N. M. RUTHSTEIN

The Steel Shoe Man-he has

made a million feet happy.

To Dealers -

Get in line with the lead-

Get in line with the leading merchants of Canada and supply your customers with my Steel Shoes. Save them the bother and delay of ordering directasthey do when dealers disappoint them. A man who knows Steel Shoes will have no other kindhe knows their extracomfort, extra health and economy features. Write for terms today to Blachford, Davies & Co., Ltd., 60-62 W. Front St., Toronto, Canada's Leading Shoe Jobbers.

Do it now and give your customers

a square deal on the work shoe question.

Wear Ruthstein's Steel Shoes-For Comfort, Health and a Saving of \$10 to \$20

ALF a million people have bought my Steel Shoes. Every pair was sent out on Free Examination. Every pair could have been returned. But the half million people recognized at once what my Steel Shoes meant. Today, not one of them would do without my Steel Shoes. They know now perfect foot comfort in all kinds of work—in all kinds of weather. They know what it means to be free from wet feet, and all resulting sickness, such as colds, rheumatism, neuralgia, sore throat, and even the dreaded pneumonia. They know what it means to be free from corns, bunions, callouses, and sore, aching, tired feet. And they know real shoe economy. For the half million Steel Shoe wearers will each save \$10 to \$20 shoe money on every pair of my shoes. Steel Shoes outlast 5 to 6 pairs of ordinary shoes.

Don't you want to join this great army of health-savers and money-savers? Don't you want to save about \$10 on your shoe money every year? Then wear Steel Shoes, like the half million that are now doing it!

No More Wet or Cold Feet

There is nothing in the world like my Steel Shoes. Nothing can even compare with them. The soles are stamped out of a thin, rust-resisting, seamless, special process steel. This steel extends from heel to toe and up around the edges. There are no cracks or seams. The soles are studded with adjustable steel rivets which protect them from wear and give a sure, firm footing. When rivets wear out they can easily be replaced by yourself. Fifty rivets cost 30 cents and they will keep your shoes in good repair for two more years. The uppers are made of the very best quality of pliable, water-proof leather, fastened forever to the steel bottoms. Water or cold cannot penetrate my Steel Shoes. Thus they keep your feet always dry and comfortable! And Steel Shoes have inner soles of springy hair-cushion which gives elasticity to tread and absorb jar when you walk on frozen ground. But comfort isn't all. You

Save Doctor Bills Prevent Rheumatism, Colds, Neuralgia, Corns, Bunions, Etc.

Most every man puts more weight on one side of his foot than he does on the other. This causes heels and soles on leather shoes to wear down at one side—running over—giving an uneven standing surface—which throws the weight to one side—on your ankles—and puts the entire body out of balance. The result is crippled, sore, aching feet, tired ankles—every muscle strained and every step a strain and pain. Do you know the real reason why you get so tired standing on your feet all day tramping around! It is a hundred to one that you have broken down the instep of your leather shoes, making you stand flat-footed. There's where the fatigue comes in. Thousands of people have their shoes made to order putting in steel shanks to prevent this. Every pair of Steel Shoes that I make prevents it. But that isn't all. Steel Shoes protect your health in many ways. They are easy to wear and dry als powder. Cool in the summer, warm in the winter and dry all the year round.

Outwear 3 to 6 Pairs of Best All-Leather Shoes

Note the quality of the uppers. See the turned-up steel soles—and how everlastingly they are fastened to the uppers. Note the adjustable rivets which can be replaced at a trifling cost when worn down. Examine every part carefully. Satisfy yourself that Steel shoes are the only kind of work shoes it to wear. Nearly every progressive, wide-awake dealer in Canada sells and recommends Ruthstein's Steel Shoes. Go to your dealer. If he can't supply you, order direct from me. I'll send you a pair—the size and style you want at these prices—and I'll send them ont on free examination. Made in all sizes from 5 to 12, for boys and men. 6-in. high—85.00. 12-in. high—85.00. 16-in. high—87.00—the best shoe on the market regardless of price. Boys' Steel Shoes—82.50 per pair. 9-in, high, Boys' Steel Shoes. 18-50.9 in.

Boys' Steel Shoes—82.50 per pair. 9-in, high, Boys' Steel Shoes, black or tan—83.50 per pair. In ordering give correct size. Boys' Steel Shoes will please the boy and save you money and worry.

I strongly recommend the 6-in. high Steel Shoes at \$3.50 and the 9-in. high Steel Shoes at \$5.00 per pair as they give the best possible satisfaction. For all classes of use requiring high cut shoes the 12 or 16-inch high Steel Shoes are absolutely indispensable.

Start Wearing Them At Once

Order right from this advertisement if you are in a hurry. Be tare to state size of shoe you wear. You take no risk. Money back if not exactly as I say or If you are not satisfied when you see my Steel Shoes. See your dealer at once—or order from this advertisement. Anyway send for my book—"The Sole of Steel," It is free. Address me personally—

N. M. Ruthstein The Steel Shoe Man

Dept. 13, Toronto, Can. U. S. Factory, Racine, Wis. Great Britain Factory, Northampton, Eng.



You are losing

by not using

CALDWELL'S

MOLASSES

MEAL.

FREE Write for my book, "The Sole of Steel." But order

Means More Milk, More Profit and Cheaper Feed

Do not be satisfied with experimental silos, get the one that by years of use has proved its worth. In justice to yourself you cannot afford to use any other. Be guided by the verdict of our users, the only men who are the most competent to judge. Built from lumber treated with wood preservative specially prepared for that purpose. Made in all sizes and shipped complete. Free catalogue on application. The oldest company in Canada building silos.

CANADIAN DAIRY SUPPLY CO., LIMITED 592 ST. PAUL STREET, MONTREAL, QUE.

aldwell'

Substitute a few pounds of this ration for an equal amount of grain, and watch your stock grow sleek, healthy and fat.

Guaranteed to contain over 80%, PURE CANE MOLASSES (no beet sugar refuse), and is always uniform. It works wonders with all live stock.

Ask your dealer, or write for the facts to

FOR HORSES CATTLE SHEEP OR HOGS

The CALDWELL FEED CO., Ltd., Dundas, Ont.

The alcove of camelia balsams is quite dishevelled, and the pointed, cocoon-like pods, from which one always expects to see a moth or butterfly emerge, are ripening at the bottom of the stalk, and sending forth a fusilade of brown shot. These balsams, though rather unpickable flowers, have been a two months' glory, from their solid quality and the beautiful colors of the spurred blossoms. No annual more perfectly displays the so-called pastel tintspeachblow, lilac, mauve, ivory white, pale salmon, in addition to vivid crimsons, scarlet, and many vivid and spotted hybrids.

Alas for my bed of novelties from the "Yellow Journal" catalogue! Not only did it become merely a mass of miscellaneous wreckage even before August ended, but so sodden and water-soaked that I have to have the debris removed with a garden fork, and Bertle has now thoroughly worked over the ground for the first planting of Shirley poppies. Those sown in early September make sturdy tufts before frost, and in spring, bloom three weeks earlier than those from the October-sown seed that does not germinate until April.

Father and Evan have taken their vacations during the past three months by daily installments, thus making the most of the opportunity and fine weather. Evan has made many little garden improvements for him, as well as father, vacation idleness is merely a change from mental to physical employment.

The wild walk beyond the sun garden offered the greatest possibilities and it is chiefly there that he has spent his strength, sometimes varying his work by training our new horse in side-saddle docility. This penchant of Evan for horse-training was the primary cause of depriving the Church of his services. youth, when on a probationary visit to his uncle, the Dean, he had escaped daily to a near-by race course, and there ingratiated himself so thoroughly with the stable men that he was allowed to exercise an especially cantankerous mare. He was thus surprised by His Reverence when handling a mount in an exceedingly scientific and jockeyfied manner, and sent home in disgrace.

The wild walk born of the cowpath s either arched by trees or screened by bushes for the greater part of its length. In one place, however, for a space of some twenty yards, crosses the open field, giving a view of cultivated farmland below that mars the effect of wildness and seclusion.

with Bertle's aid in post-setting, has made the framework of a sort of arbour that screens the walk completely. It is not of set and formal lattice work like the old rose arbour, for its posts, though nearly of the same height, are no two of the same size or distance apart, being slim trees—birch, cedar, maple, tulip pine, and chestnut, with the bark left on. These he has bound to-gether with the woody vines of wild grapes from the grove above the house, where they reach up some times thirty or forty feet into the trees, without branching, and then loop and twist themselves into huge grotesque knots. An ox yoke, found in an old barn, and venerable with ichens, makes the entering lintel of the roof, also woven of grape vine and curved branches.

(To be continued.)

Geo. D. Fletcher, Birkham, Ont., writes: I have sold my imported bull, Benachie =69954= (for which I have had much inquiry through my advertisement in "The Farmer's Advocate"), to Ira Minor, Low Banks, Ont. Though Benachie had been well described in "The Farmer's Advocate," Mr. Minor said on seeing him and his stock, that both were better than he had anticipated. Mr. Minor has used a choice imported bull for the past few years, and though he reduced his herd by a sale on April 10th, he has kept his best females and wishes to build up his herd by using a first-class imported bull. Betach proven himself a grand getter.

KEEPING YOUNG

Oatmeal is Said to Ward Off Age-Often 20 · Years

Two noted scientists, by experiments on animals, have proved that youthfulness depends on the thyroid gland. And that some thing in oats seems to feed that gland.

It appears that old age can be deferred many years by caring for this gland. The main care is to feed it, and the proper food

Oats contain more energy food, more

food for the brain, more food for the nerves, than any other grain that grows. And now it seems that they also serve to keep one young. But common oatmeal isn't good enough for such an important diet. plump grains alone are used in the making of Quaker Oats. They are selected by 62 siftings, and only ten pounds are obtained

from a bushel. Quaker Oats means just the cream of he oats made delicious. It costs but onehalf cent per dish.

Made in Canada.

Just Six Minutes to Wash a Tubful!

This is the greatest washer the world has ever known. So easy to run that it's almost fun to work it. Makes clothes spotlessly clean in



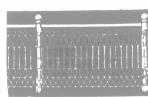
time. minutes finishes a tubful. Any woman can have a 1900 GRAVITY

WASHER On 30 days' free trial. Don't send money. If you are responsible, you can tryit

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fr ight. See the wonders it performs. Thousands being used. Every user delighted. They write us bushels of letters tellin how it saves work and worry. Let the 1900 Washer pay for itself. Just send us 50 cents each week out of the money it saves you. Write to-day for our Free Washer Book. It explains the "easy payment plan." Tell us your nearest freight station. Address me personally for this offer. for this offer. F. A. D. Bach, Manager, The 1900 Washer Co., 357 Yonge Street, Toronto, Ontario. The above offer is not good in Toronto, Winnipeg, or Montreal and suburbs. Special arrangements made for these districts.

Cyclone Wire Fences



styles of Or namental Fences are Dipped in Green or White Enamel

16c. TO 20c. A RUNNING FOOT. catalogue.

If our goods are not represented in your district, we will send you the conditions of our agency proposition. The Cyclone Woven Wire Fence Co., Ltd. Head Office: 1170 Dundas St., Toronto, Ont-

137 Youville Sq., Montreal, Que.

Cake Icings

If you had trouble with prepared Cake Icing, it was not Cowan's.

Even a child can ice a cake perfectly, in three minutes, with Cowan's Icing. Eight delicious flavors. Sold everywhere.

The Cowan Co. Limited, Toronto.

PLEASE MENTION THE ADVOCATE.