

Ordinary exercise in the open air is decidedly preferable to inaction; and wherever there are premonitory symptoms of a return of hemorrhage, it has always exerted a prophylactic power when promptly used; and by this early resort to the remedy, many radical cures have been effected.

The following is the formula and the method of using it:

℞ Acid. Sulphuric. (by weight), 5 v.

Spts. Terebinth. } f 5ij.

Spts. Vin. Rect. aa }

Place the acid in a Wedgewood mortar, and add the turpentine slowly, stirring it constantly with the pestle; then add the alcohol in the same manner, and continue stirring it until no more fumes arise, when it may be bottled, and should be stopped with a ground stopper.

It should be prepared from the purest materials; and when done, it should exhibit a dark but clear red color, like dark blood; but if it be a pale, dirty red, it will be unfit for use. The dose is 40 drops, and the method of using it as follows:—Put a tea-spoonful of brown sugar in a common sized tea-cup, and rub in 40 drops of the balsam until it is thoroughly incorporated, and then slowly stir in water until the cup is nearly full, when it should be immediately swallowed.

This dose may be repeated at intervals of an hour, until three or four doses are taken, if necessary; and its use should be discontinued when fresh blood ceases to flow. After standing a few days, a pellicle forms upon the surface of the balsam, which should be broken, and the liquid below it used. It does not deteriorate by age, if tightly stopped.—*New York Medical Times*.

## The Medical Chronicle.

LICET OMNIBUS, LICET NOBIS DIGNITATEM ARTIS MEDICÆ TUERI.

### CRIMINAL RESPONSIBILITY OF THE INSANE IN CANADA.

Wilful homicide is the most atrocious crime that sinful man can commit in direct disobedience of Divine commandment, and outrageous defiance of legal consequences. In most instances, the circumstances of the crime are such as to admit of no palliation; and Justice, having overtaken her violent offender, proceeds with her work of avenging. Occasionally, however, it is otherwise; so fiendish is the wickedness, unattainable the motives, incomprehensible the impulse, profitless the consequences, and demented the culprit; that in the sight of so much horror the sanity of its unhappy perpetrator is humanely questioned by Mercy.

The plea of insanity in homicidal cases has during late years been almost invariably used in behalf of the prisoners. Their counsels have