journey to and from Canada can be arranged through a travel agency, transportation company or student organization. It should be ensured that tickets cover transportation right through to the city where the university is located, and that the return ticket will be valid at the time of returning home. If travel is by plane, arrangements can be made with a shipping and forwarding agency to send heavy baggage by sea.

All travel arrangements should be made well in advance of the date of departure, and students should arrange to arrive at the university several days before the date specified for registration.

On arrival in Canada: A student should have on his person all necessary documents, such as visa, medical and vaccination documents,