Chiropractic for Constipation

Constipation, with its attending disorders, is undoubtedly one of the most common of all inco-ordinations, affecting peoples of all nations; therefore is important and should be of interest to both those affected and all interested in promoting health.

It is strange to note that but few people realize or know just what constitutes constipation or how it is caused. This is certainly important to the practitioner that he may speedily rectify the trouble and equally important to the patient that he may intelligently seek the assistance of those pursuing rational and scientific methods of practice, thereby eliminating that prolonged period of experiment.

Obstinate constipation is a term applied to those cases that cannot be reached by ordinary methods of physic. It results from prolonged overstimulation of the intestines by physic until they become weak and refuse to work.

It has been adequately proven by scientific experiment that the act of digestion and the propulsion of the contents of the bowels is produced and regulated by the brain through the spinal cord and spinal nerves, which carry energy from the brain to all parts of the body. We all know that when a man's back is broken his legs and also bowels are paralyzed because the spinal cord is pressed upon by bone which is very much harder than nerve tissue.

Then if this be true deficient peristaltic motion must result from a lack of energy from the brain, or there must be something which prevents this energy reaching the intestines. There is but one thing capable of causing this, and that one thing can readily be demonstrated by the Chiropractor.

The nerves distributed to the intestines emit from the lower part of the spine between the vertebrae, or spinal segments, and these segments are slightly movable and are capable of being displaced by lifts, falls, etc. If through some slight accident one of these bones is displaced or put out of the proper place it will press upon the nerves that pass between them, and as bone is hard and nerve tissue soft and sensitive, the result is evident. The nerve then is unable to do its normal work, the energy fails to arrive at the intestines and the intestines fail to act because of a lack of force or power supplied by these nerves. The only way to rectify this is to relieve or remove the pressure from the affected nerve by the proper spinal adjustment, given by an intelligent Chiropractor. Effects may be treated for a lifetime without permanent results, for they can only be attained by removing the cause.

There are thousands of satisfied patients today who know and can testify as to the merits of Chiropractic in dealing with this and other ailments which are common in people the world over.

The Chiropractors identified with this educational campaign bear the stamp of reliability, educational qualifications and indorsement of the Chiropractic profession.

Chiropractic articles will be published in this newspaper each Saturday.

As a protective measure for the public, a booklet has been prepared and printed, giving only the names of the reliable and indorsed members of the Chiropractic profession.

We have informative Chiropractic literature that will be mailed to you on application, without cost or obligation.

Before employing the services of a Chiropractor, inquiry should be made for your convenience to The Chiropractic Educational Bureau. Address Box No. 1, London Advertiser, London, Ont.

Associated Chiropractors, London, St. Thomas, Strathroy, Watford, Stratford, Galt, Simcoe, Hagersville, Jarvis, Waterford, Petrolia.—Advt.

GUMP, GOOGLE & CO., Experts In Laughter

THE GUMPS—KIND WORDS

BARNEY GOOGLE AND SPARK PLUG

Barney Is Very Much For "Going West."

By BILLY DE BECK

TOOTS AND CASPER

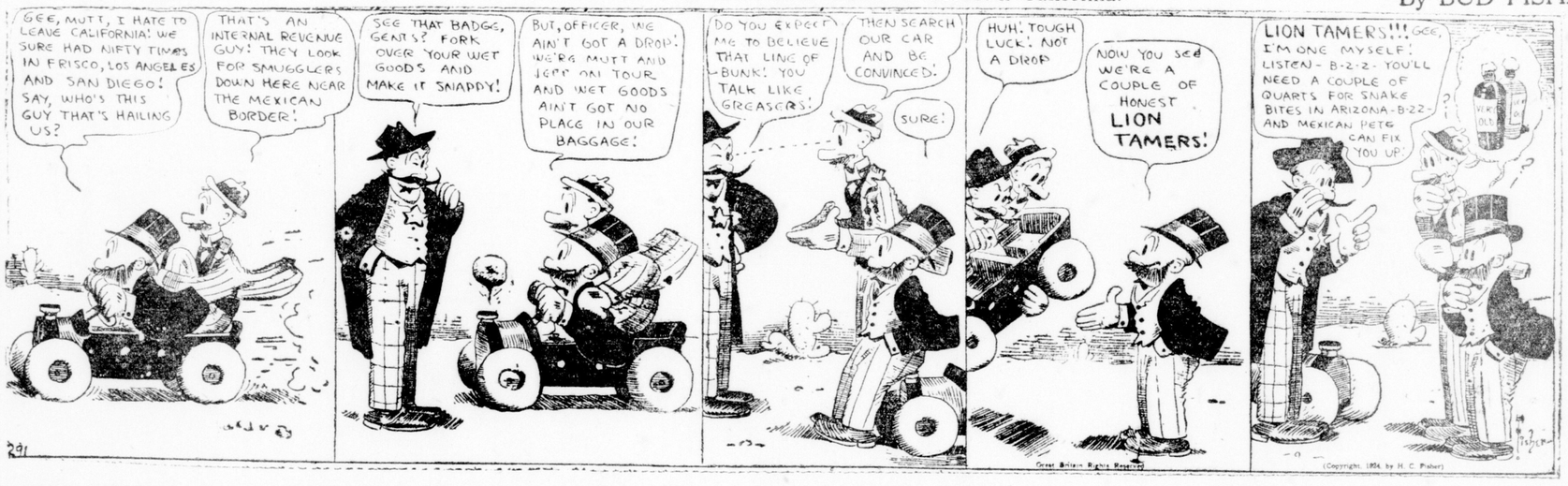
No "Souvenirs" For Toots.

By JIMMY MURPHY

MUTT AND JEFF

They Encounter a Stern Revenue Officer in Southern California.

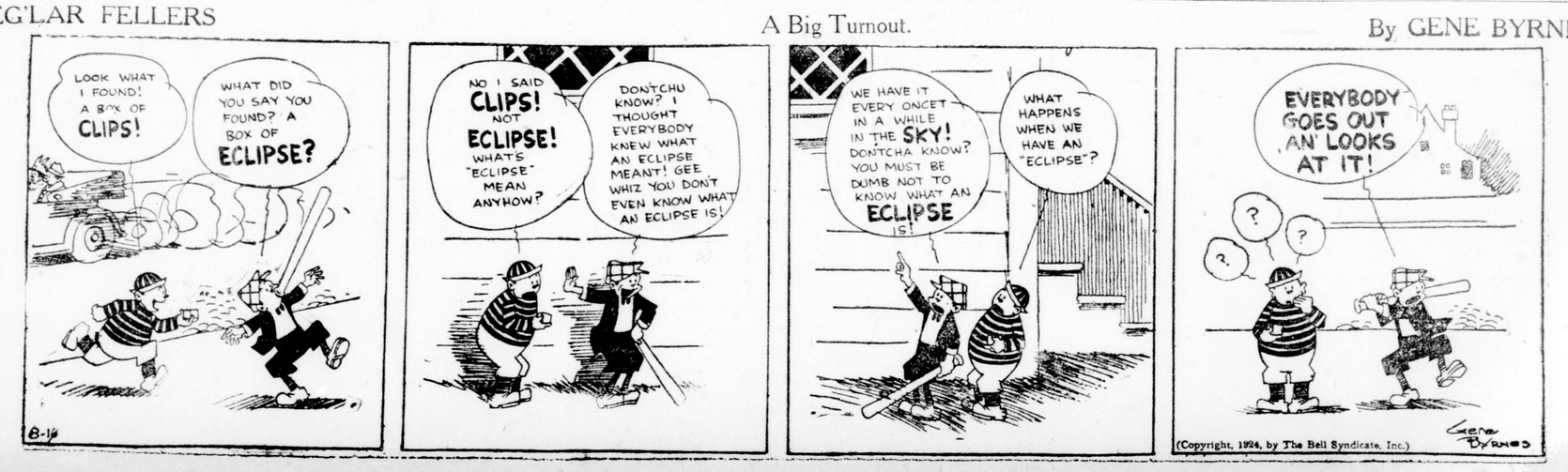
By BUD FISHER



REG'LAR FELLERS

A Big Turnout.

By GENE BYRNES



The Fun Shop

Etiquette For Bridegrooms.

When you stand before the altar,
Scared, and waiting for the halter,
Don't let wild imagination throw
your senses in a whirl;
You have not become a midget,
Nor a giant; do not fidget;
No one's looking at you, mister;
they are looking at the girl.

When it's time for osculations
It will please your wife's relations
Should you miss her mouth and
give your wife a peck upon the
chin.
When they tease about it after
With much tittering and laughter,
Do not enter wild denials; take it
all with sheepish grin.

As you walk some hundred paces
Through a sea of upturned faces,
While the pastor, like a barber,
glances round to see who's
next,
Try to have a pale complexion
And a look of proud affection
As your leaden feet go clumping by
the wife you have annexed.

Fair Warning.

Harold: "My dad's got a new automobile, and it can go sixty miles an hour."

Jimmie: "Well, he'd better not let my dad catch him at it. My dad is a motorcycle cop."

A Connoisseur.

A tall, thin, bald-headed man entered a shoe store the other day and sat down by a handsome woman.

Presently the clerk came to wait upon him. He took the gentleman's foot measure.

"Do you prefer the small vamp, sir?" inquired the clerk.

"No," replied the man, "I like 'em when they make an armful."

A Total Abstainer.

"Don't you want to join our Sabbath League which advocates the cessation of all forms of labor on Sunday?"

"Sure, I do, and what's more, I'd be glad to join six more leagues covering the other days of the week."

To a Beefsteak.

Oh, what brings my childhood to me
As I sit here sad and gloomy,
While my knife and fork in hand
I firmly take,
And with grim determination
I now make my preparation
To tackle once again this old beefsteak.

In fancy now I'm roaming
In the country, in the gloaming,
And for sixty years I've felt life's
griefs and joy,
And I'm certain that it gamboled
In the pastures when I rambled
In my childhood days, a tousled
barefoot boy.

Unlucky Fellow.

Smith: "Johnson looked into his gasoline tank with a lighted match."

Jones: "Ye gods! Did it kill him—"

Smith: "No, it was empty, and he cussed because he had to buy gasoline."

Bad Break.

Kriss: "Did it take you long to break the ice with that proud girl?"

Kross: "It certainly did not, and she's kept me in hot water ever since."

A bore is a person who, when you ask him how he spent his vacation, tells you.

The things we sometimes do without intention ofttimes bring better results than the things we do with the full intention of doing them.

For instance, a San Francisco bookkeeper thought he was kissing the landlady's daughter in a dark hallway; instead he kissed an old maid music teacher.

She died the other day and left the bookkeeper a small fortune.

The Jingle-Jangle Counter.

May your life be long and happy,
And your speeches short and snappy.

* * *

Fingers do a lot of tapping;
Thunder's rather fond of clapping.

* * *

There's no use in being blue;
Straws are glad to tickle you.

* * *

Fruit stores brag about their peaches,
But we like those on the beaches.

Fooled Again.

Weldon: "I don't believe in signs any more."

Shelton: "What happened — did you try one of those 'low rate' taxicabs?"

Rivalry, At Its Source.

Freeman: "So, Overton and Barclay are business rivals, eh?"

Coleman: "Well, so to speak. You see, their wives are social rivals."

Wild Willies.

Little Willie, at the shore,
Caught a dozen crabs or more.
"They act sleepy," Willie said,
"I'll let them rest in papa's bed."

Three's a Crowd.

Wallpaper Salesman—"Do you desire a green border?"

Mrs. Newlywed—"Why? Is your brother looking for a furnished room?"

No Chance.

Ethel: "Does Gladys ever lie about her age?"

Clara: "How can she—with a twin brother."

An express train came down the track;
An apple cart started to cross.
And to this day
Eye-witnesses say,
The story is apple sauce.

Courage.

Mrs. Tippler: "How dare you! How dare you come home in this condition?"

Mr. Tippler: "The stuff—hic—I drank—hic—gave me the necessary courage."

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Readers are requested to contribute. All humor: Epigrams (or humorous mottoes), jokes, anecdotes, poetry, burlesques, satires and bright sayings of children, must be *original* and *unpublished*. Accepted material will be paid for. All manuscripts must be written on one side of the paper only, and should be addressed to the Fun Shop, The London Advertiser. No manuscripts can be returned. The rates are $1 to $10 for accepted material, and 25 cents to $1 a line for poetry.