PAGE OF INTEREST TO WOMEN

THE FASHIONS

[By Eleanor Gunn.] (Copyrighted by the Fairchild Company.)

A CONFLICT OF SILHOUETTE.

been carefree and comfortable in a short skirt are going to be the ones to convince that the longer garment has the best style, and and it is only until they accept the increased length that the state of the increased length in the state of the increase of the that it can be definitely decided that cided preference for the red tones, and

The length of the sleeve is a domin



fines are again emphasized both in the skirt and the waistline, the greater number of the French creators agreeing on creating skirts whose hems approach nearer to the ground.

re anxious to follow every beat of which are acknowledged to be only ting blouse is popular, but for the more piquant charm and demure quality. In- ing. spirations of real interest seem to be of Russian and Spanish origin, the latter having the greatest interest for

The exact opposite style of expres-Although some of the houses that are belted line, or the classic drape is fav-

The fullness of the skirt is refresh ing, and the irregular bottom effect is interpreted in any number of ways. Besion is shown in a number of models for evening wear, when the simplicity of the Moyen age is the straight unseeker for the new and "different" in the season's styles should be able to determine a happy medium.

health, if thec hildren enjoy it.

Adenoids and Face Development. I am wondering whether adenoids have any influence on the shape of the nose or the shape of the face. If so, would removal of the adenoids straight-

brated as leader of the militant suffragists in England, has taken up her permanent residence in British Col-

Mr. Isidore Goldstick, M.A., of the ering from a heavy operation, which he pital, Toronto, where he is still con-

nan Court, returned on Saturday to ing Lark sent in as soon as possible. four grains of salt and about as much mustard in coffee? It is better than eggs. YOUNG MOTHER.

degrees of abstemiousness varying from mere temperance to fasting. This is no modern circumstance. Louis Cornaro, 400 years before Metchnikoff, preached and practiced temperance in eating which must have been decided almost suicidal in his day, and was still vigorous, physically and mentally, with all his senses intact, at 95 He died at the gree of 102 years.

Here is an idea which is forced home to us, yet which is difficult to prove, namely, that nearly everybody over 30 eats more than if good for him, irrespective of his physical state or actions. This is no modern circumstance. Louis Cornaro, 400 years before Metchnikoff, preached and practiced temperance in eating which must have been decided almost suicidal in his day, and was still vigorous, physically and mentally, with all his senses intact, at 95 He died at the gree of 102 years.

Here is an idea which is forced home to us, yet which is difficult to prove, namely, that nearly everybody over 30 eats more than if good for him, irrespective of his physical state or actions. This is no independent of anybody. It should be cooked as soon as possible after it is gathered from the stalk as at change in the composition of the sugar begins to take place at once. When it is stripped, it should be plunged quickly into boiling water and cooked from 10 to 20 minutes, not longer, for too long even boot tops, to an exaggerated degree, not only in costumes for men and even boot tops, to an exaggerated degree, not only in costumes for men and even boot tops, to an exaggerated degree, not only in costumes for men and even boot tops, to an exaggerated degree, not only in costumes for men and solution for anybody. It should be cooked as soon as possible after it is gathered from the stalk as the change in the composition of the sugar two days days and was till who conked as soon as possible after it is gathered from the stalk as the change in the composition of the sugar two days days and was a change in the composition of the sugar two days and even boot take place at o

by that nearly everybody over 30 women, and for altar decoration in the coth is physical state or active of his of which he offered expressed this of which he offered excellent along the great window sashes of the coth in his own remarkable vitality along the great window sashes of the coth in the coth it from the cob, it may be sheared off with a sharp, short knife and seasoned with salt and butter.

Left-over corn can be cut from the cob, it may be sheared off with a sharp, short knife and seasoned with salt and butter.

Left-over corn can be cut from the cob, it may be sheared off with a sharp, short knife and seasoned with salt and butter.

Left-over corn can be cut from the cob and added to an equal quantity of at the home of Mr. and Mrs. Thomas boiled lima beans, seasoned with butter. along the great window sashes of boiled lima beans, seasoned with butwith and age in this epigram:

"Whosoever wishes to eat much must
coaches. Henry IV. was vexed at these
biscourse" at the age of \$3. It is a
good proverb which might well be crocheted (if that's the word) on the tablecloth or the napkins used by people
cover \$30.

Under 30 there is seldom any danger
of over-eating, with the exception of a
few cases of obesity from pituitary gland

along the great window sashes of
boiled lima beans, seasoned with butter and salt, re-heated and served hot
as succotash or served cold on lettuce
with mayonnaise as succotash saladindustries of France, realizing better
than his ministers that the money for
"the men and iron of war" comes from
trade, even from lace. Louis XII., naror over-eating, with the exception of a
few cases of obesity from pituitary gland

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discourage lace-makers and wearers.
But it was Louis XIV. who, with the
good provered with mayonnaise as succotash or served cold on lettuce
with mayonnaise as succotash saladindustries of France, realizing better
than his ministers that the money for
"the men and iron of war" comes from
trade, even from lace. Louis XII., narrow or still hot; cold boiled corn is very
difficult to cut nicely.

Corn oysters are made by grating a
of the bride, was maid of honor, while
of the ceremony, and the immediate relative corners. Miss Janet Welsh, when their daughter Utha and
with mayonnaise as succotash or served cold on lettuce
with mayonnaise as succotash or served cold on lettuce
with mayonnaise as succotash saladindustries of France, realizing
better
than his ministers that the money for
"the m rowly religious, did all he could to discourage lace-makers and wearers.

But it was Louis XIV. who, with the aid of Colbert, his great minister, moved the center of the lace world from of large overtex are then fried in deep

Questions—I have often read where one could improve their eyesight by some sort of muscle exercise. I am near-sighted and don't like to wear glasses. Can you tell me if these exercises help and where I can find out what to do? (E. K.)

ANSWER—Turning the eyes to right lide left, and up and down, with the lide closed, rhythmically, for several times, two or three seances a day, will do no particular harm, but as exercise this little pastime scarcely compares with the ordinary use of the eyes to look at things. In near-sightedness the eyes rather need rest, and that is why

handsome seal coat. Dr. and Mrs. Weese left last night on a boat trip up

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ceremony was performed was beauti-

fully decorated with large clusters of gladioli, asters and dahlias. The bride entered, escorted by her uncle, Kenneth

Dawson, to the strains of the "Bridal

Ans .- The patterns have been sent to you. I have never heard of using salt and mustard in coffee, but as you

have tried it, it must be satisfactory

Dear Miss Grey,-As I am waiting for

my aunt and uncle to get ready to go down town, I thought I would drop in

It rained here all afternoon, and of course it made it pretty dark to work. Where I work I have a girl friend.

She and I get on fine together, as w

were talking one day I got telling her about your Mail-Box. She said she thought it would be interesting.

She and I would like to get a cor-respondent about seventeen years of

send for the address of Mortification

Dear Miss Grey,-How are you get-

ing long, hope fine, as this leaves me

the same. I guess you will be busy

About Sweaters.

over I made four years ago, and I

Any who care to write to her

and have a chat with you.

and I will sign myself

Chorus," played by Miss Louise Peter-

guest of Miss Helen Marsh, Amherst-

after spending the summer at Miss Isabel Love of 28 Bruce

is spending a few days with Miss Evelyn Marsh of Lobo.

The Misses Jean and Pauline Hauck of London are visiting their grand-

served by a number of the bride's most intimate friends. The happy couple left for St. Thomas, Niagara Falls and other mother, Mrs. Gorsline of Sarnia. Mr. and Mrs. C. A. McLeod and Miss

Mr. and Mrs. James Fitzgerald and daughter. Miss Louise, of this city, are guests of Mr. and Mrs. J. M. Phillips and other friends in Brockville.

street, leaves today for Detroit, to spend a week, after which she will go to Toronto to visit friends and rel-

London Collegiate Institute, is recov-

Miss Jean Galbraith, who has been spending a month's vacation in this city, the guest of her sister, Mrs. (Lieut.-Col.) W. A. McCrimmon, Hay-

Mr. and Mrs. Earl Pounder, with the Misses Margery and Ruby Pounder and Mr. Holie of Stratford, motored to London recently, where they were the guests of Mr. and Mrs. Robert Hanna,

Weese left last night on a boot trip when the St. Lawrence to Montreal, and on their return will reside in Wallaceburg. Working the School teaching staff.

Ans.-I am sorry if I did not thank you for your hospital mite. Yes, there are some hollyhock seeds in the Mail-Box. Let us hear from you, Fuzz-Wuzz re making caps.

Attention, A Wife.

Attention, A Wife.

Dear Miss Grey,—Just a line to see if I could get about 25 envelopes to send seeds to the Mail-Box. I will send the seed as soon as they are ripe. I have poppy, cosmos, zinnia, candytuft, castoroil bean and aster to send. I would like a few different kinds of seed, but not just yet I will send later. Am sending another mite for fund. As ever,

JEMSEG.

Ans.—If A Wife sees your request, I

or the girls who smear their faces with complexion paints and are faces with com

Ans.—If A Wife sees your request, I am quite sure she will send you some envelopes. Thank you for offering to send along the seeds, also for remembering our fund.

or St. Thomas, Niagara Falls and other points.

The guests numbered about 60, among whom were Mr. and Mrs. Knight, their son Ross and daughter Iola, Detroit; Miss Jeffrey, Armada, Mich.; Mrs. C. B. Oliver, Mr. and Mrs. Barrett and small son of Chatham, and Mr. and Mrs. Howard B. Robinson, Windsor, the latter a sister, and Mrs. Litt, of Stratford, mother of the groom.

Attention, Thistle.

Dear Miss Grey, Would you please send me the apron pattern that Mother of Three Boys and Three Girls sent in yesterday? I am inclosing stamps. Thistie, would you please send me the apron pattern that Mother of Three Boys and Three Girls sent in yesterday? I am inclosing stamps. Thistie, would you please send me the apron pattern that Mother of Three Boys and Three Girls sent in yesterday? I am inclosing stamps. Thistie, would you please send me the apron pattern that Mother of Three Boys and Three Girls sent in the stamps. Thistie, would you please send me the apron pattern that Mother of Three Boys and Three Girls sent in yesterday? I am inclosing stamps. Thistie, would you please send me the apron pattern that Mother of Three Boys and Three Girls sent in yesterday? I am inclosing stamps. Thistie, would you please be so kind as to tell Miss Grey how to make those send me the apron pattern that Mother of Three Boys and Three Girls sent in yesterday? I am inclosing stamps. Thistie, would you please send me the apron pattern that Mother of Three Boys and Three Girls sent in yesterday? I am inclosing stamps. Thistie, would you please be so kind as to tell Miss Grey how to make those sachets? As they are in great demand, and one waits so long for theirs, each person could send in their mite on inclosing stamps.

Ans.—The pattern is already on way to you, Milk Maid.

Cynthia Grey's

Mail-Box

"Or lilles in some pond,
Wood-fringed, the wayside gaze beyond:
The traveler owns the grateful scents

Of swetness near, he knows not whence,
And, pausing, takes with forehead bare
The benediction of the air."

—Whittier.

When Making Coffee.

Dear Miss Grey,—Please send me couple of those crochet patterns Singing Lark sent in as soon as possible. Please find inclosed a mite for the S. C. H. Who knows enough to put about four grains of salt and about as much mustard in coffee? It is better than in the content of the little circle for a few morents again. My, but I've had a very pleasant summer. Reader No. 1 and i sand about as much served down to Anchor's place in the country. I stayed a week down there. Anchor sure has a lovely, old-fashioned, delightful farm. I enjoyed myself thoroughly. Anchor is a lovely woman. Reader No. 1 just went down for the drive. I saw July's picture. My, but I do wish she would lend me that book called "The Ten Lost Tribes of Israel"; I would enjoy it very much, and take good care of it.

Now regarding that English vine that in al. I sent out slips to all that asked me, but never to this day did I hear a word about them, if they received them

Any I way to you, Milk Maid.

A charge to keep I have,
A God to glorify:
A never-dying soul to save
And fit it for the sky.
Dear Miss Grey,—I thought I'd just da cardboard box with lots of tissue paper round him, so that no harm would come to him, and then the box is addressed and posted to another city. How impatient the toy dog got as a land in the toy dog got as a land in the country. I would end the that book called wish she would end me that book called wish light.

Now regarding that English vine that I am no longer a child?"

Now regarding that English vine that I am no longer a child?"

The little toy dog could hardly believe his eyes—his new owner was not a child at all, but a full-grown boy.



Model

ry day looking through letters, as a splendid suit accessory. It is good to get some from all over. you get some from all over. wear with a blouse or guimpe, or as a wear with a blouse or guimpe, or as a lam sending a small mite for the substitute for either.

some at times. I would like them to terials for this model. It is cut in a write first, will leave my address with sizes: Small, 34-36; medium, 38-40; write first, will leave my address with Miss Grey. Thanking you for same, I remain BUNNY.

Ans.—Thank you Bunny for sending mite to our fund.

BUNNY.

Ans.—Thank you Bunny for sending mite to our fund.

Sizes: Small, 34-36; medium, 38-40; large, 42-44; extra large, 46-48 inches bust measure. A medium size will require 2% yards of 27-inch material. A pattern of this illustration mailed to any address on receipt of 15 cents in silver or stamps. Dear Miss Grey,—This is my first letter to your Mail-Box. I hope you will Name

CAUTION: Be careful to inclose the

dressed carrectly, Marie. I do not think the plan you referred to would be worth the trouble. Thank you for sending in a mite.

Fried Tomatoes.

Page Mire Gray Here the plan to think to help her. I find she is an excellent woman and well deserving of help, which, man and well deserving of help, which, and the plan to see help her. I find she is an excellent woman and well deserving of help, which, man and well deserving of help, which, help here to be bright and cheerful every morning of her life. That is.

Dear Miss Grey,—Have just written once before so long ago; have forgotten my penname. I enjoy reading the women's page so much. Will you please send me the words of "Let the Rest of the Word Go By."

Will you also send the famous stocking-foot pattern? Am sending mite for S. C. H. fund. Will send a recipe for fried tomatoes. I would like some Boxite to write. I cannot get out like I used to. Will use the name of our home for a penname.

SUNNY BANKS.

"Pick out a man whom you are certain you can trust, one you can depend on for true love and devotion in good times and bad, in health and in sicktimes and bad, in health and in sickness, in sorrow and in joy, and you will never need to smoke or paint your face or dress better than you can afford, to

or dress better than you can afford, to have a happy home and a life of peace and foy.

"Most of the girls who smear their faces with complexion paints and are slaves to fashion are spoiled children of foolish parents, particularly of foolish mothers. They are not the sort who contented husbands or happy

morning of her life.

WESTERN ONTARIO WOMEN'S ACTIVITIES

Address News For This Column to The Editor of Woman's Page.

CRUMLIN W. M. S. MEETS.

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LUIV — Midnight Struggle.

Mary first funding the struggle.

Mary funding the struggle.

M

mothers. They are not the sort who make contented husbands or happy wives.

"Girls, when you marry, keep out of debt. Do not be extravagant. Try to be wives on a fifty-fifty basis, just as if you were partners with your hushand in a commercial enterprise. He is entitled to it and so are you.

"Young men will find that the ten-

lieve his eyes—his new owner was not a child at all, but a full-grown boy. How stupid the old auntie had been, thought the little toy dog—but then thought the little toy dog—but then when he remembered how old she was, and how kindly she had seemed, he quite forgave her. She hadn't seen her nephew for years and years, so how was she to be blamed for not knowing had grown up?

So it was, that the ltitle toy dog was put on a shelf with other toys.

"This must be this year's birthday arrival," said quite a worn-looking toy

the shopt "I was last year's gift, I wa hardly looked at." "He just laughed when he so declared the climbing; monkey.

the elephant told the others proudly.

Poor little toy dog! His life wasr (Copyrighted, British

Ross, Limited

ARE NOW REMODELLING FURS AT SUMMER PRICES PHONE 1319. 196 DUNDAS STREET.

Make the Crowd

Emerson said that if a man made a better mousetrap than his neighbor the people would beat a path to his door to buy it. He was wrong.

petition in the open market.

it costs-and where to buy it.

Does your sales manager realize that a 10,000 line campaign in every daily newspaper in Canada costs less than the three-cent stamp on one letter to each family.

Make the crowd follow your path to the retail store.

Issued by The Canadian Daily Newspapers Association,

What is the effect upon the blood and pon the system of taking frequently a mall portion of baking soda in water? L.) The Soda Habit. Sun Wind Irritated by Cinders Economic Property Condenses of the State of Condenses of t I.) IN THE COMMENDED SOLD BY ARUGGISTS PROPRICIANS IN THE PROPERTY OF THE BOOK, MURINE CO. CHICAGO

their approval of the lengthening skirt. The tailored types, too, include a there is conflicting opinion as to an ultimate decision. Women who have been carefree and comfortable in a while the brighter effects of embroidthing.

With the month of September new fashion interests always awaken, and the approaching season seriously considered. The opening of the French couture houses which show their collection of fall styles in August is an election of fall styles in August is an election of the first of the same conflict in silhou. The reaching the wrist in most models, unless the gown has been designed for evening wear. Waist lines are variously posed according to the figure of the wearer. For they retain these graceful types it the dainty debutante the slightly fit-

longer garment is the correct for the orchid and fuchsia shades.

event looked forward to by all who so they retain these graceful types the dainty debutante the slightly

fashion's pulse, and as the showings possible for youth, and retain their mature figure the lower and wide hip-have taken place, there begins to be a popularity because of their esprit, their line girdle is by far the most becomdefinite style trends will be

(By WILLIAM BRADY, M.D., Noted Physician and Author.) Wisdom of the Elders. The young man's fancy turns to kalinity of the blood and to oppose acid-thoughts of health in so far as this ity or acidosis in the system, if there is acidity. So far as I know it does no harm. achieve athletic success or at least good muscular development. This is manifest in the evident enthusiasm youths show for the numerous physiculture faddists and their freak

eachings about health and healing. The young woman is interested in hy giene and health in so far as study of an obedience of the law of hy-giene may seem necessary to main-tain or gain a good complexion and a It is only after 35 that

men and women become seriously interested in the art of keeping well. All
the recognized authorities on the subpect are of mature age. Nobody will
concede that a mere youth can teach
one how to keep well.

It is queer about this. A youth
may have perfect health himself and
a philosophy of health which is
ever so sound, yet he is no prophet.
Whereas a mature man may have a
philosophy of longevity which the
world accepts as conclusive although
the man himself succumbs to premature the man himself succumbs to premature death from organic degeneration as Metchnikoff did. I mention this, not because I hold that a doctor must take his own medicine or heal himself, but just to show how contrary people are Just to snow now contrary people are about such matters.

In studying the recognized authorities and exponents of the art of living iong, which of course implies keeping well, it is remarkable that every one of these philosophers without exception condemns overeating or counsels degrees of abstemiousness varying from the components to fasting. This is no

respective of his physical state or ac-

eyes rather need rest, and that is why in suitable French towns at governmen young people with near-sighted eyes expense. Modern governments might should wear glasses, for otherwise the take a hint from Colbert. constant overwork of the eye-focusing muscles and apparatus demanded by Newspaper Service.) visual defect will still further impair sight. It is a popular but unfortu-e misapprehension that wearing classes which compensate or correct the visual defect is "weakening."

Personal Health Service

LACE IN THE SEVENTEENTH

the Elders.

**Ralinity of the blood and to oppose acidity or acidosis in the system, if there is acidity. So far as I know it does no harm.

Playing Under the Hose.

Is it harmful for children to play under a lawn hose? Our children enjoy it, but seem a little hoarse afterwards.

Will it injure their hearts? (Mrs. F. V.)

Answer.—It is all right, beneficial to

HOME ECONOMICS

Corn on the cob with butter and salt is a good enough lunch for anybody. It Dufferin avenue.

over 30. The bridge was and danger of over-eating, with the exception of a few cases of obesity from pituitary gland deficiency, when there is often, an abnormal craving for and capacity to assimilate, sugar and starches.

QUESTIONS AND ANSWERS.

Eye Exercise.

Questions—I have often read where one could improve their eyesight by some sort of muscle exercise. I am rear-sighted and don't like to wear glasses. Can you tell me if these ext.

Towly religious, did all he could to discourage lace-makers and wearers.

Towly religious, did all he could to discourage lace-makers and wearers.

Towly religious, did all he could to discourage lace-makers and wearers.

Towly religious, did all he could to discourage lace-makers and wearers.

But it was Louis XIV. who, with the fix well-beaten egg, a quarter of a cupful of flour, and seasoning with salt and the expression of good well-beaten egg, a quarter of a cupful of flour, and seasoning with salt and the expression of good wishes for the young pair by Rev. Mr. Glarge oysters are then fried in deep fat or on a hot, greased griddle.

For corn fritters, chop raw corn to fill a pint bowl, add to this a cupful of flour, and seasoning with salt and the expression of good wishes for the young pair by Rev. Mr. Glarge oysters are then fried in deep fat or on a hot, greased griddle.

For corn fritters, chop raw corn to fill a pint bowl, add to this a cupful of flour, and seasoning with salt and the expression of good wishes for the young pair by Rev. Mr. Glarge oysters are then fried in deep fat or on a hot, greased griddle.

For corn fritters, chop raw corn to foll a pepper. Spoonfuls about the size well-beaten egg, a quarter of a cupful of flour, and seasoning with salt and the expression of good wishes for the young pair by Rev. Mr. Glimore and Dr. Hackett, the happy corn fritters chop raw corn to four, and seasoning with salt and the expression of good wishes for the bridge a well-beaten egg, a quarter of a cupful of flour, and seasoning with salt and the expression of good w

WOMAN'S VOTE IN CHINA

provisional assembly recently, while the deputies were in session and demanded

heir political rights. It is also stated that the Reforms Provincial Council of Bengal, India, has passed a resolution in favor of woman suffrage, and that a woman's suffrage society is to be formed.

son, and was unattended. The groom was also unattended. The nuptial knot was tied by Rev. Mr. Hibbert of Kingsville. The bride was gowned in a tra-veling suit of blue, with grey ostrich hat, and carried a beautiful corsage Miss C. Baxter is returning this bouquet of Ophelia roses, gypsophila and ferns. Little Miss Muriel Dawson, niece of the bride, carried the ring in a tiny basket. The groom's present

to the bride was a handsome seal stole, to the ringbearer a signet ring, and to the planist a pearl necklace. The wedding was followed by a buffet lunch Mrs. (Dr.) Tillmann and family are eturning next week from a very pleas-ent holiday at Bayfield.

Mary Wiseman of Patricia street have returned home, after having a one-month motor trip to Kingsville.

Mr. and Mrs. Earl Pounder, with the

wedding music, and Miss Miriam Cars-callen of Toronto sang.

The groom's gift to the bride was a

ADVERTISER PATTERNS

Pattern 3609 is here shown. This is

hospital. Say, Miss Grey, I would like to correspond with some one from 18 to 20 years, as I get pretty lone-

excuse lead pencil, as I just broke my pen. I will try to write with pen next time. I see where A Pest is asking about a knitted sweater, whether it is heaper to make or buy ready-made I agree with you, Miss Grey; it is cheaper. There are lots of sweaters at a low figure, but generally very cheap Age (if child's or misses' pattern)..... material. If knitted you are assured of having a pure wool sweater. I have just | Measurement: Bust Waist ...

Mrs. Weese was a valued member of the Dresden Public School teaching staff.

LITT—DAWSON.

KINGSVILLE, Aug. 28.—A charming event took place at the home of Stansley Dawson, Dawson sideroad, when his youngest sister, Miss Mayme, was united in marriage to G. Addison Litt of Stratford. The drawing-room where the

Follow Your Path The state of the state of the state of

Selling strategy must overcome com-

A man today must first make a better mousetrap—then take it to the public -tell them why it is better-what

Head Office, Toronto.