In order to grow in grace, we must be much alone. It is not in society—even Christian society—that the soul grows most vigorously. In one single quiet hour of prayer, it will often make more progress than in days of company with others. It is in the desert that the dew falls freshest and the air is purest .-H. Bonar.

YOUNG MEN.

The ancients tell us of a bay along the Mediterranean, where, from the winding of the shore, the wind and waves created such ravishing melody as to attract the passing sailor and lead him to enter. But, as enchanted with the wondrous music, he forsook his helm, his vessel would strike upon sunken rocks and be dashed to pieces. The bones of the dead and the wrecks of the vessels whitened all the shore.

A fable this, most instructive to all who will give heed to it. For thus, young man, as you sail along in quiet waters, will your ears be addressed by the enraptured strains of pleasure, soliciting your approach to her fatal shore; but along that shore there is placed a concealed rocky barrier which you cannot cross, and on which your excellent ship must be dashed to pieces. Listen to that seductive music and vield to its influences, and forsake the path of virtue, and the whitened bones of drowned mariners now bleaching on the shore, declare your end.

WHO ARE MOST INTERESTED.

Leaving out of view the class among whom the efforts of the Young Men's Christian Association are exerted, we ask, who are the most interested in the results? We answer without hesitation Parents. Mothers, have you not found your fondest hopes ofttimes bitterly disappointed in the conduct of your son, his waywardness, his love of life and variety? Fathers, have you not had occasion to grieve in silence because of the fruitlessness of your best endeavours to instil noble, high-toned sentiments into the heart of your son? Have you not, are you not even now, earnestly planning and praying to make of your boy the high-toned man-do you find any means to that end to be labour lost? Presuming upon an affirmative response, the Association seeks to help you through its diversified agencies, to surround your son with good influences, Christian principles, and a regard for the higher claims of life. Are you not, then, as parents, the most interested?- we think

Wherewithal shall a young man cleanse his way? by taking heed thereto according to thy word.—Ps. exix. 9.

I was glad when they said unto me, Let us go into the house of the Lord.—Ps. cxxii. 1.

THE TORONTO

Young Men's Christian Association.

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STRANGERS' GUIDE TO THE Y. M. C. A. ROOMS.

Arriving by Grand Trunk, Great Western, Northern, Toronto, Grey & Bruce, or Credit Valley railways, at Union Station, pass up Simcoe or York streets to Queen, thence eastward to the Rooms.
Arriving at Toronto & Nipissing Sta-

tion, pass up Berkeley Street to Queen, thence westward to the Rooms.

Arriving at Northern R. R., Brock St., Station, pass up Brock street to Queen, thence eastward to the Rooms. City Hall Station, pass up West Market St. to King, westward to Yonge, thence to Queen, along which one blockwest to the Rooms.

Arriving at Great Western Station, pass up Yonge to Queen, and one block westward to the Rooms.

Nearly all the regular passenger boats arrive at the Yonge street wharves, Tourists pass up Yonge street to Queen, thence one block westward to the Rooms.

For the Lord your God is God of gods, and Lord of lords, a great Gcd. a mighty, and a terrible, which regardeth not persons, nor taketh reward:

He doth execute the judgment of the fatherless and widow, and loveth the stranger, in giving him food and raiment.

Love ye therefore the stranger.-Deut. x. 17-19.