THE EVENING JOURNAL

PHONE (Business Office) 59.

By mail in Canada or United States (per week).. .. .. .. 3.00
Single copies.. .. .. .02
Delivered, per week .. .. .10

Toronto Special Representative
Delivered, per year.... .. ..$5.00
H. Smallpiece, J. P., 32 Church St. Toronto. Ont.

NEW ELECTION MEASURE

The bill brought down in the Provincial Legislature by Premier Drury to provide for the holding of an election every four years, thus doing away with sap verdicts so often sought by Governments uncertain of their tenure, has one strong feature that will comend it. More stability of administration will be possible.

In Ontario the custom has been to bring on an election when ever it happened to best suit the government of the day, unless, of course, the legal limit provided by Act had been reached in which case an election had to be held, but generally the political party holding the reins of power has decided within itns own councils when it would appeal to the people.

While this practice, common, too, in the Old Country, has the advantage of permitting the electorate to vote if a government is defeated on a want of confidence vote on an important measure, there are several other things that condemn it.

When a political party holds office and all the keys to the inner workings of affairs and is in a position to announce an election when it thinks the date would most favor its chances, the objections that might be raised by critics are obvious. Such a government can shape events and legislation, can prepare to take an oposition unawares, can bring up a controversial matter that might be regarded as best suited to secure votes, and can use all the machinery of government consistent of course, with propriety and legality, to obtain a new lease of life.

By having an election every four years the province will know just what to expect and when to expect it. This is the practice followed in the Presidential elections in the United States, but it has not been the proceedure in Canada, either Federally or provincially.

Another good feature in the Drury bill is the extension of polling places and times so as to give a wider chance to all classes to exercise their franchise.

FARMER KILLED DURING A BARN WRECKING BEE

MEAFORD, March 23.—Robert Young, a well known farmer residing about three and a half miles from Meaford, was instantly killed this morning while helping to tear down a barn belonging to Mr. Milton Taylor, on the adjoining farm. The work was being done by means of a bee and as Mr. Young was lowering some of the frame work a large beam fell on his head smashing his skull. The late Mr. Young was married but had no chiildren. He was about 40 years of age.

NEW METHOD OF SUICIDING IS NOW ANNOUNCED

BERLIN, March 23—A new method of shuffling off this mortal coil was revealed when an ovedland high-tension electric line on the Russian island was put out of business recently. An innkeeper, weary of life, tied a stone to one end of a long wire and tossed it over the high tension cable while he held the other end of the wire. Auto-electrocution was instant.

The Best
Sarsaparilla
is a
Powerful Tonic
and
Blood Purifier
and is unsurpassed as a
Spring Medicine
LARGE BOTTLES 75c EACH
MADE AND SOLD BY
Abbs & McNamara
Quality Druggists
30 Queen Street - - Phone 102
Agents for Huyler's, Page, Shaw and Neilson"s Chocolates; Bitro Phosphate, Vivol, Nuxated Iron and Tyrrell's Cascades.

Worn-Out, Weak Men and Women Testify

Chatham, Ont.:—"For many years I suffered with stomach trouble and I tried many remedies but they seemed to be a failure—my stomach seemed to be getting worse instead of better. One day I came in possession of a bottle of Dr. Pierce's Golden Medical Discovery and took it. My stomach seemed completely cured. I have great faith in this medicine and hope any sufferer that reads this will give the 'Discovery' a trial. Once tried, you will never be without it."—C. TITUS, Jr., 28 Duke St.

New Wiltshire, P. E. I.:—"I suffered three years with bronchial asthma. I was so weak I could hardly walk three steps at a time. I could not sleep so would get up and stay up the rest of the night. One day a friend advised me to use Dr. Pierce's Golden Medical Discovery so I sent to my druggist for a bottle and when I had taken half of it I felt a great deal better. When I used that bottle I sent for two more, and when I finished the third bottle I was completely cured.

"It is over two years since I first took Dr. Pierce's Golden Medical Discovery and I have not been troubled a day with asthma since."—ALEX McLEOD.

Hamilton, Ont.:—"I have suffered with rheumatism for the last five years and I have only taken three bottles of Dr. Pierce's Anuric (anti-uric-acid) Tablets and three bottles of 'Golden Medical Discovery' and am nearly cured. I also had that dread disease, Spanish Influenza, leaving me in a terrible condition. Only those who have had it know what an awful condition it leaves one in. I am sure if it had not been for Dr. Pierce's medicines and advice I certainly would have died.

"I want to recommend Dr. Pierce's medicines to any sufferer with kidney trouble or to anyone rundown after having the 'Flu'. Also try Dr. Pierce's Pleasant Pellets for constipation."—MRS. ESTELLA GRANBY, 54½ James St. North.

If the electricity now generated annually in the United States could be used in a single gigantic nitrogen lamp it would almost equal the sun itself in brilliancy.

Few Ring Artists Escape Knockout

NEW YORK, March 23—Boxers some time or other during their career decid ly scarce. Only one of the present set of champions has finished all his battles on his fett, and trange to say, he is the least skilful of the lot. Middleweight Champion Mike O'Dowd is the solitary titleholder who can boast of a clean record.

Heavyweight Champion Jock Dempsey has only one black mark against him. Just before he began the remarkable run of victories that cultimated in the defeat of Jess Willard for the title, Dempsey was stopped in one round by the veteran Jim Flynn.

Battling Levinsky, who claims the light heavyweight title, was able to stall off decisive defeat in all his bouts until he met Dempsey at Philadelphia in 1918. Levinsky was not in the best of shape at the time, and the bout had hot gone a round before he was sorry that he had made the match For two rounds he tincanned, with Dempsey after him, and in the third Dempsey c caught up and hung the Battler on the ropes as limp as a wet rag.

Even Jack Britton, with his remarkable defence, was stopped at one time Back in 1905, when Jack was a novice he ran into one, Steve Kinney, and was rocked to sleeep in tht rfist round It was a case of bad matchmakinng as Britton was not ready to meet such an experienced opponent.

When Benny Leonard was in the early stages of his ring career he twice took the full count. In 1912 Young Shugrue, then looked upon as a leading contender for the lightweight title, polished off Leonard in four rounds, Shugrue was a comparatively light hitter, but he landed so often on the novice that Leonard was battered to the floor. In the following yearr Leonard once mort took the full count. Frankie Fleming, the Canadian featherweight, put him out in the fifth round.

There is no record of Johnny Kilbane taking the full count until he encountered Leonard over in Philadelphia shortly after the lightweight champion had won the title from Freddie Welsh.

"SYRUP OF FIGS" IS LAXATIVE FOR CHILD

Look at tongue! Remove poisons from stomach, liver and bowels

Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear. Mother! You must say "California."

PAINT LENGTHENS LIFE OF BUILDINGS AND MACHINES

Many an old ship has stood the racket of ocean travel for years mainly on the strength of the tar or paint applied to her sides, but sailors do not wait for the ship's hull to become weather beaten before applying the first coat of paint. Farmers, on the other hand, seem much inclined to let their buildings reach a state of partial decay before making any special effort to safeguard them against the play of wind and water. As a matter of fact, nothing apys better than paint applied immtdiately after the building is constructed, in lengthening the life of the structure. The same applies to farm machinery parts especially the wooden parts and it will always pay to paint such repairs to machinery wagons, etc., as have to be made before the work season for these articles commences.

Good paint applied to farm buildings and machinerv. not only pre- the good management employed in serves them, but calls attention to running the farm, a fact that helps greatly in case the owner wishes to sell tither the farm or some of its products. Many farmers have paid so much attention to the economic value of th efarm that they have neglected an important side of farm life. There is no reason why the farmer and his family should not have as attractive a home as attractive as the city dweller has. The farmer's neighbors as well as the passing oberver, will judge him largely by the care he takes of his stock, his machinery, and his buildings.

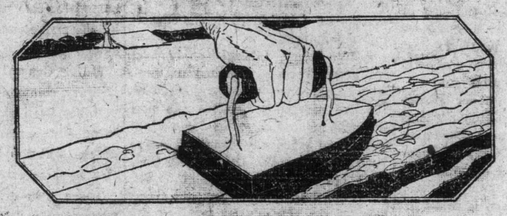
Painting is the easiest and least expensive way of making sure of neat clean surroundings, and is the best way of preserving the lumber in buildings, implements or machinnery With sprig approaching, the time has arrived for going the rounds of the machine shed to ick out these articles that can be moved to a warm building for retuching with paint in addition to their annual overhaulig and repair.

CONVALESCING FROM INFLUENZA

The bracing atmosphere foud in Algonquin Park is just what is needed for those convalescing from influenza or those who are in need of a rest and recuperation. The Highland Inn offers comfortable accomodation at reasonable rates. Apply any Grand Trunk Agent for descripttive booklet or write Mr. N. T. Clarke, Manaager, Highland Inn, Algonquin Park Station, Ont.

Overland

New *Triplex* Springs Iron Out the Wrinkles of the Rough Roads

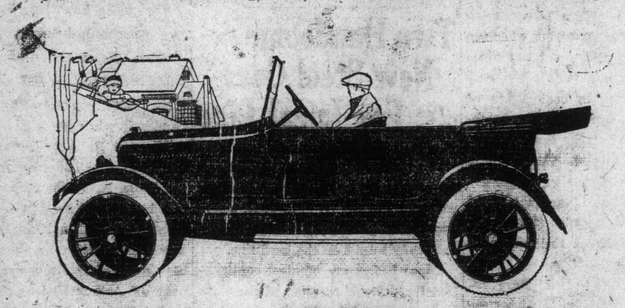


THE wrinkles of rough roads seem smoothed out completely by the wonderful springs of Overland 4.

These springs hold the wheels to the road, while the passengers ride in even comfort. The astonishing qualities of these diagonally attached *Triplex* Springs have created an utterly new conception of light car riding ease.

Best of all, this heavy car kind of comfort is now obtainable with economy in fuel and tires and remarkably low upkeep cost.

Overland 4 is started and lighted by two-unit electric starting and lighting system. It has rain-vision windshield and unit power plant. It is equipped with all the latest car essentials and conveniences.



GILMORE & CO. - - 250-4 ST. PAUL STREET
St. Catharines. Telephone 826

Head Office and Factories: Willys-Overland Limited, Toronto, Canada
Branches: Toronto, Montreal, Winnipeg and Regina

"Mac" was tough

HE was afraid of him. Wardens were afraid of him. They left him alone.

ONE Sunday, however, he stood on the fringe of the jail crowd while the band was playing.

TWO or three weeks later he came to service, but never said a word. And then one afternoon the big fellow became penitent and asked the way of Salvation. His prayers were answered. To-day Mac is holding down a $3,000 a year job in an Ontario town.

MAC and hundreds of men who were once as tough as he would tell you that the bright music of the Salvation Army Band touched a chord in their hearts that had been dormant since childhood. Having recalled their days of innocence they could not rest until the evil within them was conquered.

THE Salvation Army Band "Makes a joyous noise unto the Lord," with many such results.

308 Service Posts in this Territory. Use them!

THE STERLING BANK OF CANADA

Save Because--

You can insure your future by saving now, while wages are high.

Security Loan & Savings Company
26 JAMES STREET ST. CATHARINES

Capital authorized	$1,000,000.00
Capital paid in	582,300.00
Assets 31st December, 1919	1,198,985.00
Reserve Fund	160,000.00
Surplus	713,977.00

3½ per cent. interest paid on Deposits.
Trustee and joint Deposit Accounts received.
Debentures issued at higher rates for one to five years.
Money to loan on real estate at current rates and on easy terms of payment.
Mortgages purchased.

SAVINGS

Regular deposits of small amounts will often accomplish more than infrequent deposits of larger amounts.
The regular saver finds inspiration in watching his balance grow.
Interest allowed at 3% per annum added to the principal half yearly.

THE DOMINION BANK 46
Drafts on Foreign Countries sold on favourable terms
B. B. MANNING, Manager,
CORNER KING & QUEEN STS. OPPOSITE POST OFFICE.

THE CANADIAN BANK OF COMMERCE

Announce that a branch of their bank has been opened at Niagara-on-the-Lake, Ontario. This bank has now 433 branches in Canada and foreign countries, and is in a position to offer the public unexcelled service.

St. Catharines Branch—R. G. W. Conolly, Manager
Thorold Branch—S. H. Falkner, Manager
Niagara-on-the-Lake Branch—F. W. Wilson, Manager

UNPREPAREDNESS —FAILURE

A bank account is an assistant in character building. It establishes the confidence, independence and pride which increases effort and paves the way to success.

Open an account to-day and be prepared. 744

THE CANADIAN BANK OF COMMERCE

PAID-UP CAPITAL - -	$15,000,000
RESERVE FUND - -	$15,000,000

ST. CATHARINES BRANCH: E. A. Fox, Manager.

600 BRANCHES

The Royal Bank of Canada

Farmers Sons and Daughters Have Opportunities To-day

They never had better chances to make and save money.

Now is the time to lay the foundation of future prosperity by cultivating the habit of thrift.

There is a Savings Department at every branch of this Bank. The staff will be glad to show you how to make the first deposit.

Capital and Reserve.....$ 35,000,000
Total Resources.....$500,000,000