

# ... and more words ...

## Protests SUB closing

To the editor:

The early closing of the SUB Friday and Saturday nights (during Orientation Week) was done with little warning, and with no facilities put aside for students not wishing to attend the "festivities". Apparently this was done for their "safety".

Is it also for their "safety" that fire exits in the SUB basement are more often locked than unlocked?

Peter Davidson,  
BA III

## Youth Report under attack

To the editor:

In the September 17th issue of the Gazette, you mention that the federal Youth Committee Report demands total extinction of the school cadets

program, which only costs \$10 million, which is a mere 1/1200 of last year's federal budget.

This recommendation of extermination of the cadets is most unfair and shows up the background that our society is drifting towards. I had a younger brother in school cadets: he liked it and is now in PLF militia here. The program is not pushed down one's throat, and associates students with the army, which many end up going into.

The Report states youth are a very diverse group, yet, states the opinions of hippie communes as the opinions of all youth! Rather good hypocrisy, and of course "noble youth" are against "hypocrisy".

The background of the Youth Committee's members is typical, and should have forewarned us of the kind of Report they'd issue. One is an ex-hippy leader, and the others are similar.

Now I know "hippy" is a

vague term and is too often judged on appearance, NOT belief, but it is quite evident to those interested that there is a superior principle of sympathy among all Left-Wing groups, such as the co-operation between the Young Socialists, and NDP Youth, even though they often disagree.

This Youth Report is an example of the socialism that is haphazardly seeping through our nation. It is evident we paid three lame ducks on that committee \$5,000,000 to say nothing. Another waste, another example of a one-sided claim which sympathizes with those who'd have communards ruling this nation by any means possible.

Thank you,  
Brian Pitcairn,  
K701505

### EDITOR'S NOTE:

In his first letter of the new academic year, Brian Pitcairn once again displays his excellent analytical capabilities in describing the Youth Report's authors as "hippies".

Normally we prefer to let any letters to this paper speak for themselves, but in this case, where so many generalizations and untruths have been penned, we feel we must reply.

First of all, it appears that Mr. Pitcairn has not read the Report in full. Secondly, the Report gave not only the opinions of those in "hippy communes" but also those in such organizations as the YMCA and 4-H Clubs, which are not, as far as we can ascertain, "hippie" or "subversive". Thirdly, the comments about the credibility of the Committee members show total ignorance. The Chairman of the federal Report, David Hunter, was Vice-president of the University of Toronto Student Council in

## Gesundheit!

by Uncle Walt

"Daddy, daddy! Can I have an apple?"

"Sorry, kid, but apples don't grow on trees."

\* \* \*

"Gesundheit" is the German word for "health". This column is the first in a weekly series devoted to health, happiness, and all the good things in life. Uncle Walt is himself a vegetarian, does not smoke (tobacco or cannabis — or opium), drinks neither alcohol nor caffeine products (tea, coffee, cola drinks), brushes his teeth after every meal (but not with commercial toothpastes), and does productive exercise (casual labour) and lots of walking.

Most people mistreat themselves a great deal. They stuff themselves with overprocessed, oversweetened foods, smoke and drink continuously, avoid all exercises (or punish their bodies in competitive sport), ignore signs of infection, and deprive themselves of needed sleep for the sake of entertainment or study.

Much of this is due to ignorance perpetuated by well-meaning parents ("apples don't grow on trees"), the mass media, and the school system. Advertisers encourage self-destructive practices such as cigarette-smoking, supermarkets sell worthless and dangerous products, doctors are reluctant to share their medical knowledge, hospitals profit from bad health, and druggists are the biggest pushers in town.

There is a solution, however. Individuals should understand the deception, hypocrisy, and contradictions and then find out how things really are. You must learn to take care of yourself lest you get "taken" by others. You have a 100% stake in your own health; when you're in pain, you suffer; when you're healthy, you're the one who benefits.

Fortunately, you are always with yourself, so you are the best person to treat yourself well. "Gesundheit" will attempt to provide some of the necessary information necessary to help you do so.

Future columns will deal with nutrition, vegetarianism, breadmaking, television (how it homogenizes your mind), cosmetics, legal drugs, joyous muscle work, and much more.

Until next week, "Gesundheit!" You don't have to sneeze for Uncle Walt's blessing.

1966, Sociology instructor at York University in 1968 and a parole officer with the National Parole Board in 1969.

Pierre Bourdon has been involved in countless youth oriented organizations, nationally and internationally, as well as serving as co-ordinator for the Youth Pavilion at Expo '67.

Vincent Kelly could be the "hippie" Mr. Pitcairn was

referring to, as he was a member of the charter Board of Directors at Rochdale College. Among other positions, Kelly is a lawyer working in civil rights, immigration and educational matters.

The Report, if Mr. Pitcairn would care to read it objectively, provides a fairly complete analysis of the problems of youth. As mentioned in the GAZETTE story, the terms of reference were very representative.

By the way, the two "communards" responsible for the fine Nova Scotia Report, carried in the September 10 edition of the Gazette, are Don Trivett, Anglican chaplain at Dalhousie University, and Marvin Burke, Director of the Nova Scotia Alcoholism and Drug Research Foundation.

Become a liberal, Mr. Pitcairn, and fork out \$2.50 for a copy of the Report available at your favourite Information Canada bookstore.

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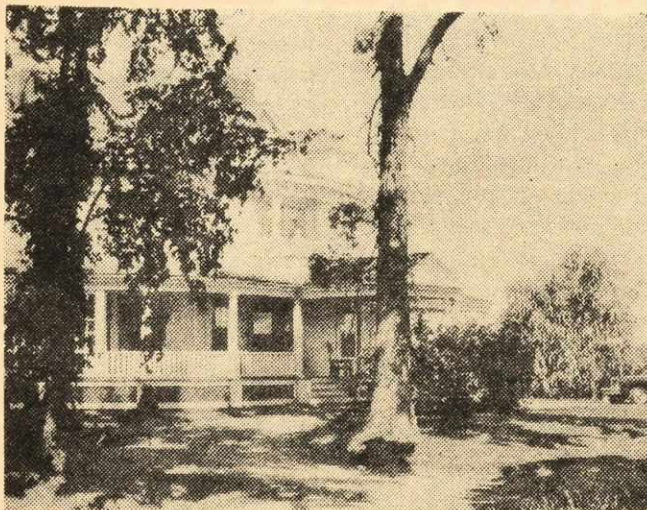
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