

**SMP ENAMELED SINKS**



**A Real Sink for \$12.00**

Up to now kitchen sinks have cost real money. Now, at low cost, you can put in the newest type SMP Enamel Sink. This is a strong sink built of rust resisting Arisco Iron, with three coats of pure white enamel, same as on bathtubs. Complete with 12" back, strainers, brackets, fittings, and full directions for setting up. Standard size 20" x 30" x 6" deep.

**Price, complete, \$12.00**

Buy one or two of these SMP Enamel Sink Drain Boards also. Made to fit SMP Sinks and all standard sinks. Size 20" x 24". Same sturdy construction as on SMP Sinks. Very handsome and a great labor saver. Sold complete with brackets and fittings for setting up.

**Price, complete, \$6.00**

For sale by plumbers and hardware stores throughout the country.

**SHEET METAL PRODUCTS CO.**  
 CENTRAL, TORONTO, WHITBY, ONTARIO, VANCOUVER, CALGARY, 202

Sold in Watford by  
**J. R. McCORMICK**  
**J. MCKERCHER**

**1/2 lb Package**



**KRAFT CHEESE**

A handy size package for occasions when half a pound is "just right."

**Nervous Prostration**

Why People are Low Spirited and Depressed

Nearly all women and most men suffer at times from fits of depression and low spirits. Everything seems a burden; then come periods of nervous irritability, heavier and weariness. People who suffer this way lack vitality because their blood is poor and nerves are starved in consequence.

The only way the nerves can be reached is through the blood. By enriching the blood with Dr. Williams' Pink Pills the starved nerves are supplied with just the elements they need. This is proved by the experience of Mrs. J. E. Dadson, 12th Ave. east, Vancouver, B.C., who says: "About three years ago I became very weak and nervous. I had pains in my side and back, and also suffered from frequent pains in the back of my head and neck. I was hardly able to do anything about the house. I would wake with a start in the night and my heart would flutter so that it almost choked me. I tried much doctor's medicine but it did me no permanent good. One day I read about Dr. Williams' Pink Pills and decided to give them a trial. These pills produced such a beneficial change in a short time that I kept taking them until I had used a dozen boxes. By this time there was such an improvement in my condition that friends would ask me what I was taking, and of course I was only too pleased to tell them it was Dr. Williams' Pink Pills. I am now feeling like a new person and am doing my own housework. We would not now be without Dr. Williams' Pink Pills in the house."

You can get these pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

**A. C. Anderson**  
 (Drugless Practitioner)  
 (Chiropractor)

Nervous, Chronic and Long Standing Ailments.  
 Consultation and Spinal Examination Free at Office.  
 Office over Cameron's Store  
 Hours: Monday, Wednesday, Friday morning, 9 to 11.

**Guide Advocate**

WATFORD, ONTARIO  
 Member of Canadian Weekly Newspapers Association.  
 W. C. Aylesworth, Publisher.  
 Average Circulation for year ending December 31, 1923, . . . . . **1,565**  
 (Covering East Lambton)

**ADVERTISING RATES**  
 Display ads., set, transient, 25c inch. Display, yearly contract, set, 18c in. Display Ads., all plate. . . . . 18c inch Special Position. . . . . 5c per inch extra. Theatrical Advt'g with reader or cut . . . . . 35c per inch  
 Business Locals, Front page 10c per line; Inside pages 5c per line.  
 Classified Ads., One Cent per word each insertion. Minimum 25c.

FRIDAY, OCTOBER 16, 1925

**"Squibographs"**

Owners of "old skates" had a grievance when a race meet in the East was postponed on account of a snow storm.

A breed of cats equipped with six legs is reported in an Ontario city. This reduces a mouse's expectancy of life by about one-third.

A Kingston pastor's residence was looted by thieves while he was conducting church service. After "baking up the offering" they made off.

As a manufacturer of harvesting implements, Hon. Vincent Massey is familiar with the material from which spellbinders are made.

There is one Ontario riding where the political campaigners have to walk the straight and narrow path. In places it is less than five miles wide.

The candidate in an Ontario riding who donated \$1000 to encourage growing alfalfa believed in making political hay while the sun was shining.

To prevent its staff from being shot to pieces by Cupid, a Philadelphia firm has decided to employ no more single women under forty.

Declaring that she was a victim of "unlucky" dates, a Spokane woman who was married on Friday, May 13, 1913, has been granted a divorce.

Peanuts are sold for \$80 a ton in Florida. When the small boy is munching a "five a bag" he can figure the "spread" from producer to consumer.

An exchange notes the passing of the wash tub. Modern laundry facilities have crowded an old-established kitchen fixture off its soapy pedestal. Aye, there's the rub.

An expedition is planned to explore the Sahara Desert in search of the seat of civilization. Civilization built on a sandy foundation would not be much improvement on our present shaky structure.

"Resolved that more elections are won in committee rooms than on platforms," was a timely subject of debate in a political club the other night. The judges reserved decision until after the election.

An almost forgotten crime is recalled by the arrest of an Alberta cowboy charged with stealing a horse. In this age of flippers and flying machines "Dobbin" should be exempt from unlawful conversion.

Expert medical advice is available for Alberta legislators when considering delicate constitutional points. A medical doctor succeeds a doctor as lieutenant-governor of the province.

"How to Care for a Doorbell" is one of the season's popular books. A door bell that would announce the name and nature of business of callers would save much time and curiosity.

Monday, November 9th, has been appointed Thanksgiving Day in Canada. Coming shortly after the election, the defeated parties may not be in a proper frame of mind to observe the festival.

Jealous of the popularity attained by the Charleston, Florida boosters are said to have devised a new dance called the "Miami Canter." The movements are exceedingly animated and call for the agility of a real estate salesman and the endurance of an alligator.

The American custom of ascertaining the trend of public opinion before an election by taking a straw vote is not observed in Canada. Straws are not always a reliable indication of which way the variable political winds are blowing.

The wear and tear of a long election campaign is a severe test of the physical endurance of campaign speakers. Sonorous voices that fill the largest halls at the beginning of the contest often dwindle into a hoarse whisper at the close.

**ARKONA**

Mr. J. R. Glassford is spending a few days visiting his parents at Campbellford, below Toronto.

Mr. and Mrs. H. Zavitz, who spent the past six weeks in Montreal, returned home last Saturday report good crops but wheat has been cold and wet.

Rev. Roulston and wife Chapman visited friends in this week.

Mr. Alex. Johnson, who is in Stratford Normal, was placed at his home here.

Placed into stock this morning styles in Young's.

See them at Brown's.

Rev. Moore is attending in Hamilton this week.

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**Sale "Paper" Must Be Sound**

WHEN the last animal has passed through the auction ring, when every implement of the farm equipment has been sold, what then? The vast majority of farm auction sales are conducted on a credit basis, but if the sale is to be counted a success a trained banking expert must pass judgment upon the soundness of all settlements.

Consult the manager of the Standard Bank.

**STANDARD BANK**  
 THE STANBANK OF CANADA  
 WATFORD BRANCH—H. W. Nixon, Manager  
 Branches also at Arkona, Strathroy

**Urban Customers**  
**"Sued by Long Distance"**  
**called to our sale**  
**"flocst we ever had"**  
 —best  
 —Writes a Department Store

Faint heart never won a new customer.

The contracting parties at a Turkish wedding now have the privilege of being present at the ceremony. In the past it has been the custom for the families of the young couples to make all the arrangements for the bride and groom never to see each other until after the wedding.

**Get this!**

**Hundreds of Delightful New Cookery Creations and a Wealth of Original Household Ideas**

**FREE**

NO woman who takes pride in her cooking or in keeping abreast of the newest ideas in social entertainment can afford to overlook this wonderful FREE OFFER.

Anna Lee Scott, the renowned Domestic Science Expert, has prepared a course—the finest ever written on Cookery Arts and Kitchen Management.

This course costs you nothing—not even postage. Four lessons come to you prepaid each month. Thirty minutes each week is time enough to study the lessons. No blanks to fill in. No examinations. No correspondence unless you wish to write in to Anna Lee Scott for personal advice on special recipes or regarding methods of preparing and serving special dishes for special occasions. This amazing free offer is made to introduce Maple Leaf Flour, for Bread, Cake and Pastry.

Here is a flour you will enjoy using—an unexcelled product of selected Canadian hard wheat, so carefully milled and tested as to make possible its sale under a definite guarantee of uniformity and satisfaction.

**HOW TO JOIN THE MAPLE LEAF CLUB AND ENROLL FOR THIS VALUABLE COURSE**

Coupons will be found enclosed in Every Bag of Maple Leaf Flour. (24 lb. bag—1 coupon; 49 lb. bag—2 coupons; 98 lb. bag—4 coupons). Send only four coupons addressed to the Maple Leaf Club, Maple Leaf Milling Co., Limited, Toronto, Ontario, and you will be enrolled without one cent of expense as a member of the Maple Leaf Club and receive the first four lessons in the course. Other lessons will be sent in four monthly installments—4 lessons each month. (20 lessons altogether).

Your dealer knows about Anna Lee Scott and the Maple Leaf Club Plan. Ask him for particulars today.

**Maple Leaf Milling Co., Limited**  
 Head Office: Toronto, Ontario

**MAPLE LEAF FLOUR**  
 FOR BREAD, CAKE & PASTRY

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