



Health and Welfare Canada produces for travellers, "Staying Healthy in Warm Climates," "Immunization — A Guide for International Travellers," and "Malaria Risk Countries - Quick Reference." Write for copies to the Medical Services Branch, Health and Welfare Canada, Ottawa, K1A 0L3.

Travel Insurance — There are a number of companies in Canada offering individual and group travel insurance. Typical plans may cover part or all of hospital, medical and repatriation expenses, lost or damaged baggage or other valuables, and trip cancellation claims. Experienced travellers consider such insurance to be an invaluable investment.

Mail — "Poste Restante" or "General Delivery" services exist at large post offices in most countries. You should use these for your personal mail. Canadian posts abroad may hold letters to be picked up but cannot provide mail-forwarding service. **Letters not claimed** — within a reasonable period are returned, collect, to the sender.

Lost Articles — If you lose valuable personal articles while travelling, promptly report the loss to the local police and inform the Canadian mission concerned. Canadian missions cannot search for lost items but if they are found and turned in to the post, you will be informed so that arrangements can be made for their return.

Motoring — If you might drive a vehicle abroad, contact an automobile association or motor league before leaving Canada. Ask about requirements (e.g. International Driving Permit, Carnet de Passage, Insurance) and for information about roads, routes and other conditions. In many parts of the world you need a Carnet de Passage before you are permitted to take a vehicle into the country. The "Carnet" is a temporary circulation permit issued by the country in which the vehicle is registered and accepted by the country of travel. A vehicle cannot ordinarily be disposed of outside its country of registration unless full import duties are paid. If renting a vehicle deal only with a reputable firm and enquire about its emergency services.

You will need a valid driver's licence and may also need to provide proof of comprehensive vehicle insurance. Canadian vehicle insurance may not be valid in certain countries. In these countries, motorists should purchase special comprehensive insurance policies covering accident claims, legal fees, bail, and medical evacuation. **Several States in the United States have No-Fault Insurance** legislation; you should, therefore, ensure you have ample collision insurance. The Canadian Automobile Association maintains a list of States where no-fault insurance provisions apply, as does the Insurance Bureau of Canada at its Headquarters, 181 University Avenue, Toronto, M5H 3M7, and at its regional offices elsewhere in Canada.

In some countries, if you are involved in a traffic accident **you will be prevented from leaving the country, and may even be held in prison**, until the civil and criminal aspects of the case are settled in court.