Mr. T.—Had pneumonia in winter; did not regain his normal condition; felt poorly; was anemic, irritable and discouraged. April 23rd, B.T. 50 per cent.; May 2nd, 65 per cent.; May 8th, 80 per cent.; May 15th, 86 per cent; May 22nd, 92 per cent.; May 29th, 96 per cent. Total rise in five weeks of hemoglobin, 40

per cent. Weight from 119 to 130 pounds.

Mrs. E.—Aged 65 years. A thin, anemic, nervous, sleepless individual, always tired in the morning on rising; had severe pains in different parts of the body; had tried several changes of climate for health. Her symptoms were so severe at first one would suspect some severe organic disorder; but examination revealed none, except a reduction in the body weight, and in the hemoglobin. She was under treatment for six weeks, and in that time all her symptoms had entirely disappeared. The hemoglobin increased from 70 to 100 per cent., and she exceeded her usual weight.

Miss K.—A very marked case of exophthalmic goitre. The heart was very rapid and irritable, 140 to 150, and marked exophthalmos and tremor; very much emaciated and anemic. When the patient left the hospital the symptoms of the disease had entirely disappeared, except some prominence of the eye. The hemoglobin increased from 65 to 100 per cent.; weight from 75 to 125—50 pounds.

Other cases I might mention are anemia following parturition, 27 to 90 per cent.; bleeding piles, from 35 to 100 per cent.; another at present under treatment, brought on by long nervous strain, with marked hysterical symptoms and anemic condition,

gradually improving.

The Weir Mitchell methods can be applied to a great variety of cases, and there are some that cannot be cured by any other form of treatment.

In this class may be placed those exasperating cases which come complaining of nervous exhaustion. She has aches and pains and tender points; eats and sleeps poorly, and awakes unrefreshed; has various uterine and ovarian troubles, and is always tired, and takes little interest in anything. She ultimately becomes, as Holmes describes it, the vampire, who sucks the blood from healthy people about her.

Other favorable cases are:

- 1. Certain forms of mental disturbance, such as melancholia.
- 2. Cases where convalescence is slow from tevers, pneumonia, etc.
  - 3. In early stages of tuberculosis.
  - 4. In exophthalmic goitre cures may be effected.